

# Impact Report



## **A MESSAGE FROM OUR FOUNDER & EXECUTIVE DIRECTOR**

As I take a moment to reflect, I am overwhelmed with gratitude and humility. I am thankful to be appointed to lead such an amazing organization that connects to the heart of the community. Since 2004, my mission has been to create safe, nurturing, healing spaces for trauma survivors. As an artist, I found my healing through the power of spoken word and dance and believed art was a powerful tool, often overlooked, as a resource for resiliency and healing. Over the years, much has changed, but StandUp-SpeakOut NC has remained true to our community and our commitment. Our consistency, discipline, and abundance of faith have sustained this organization over the years, and I believe that the same faith will continue to guide us as we continue to advocate for children and survivors of domestic violence and sexual abuse.

Over the past year, the support we have received has been instrumental in helping us to bring aboard the necessary staff that it takes to help fulfill our mission of providing services for children and families impacted by abuse. With the support of our community members and partners, we have been able to hire seasoned therapists and coaches with experience in trauma-intervention and therapeutic arts. Their addition to the team has strengthened our reach to the underserved populations within our community and our ability to provide no-cost services to families who would otherwise not be able to access intervention. The generosity of our community has been instrumental in our development and has supported the mission of StandUp-SpeakOut NC in delivering services for victims and witnesses of domestic violence and sexual abuse.

We believe everyone should be seen, heard, valued, and empowered to succeed. We trust that you will continue to embark upon this journey with us as we work to break barriers of violence and create a world free from the psychological and physical cycles of abuse.

With Gratitude,

Monica Daye  
Executive Director

*Monica Daye*

# Our Impact

## Our Mission

Our mission is to provide services for families, and child victims and witnesses of domestic violence and or sexual abuse by providing holistic therapeutic services through Art Therapy.

## Our Vision

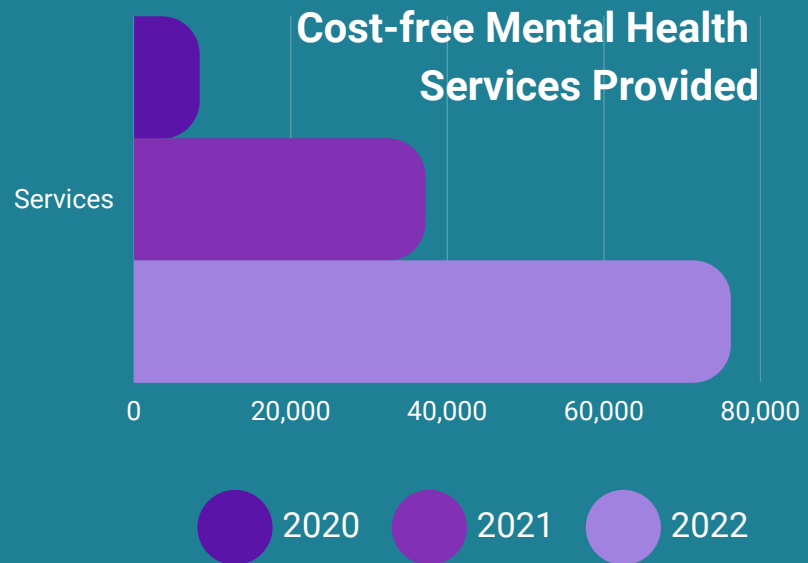
StandUp-SpeakOut believes through holistic art therapeutic programming, advocacy, education, leadership, and prevention we begin the process of breaking violent barriers and creating a world of people free from the psychological and physical cycles of abuse.

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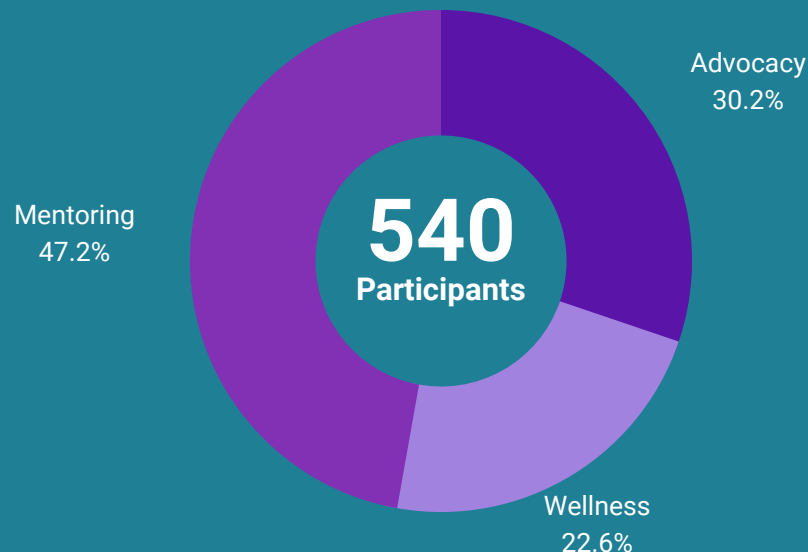
***We believe everyone should be seen, heard, valued, and empowered to succeed.***

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## DIRECT CARE SCOPE OF YEAR



## OUTREACH SCOPE OF YEAR





# Our

# Services

## Outreach Programs

### Project Speak-Out

Project Speak Out is our outreach and advocacy program offered to partners in education, community, and faith-based sectors. We incorporate arts, wellness, and self-care in our customized workshops and trainings to fit your specific needs.

