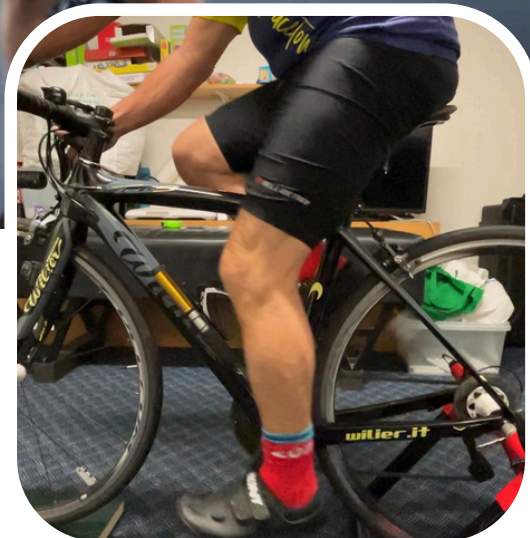
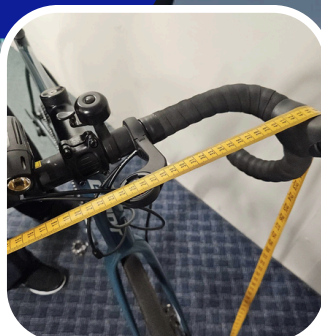


BIKE ERGONOMICS Assessment



CLINICAL BIKE ERGONOMIC ASSESSMENT

....NOT A BIKE FIT

The **Sport Medicine Team** at **Perth Integrated Health** have one core mission to fulfill with you and your bike; to ensure a safe, efficient, and tailored human-machine ride.

With a clinical background in biomechanics and with experience at the club, national, and governing body for all things cycling related, you will undergo an informed and specific ergonomic session. Whether you are racing at the recreational or elite level, the service provided will consistently relate back to your clinical and biomechanical requirements instead of a cookie cutter approach,

The synergy between the machine and the human cannot be emphasized enough as a medical bike ergonomic fit significantly mitigates the risk for injury while prolonging your comfort, health, and performance. Given that there will be a degree of re-learning of movement patterns after an ergonomic fit, we strongly recommend booking your consultation as soon as possible to allow for optimal outcomes

Cost: \$200

**Locations : Unit 12, 8 Booth Place, Balcatta
48 Kishorn Road, Applecross**

Call or scan to make your booking today

PIH Perth
Integrated
Health



*The Perth Integrated Health – Sports
Medicine Team are the official Medical
Services team for the upcoming
AusCycling Road Nationals which will
be held in Perth in Jan 2025*

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