#### Welcome to The Fritz Spring-Summer 2024 Menu

Our menu features an eclectic mix of small/sharable plates, more substantial dishes, and full entrée sized offerings. Many of these dishes make excellent options for sharing, or mixing and matching several smaller plates even if dining alone.

Our dishes come out as ready – some items take more time to cook than others and should be noted on the menu.

If you have any questions, just ask.

## PLEASE NOTIFY US OF ANY ALLERGIES OR DIETARY RESTRICTIONS

**Item Designations** 

GF – gluten free – see note below

V – Vegan

Veg – Vegetarian

Items marked with '\*' are available by request

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Our kitchen is **NOT** Gluten Free and some GF items may come in contact with items with Gluten.

**NO SUBSTITUTIONS PLEASE** 

### Small/Shareable Bites

Hot Dog\$5  Steamed Nathans Famous hot dog on a bun with mustard. Perfect for a quick bar-snack or for the kids.
Warm Spiced Olives (GF/V)\$6  Classic medley of mediterranean olives warmed with a spice blend and citrus zests
Miso-Glazed Eggplant (GF/V)\$9 Roasted eggplant, brûléed soy-miso glaze, sesame seeds, sliced scallions
Hush Puppies (Veg)\$10 The southern classic. Drop-fried cornmeal bites served with a side of Aleppo pepper remoulade
Truffle Fries (GF/Veg)\$12 Shoestring fries, truffle oil, grated Reggiano Parmigiano cheese, flat leaf parsley
Mac 'n Cheese (Veg)
Whipped Feta (GF*)\$14  Creamy feta cheese spread, olive oil, Za'atar spice, served with grilled pita bread – Substitute gluten free bread \$2.50
Tarte à L'ognion (Veg)
Pickle Plate (GF*)\$16  Bread and Butter pickles, Kimchi, Giardiniera, and Aunt Jan's

Pickled tongue. All made in house. Served with stoneground wheat

crackers. GF crackers available for an additional \$2

# More substantial dishes (still good for sharing)

French Onion Soup (GF*/Veg)\$14
6 hour caramelized onions in a vegetarian stock. Topped with
crostini and covered in bubbling Gruyere and Emmenthal cheese.
Mushrooms and Celery Root (GF, Veg)
Korean Chicken and Waffles
Steak (GF)\$15
A 6 ounces shoulder tenderloin, topped with house-fermented black garlic chimichurri.
Chicken Pot Pie
Burgers, Sandwiches, Salads, Sides
Fritz Salad (GF/Veg/V*)
Hoisin Marinated Beef tips \$7 Grilled Ahi Tuna \$8
Oklahoma Smash Burger
Vegetarian Sandwich (GF*/Veg)
Cubano Sandwich
<b>Side of Fries</b>
Side of Grilled Baguette\$2

#### Full Plates (still good for sharing)

Bucatini ala Bolognese
Pâté de Campagna (GF*)
Salmon \$20 Black tea smoked salmon, soy-dashi foam, masago, beetroot microgreens.
Chicken Tikka Masala
Calabrian Chicken \$24  My homage to Chef Michael Chiarelo. I learned the Calabrian chicken from him shortly before his recent passing. A jumbo chicken quarter (leg and thigh) confited for several hours, marinated in Calabrian chili paste, served with a side of a robust Italian white bean stew topped with gremolata.
House Desserts
Yuzu Tart
Mexican-Chocolate Pot de Crème (GF)
Blueberry-Lavender Bread Pudding
Dígestífs
Daron Calvados Fine