



The Lakes & Prairies

EXCHANGITE

lakesandprairiesdistrict.com

July/August 2022

Event Calendar

Sep 5 Labor Day

Share your club's news!
Email Randy at
rsobrck@yahoo.com

The Lakes & Prairies District wishes to recognize members who have joined their respective Exchange clubs during July 2022

Mason City: Jessica Staley, July 4;
Waverly: Danielle Gordon, July 21.



Exchange collaboration

The Exchange clubs of Steele County, Owatonna, and the Moonlighters of Owatonna were among the parking gate volunteers in attendance for an orientation session at the start of the Steele County Free Fair, Aug. 16, in Owatonna. The fundraising effort raised nearly \$5200 collectively for the clubs during the six-day fair.

Lakes & Prairies District Exchange wishes to congratulate the following clubs for having a charter anniversary during August:

- Omaha; Aug. 17, 1951
- Waverly; Aug. 25, 1984

Small acts of kindness

By Annette Duncan, Lakes & Prairies 2022-23 District President



I had the opportunity to attend The National Exchange Club Convention this past month in the city of Greenville, South Carolina.

Exchangites from across the country joined together to exchange ideas and to unite with the purpose of creating stronger communities across this great nation.

The speakers were phenomenal, and the people were genuinely good. I left feeling inspired to share the great work of Exchange, to let our communities know that we are more than just another service club. We are people with passion and purpose, and together there isn't anything we can't accomplish.

We come from all walks of life, bring our own personal experiences to the table, and yet despite what some may see as differences, we come together united for the sole purpose of sharing everything we have with our communities through our Americanism, Community Service, Youth Projects, and our National Service Project: the Prevention of Child Abuse.

I want to share a small act of kindness I experienced in Greenville. It reminded me a lot of what we do here in the Lakes & Prairies District in our own way. My family and I were walking downtown, having just eaten at one of the local restaurants. When all of a sudden we look up and Batman was walking briskly down the

street. Yes, you read that correctly—Batman.

The children were super excited and started calling his name. To my surprise, after speaking with a gentleman on the sidewalk and handing him something, he turned and came toward us. The children wanted a picture, which he patiently posed for before handing them some business cards and going on his way.

Upon further examination, this wasn't just some ordinary man walking downtown in a Batman costume. This was Downtown Batman. A simple man, who represented no one other than the people he served, handing out food, water, and clothing to peo-

(Acts of kindness continued on Page 2)



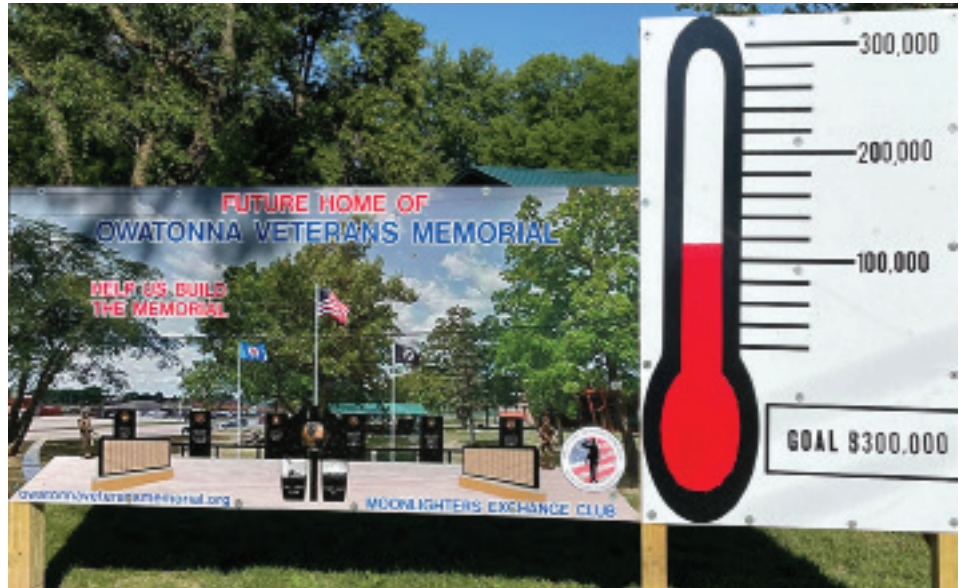
Lakes & Prairies District Volunteer Field Representatives (VFRs) Katie Smith (pictured left) and Annette Duncan were among the VFRs recognized during The National Exchange Club Convention in Greenville.

(Acts of kindness continued from Page 1)

ple who lived on the streets of downtown Greenville...Wow!

Sometimes we can't do the work that is needed ourselves, so all we can do is support those doing the work. That is sometimes our place in Exchange. Raising funds to support the programs in our community that make it better. Sometimes we are the ones implementing the programs. Either way, we each have a part we can play in making a difference in the lives of those around us. So, keep your eyes open, talk to your communities, discover the needs and either partner with an organization that fulfills those needs well, or consider developing a project of your own. Most importantly, share your successes (and your failures) with your fellow Exchangites so we can celebrate with you, implement in our own communities, or learn what we might need to do differently. No matter how small the act of kindness, you are making a difference with every action you take.

If you haven't been told today, you matter, the work you do matters, we are better people because of you. Smile, love freely, accept people as they are. You are Exchangites and there isn't anything that you can't accomplish with your Exchange family.



