

WORKSHOP

ROCKTAPE

DYNAMIC TAPING FOR CYCLING AND SPORTS PEOPLE

This practical hands-on session provides the fundamental theory associated with basic human neuromuscular anatomy so that the discerning athlete and or patient can apply the proper and actual techniques of dynamic taping. Dynamic taping used appropriately, sparingly and conditionally can aid and assist with the repair phase of injury as well as to prevent injuries on the go.

This session which will be conducted over 2 hours will require participants to be hands on and involved in proximity with other participants on the same mission.

Details

Date: Tuesday 29 October 2024

Time: 5.45 pm for 6.00 pm to 800 pm

Location: Perth Integrated Health – Northern Centre
Unit 12, 8 Booth Place Balcatta
[View Map for directions](#)

Cost: \$80 per person and limited to 30 participants.



For More Information

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