

## Paediatric referral guidelines for Southwark and Lambeth

- Clinical queries or referrals should be directed to your Child Health Team (CHT) (also known as 'in-reach') and patch paediatrician via the triage list on EMIS in the first instance.
- Specialist services e.g. Gastro, Respiratory, Neurology, Rheumatology **may not accept referrals directly from primary care**, as almost all children should be seen by General Paediatricians, thus please direct to your CHT in the first instance.
- **Exceptions:**
  - Paediatric Surgery specialties – ENT, Surgery e.g. to Paediatric Surgery for an inguinal hernia, or to Cardiology for a murmur picked up on 6-week check, and developmental concerns to Community teams. If in doubt, speak to your CHT first.
  - Children moving into the area known to specialist teams already who need transfer of care
- **If unsure where to refer** – please discuss via CHT.
- Our Patch community children's nurses (CCN) will see children with Eczema, Asthma and Constipation – see referral criteria in the relevant section below.
- If you are **acutely worried about a child, and for urgent clinical cases or referrals** – call the CARS number via Consultant Connect.
- Remember you can also get children reviewed by the Hospital@home nursing service.
- **Where referral is required, or suggested by the CHT, please see contents page below.**
- Please also see our [child health webinar series](#) and the **one-page guidelines for Primary Care**, which can be found in DXS under 'CYP Guidelines', and are listed below:

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Management of **cardiac murmurs** detected in primary care

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Management of **chest pain and/or palpitations** in children within primary care settings

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Management of **chronic abdominal pain** in children

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Management of **constipation** in children and young people

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Management of **food allergy** in children (& cow's milk protein allergy)

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Management of **gastroesophageal reflux** in children up to 12 months

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Management of **lymphadenopathy** in children

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Primary care management of **bronchiolitis**

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Allergy	
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<p><b>Evelina London Children’s Hospital</b></p> <p>Refer directly to allergy if: anaphylactic reaction, severe delayed reaction, if excluding multiple foods or concomitant asthma/allergy, moderate/severe eczema, strong clinical suspicion of IgE mediated food allergy. Discuss with your CHT for all other allergy advice and guidance.</p> <p>Note: suspected Cow’s Milk Protein Allergy &lt;14 months without faltering growth goes direct to the service below.</p> <p>To refer via <b>e-RS</b>: <b>Specialty:</b> Children's &amp; Adolescent Services <b>Clinic type:</b> Allergy <b>Service name:</b> F2F Children’s Allergy Service - Evelina Children’s Hospital – St Thomas’ Site – RJ1*</p> <p>Website including additional <b>e-RS</b> information: <a href="#">Allergy service   Evelina London</a></p>	<p><b>King’s College Hospital</b></p> <p>Refer directly to allergy if: anaphylactic reaction, severe delayed reaction, if excluding multiple foods or concomitant asthma/allergy, moderate/severe eczema, strong clinical suspicion of IgE mediated food allergy. Discuss with your CHT for all other allergy advice and guidance.</p> <p>Note: suspected Cow’s Milk Protein Allergy &lt;14 months without faltering growth goes direct to the service below.</p> <p>To refer via <b>e-RS</b>: <b>Specialty:</b> Children’s &amp; Adolescent Services <b>Clinic type:</b> Allergy <b>Service name:</b> Child &amp; Adolescent - Paediatric Allergy &amp; Immunology Outpatients - @ DH for King's College - RJZ</p> <p>Website: <a href="#">Paediatric allergy   King's College Hospital</a></p>
<p>Food allergies may be suitable for dietetics alone, via <b>e-RS</b>:</p> <p><b>1. DISH (dietetics investigational skin prick test) - for children with allergies, no asthma or eczema:</b></p> <ul style="list-style-type: none"> <li>– Can be referred directly to the DISH clinic, via <b>e-RS</b> Dietetics:</li> </ul> <p><b>Specialty:</b> Children's &amp; Adolescent Services <b>Clinic type:</b> Allergy <b>Service name:</b> Children’s Allergy Dietitian Service (DISH) – Evelina Children’s Hospital – St Thomas’ Site RJ1</p> <ul style="list-style-type: none"> <li>– The waiting time is 8-10 weeks.</li> <li>– <u>Inclusion criteria:</u> Single or multiple food allergy, up to 4 years and no known uncontrolled atopic disease (asthma, allergic rhinitis, eczema)</li> <li>– <u>Exclusion criteria:</u> 1. Recent hospital admission due to exacerbation of atopic disease, 2. Uncontrolled atopic disease (asthma, allergic rhinitis, eczema), 3. Children with complex interacting conditions 4. Referrals for conditions other than food allergy</li> </ul> <p><b>2. Isolated suspected non-IgE mediated Cows’ Milk Protein Allergy (CMPA) in infants (under 14 months) without faltering growth.</b></p> <ul style="list-style-type: none"> <li>– Referral via <b>e-RS</b> Dietetics:</li> </ul> <p><b>Specialty:</b> Dietetics <b>Clinic Type:</b> Food Allergy and Intolerance, Clinic <b>Service name:</b> Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic - Dietetics - Guy's &amp; St Thomas</p> <ul style="list-style-type: none"> <li>– Need referral form - on DXS.</li> <li>– <u>Inclusion criteria:</u> Child under 14 months of age with delayed symptoms (2-72hours) to dairy (with or without soya) without growth faltering and no improvement after two weeks of first line treatment for colic, GORD, eczema or constipation.</li> </ul> <p>There is also a SEL guideline for CMPA: <a href="#">Paediatric (Cow’s Milk Allergy) Nutrition</a></p>	