### Creating Youth Voices for Change

9-week art series for middle and high school youth to explore and develop expressive arts, creativity, and social emotional skills. Annual groups offered in the spring and fall, and mobile summer session offered during the summer.

## Direct Care Services

### Empowering People- Inspiring Community (E.P.I.C)

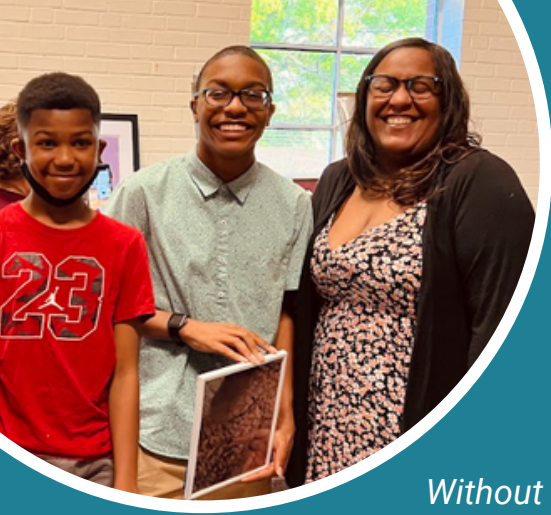
E.P.I.C. is our holistic direct care program for children and adults. We provide DV/SA/MH therapy services, resiliency coaching, case management, parenting classes, and therapeutic support groups.

### Bold Economic Advocacy (BEA)

Bold Economic Advocacy (BEA) is a 7 week financial wellness support group to assist adult survivors in regaining their financial independence.

### Circle of Hope

Circle of Hope is an intensive support group for survivors of domestic violence and sexual abuse, or youth who are witnesses to trauma.



*Black and brown youth need more affirming, liberatory, supportive and nurturing spaces now more than ever. This beautiful village that SUSO facilitators have created to support young people and parents and families is nothing short of amazing and will leave an indelible impression.*

**- Creating Youth Voices for Change**

*Without this group I would have struggled to navigate the torrential waves of this pandemic and charged social environment as a Black woman. This is a lifeline and I am extremely grateful.*

**- Circle of Hope Support Group**



# Testimonials



**Jayme Kimbrough, LCSWA**

*So many great things can be said about my experience with SUSO! The past few weeks I've spent under the care and direction of Jayme Kimbrough, a very well-seasoned, very helpful, and knowledgeable therapist! She has played an integral part in my healing journey, helping me overcome hurdles and obstacles I've built up since childhood. I really appreciate her ability to meet me where I am and shepherd me back to a healthy space...I am forever grateful for her wisdom, honesty and genuine support for me.*

**- Direct Care Client**

Ms. Katherine is patient and doesn't give up on you. She drove one morning to Rocky Mount, NC when I was having a challenging time. Not only did she show up, but she helped me process my challenges and reminded me that my life matters.

Forever grateful for the real people at SUSO who care. **- Direct Care Client**

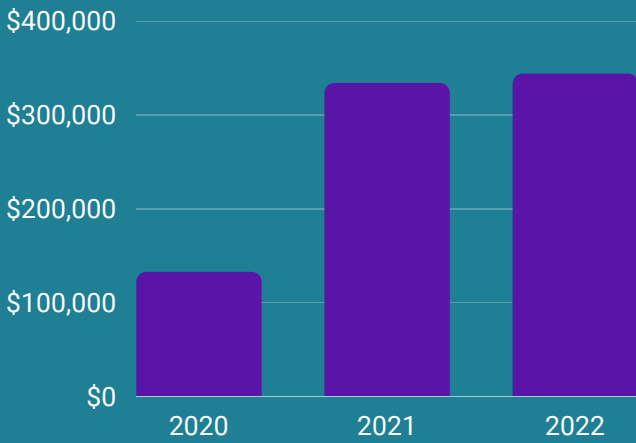


**Katherine, Pettaway  
MS MCF, LCMHC, NCC**

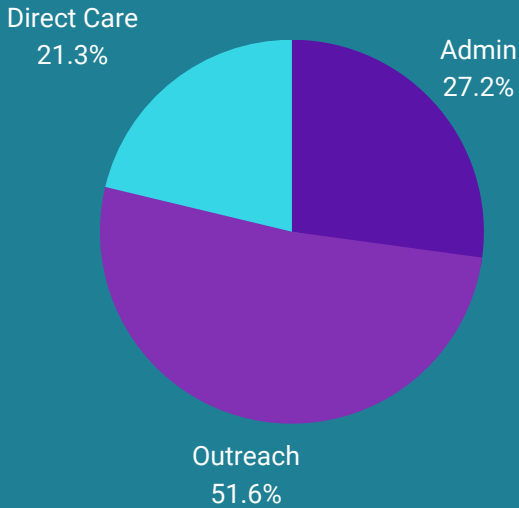


*BEA has revived my mind and spirit! I gain new tools around wealth, credit, and financial savings each time I participate in a session. These tools have positively changed my life!* **- BEA Financial Advocacy Group**

# YEARLY REVENUE GROWTH



# 2022 REVENUE DISTRIBUTION



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*We couldn't have done it without your support!*

