

# EMPOWERING WOMEN AND GIRLS



Research shows that empowerment conversations and social connections contributes to happier lives, healthy minds, emotions, self-worth and overall well-being.

Women & Girls who participant in our events and programs are transformed as we dig deep to identify the barriers and obstacles that impact our lives. Then we provide practical life-application strategies for victorious living.

Women & Girls have shared experiences-- we learn from each other, uplift, encourage & make new friends in the process.



## GET INVOLVED

We are a volunteer organization and would love for you to join us. Consider volunteering with us! We have a lot of good work to do. Visit our website today!

## DONORS

We kindly ask you to consider making a donation to support our services and programs for Women and Girls. Your donations of any amount is greatly appreciated.



Rev. Linda Seatts-Ogletree, M.A., M.A.D.R.,  
President/CEO

## OUR MISSION

We are dedicated to improving the Emotional and Spiritual Health of Women & Girls of Color through holistic empowerment programs.

## TRANSFORMING LIVES

RRWES provides Women & Girls with a safe environment to equip and encourage them to become their best self. Knowledge is power and providing Women and Girls an opportunity to unload and uplift is a powerful tool against low self-esteem, hopelessness, bullying and suicide.

## S.H.I.N.E. MENTORING PROGRAM FOR GIRLS

S.H.I.N.E. is a 12-month mentoring program for girls ages 8-17 that prepares girls to conquer the challenges of adolescence and young adulthood. Our 1:1 mentoring program gives girls and young adults positive role models to guide them in achieving and maintaining a Healthy Mind, Body, Spirit and Social integrity that develops their leadership, self-esteem, self-confidence and vocational pathway to achieve their goals.



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**"I will refresh the weary  
and satisfy the faint."  
Jeremiah 31:25**



## Contact us

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## Connect with us



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**Empowering Women  
and Girls!**