



Mackay Bushwalkers' Club Inc. By Laws and Outing Rules for Club Activities

1. All persons intending to participate in an outing must contact the leader NO later than 12 midday the day prior, unless otherwise stated. Nominating earlier is preferable.
2. Arrival at the assembly area for this outing **MUST** be at least 15 minutes before the advertised departure time, to allow for transport arrangements to be made. Persons intending to make their vehicles available for transport should have their vehicles fuelled and in a roadworthy condition. The decision as to which vehicles go on the outing is at the discretion of the trip leader.
3. All vehicles being used in an activity must leave the assembly area together and follow the trip leader's vehicle in convoy. Each driver should constantly check the vehicle behind and if it is not still following; stop and wait for it. All drivers must stop at turn off points to ensure that drivers of following vehicles are aware of the turn off.
4. Walkers must be suitably clothed and have appropriate footwear. Each walker must have their own pack and carry food and water for the day and, if required, any special medication. At least 2 litres of water per person is recommended. Every walker should also carry the following: small torch, sunscreen, raincoat, insect repellent, small whistle, emergency kit and first aid equipment. The trip leader at his/her absolute discretion may refuse any walker who is not adequately equipped the right to participate in an activity.
5. No offensive or dangerous items including firearms, dogs, alcohol, illegal drugs and music playing devices are to be taken on activities. The trip leader shall at his/her discretion determine whether an item is offensive or dangerous and may refuse any walker who insists on carrying such an item, the right to participate in an activity.
6. The Club endeavours to provide at least one First Aider at each activity. The MBC encourages members to undertake a Senior First Aid Training Course from a recognised provider.
7. All litter must be carried out including food scraps such as orange peels and apple cores and sanitary pads/tampons.
8. Faecal matter and toilet paper should be buried 15cm deep and well away from tracks and at least 100m away from any water course.
9. Walkers must not pollute any creek or stream with items such as soap, food scraps or human waste.
10. Walkers must co-operate with the Trip Leader and heed any reasonable direction he/she may give.
11. Walkers must not separate from the main party, go ahead of the Trip Leader or negotiate terrain more difficult than that chosen by the Trip Leader without the Trip Leader's express permission.
12. Walkers must constantly observe the walker behind them and stop if that walker requires assistance or is out of sight, a call of wait-up is to be called to the leader in this event. Walkers in front would then also call for the leader to wait-up and so on right to the leader). In the event of any delay, a message should be relayed to the Trip Leader.
13. Walkers must convey along the line of the party, information regarding any hazards such as loose/slippery rocks, dangerous plants or animals.
14. Walkers must not engage in any activity that is offensive to or endangers other walkers or members of the public. In particular, walkers must not playfully or idly throw objects and must not unnecessarily dislodge loose material. When there is a possibility of accidentally dislodging loose material, walkers should ensure that there are no walkers or members of the public directly below them and should warn anyone that could be endangered by the falling of the loose material. Walkers should call in a loud and clear voice **BELOW or ROCK** whenever they dislodge loose material.
15. Walkers must adhere to fire restrictions, and the lighting of fires is discouraged. We operate on a total fire ban on day walks. Only on some multi day hikes a fire is lit. Extreme care must be taken when lighting an open fire. The fire must be extinguished fully before leaving unattended.
16. Walkers must not collect bush products whether alive or not and must avoid disturbing or damaging the bush through which they are walking.
17. Some of the risks of activities include injury from slipping or falling in uneven, slippery, loose or steep terrain, injury such as cuts, impalement and eye injuries from sticks, branches and other objects, injuries from "nasties" such as stinging plants, stinging insects, poisonous animals (such as snakes) and aggressive animals (such as wild pigs), exposure caused by wet and/or cold conditions and exhaustion and dehydration caused by hot conditions and the physical effort required. Activities are usually conducted in areas remote from medical assistance. Walkers participate in activities at their own risk and must not attempt activities or terrain which they consider too difficult or too risky for themselves.
18. All members should be familiar with the Members' Handbook.