

# CDL COACHING & COUNSELING TO SUPPORT YOU WHILE ON THE ROAD



**CONTACT US:  
800-293-3409**

**Available  
24/7/365**



The driver lifestyle can be hard on your health. Fit to Pass provides a full solution that includes behavioral health to sustain your overall well being.

Services Include:

**Talk Now: available 24/7/365**  
Immediate, in the moment support!

- **Personal and Work Related Concerns**
- **Recovery Assistance** for Substance and Alcohol
- **Work Life Balance Services:**
  - Legal Services, Money Coaching, Childcare,
  - Eldercare, Career Coaching, Document Translation,
  - Adoption, Prenatal, Academic, Special Needs,
  - Identity Theft Recovery and more!



**Fit to Pass:**

Personalized CDL coaching designed to improve the health of drivers and assist them in passing DOT re-certification medical exams.

- Coaches provide 1-on-1 customized plans that reinforce and create healthy behaviors.
- 90 days leading up to DOT re-certification exam intensive focus puts you in the best position to pass the exam.



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