

Park Family Dental

INTRAVENOUS SEDATION & GENERAL ANESTHESIA PRE-OPERATIVE INSTRUCTIONS

PLEASE READ AND FOLLOW CAREFULLY BEFORE YOUR APPOINTMENT

- ***DO NOT EAT OR DRINK** (NOT even water) 8 hours prior to your surgery!
- ***DO BRUSH YOUR TEETH** before you come. If you use mouthwash, **DO NOT SWALLOW ANY OF IT.**
- ***TAKE YOUR USUAL MORNING MEDICATIONS** with a tiny sip of water, unless otherwise directed by Dr. Roh.
- ***NO SMOKING/DRINKING ALCOHOL** for **24 hours BEFORE** your surgery and for **1 Week AFTER**. Both can cause an extremely painful dry socket (a condition where the blood clot is dislodged or dissolved before the socket heals leaving exposed bone and nerves). You will receive further after-care instructions on your appointment day.
- ***DO NOT DRIVE** the day of your surgery. You must bring a **responsible** person (18+) that you trust to accept your post-operative instructions, prescriptions, and to drive you there and home. **(Parent/Guardian required for patients under 18)**. This person must stay close by and provide a cell phone number to be contacted if they step out of the office. This person must also agree to remain with you and to look after you for **24 hours** after your surgery.
- ***YOU ARE NOT TO DRIVE** or operate heavy machinery for **24 hours** after anesthesia and/or **while taking prescribed pain medication**. We will be happy to provide an excuse letter for school/work if you ask!
- ***WEAR LOOSE/COMFORTABLE CLOTHES** that can get stained (this is not common but can happen).
- ***PLEASE WEAR A SHORT-SLEEVED SHIRT**, we will need to see your arms to hook you up to our monitors.
- ***DO NOT** wear high heels, wedges, etc. Shoes must be easy to walk in. Due to the medication, you will already need assistance walking to your car after the surgery, we do not want any added safety hazards.
- ***REMOVE ANY CONTACT LENSES** before surgery. You may wear glasses if you need them.
- ***REMOVE ANY JEWELRY** from piercings **in/near your mouth** (lip, tongue, etc.)
- ***LEAVE VALUABLES/BREAKABLES AT HOME**. Any items that come with you will need to be left with your escort (Wallet, jewelry, cellphone, glasses etc.). We will not be held responsible for any lost/broken items that you bring.
- ***ONE FINGERNAIL** must be completely free of artificial nails and nail polish (**preferably right pointer finger**).
- *You (or parent/guardian) will need to fill out a **signed consent** form for surgery and anesthesia before we start.
- ***IF YOU DEVELOP A COLD, FLU, COUGH, COVID, OR ANY OTHER RESPIRATORY ILLNESSES/CONDITIONS** close to your scheduled surgery, please call the office to reschedule. Although inconvenient, it is important for your safety that you have a **clear airway**.
- ***IF YOU NEED TO RESCHEDULE** for any other reason, kindly give us **48-hour notice**. For this procedure, the office is reserved **exclusively** for the patient for **half** of our day. It requires extensive preparation on our end and planning for adequate staff members to be present. Late cancellations/no-shows prevent us from being able to schedule other patients in need. **We reserve the right to refuse to reschedule a no call/no show appointment.**
- ***PLEASE BE SURE TO UPDATE US IF THERE ARE ANY CHANGES TO YOUR MEDICAL HISTORY, MEDICATIONS, OR ALLERGIES PRIOR TO YOUR APPOINTMENT!**