



PREPARING FOR YOUR PUPPY'S ARRIVAL

Preparing for Go-Home Day

As your puppy's go-home day approaches, there are a few important steps to complete to help make the transition into their new home as smooth as possible. Preparing ahead of time allows you to focus on creating those first special moments with your new companion.

Veterinary Checkup

Around 4 weeks of age, you will receive a reminder to schedule your puppy's first wellness exam. Many veterinary clinics book appointments several weeks in advance, so scheduling early helps ensure your puppy is seen within the required timeframe.

Your puppy's wellness exam must be completed within 72 hours of bringing your puppy home. This visit establishes care with your veterinarian, provides a baseline health assessment, and ensures your puppy is adjusting well to their new home.

Please note: Completion of this exam is a requirement of our one-year health guarantee. Failure to complete the wellness exam within the required timeframe will result in the health guarantee becoming void.

First Grooming Appointment

Plan your puppy's first grooming appointment around 16 weeks of age. The goal of this visit is to create a positive introduction to the grooming experience and help your puppy become comfortable with handling, bathing, brushing, nail trims, and grooming tools—not a full haircut.

Establish a Training Plan

Training begins from the moment your puppy comes home. Before arrival, take time to decide how you will approach crate training, potty training, and basic manners. Consistency from day one helps your puppy understand expectations and build confidence in their new routine.



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Puppy-Proof Your Home

Set your puppy up for success by preparing your home before they arrive.

- Secure loose cords.
- Remove tempting rugs.
- Store medications and cleaning supplies safely.
- Put shoes, toys, and valuables out of reach.

Create Your Puppy's Safe Space

Before your puppy arrives, prepare a designated area where they can safely adjust to their new surroundings. Puppies should not have full access to the entire home right away, as too much freedom too soon can be overwhelming and make potty training and routines more difficult.

A puppy pen, crate, and other recommended supplies can help create a comfortable space where your puppy feels secure while learning their new environment. For our recommended products and puppy essentials, please visit our [Puppy Essentials](#) page.



W E L C O M I N G Y O U R P U P P Y H O M E

Thank you for welcoming a Blissful Paws Pomsie into your family. We are so excited for you to begin this journey and officially become part of the Blissful Paws Family.

Raising puppies is a responsibility we take great pride in. While we love every moment of breeding, we also understand the importance of preparing families with the knowledge and tools needed to raise a confident, well-mannered companion.

We believe early training and continued guidance play an important role in helping puppies succeed in their new homes. A puppy who learns good habits early is given the foundation to become a well-adjusted adult dog.

We have worked hard to provide your puppy with a strong beginning through early development practices, including Early Neurological Stimulation (ENS) and Early Scent Introduction (ESI). We have helped lay the foundation, but your continued consistency, patience, and guidance will help your puppy continue to grow.

To support you through this transition, we have provided training tips and recommendations based on what has worked well for our program and previous Blissful Paws families. We hope these resources help make the first days and weeks together a positive experience.

Training

Training begins the moment your puppy comes home. Establishing clear expectations and routines early will help your puppy understand what is expected and build confidence in their new environment.

For families with busy schedules, we recommend Baxter & Bella Training, an online puppy training program led by professional trainers. Their flexible approach allows you to train on your own schedule while involving the entire family in your puppy's learning journey.

Early training can help prevent unwanted behaviors before they become habits. The first months of your puppy's life are an important time for building communication, confidence, and lifelong skills.

Before bringing your puppy home, we recommend discussing household expectations with everyone involved in your puppy's care. Consistency from the entire family is one of the most important parts of successful training.

Through our partnership with Baxter & Bella, Blissful Paws families receive 25% off their program using code: BlissfulPaws



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Leadership/Commands

Leadership & Communication

Your puppy will look to you for guidance, structure, and security as they adjust to their new home. Creating clear expectations and remaining consistent with your training helps your puppy understand what is expected and builds confidence in your relationship.

Consistency from the entire family is one of the most important parts of successful training. Everyone should use the same commands, boundaries, and expectations so your puppy does not become confused about what behaviors are encouraged.

Always reward the behaviors you want to see more of. Rewards can include treats, praise, affection, playtime, attention, or simply a kind word. Reinforcing good choices helps your puppy understand what behaviors earn positive responses.

Puppy behaviors such as nipping, chewing, digging, barking, jumping, and begging are normal parts of development. However, it is important to guide your puppy toward appropriate behaviors from the beginning. What may seem cute during the puppy stage can become challenging as your puppy grows, which is why early guidance and consistency are so important. Remember, your puppy is learning. Do not expect them to understand everything on the first day or even the first week. Building communication takes time, patience, and repetition. Be loving and encouraging while also providing consistent boundaries.

Using Marker Words

Marker words help your puppy understand what you are asking and when they have made the right choice.

“Good” — Continue what you are doing.

“Yes” — You completed the behavior correctly.

“Break” — The exercise is finished and you may relax.

“No” — That behavior is not appropriate; try again.

“Leave it” — Stop and disengage from that item or behavior.



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Praise should always be calm and positive. Puppies can become overly excited during praise, so if your puppy jumps or becomes overly stimulated, calmly ask them to settle before continuing attention. Rewarding calm behavior helps reinforce the manners you want to build.

When redirecting unwanted behavior, remain calm and consistent. Your puppy should never be frightened or intimidated by your response. Training is about teaching your puppy what you want them to do, building trust, and creating a lifelong partnership.

Treats/Food

Feeding/Treats You will feed your puppy the recommended amount based upon their weight, please refer to your dog food for their recommendations on amount, you may need to adjust to more during times of growth spurts, growing puppies need food! Puppies have been on a 3 times per day feeding schedule (we split their daily serving into three) 7:00-7:30 am, mid day feeding at 12:00-12:30 pm and evening feeding between 6:00-6:30 pm. After a month or two when you notice your puppy becoming less interested in the mid-day feeding you can drop it all together and start breaking their serving into twice a day instead.

Do not be surprised if your puppy isn't all that excited about eating the first few days, this is totally normal, once they get comfortable in their new home they will start eating again, you can try hand feeding to encourage it. If you feel like your puppy is constipated or has loose stool this is also normal, you can correct either by adding Firm Up brand powder (link can be found on our website under Puppy Supplies link) to their kibble or 1 tablespoon of pumpkin puree to their food or just feed on a spoon this will usually resolve it within a day or two. I always keep it on hand for this issue!

Whatever food they do not eat after about 10-15 minutes pick up and put away until the next feeding.



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Nutrition, Feeding & Treats

Proper nutrition plays an important role in your puppy's growth, development, coat, and overall health. Your puppy has been raised on Diamond Naturals Small Breed Puppy Chicken & Rice Formula, and we recommend continuing with this food to help support a smooth transition into their new home.

Feeding Schedule

Your puppy has been eating three meals per day, with their daily portion divided into three feedings:

Morning: 7:00–7:30 AM

Midday: 12:00–12:30 PM

Evening: 6:00–6:30 PM

Feed the recommended amount based on your puppy's current weight and adjust as needed during growth periods. Puppies grow quickly, and their nutritional needs may change as they mature.

After your puppy has been home for a month or two, you may notice they become less interested in their midday meal. At that time, you can transition to two meals per day by dividing their daily amount between morning and evening feedings.

If your puppy does not seem interested in eating during the first few days home, this is completely normal. Moving to a new environment can be overwhelming, and many puppies need time to adjust. Hand feeding, offering encouragement, and maintaining a calm routine can help.

Feeding Tips

If your puppy experiences minor digestive changes while adjusting, such as loose stool or constipation, this can be common during transitions. Adding Firm Up powder or a small amount of pumpkin puree may help support digestion during this adjustment period.

If your puppy does not finish their meal within 10–15 minutes, pick up the food and offer it again at the next scheduled feeding.



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To help with potty training, we recommend withholding food and treats approximately 3 hours before bedtime and water approximately 1 hour before bedtime, unless you are comfortable with nighttime potty breaks.

Training Treats

Praise is always the best reward, but small treats can be helpful during training. When introducing treats, we recommend keeping them simple.

Your puppy's kibble is a great first training reward. Puppies will often work just as eagerly for their regular food, which helps prevent overfeeding and encourages them to continue eating their meals.

If using treats:

- Break treats into very small pieces.
- Introduce new treats slowly.
- Avoid rich treats that may upset your puppy's stomach.

Some of our preferred training rewards include:

- Puppy kibble
- Tiny pieces of string cheese
- Small pieces of hot dog

Building Positive Food & Toy Habits

Teaching your puppy to have positive experiences around food, toys, and valued items is an important part of raising a confident companion.

Practice calmly interacting with your puppy while they are eating by occasionally adding food to their bowl, offering treats, and allowing family members to participate. This helps your puppy learn that people approaching their food is a positive experience.

The same applies to toys and chews. If your puppy has something they value, practice trading the item for a treat and then returning it. This teaches your puppy that giving something up does not mean they lose it forever.

Resource guarding is a behavior that should be addressed early through positive training, consistency, and trust-building.



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Creating positive associations from the beginning helps your puppy develop appropriate habits as they mature.

