



The Lakes & Prairies **EXCHANGITE**

lakesandprairiesdistrict.com

January/February 2022

Event Calendar

- Feb 2 Exchange Club of Albert Lea chartered in 1980.
- Feb 5 Exchange Club of Cedar Falls chartered in 1977.
- Feb 14 Valentine's Day.
- Feb 17 District board meeting over Zoom at 6:30 p.m.
- Feb 18 Exchange Club of Steele County "Peace Officer of the Year," program at the VFW in Owatonna.

Lakes & Prairies District Awards Form Edition—See Page 2 for details!

Still to come:



**LAKES & PRAIRIES
2022 DISTRICT CONVENTION**

MAY 19 - 22, 2022

Best Western - Rochester - Empire Event Center

SAVE THE DATE!

**Share your club's news!
Email Randy at
rsobrack@yahoo.com**

The Exchange Club of Owatonna, Dec. 16, presented a \$3,000 check to the Exchange Club Center for Family Unity's building fund campaign. Pictured below (left to right) is the Center's Supervised Visitation Coordinator Kathey Huisman, Club President Sandra McConn Halla, and the Center's then-Interim Executive Director Jim Barnes. Mandie Kender became the new executive director in January.



The Exchange Club of Rochester recently presented a flag for each classroom at a new elementary school in Rochester, Overland Elementary. "It was a great event," wrote Club President Cathy Swessel.



On the following pages are the 2021-2022 Nomination Forms for this year's District Recognition Awards. Please pass this information on to the designated *Awards Chairperson* for your club.

We would like to encourage each club to recognize their outstanding members at the local level and then submit your local winners to the District. Each club has outstanding Exchangites. Let's show our appreciation for their efforts. **Please submit your club's nominations to the District Awards Committee no later than Friday, April 15, 2022.** The district winners will be announced at the District Convention in Rochester, Minnesota on Saturday, May 21, 2022.

The District Awards will include *The Exchangite of the Year*, *Rookie of the Year*, *Outstanding Club*, *Outstanding Club Bulletin*, *Outstanding Club Website* and *Outstanding Club Facebook Page*. In addition, *Exchangite Hall of Fame Award* recognition for those members celebrating at least 25-year memberships and significant contributions to their clubs will be recognized. ***PLEASE NOTE:** It is strongly recommended that the nominees for the individual awards be in attendance at the District Convention Awards Banquet scheduled for Saturday, May 21. It is also strongly recommended that a Club representative be in attendance for the club awards.

District Youth Awards will also be presented for "*Youth of the Year*" and "*A.C.E. of the Year*". These nominations are due to the District Awards Committee no later than **Friday, April 15, 2022**. Please use the official nomination forms found on The National Exchange Club website, www.nationalexchangeclub.org. ***PLEASE NOTE:** The recipients of these awards are required to include a photo (head and shoulders) and *must be in attendance* at the Lakes & Prairies District Exchange Convention Youth Awards Lunch scheduled for Saturday, May 21.

And a reminder of the newest National Exchange Youth Award called the "*Legacy Award*". This award recognizes high school students who are children or grandchildren of a current Exchangite. Candidates will submit their original applications *directly to The National Exchange Club Headquarters* and a copy to the District Awards Committee. We will acknowledge our club nominees at the District Convention. The official nominations form is also located on The National Exchange Club website, www.nationalexchangeclub.org.

Thank you for taking the time to say thank you to our fellow Exchangites and recognizing them for their outstanding contributions to our clubs, communities, and our country.

Lakes & Prairies District Awards Committee
C/O Katie Smith
(If sending by mail, the street address is listed on Page 13)
Owatonna, MN 55060
katiemrsmith@gmail.com

(District award forms continued from Page 2)

DISTRICT AWARDS CRITERIA

EXCHANGITE OF THE YEAR AWARD – This award is given to an individual who has excelled in Exchange during the current 2021-2022 year. It includes efforts in membership, leadership, volunteerism and active participation in Exchange activities.

ROOKIE OF THE YEAR AWARD – This award is given to an individual who joined Exchange after July 1, 2020. It is awarded to an individual who has really stepped up to the plate as a NEW Exchange Club member. The criteria are the same as for the Exchangite of the Year but must fit within the less than two year membership date parameters.

EXCHANGITE HALL OF FAME AWARD – This award is given to those individuals who have been a member of Exchange for a minimum of 25 years. It is based on the contributions of the individual throughout the 25 plus years and includes all aspects of Exchange; club, district, and national. It is a Lifetime Achievement Award designed to recognize your fellow club members.

