

2024-2025 Ice & Blades of Western Pennsylvania US Figure Skating

Name: _____ USFSA #: _____
Address: _____ Date of Birth: _____

Cell Phone: _____
Parent's Name: _____ Email: _____
Skater's School Grade Level (2024-2025): _____ Coach / Rink: _____

All Membership applications are due by June 30, 2024.

All applications must be approved by the Board of Directors of Ice & Blades of Western Pennsylvania, INC
NO REFUND OF MEMBERSHIP FEE IF MEMBER LEAVES DURING THE 2024-2025 YEAR.

I & B Training Membership: \$160.00 Voting privileges (must be over the age of 18), US Figure Skating Membership, Skating Magazine, admission to all I & B activities, eligible for I & B Awards, test privileges at regular test fees, permission to compete.

ISI Team membership is an additional \$18.00, add to the above Training fee for a total of \$178.00.

Special I & B Training Membership: \$45.00 Specifically for those skaters who are home club members to another club, but also train at I & B affiliated rink. Admission to all club activities, Test privilege at regular fees. Eligible for I & B Special Member USFS Test Award.

Professional Membership: \$105.00 For Coaches and Trainers. US Figure Skating Membership, Skating Magazine, Test, and competition information. Must meet Coach Compliance with US Figure Skating.

Senior Non-competitive I & B Membership: \$110.00 Age 18+ Voting privileges, US Figure Skating Membership, Skating Magazine, test privileges at regular fees, admission to all I & B activities. Not eligible for any USFS Awards, must be a Training Member for awards.

Senior Noncompetitive I & B Membership: \$110.00 Age 18+ Voting privilege, US Figure Skating Membership, Skating Magazine, admission to all I & B events.

Family I & B Membership: \$215.00 US Figure Skating Membership for 3 members with one adult voting privilege, Skating Magazine, Admission to all I & B activities. Skaters are eligible for I & B awards, test privileges at regular fees. *Separate Application must be completed for everyone applying for membership.*

ISI Team membership is an additional \$18.00 for each skater.

First Year I & B Membership: \$95.00 US Figure Skating Membership (first Year only) and ISI Membership. New member to US Figure Skating only, may not have been a member of USFS at any time in the past. (Combined USFS/ISI Membership). US Figure Skating Magazine. Eligible for all club activities and I & B awards.

Second Year I & B Membership: \$120.00 US Figure Skating Membership, US Figure Skating Magazine. Eligible for all club activities and awards.

ISI Team Membership is an additional \$18.00, add to second year membership fee for a total of \$138.00.

Aspire I & B Membership: \$75.00 US Figure Skating Aspire Membership. US Figure Skating Magazine. All I & B activities. Aspire Patches will be given to skater as they progress through the Aspire Program.

ISI Team Membership is an additional \$18.00, add to second year membership fee for a total of \$93.00

Learn to Skate Membership: \$40.00 Learn to Skate USA Membership. L to S info. Eligible for all I & B activities. Learn to Skate Patches will be given to the skater as they progress through the L to S Program.

ISI Team Membership is an additional \$18.00, add to second year membership fee for a total of \$58.00.

Collegiate Membership: \$130.00 Four years of US Figure and I & B Membership. US Figure Skating Magazine. Eligible for all adult awards and I & B club activities. **Does not include ISI membership.**

Signature of Member: _____ . Parent / Guardian if under age 18

Please make check payable to: Ice & Blades of Western PA

Mail application with payment to: Dr. Louis DiToppa
711 Nathan Drive
North Huntingdon, PA 15642

2024-2024 Ice & Blades Figure Skating Team
ISI Membership

Name: _____ ISI #: _____ Expiration date: _____

Address: _____ Date of Birth: _____

_____ Cell Phone: _____

Parent's Name: _____ Email: _____

What rink do you train most often? _____

All membership applications are due by August 31, 2024

All application must be approved by the Board of Directors of Ice & Blades of Western PA
NO REFUND OF MEMBERSHIP FEE IF MEMBER LEAVES DURING THE 2024-2025 YEAR.

