

Could your child benefit from our Occupational Therapy services?

Just Play therapists provide services for children that may experience difficulties, such as:

- Weak core muscles
- Poor upper body and hand strength
- Poor posture, slouching or drooling
- Tires easily or hyperactive
- Clumsiness or poor coordination
- Poor eye-hand coordination
- Gross and fine motor delays
- Handwriting and drawing challenges
- Short attention span
- Self-regulation problems and anxiety
- Poor or limited eye contact
- Overreacts to various sensations
- Difficulty relating to peers or making friends
- Having difficulty in school or poor grades, despite normal or high IQ/intelligence
- Problems with expressing feelings and emotions and/or does not accept affection
- Tantrums, stubborn and uncooperative behavior
- Disregard for safety
- Difficulty with self-organization (i.e. room, desk, school, bag, etc.) & time management
- Lacks age appropriate skills (such as dressing, throwing/catching)
- Self-care skills

Just Play Locations

740 West End Avenue, Suite #3
(96th and West End Ave.)
New York, NY 10025
212-665-5119

1993 Palmer Avenue
Larchmont, NY 10538
914-315-6585



For more information, you can e-mail:
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*Pediatric Occupational
Therapy Services and
Sensory Gyms*

www.justplaygyms.com

About Just Play Gyms

Just Play Gyms is a Pediatric Occupational Therapy practice focused on one-on-one therapy for the pediatric population. Just Play has provided therapy to children of all ages in the Upper West Side of Manhattan and Westchester, NY for over 20 years. Just Play's therapeutic environment provides a range of opportunities for sensory input, while promoting physical development, challenging motor planning skills, and developing cognitive and social skills.

Craig J. Tollin, owner of Just Play Gyms is a licensed Pediatric Occupational Therapist who uses a combination of treatment principles including strong sensory processing and neuro-developmental treatment. Using these techniques, he addresses the quality and quantity of children's abilities through play. Craig is also trained in Therapeutic Listening, handwriting assessments and visual screenings.

Just Play's staff of seasoned therapists provide a highly individualized, multi-faceted and holistic treatment approach to ensure each child's needs are met. They share a commitment of providing a nurturing and healthy environment that promotes and considers the well-being of children and their families.



Just Play therapists are expertly trained in the following areas:

- Postural Stability
- Core Strengthening
- Hand Strengthening
- Upper and Lower Body Coordination
- Bilateral Coordination
- Eye-Hand Coordination
- Gross Motor Treatment
- Sensory Processing & Integration
- Auditory Processing
- Visual Motor Integration
- Functional Vision & Visual Processing
- Fine Motor Treatment
- Handwriting & Drawing Skills
- Nutritional Consultation and Referrals
- School Consultations

Just Play services include:

- **Comprehensive Evaluations** in areas of sensory processing, gross and fine motor skills, school functioning, handwriting and self-care skills using standardized assessment tools.
- **Sensory Processing and Integration Therapy** incorporating all sensory areas (taste, smell, touch, sight, hearing, movement, and position sense).
- **Therapeutic Listening** with tools to help children function in different environments including auditory defensiveness and processing.
- **Expert Consultations** with other health care providers, teachers and therapists to assure a coordinated therapeutic approach.
- **School and/or home visits** to provide professional advice about how the home and school environments can be maximized to support a child's therapeutic goals.