OUTSTANDING CLUB AWARD – Criteria for this award include, but are not limited to, community service projects, Americanism projects, Youth projects, and club projects involving the Prevention of Child Abuse. It also includes membership growth and retention. The award is a traveling Best Club Banner for your club to display at club meetings and events. The club will retain possession of the banner until the awards' ceremony the following year. The club will also receive a gift card to the National Exchange Market.

OUTSTANDING CLUB BULLETIN/NEWSLETTER AWARD – Choose five bulletins/newsletters the club has printed between July 1, 2021 and March 15, 2022. Criteria is based on content; is it balanced, promotes participation and significant news, and contains the appropriate Exchange logos; readability, and eye appeal. More specific criteria can be found on the National website – www.nationalexchangeclub.org

OUTSTANDING CLUB WEBSITE AWARD – Websites will be rated on the content, structure, visual design, and functionality. It follows much of the same guidelines as the Bulletin/Newsletter award.

OUTSTANDING CLUB FACEBOOK PAGE - Facebook pages will be rated on the content, visual design, functionality of the posts and outreach results in participation through likes, comments, fundraising results, etc.



(District award forms continued on Page 4)

(District award forms continued from Page 3)

EXCHANGITE OF THE YEAR AWARD
NOMINATION FORM

NOMINEE Name: _____

*Attendance at the District Convention Awards Banquet is strongly recommended

Club Name: _____

Date Nominee Joined Exchange: _____

List and describe nominee’s involvement in your local Exchange Club (only activities for 2021-2022)

Membership:

Number of new members sponsored: _____

Leadership:

Served on Board of Directors: _____

Served as a Committee Chair: _____

Chaired a Major Fundraiser: _____

Bulletin Editor: _____

Other: (May include letter from individual(s) submitting nomination)

List and describe nominee’s involvement in the Lakes & Prairies District Exchange (2021-2022)

Leadership:

Served on Board of Directors: _____

Served as Officer: _____

Chaired District Committee: _____

Served on District Committee: _____

Attended District Convention: _____

Other:

List and describe nominee’s involvement in the National Exchange

Attended past National Conventions: _____

Describe any other Exchange or Community Involvement: (may use separate sheet of paper)

Signature of Club Officer

(District award forms continued on Page 5)

(District award forms continued from Page 4)

**ROOKIE OF THE YEAR AWARD
NOMINATION FORM**

NOMINEE Name: _____
**Must have joined Exchange after July 1, 2020. Attendance at the District Convention Awards Banquet is strongly recommended.*

Club Name: _____

Date Nominee Joined Exchange: _____

List and describe nominee’s involvement in your local Exchange Club within the last two years

Membership:

Number of new members sponsored: _____

Leadership:

Served on Board of Directors: _____

Served as a Committee Chair: _____

Chaired a Major Fundraiser: _____

Bulletin Editor: _____

Other: (May include letter from individual(s) submitting nomination)

List and describe nominee’s involvement in the Lakes & Prairies District Exchange (2020-2022)

Leadership:

Served on Board of Directors: _____

Served as Officer: _____

Chaired District Committee: _____

Served on District Committee: _____

Attended District Convention: _____

Other:

List and describe nominee’s involvement in the National Exchange

Attended past National Conventions: _____

Describe any other Exchange or Community Involvement: (may use separate sheet of paper)

Signature of Club Officer

(District award forms continued from Page 5)

EXCHANGITE HALL OF FAME AWARD
NOMINATION FORM

NOMINEE Name: _____

*Must have been a member for 25 years. If there was a gap in membership, all years of membership should be included in the total.

Club Name: _____

Date Nominee Joined Exchange: _____ or Total Years of Membership _____

List and describe nominee's involvement in your local Exchange Club over the 25 years

Membership:

Number of new members sponsored: _____

Leadership:

Served on Board of Directors: _____

Served as a Committee Chair: _____

Chaired a Major Fundraiser: _____

Bulletin Editor: _____

Other: (May include letter from individual(s) submitting nomination)

List and describe nominee's involvement in the Lakes & Prairies District Exchange

Leadership:

Served on Board of Directors: _____

Served as Officer: _____

Chaired District Committee: _____

Served on District Committee: _____

Attended District Convention: _____

Other:

List and describe nominee's involvement in the National Exchange

Attended past National Conventions: _____

Describe any other Exchange or Community Involvement: (may use separate sheet of paper)