ISI Home Team Membership: \$50.00 Membership to ISI (Ice Skating Industry), ISI testing at club fees (\$10.00/test), compete for the Ice & Blades Figure Skating Team, admission to all I & B activities, eligible for I & B awards. **Adult (18 +) are not eligible to vote or become board members of Ice & Blades of Western PA, to do such membership is required with US Figure Skating**

ISI Home Team Family Membership: \$125.00 4 family members in any combination (parents or skaters), membership to ISI, ISI testing at club fees (\$10.00/test) and compete for Ice & Blades Figure Skating Team, admission to all I & B activities, skaters eligible for I & B awards. **Parents who are members of the ISI and adults of Ice & Blades Figure Skating Team are not eligible to vote or become board members of Ice & Blades of Western PA, to do such membership is required with US Figure Skating.** *Applications must be completed for everyone applying for membership.*

USFS/ISI Home Team Membership: \$18.00 Must currently be a USFS Home Club Member of Ice & Blades of Western PA. Skaters are eligible for I & B ISI awards.

ISI Membership: \$18.00 ISI membership only. Ineligible for team activities, awards, team jacket and logo wear. Skater may test at the club test fee (\$10.00/test).

Signature of Member: _____

(If under the age of 18, signature of Parent/Guardian)

Please make checks payable to: Ice & blades of Western PA

Mail applications with payment to: Dr. Lou DiToppa
711 Nathan Drive
North Huntingdon, PA 15642



Ice & Blades
FIGURE SKATING

PHOTOGRAPHY/VIDEO WAIVER

JULY 1, 2024 TO JUNE 30, 2025

I hereby agree and consent to be photographed, filmed or videotaped for the purpose of placing a copy on the secure section of the Ice & Blades of Western Pennsylvania, Inc. web site and/or in an Ice & Blades of Western Pennsylvania, Inc. / Ice & Blades Figure Skating Team publication and/or social media. I also understand that my name may be used. I waive all claims for any compensation for such or for damages against the above organization.

Name: _____

Signed: _____ Date: _____
(Skater or Parent Signature, if skater is under 18 years of age)

Witness Name: _____ Signature: _____

**ASSUMPTION OF RISK, WAIVER AND RELEASE, AND
INDEMNIFICATION AGREEMENT**

In consideration of the opportunity to participate in U.S. Figure Skating sanctioned events and activities during the 2020-21 U.S. Figure Skating Competition Season (“Events and Activities”), the undersigned, individually, and on behalf of his/her heirs, personal representatives, administrators, agents, successors and assigns (collectively referred to herein as "Participant"), AGREES TO ASSUME THE RISK AND RESPONSIBILITY, TO RELEASE AND TO INDEMNIFY U.S. Figure Skating, its directors, officers, members, employees, officials, committees, volunteers, clubs, affiliates, sponsors, representatives, agents, successors and assigns, including the host club, local organizing committee and any other entity responsible for the hosting and/or conduct of the Events and Activities (collectively referred to herein as "U.S. Figure Skating"), as follows:

1. Assumption of Risk and Responsibility. Participant fully understands and appreciates the risks of injury that may occur in ice skating or in the course of preparing for, participating in and traveling to or from the Events and Activities. The risks of injury that may occur include, but are not limited to, the risk of, serious bodily injury, viral infections, bacterial infections and risk of other communicable diseases and illness, permanent disability, paralysis and death (collectively referred to herein as “Risks”). Participant acknowledges that Participant voluntarily engages in such Events and Activities with adequate knowledge of such Risks; and agrees that Participant fully assumes all such Risks and all legal and financial responsibility for (a) any and all injuries or damages, whether to person or property, that Participant may in any manner sustain in connection therewith or in the conduct and management of the Events and Activities, including such injury or damage that may result from the negligence of U.S. Figure Skating or from some other cause and (b) all treatment, hospitalization and other care rendered to Participant in the event of Participant’s illness, injury or other emergency circumstance in connection with participation in the Events and Activities, subject to any applicable insurance coverage.

