

Tanyon Bankston, M.A., LPC, EMDR

Ain High. Take Flight. Come Soar With Me" "The Change Doula"

While many struggle to keep their heads in the game, Coach Tanya Bankston helps clientele worldwide leap over hurdles and successfully cross the finish line many times, with minimal sweat and tears.

Out of the shadows of abuse, low self-esteem and trust issues, Bankston pushes clients to discover and cultivate the leader within. Complete with her non-nonsense coaching style, zero tolerance for excuses and passion for reinvention and repurposing, Bankston inspire others to transition from simple existence to living a life of abundance—unapologetically.

From abandonment of her father, molestation, and date rape—to domestic abuse, poverty mentality welfare dependence and divorce, she's no stranger to the struggle. But she's made a conscious choice to walk as a victor, not a victim. As a certified life, leadership and solutions focused coach, Bankston trains her clients to not only develop stellar but quality relationships—relationships that position them to stand out and soar in the marketplace.

In addition to her coaching certification from the Universal Coach Institute, she also holds two Masters degrees, one in Mental Health Counseling and another in Leadership. She has a Bachelor's degree in Community Development and Health Science, and a graduate certificate in Human Resources from Central Michigan University.

As the President and CEO of Greater Heights Coaching and Professional Development LLC, founded in 2009, she encourages clientele to reach higher, achieve more and live their best life now! Her signature team-building workshops have encouraged audiences from D.C. to Kansas City, offering them key tools for negotiations, collaboration, compromise, and communications.

Together with her educational background, corporate tenure, and passion to drive others to succeed, she's on a definitive mission to positively impact the lives of all she comes into contact with.