Groundbreaking ceremony for Veterans Memorial

The Moonlighters Exchange Club of Owatonna along with local dignitaries conducted a groundbreaking ceremony Tuesday, Aug. 9, for the Veterans Memorial on county property, south of the History Center in Owatonna. Club members (top photo) conducted the ceremonial groundbreaking and have signage regarding their project and fundraising goal at the site. *(Photos courtesy of the Moonlighters Facebook page.)*



Lakes & Prairies District presented with EDIT Award

The National Exchange Club Immediate Past National President Kathy Mize presented the Lakes & Prairies District with an EDIT Award during the 2022 National Convention in Greenville, S.C. Accepting the award on behalf of Exchangite Editor Randy Sobrack, was District Vice President Katie Smith (pictured left). A plaque is awarded to two district bulletin editors, one for each membership level: 799 or fewer (which Lakes & Prairies was recognized); and 800 or more. Entries were judged by a panel of professionals with experience in writing, newspaper or periodical editing, or related communications field. The entries were evaluated in the following categories: district news coverage, club news coverage, national news and promotion, Exchange education, layout and eye appeal, writing quality, improvement and frequency of publication.

Past issues of the Lakes & Prairies Exchangite newsletter may be accessed on the district's website. (The web address is listed at the top of Page 1.)

HUNTER ALEXANDER FRANK MEMORIAL RIDE & BENEFIT DINNER

Saturday, September 10, 2022
Waseca American Legion




Hunter Alexander Frank was born in April of 2000 and was raised in Owatonna, where he graduated High School in 2018. He immediately enlisted with the US Navy as an Aircrewman with the VP-26 Tridents and quickly grew through ranks. He was deployed to El Salvador, where he lost his life in the line of duty on October 17th, 2020.

Since then, we've been working to give to families who have been in the same situations ours has.

This year, we are hosting a memorial ride and benefit dinner in his honor, and donating all of the proceeds to Wounded Warriors Family Support.

We are accepting donations in the form of silent auction items, raffle prizes, and financial support. Every sponsor will be recognized by the event coordinators and the Wounded Warriors Family Support.

To donate or for more information, please contact Brandon Flores at 507-363-1569 or hafmemorial@outlook.com.

 **WOUNDED WARRIORS
FAMILY SUPPORT**

www.wwfs.org

Wounded Warriors Family Support is a 501(c)(3) non-profit charitable organization established for the purpose of supporting combat wounded veterans and their families.

(Hunter's mother is Lakes & Prairies District President Annette Duncan)



National Summary Report
July 31, 2022

District ID / Name	#of Clubs	JUL 1 2022	Jul 1 2022	Jul Adds	Jul Drops	Jul 31 2022	MTD Change	YTD Change	YTD% Growth	YTD% Retention
1 / Alabama District	23	603	603	2	-5	600	-3	-3	-0.5%	99.2%
3 / California-Nevada District	31	588	588	2	-5	585	-3	-3	-0.5%	99.1%
4 / Connecticut District	34	973	973	0	-5	968	-5	-5	-0.5%	99.5%
32 / Dakota Territory District	8	280	280	2	-1	281	1	1	0.4%	99.6%
5 / Florida District	33	801	801	5	-13	793	-8	-8	-1.0%	98.5%
21 / Four Corners District	20	325	325	8	-3	330	5	5	1.5%	99.1%
6 / Georgia District	36	1607	1607	6	-13	1600	-7	-7	-0.4%	99.2%
50 / Indiana District	17	437	437	3	-3	437	0	0	0.0%	99.3%
39 / Lakes and Prairies District	18	424	424	2	-2	424	0	0	0.0%	99.5%
49 / Lincolnland District	30	799	799	12	-11	800	1	1	0.1%	98.6%
11 / Michigan District	21	508	508	2	-1	509	1	1	0.2%	99.8%
12 / Mid-America District	12	292	292	10	-5	297	5	5	1.7%	98.3%
20 / Mid-Atlantic District	24	564	564	7	-1	570	6	6	1.1%	99.8%
13 / Mississippi District	28	591	591	2	-7	586	-5	-5	-0.8%	98.8%
14 / New England District	14	485	485	4	-2	487	2	2	0.4%	99.6%
17 / North Carolina District	29	778	778	9	-11	776	-2	-2	-0.3%	98.6%
18 / Northwest District	12	307	307	3	-3	307	0	0	0.0%	99.0%
47 / Ohio-West Virginia District	24	550	550	4	-1	553	3	3	0.5%	99.8%
29 / Puerto Rico District	10	155	155	0	-5	150	-5	-5	-3.2%	96.8%
31 / Sierra Pacific District	12	227	227	3	-5	225	-2	-2	-0.9%	98.2%
48 / South Carolina District	23	1198	1198	8	-20	1186	-12	-12	-1.0%	98.3%
24 / Tennessee District	30	662	662	16	-3	675	13	13	2.0%	99.5%
25 / Texas District	25	806	806	2	-7	801	-5	-5	-0.6%	99.1%
43 / Texas-Louisiana Gulf Coast District	20	626	626	2	-23	605	-21	-21	-3.4%	96.3%
27 / Virginia District	15	287	287	9	-2	294	7	7	2.4%	99.7%
28 / Yellowstone District	21	712	712	21	-4	729	17	17	2.4%	99.4%
Total	570	15585	15585	144	-161	15568	-17	-17	-0.1%	99.0%

NATIONAL BABY SAFETY MONTH

SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5 <small>National Headquarters Closed Labor Day</small>	6	7	8	9	10
11 <small>Patriot Day</small>	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29 <small>Finalize Excl and Collegiate club roster updates in Exchange's Database before the National Dues Payment</small>	30 <small>Excl Club Annual Dues & Collegiate Club Bi-Annual Dues payment Due at National Headquarters</small>	1