Signature of Club Officer

(District award forms continued from Page 6)

**OUTSTANDING CLUB AWARD
NOMINATION FORM**

CLUB Name: _____
**A club representative must be in attendance at the District Convention.*

Date Club Chartered: _____

Number of Current Members: _____ **Number of Members July 1, 2021** _____

List Only Activities for the 2021-2022 Year:

List and describe club’s community service projects:

List and describe club’s Americanism projects:

List and describe club’s Youth projects:

List and describe club’s Prevention of Child Abuse projects:

List or describe other community-related activities or involvement: (projects, activities, fundraisers, awards programs, etc.)

What makes your club stand out from other clubs? Why are you the “OUTSTANDING ” club?

Signature of Club Officer

(District award forms continued on Page 8)

(District award forms continued from Page 7)



EXCHANGE

LAKES AND PRAIRIES DISTRICT EXCHANGE CLUBS

OUTSTANDING CLUB BULLETIN/NEWSLETTER AWARD NOMINATION FORM

CLUB Name: _____

Bulletin Name: _____

Editor Name: _____

Number of Current Club Members: _____

The Bulletin/Newsletter is published: _____ Weekly _____ Monthly

Is the Bulletin/Newsletter: _____ Hard Copy or _____ Electronic or _____ Both

Please submit five club Bulletins/Newsletter published between July 1, 2021 and March 15, 2022
(attach to this nomination form)

Add any additional comments or attach special editions.

Club Officer Name: _____ Title _____

Email Address: _____

I certify that the above site is the official site of the _____ Club.

Signature of Club Officer

(District award forms continued on Page 9)

(District award forms continued from Page 8)



EXCHANGE

LAKES AND PRAIRIES DISTRICT EXCHANGE CLUBS

OUTSTANDING CLUB WEBSITE AWARD NOMINATION FORM

CLUB Name: _____

Website Name: _____

URL or Web Address of site: http:// _____

Web Master Name: _____

Number of Current Club Members: _____

Website is Updated _____ Daily _____ Weekly _____ Monthly

Please submit five copies of Web Cover Page with list of content July 1, 2021 and March 15, 2022 and attach to this nomination form.

Add any additional comments or attach special editions.

Club Officer Name: _____ Title _____

Email Address: _____

I certify that the above site is the official site of the _____ Club.

Signature of Club Officer

(District award forms continued from Page 9)



EXCHANGE

LAKES AND PRAIRIES DISTRICT EXCHANGE CLUBS

OUTSTANDING CLUB FACEBOOK PAGE NOMINATION FORM

CLUB Name: _____

Facebook Name: _____

Administrator Name: _____

Number of Current Club Members: _____

Facebook page is Updated _____ Daily _____ Weekly _____
Monthly _____ or at time of Club Event _____

Please submit five samples of posts to Page with list of content July 1, 2021 and March 15, 2022 and attach to this nomination form.

Add any additional comments or attach special editions.

Club Officer Name: _____ Title _____

Email Address: _____

I certify that the above site is the official site of the _____ Club.

Signature of Club Officer



Lakes & Prairies District Exchange



Hello Fellow Exchangites.... It's time to start planning for our Lakes & Prairies District Convention. So Mark your Calendars NOW to join us in...

** Rochester, Minnesota*

We are looking forward to a time for our fellow Exchangites to come together to learn and share our many Club Successes, Programs and Projects along with some great new Educational Opportunities. We are offering a location that offers a ton of great activities including Historic Tours, Museums, Shopping and more. A time to enhance our memberships, strengthen our clubs, take care of Exchange Business AND Celebrate and Award our Accomplishments. Come early and enjoy the fun. Hope to see you all in May



Save the Date!
May 19, 20, 21, 22
2022



NATIONAL COMMUNITY SERVICE MONTH

FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2 Groundhog Day	3	4	5
6	7	8	9	10	11	12 Lincoln's Birthday
13	14 Valentine's Day	15	16	17	18	19
20	21 National Headquarters Closed President's Day	22	23	24	25	26
27	28	1	2	3	4	5

MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	1	2	3	4	5
6	7	8	9 Suggested Candidate for National Office Deadline	10	11	12
13 Daylight Savings Time Begins	14	15	16	17 St. Patrick's Day	18	19
20	21	22	23	24	25	26
27 Exchange's Anniversary Founded in 1911	28	29	30	31	1	2