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**Boro Medical & Lifestyle Clinics**  
268 Veterans Parkway Suite F  
Murfreesboro, TN 37128  
Phone: 615-785-8288 Fax: 615-468-8849

## Chronic Illness Management Template

### Past Medical History:

Diagnosis:

Date:

Who Diagnosed:

Stable or Unstable:

Medications Taken:



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Hospitalizations:

Diagnosis:

How Long:

Where:

Surgeries:

Surgery:

For:

Who did it:

Current Medications:

Med, strength, how many times a day



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Family Medical History:

Family member:

Diagnosis:

Age:

Alive or deceased:

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Major Labs or Major imaging:

Test:

Date:

Where records can be obtained through:

Normal or Abnormal:



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Current Complaint:

"The Alphabet Method"

Symptom

Symptom Onset

Provocation or palliation What makes it better:

What makes it worse:

Have tried:

Quality What it feels like

Radiation If none put ( NA)

Severity Scale of ( 1- 10 )

Timing Gotten better worse or the same over time?

Ever had this issue in the past?

Other information:

Goals for Today: