



## A Total Healing Solution

### Health History Questionnaire

Name \_\_\_\_\_

Email: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

All information will be kept confidential. Please circle YES or NO:

Yes	No	1. Do you have a heart condition? _____
Yes	No	2. Do you have an implanted pacemaker? _____
Yes	No	3. Do you have any artificial joints or implants? _____
Yes	No	4. Do you have any systematic disorders (mononucleosis, hepatitis, etc.) or neuromuscular, musculoskeletal or rheumatoid disorders? _____
Yes	No	5. Are you pregnant? How far along _____
Yes	No	6. Have you had a major surgery or illness within the last year? Please list: _____ _____
Yes	No	7. Are you currently taking any medication or prescription drugs? Please list the medication and its purpose and vitamins: _____ Are you taking any blood thinners? _____ _____ _____
Yes	No	8. Do you have emphysema, asthma, or any other lung conditions? _____
Yes	No	9. Do you carry an inhaler? _____
Yes	No	10. Have you ever lost consciousness or control of your balance due to chronic dizziness? _____
Yes	No	11. Do you have epilepsy? _____
Yes	No	12. Are you or have you ever been treated for a bone or joint problem that restricts you from engaging in physical activity? What: _____ When: _____
Yes	No	13. Is there any physical condition that you have which is aggravated by exercise? Please List: _____ _____ _____
Yes	No	14. Are you allergic to anything? _____
Yes	No	15. Are you allergic to Stainless Steel? Or any other metal? _____
Yes	No	16. Have you every had dry needling or acupuncture before? _____
Yes	No	17. What was your experience? _____ _____ _____



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What are your current goals?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Do you have any pain? \_\_\_\_\_

How long have you had it? \_\_\_\_\_

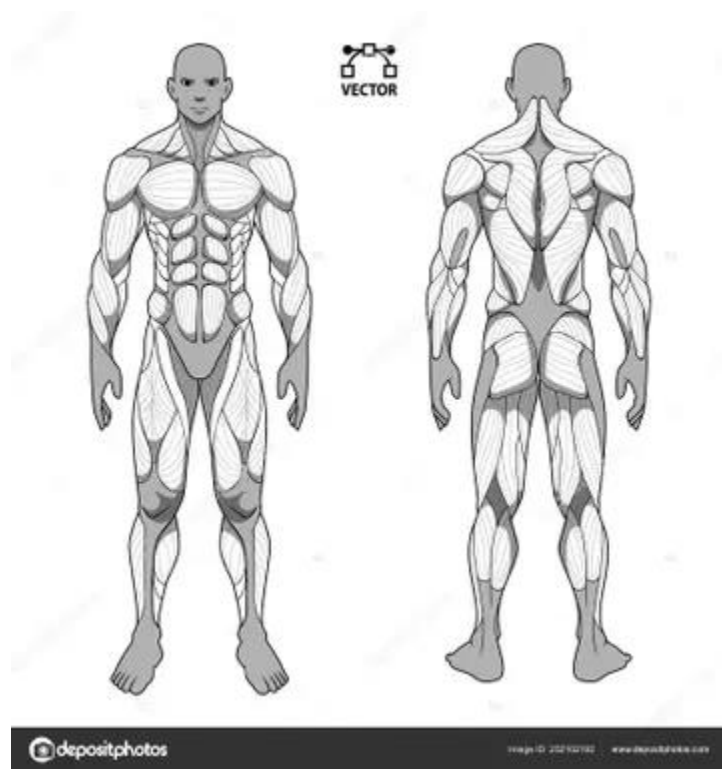
What makes it better? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

How does it affect your daily life? \_\_\_\_\_

Is there anything you would like me to know? \_\_\_\_\_

Please fill in on the diagram where you have pain.



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_