



## STOCKINGS FROM KAREN

### SUPPLIES AND STUFFERS FOR STOCKINGS

Each stocking should be valued under \$30. In order for each girl to receive the same quality of stocking it is important that donors refrain from purchasing overly expensive items.

**Staple items** (travel sizes and fragrance free preferred): deodorant, lotion, razors, nail files, toothbrush, tooth paste, socks, hosiery, gloves. We also need the stockings themselves.

**Makeup and hair accessories:** Foster girls have many different ethnic backgrounds so please buy neutral tones for makeup and stick to hair accessories rather than hair care products. Items needed include eye shadow, mascara, brow liner, lip stick or gloss, nail polish, rubber bands, barrettes, bobby pins, head bands.

Stockings will be customized according to one of four themes so we welcome donations in these categories:

**Academic:** books, book markers, puzzles, crosswords, calculator, ruler, pens, pencils, calendar, appointment book

**Sports:** head bands, power bars, athletic socks, Sports Illustrated, calorie counter, pedometer, jump rope

**Fashion:** fashion magazines such as Elle, Ebony, Uptown; accessories, sewing kit, costume jewelry

**Music:** CD's (no explicit lyrics), magazine's such as Vibe and Rolling Stone; earphones, books about artists/musicians, music themed accessories

All supplies should be delivered to Stockings from Karen at 9919 Meriden Road, Potomac, MD 20854 no later than December 3. If you have questions or need more information please contact LeeAnn at [leeann@womeninadvocacy.com](mailto:leeann@womeninadvocacy.com) or 202-744-6077. Thank you for supporting Stockings from Karen and brightening a teen girl's Christmas.