2. Release and Indemnification. Participant hereby fully and forever releases, discharges, holds harmless, and agrees to indemnify U.S. Figure Skating from and against any and all liabilities, claims, demands, lawsuits, damages, and judgments, present or future, known or unknown, valid or invalid, direct or consequential, together with reasonable costs and attorneys’ fees, which result directly or indirectly from damages, losses, injuries or death to Participant, Participant’s property, other persons or property incurred during or in connection with any activities associated with or being a part of the Events and Activities and the conduct and management thereof, including any participation, travel or medical treatment, hospitalization or other care rendered in connection with the Events and Activities, whether such loss, damage, injury or death results from the negligence of U.S. Figure Skating or from some other cause.

I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE, AND INDEMNIFICATION AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I AND THE MINOR HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE REMAINING PROVISIONS SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Parent/Guardian
(if Participant is under 18)

Date

Printed Name of Parent/Guardian

Signature of Participant/Skater

Date

Printed Name of Participant/Skater

June 1, 2022



Parent Code of Conduct

Ice & Blades of Western PA is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

By signing below, I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches and officials at every practice, competition and test session.
2. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
7. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
11. I will be a positive role model for my child and others.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state or municipal law.
13. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will expect my child's coach to be compliant with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.

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15. I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
16. I agree to educate myself regarding the proper procedures to follow when establishing or terminating a coaching relationship.
17. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
18. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
19. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
20. I will support and respect all skaters and their right to participate.

Signature

Printed name

Date

Skater's Code of Conduct

As a member of our club, all skaters must adhere to this Code of Conduct at all times.

General Guidelines:

Ice & Blades of Western PA is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status, must follow and uphold the provisions in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents/guardians of skaters, U.S. Figure Skating officials and guests.
2. Ice & Blades of Western PA is committed to promoting a positive and friendly environment for all skaters. Remember "The Golden Rule:" treat other people like you want to be treated — with respect.

Ice Etiquette and Safety:

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

Unsafe or discourteous behavior of any kind will not be tolerated.

Signature

Printed name

Date

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Coaches' Code of Ethics, Standards and Conduct

This information is intended to provide both the general principles and the decision rules to cover most situations encountered by coaches and instructors. It has, as its primary goal, the welfare and protection of the individuals and groups with whom coaches work.

It is the individual responsibility of each coach to aspire to the highest possible standards of conduct. Above all, coaches of young people can have great influence on developing athletes who are reliant on them for the basic instruction and guidance necessary to reach the top levels. Coaches can have tremendous power over these athletes in their quest to the top. This power must not be abused. Therefore, we have set forth these codes of ethics and conduct to guide our coaches and protect our athletes for the mutual benefit of all concerned.

General Principles:

