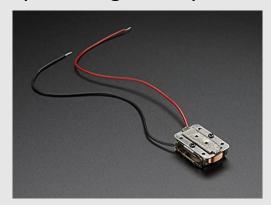
Mantra Mouthguard (2018)

Transducer inserted in a mouthguard placed over tongue to speak for you. Each step, click, or button press triggers a syllable in a mantra spoken on your tongue for you.









Mantra Mouthguard (2018)



Insert transducer into opening, wires coming out of the open end.



Put mouthguard in mouth with teeth liners facing down and wires coming out the front.

Mouthpiece should cover *lower teeth* and tongue.

Keep jaw relaxed.

Don't bite the wires!

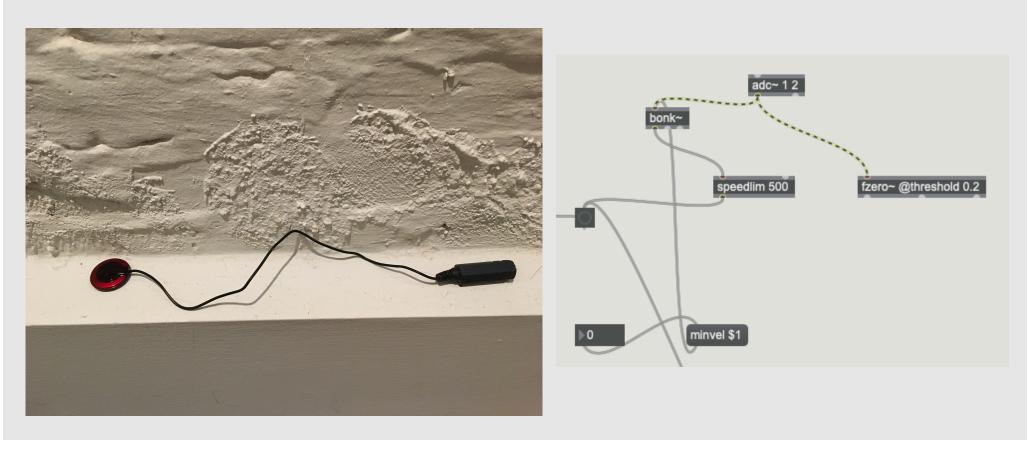
Trick your body into thinking it is praying when really you are thinking about something else.

Wear it while napping, watching TV, driving...even on the treadmill!

Bring yourself peace and harmony without even trying!

Open for more information.

Mantra Mouthguard Materials: Contact Mics, Max MSP, Pre-recorded Voice



Even if you can't hear it, it still will have a positive effect.

People who are subliminally exposed to religious words like "God" or "Bible" become slower to recognize words associated with temptations like drugs or premarital sex.

When your mantra is
whispered or hummed it is
known as Upamsu Japa. When
you whisper or hum, it is not heard
by anyone. This method is said to
require a deeper level of
concentration and is supposed to
be 1, 000 times more powerful
than Vaikhari. It is said to bring
peace and harmony within
yourself.

6 Second Abs Machine 3 Clicks Up, 3 Clicks Down Works Best if Mantra Syllable Total Divisible by 6

32 Syllables

Ha-Ree Krish-na
Ha-Ree Krish-na
Krish-na Krish-na
Ha-Ree Ha-Ree
Ha-Ree Rah-ma
Ha-Ree Rah-ma
Ha-Ree Rah-ma
Rah-ma Rah-ma
Ha-Ree Ha-Ree



Get healthier and more spiritual at the same time.

Use the Mantra Mouthguard with the 6
Second Abs workout device to turn every click into a syllable of your chosen mantra.

With the Mantra Mouthguard you can take advantage of available tracking technologies to turn each step, click, or button press into a syllable in a mantra.

Instructions

- Have home/office/car wired for the Mantra Mouthguard.
- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create your own.
- Type/Click/Drive your way to enlightenment!

Mantra Mouthguard



Mantra
Mouthguard:
6 Second
Abs Exercise
Machine

Align your chakras and chisel your abs.

Mantra Mouthguard: Stepper

Let your step count be the spiritual step you've always wanted to take!

Instead of mindlessly tabulating STEPS PER DAY, turn each step into a syllable in a mantra. Feel accomplished and efficient without changing your daily routine.

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Instructions

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Mantra Mouthguard



Turn 10,000 steps into ~93 sets of 108 Hare Krishna Mantras.

Mantra Mouthguard: Computer Keyboard

Make your profession more profound.

Instead of **TYPING** up reports and responding to emails as quickly as possible, slow down and turn each keystroke into a syllable in a mantra. Impress your bosses with higher word counts and a calmer demeanor.

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Instructions

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- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create your own.
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Mantra Mouthguard



Blow past your target word count and chant over carpal tunnel.

Mantra Mouthguard: Setting the Alarm

Set your alarm system and strengthen its protection with a prayer!

Instead of leaving your home in a mindless state and forgetting if you SET THE ALARM, set a specific prayer to play a syllable with each key press of your code. Tailor the prayer to fit however many key presses/syllables secure your home.

With the Mantra Mouthguard you can take advantage of available tracking technologies to turn each step, click, or button press into a syllable in a mantra.

<u>Instructions</u>

- Have home/office/car wired for the Mantra Mouthguard.
- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create your own.
- Type/Click/Drive your way to enlightenment!

Mantra Mouthguard



Set your security system and pray ...just in case.

Mantra Mouthguard: Using The Microwave

Never forget your mantra again!

Stop putting off investigating the settings options for your *MICROWAVE*. Put in the mouthguard and chant while you discover how to properly reheat your meals!

With the Mantra Mouthguard you can take advantage of available tracking technologies to turn each step, click, or button press into a syllable in a mantra.

Instructions

- Have home/office/car wired for the Mantra Mouthguard.
- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create your own.
- Type/Click/Drive your way to enlightenment!

Mantra Mouthguard



Meditate while you master your microwave settings.

Mantra Mouthguard: Treadmill

Exercise towards enlightenment!

Instead of setting an arbitrary number of miles to **RUN**, turn each step/stride into a syllable in a mantra. Try to complete as many mantras as monks do every day.

1,728 Hare Krishna Mantras = 27.648 miles

With the Mantra Mouthguard you can take advantage of available tracking technologies to turn each step, click, or button press into a syllable in a mantra.

Instructions

- Have home/office/car wired for the Mantra Mouthguard.
- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create your own.
- Type/Click/Drive your way to enlightenment!

Mantra Mouthguard



Chant while doing cardio.

Mantra Mouthguard: Driving





Become a monk without changing your life.

Instead of fearing miles accumulating on ODOMETER, have each tenth of a mile logged trigger a syllable in a mantra! Make every day a Sunday drive!

With the Mantra Mouthguard you can take advantage of available tracking technologies to turn each step, click, or button press into a syllable in a mantra.

Instructions

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- Insert transducer of chosen home/office/car artifact CAREFULLY into the mouthpiece.
- Choose your mantra OR create vour own.
- Type/Click/Drive your way to enlightenment!

Mantra Mouthguard



Make your odometer work for you, not against you.