

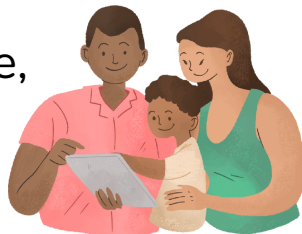
Struggling with your child's behavior, emotions, or routines?

You don't have to figure it out alone.

Clinical Psychology Solutions offers **individualized parenting consultations** to help you feel more confident in your parenting. Flexible scheduling, no commitment.

Parenting consultations can help with:

- Challenging behaviors at home or school
- Emotional outbursts, shutdowns, or meltdowns
- Sleep struggles and bedtime battles
- Supporting your neurodivergent child
- Co-parenting stress and family disagreements
- Processing shame, stress, and feeling stuck



You will gain:

- Clear insight into why behaviors happen
- Concrete, personalized strategies you can use right away
- Tools grounded in attachment, trauma, and neurodiversity-informed care
- A collaborative, compassionate space—free of judgment
- Collaboration with your and your child's care team



Clinical Psychology Solutions
Therapy for Kids · Teens · Adults · Parents

**To book, call
650-239-6866 or
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