Puppies & Children

Bringing a puppy into a home with children can be an incredibly special experience. Helping children understand how to properly interact with their new puppy is an important part of building a safe and trusting relationship.

Even older children should not be left unattended with a new puppy. Puppies often view children, especially younger children, similarly to their littermates. Because of this, they may naturally try to play by nipping, jumping, or becoming overly excited. An adult should be present to help guide interactions, teach children appropriate ways to play, and help both the puppy and child learn each other's boundaries.

Rules for Play

Play should always be positive, calm, and structured. Never allow teasing, rough play, or intentionally frightening your puppy. These experiences can create fear, confusion, or unwanted behaviors.

Great ways to play with your puppy include:

- Playing with approved toys
- Fetch
- Gentle tug games
- Training games that encourage engagement and focus

Avoid using your hands as toys. While hand play may seem harmless when your puppy is small, it teaches them that hands are appropriate things to bite and chew. Instead, redirect them to an appropriate toy.



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Teaching Calm Behavior

Chewing, nipping, and biting are normal puppy behaviors and are part of how puppies explore and learn. With consistency and proper guidance, these behaviors typically improve as your puppy matures.

Remember that calmness is a skill that can be taught. The calmer your interactions are, the more your puppy will learn to settle and make appropriate choices.

If your puppy becomes overly excited, starts playing too roughly, or seems unable to settle, they may simply be tired and ready for a nap. Learning to recognize when your puppy needs rest and providing a quiet break in their crate or puppy area can help prevent overstimulation and encourage healthy habits.

Crate & House Training

Your puppy has already been introduced to crate training and has spent time resting in a crate alongside their littermates. Many puppies learn to enjoy their crate because it provides a safe, comfortable space where they can relax and feel secure.

Crate training is a valuable tool that supports house training, encourages healthy routines, and provides your puppy with a safe place to rest when you are unable to actively supervise them. A crate or puppy playpen should be viewed as your puppy's personal space—not a form of punishment.

During the first few weeks home, your puppy will likely spend a good amount of time in their crate or puppy playpen. This is completely normal. Puppies require a significant amount of sleep, and structured rest helps prevent overtiredness, unwanted behaviors, and overstimulation.

We recommend placing your puppy's crate in your bedroom or another quiet area where they can feel comfortable and secure. Use the crate or puppy area anytime you are unable to supervise your puppy to help prevent accidents and encourage positive habits.



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The First Nights Home

It is normal for puppies to have some adjustment during their first nights away from their mom and littermates. You may experience some whining or restlessness, but this typically improves as your puppy becomes familiar with their new home and routine.

We recommend investing in a Snuggle Puppy, which mimics the warmth and heartbeat of littermates and can provide comfort during this transition. During crate training with us, your puppy has also been exposed to calming rain sounds, which can be continued at home along with the blanket provided in their go-home bag.

Crate Time Expectations

Young puppies should not be expected to spend extended periods of time alone. During the day, we recommend limiting crate time to approximately 3–4 hours at a time unless overnight. If you work full-time or need to be away for longer periods, please plan for someone to provide a break, arrange help, or make accommodations until your puppy is older and better able to handle longer periods alone.

A puppy playpen can also be a helpful option for creating a safe area when you cannot directly supervise. However, puppies should still receive regular interaction, potty breaks, and opportunities for enrichment throughout the day.



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Building Positive Crate Habits

Avoid letting your puppy learn that barking or crying immediately opens the door. Instead, wait for a brief moment of calm before rewarding or releasing your puppy. This helps teach that quiet, relaxed behavior is what earns attention.

During potty training, we recommend avoiding expensive beds or plush crate mats until your puppy has demonstrated they can consistently keep their sleeping area clean. Towels or a simple washable blanket are often easier to manage during this stage.

Potty Training

Potty training takes time, patience, and consistency—especially with a Pomsky. We work hard to establish a strong foundation while your puppy is with us by introducing potty routines, appropriate potty areas, and consistent expectations.

Many Blissful Paws families have shared that their puppy transitioned home with a great understanding of potty habits, but every puppy is different. While we do everything we can to prepare them, continuing that foundation and helping your puppy succeed will be your responsibility once they come home.

Creating a Successful Routine

The key to potty training is being proactive. Instead of waiting for your puppy to tell you they need to go, learn their schedule and take them out before accidents happen.



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Your puppy will typically need to potty:

- Immediately after waking up
- After coming out of their crate
- Shortly after eating or drinking
- After playtime or excitement

Many puppies need to go about 10–15 minutes after play begins and approximately 15–45 minutes after eating or drinking, depending on the individual puppy.