- **Competence:** Coaches must strive to maintain high standards of excellence in their work. They should recognize the boundaries of their competencies and the limitations of their expertise. They should provide only those services and use only those techniques for which they are qualified by education, training and/or experience. In those areas where recognized professional standards do not yet exist, coaches must exercise careful judgment and take appropriate precautions to protect the welfare of those with whom they work. They shall maintain knowledge of relevant scientific and professional information related to the services they render, and they must recognize the need for ongoing education. Coaches should make appropriate use of scientific, professional, technical and administrative resources.
- **Integrity:** Coaches should seek to promote integrity in their coaching profession. Coaches should always be honest, fair and respectful of others. They must not make false, misleading or deceptive representations about their qualifications, services, products or fees. Coaches should strive to be aware of their own belief systems, values, needs and limitations and the effect of these on their work. To the most feasible extent, they should attempt to clarify for relevant parties the roles they are performing and to function appropriately in accordance with those roles. Coaches must avoid conflicts of interest.
- **Professional Responsibility:** Coaches must uphold professional standards of conduct, clarify their professional roles and obligations, accept appropriate responsibility for their behavior, and adapt their methods to the needs of different athletes. Coaches should consult with, refer to, or cooperate with other professionals and institutions to the extent needed to serve the best interest of their athletes or other recipients of their services. Coaches should be concerned about the ethical compliance of their colleagues' conduct. When appropriate, they should consult with their colleagues in order to prevent or avoid unethical conduct.
- **Respect for Participants and Dignity:** Coaches shall respect the fundamental rights, dignity and worth of all participants. Coaches must be aware of cultural, individual and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language and socioeconomic status. Coaches must eliminate the effect on their work of biases based on those factors, and they do not knowingly participate in or condone unfair discriminatory practices.
- **Concern for Others Welfare:** In their actions, coaches must consider the welfare and rights of their athletes and other participants. When conflicts occur among coaches' obligations or concerns, they should attempt to resolve these conflicts and to perform their roles in a responsible fashion that avoids or minimizes harm. Coaches shall be sensitive to differences in power between themselves and others and should not exploit

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nor mislead other people during or after their relationship.

- **Responsible Coaching:** Coaches must be aware of their ethical responsibility to the community and the society in which they work and live. Coaches must comply with the law and encourage the development of law and policies that serve the interest of sport or activity. The coach shall strive to serve as a leader and model in the development of appropriate conduct for the athlete both within and beyond the U.S. Figure Skating setting. The coach shall strive to use strategies in practice and competition that are designed to encourage play within the letter and spirit of the rules. The coach shall strive to keep the concepts of winning and losing in proper perspective. The coach shall strive to enforce policies and rules with fairness, consistency and an appreciation for individual differences.

Ethical Standards:

- **Compliance with Rule Requirements:** All coaches must complete all annual coaching member requirements set forth by U.S. Figure Skating Rules and the PSA that apply to them by the appropriate deadlines.
- **Competence:** Coaches should not undertake these duties until they have first obtained the proper training, study and advice so that they are competent to do so.
- **Maintaining Expertise:** Coaches should maintain a level of expertise through continued education and experience and shall strive to acquire additional education and experience through sources available to them.
- **Respecting Others:** Coaches shall respect the rights of other's values, opinions and beliefs even if they differ from their own.
- **Nondiscrimination:** Coaches must not engage in discrimination based upon age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, socioeconomic status or any other basis as protected by applicable law.
- **Misconduct:** Coaches must not, under any circumstances, engage in any form of misconduct and will respond to complaints of such a nature to respondents with dignity and respect.
- **Personal Problems or Conflicts:** Coaches should have a responsibility to be aware if there are personal problems or conflicts which may affect their ability to work with athletes. They should also be able to identify problems affecting their athletes, which could potentially create situations that place their athletes in harm or danger of injury and take the appropriate steps to remove the athlete from this environment.

Further, any person who makes groundless allegations or complaints of abuse or harassment may be subject to disciplinary action per Article XXV, Section 3B, of the U.S. Figure Skating bylaws.

Coaches Code of Conduct:

- Must obey and abide by all U.S. Figure Skating published rules, regulations and procedures.
- Shall maintain exemplary standards of personal conduct.
- Must obey all state, national and international laws.
- May not be under the effects of alcohol, illegal drugs or any substance that can affect athlete safety and coaching judgment.
- Must refrain from using any profane or abusive language.
- Must not engage in any type of misconduct with any athlete.
- Must teach and support the athletes fairly and equitably.

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U.S. FIGURE SKATING
CLUB RESOURCES



- Must never discriminate against any athlete.

I understand that as a U.S. Figure Skating member coach, I have assumed certain responsibilities to prepare, develop and be an advocate and role model. I have read and agree to the "Coaches Code of Conduct" and understand what is expected of me.

Signature

Printed name

Date

*Also refer to the PSA Code of Ethics and Tenets of Professionalism for more information.

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