Keeping a simple log during the first few days can help you learn your puppy's personal schedule and make potty training much easier.

Learning Your Puppy's Signals

Your puppy will begin showing you signs that they need to go. It is your job to recognize those signals and respond quickly.

Common signs may include:

- Sniffing the floor
- Circling or spinning
- Whining
- Barking
- Restlessness

Every puppy communicates differently, so paying close attention will help you learn your puppy's individual cues.

Handling Accidents

Accidents are a normal part of puppy development. If your puppy has an accident, do not scold, punish, or overreact.

Most accidents happen because a puppy was given too much freedom too soon or their signals were missed. Negative reactions can cause puppies to become afraid to potty in front of you or hide when they need to go.



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nstead, calmly clean the area and continue reinforcing the correct potty routine.

Setting Your Puppy Up for Success

While potty training, we recommend keeping your puppy attached to you with a leash or close by whenever they are outside of their crate or puppy playpen indoors.

This allows you to:

- Watch for potty signals
- Prevent accidents before they happen
- Redirect unwanted behaviors
- Keep your puppy safe while they learn

Remember, potty training is a process. Consistency, patience, and supervision are the keys to helping your puppy develop reliable habits.

Puppy Hygiene & Grooming

Proper grooming is an important part of keeping your Pomsy healthy, comfortable, and confident with handling. We begin introducing puppies to grooming experiences early, including bathing, brushing, nail care, and exposure to grooming tools.

Bathing & Ear Care

We bathe our puppies using Touch Of Mink Shampoo, which can be found on our Puppy Essentials page. When choosing a shampoo for your puppy, always use a high-quality product and avoid over-bathing, as frequent bathing can dry out your puppy's skin and coat.

We recommend diluting shampoo according to the product instructions, and we always ensure puppies are thoroughly rinsed after bathing.



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For ear care, we use EarWell in Sweet Pea Vanilla and gently clean and rinse ears as part of our grooming routine.

Coat Maintenance

Pomsies have beautiful double coats that require regular maintenance. Some puppies will require more brushing and coat care than others depending on their individual coat type.

We recommend investing in:

- A high-quality slicker brush
- A greyhound comb
- A high-velocity dryer

These tools make a significant difference in maintaining your puppy's coat and helping prevent matting.

When brushing, make sure you reach the root of the coat and pay special attention to areas that commonly develop tangles, including:

- Chest
- Collar area
- Behind the ears
- Tail area

**** Recommended grooming supplies can be found on our Puppy Essentials page.*

Professional Grooming

Regular grooming at home, along with occasional professional grooming appointments, may be needed throughout your Pomsie's life. If you choose to use a professional groomer, we recommend selecting



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someone who understands double-coated breeds and knows how to properly care for a Pomsky coat.

Please never shave your Pomsky. Their double coat serves an important purpose by helping regulate their body temperature and providing protection throughout the year. Shaving a double-coated breed can permanently affect how the coat grows back and may lead to coat texture changes or other coat issues.

Proper brushing, deshedding, and routine maintenance are the best ways to keep your Pomsky's coat healthy and beautiful.

Appropriate Exercise

Puppies are still growing and developing, and their joints need time to mature. During this important stage, exercise should be age-appropriate and focused on building confidence rather than endurance.

Avoid strenuous activities such as long walks, intense play, hiking, or repetitive high-impact activities while your puppy is still developing.

Your puppy should not visit public areas or go on walks where they may be exposed to unknown dogs until they have completed their recommended puppy vaccination series. Always discuss your puppy's exercise needs and activity limits with your veterinarian, as every puppy develops at their own pace.

Short play sessions, training activities, and supervised exploration are great ways to help your puppy build confidence while protecting their growing body.



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Continued Support

Our commitment to your puppy does not end on go-home day. Our goal is for every Blissful Paws puppy to thrive and become a happy, well-adjusted member of your family.

If you have questions or need support after bringing your puppy home, please reach out to us through your original communication platform:

- Families who completed their purchase through GoodDog may contact us through their GoodDog account.
- Families who completed their purchase directly through Blissful Paws Pomsies may reach out to us directly.

Keeping communication through the appropriate platform helps us stay organized and ensures we can provide the best support possible.

We truly love staying connected with our puppy families and watching our puppies grow. Photos, videos, and updates are always welcomed and are one of the most rewarding parts of what we do.

If you create a social media account for your puppy, be sure to tag Blissful Paws Pomsies so we can follow along and celebrate their journey with you.

Thank you for trusting us with your new companion. We cannot wait to watch your puppy grow and become a cherished part of your family.

xoxo Erica Reeves

Owner of Blissful Paws Pomsies