## Asthma

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The CESEL asthma guide for children and young people gives useful guidance for general practice and can be found [here](#).

Can refer to the Patch Children's Community Nursing (CCN) service via [gstt.patchccn@nhs.net](mailto:gstt.patchccn@nhs.net), if child:

- Is aged 2-15 years old
- Has diagnosis of Asthma or Suspected Asthma (if suspected asthma then ICS trial must have been started and reviewed by referring clinician to assess if further support needed)
- On a Very Low or Low dose of ICS/combination inhaler +/- LTRA (up to BTS step 3 - [BTS Quick guide](#)). For patients on Flixotide 125/ Seretide 125 1 puff BD please refer to CHT triage for consultant advice.
- Is not under a tertiary asthma service OR hospital asthma CNS

AND

- Has ACT or C-ACT <20 (OR ACT 20-25 if 2x GP attendances in the past 6 months or 1x A&E attendances in the past 12 months) AND/OR ≥ 6 bronchodilators prescribed within the last year (please check reason for multiple prescriptions/ if inhalers being used
- Additional support need must be identified (e.g. poor control, poor understanding of condition – must be specified in referral)

Where criteria have not been met please refer to CHT for advice and guidance.

Please signpost to the Asthma health support pack here: <https://www.evelinalondon.nhs.uk/patchccn>

**Lung function referrals for diagnostic uncertainty in asthma** – via your CHT as primary care cannot refer directly and slots are limited. Although NICE guidelines advise spirometry, it is not feasible for all children with suspected asthma. Whilst spirometry is the gold standard in adults, it is also often unreliable in children. Our approach currently is to only do it in the following situations:

1. Diagnostic uncertainty
2. Poor control this last one might indicate a need for referral to secondary care asthma nurses..

## Audiology

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Information here: [Audiology service](#)

Referrals should be sent either by email [gstt.CYPACReferrals@nhs.net](mailto:gstt.CYPACReferrals@nhs.net) using the [audiology referral form](#).

Referral criteria for Lambeth and Southwark are [here](#).

If there are speech and language concerns, please also make a referral to the [speech and language team](#) at the same time as a referral to audiology.

## Autism Spectrum Disorder (ASD) / Autism & Related Disorders (ARD)

Refer directly to community paediatrics (include as much information as possible) - email [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net). Referral forms available [here](#) and on DXS.

## Bladder and Bowel

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- **Southwark:** Bladder and Bowel clinic at Sunshine House via Community referrals - email below.
- **Lambeth:** Bladder clinic at Mary Sheridan via Community referrals - email below.
- Community referrals email: [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net)
- Referral forms available [here](#) and on DXS.
- Please ask parents to fill in a [bladder diary](#) before their appointment.
- ERIC also has lots of resources for parents [www.ERIC.org.uk](http://www.ERIC.org.uk)

## Cancer (suspected)

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All cases of suspected cancer should be discussed with a paediatrician in the first instance to decide the best route of review, by calling Consultant Connect.

## Cardiology

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Please discuss with your CHT in the first instance.

If advised to refer directly, routine (e.g. murmur picked up on 6 week check) – e-RS and [Heart referrals](#).

**Specialty:** Children's & Adolescent Services

**Clinic type:** Cardiology

**Service name:** Children's Cardiology Referral Assessment Service -Evelina Children's Hospital-St Thomas' - RJ1\*

If urgent – discussed with CARS [Heart referrals](#) or the on call SpR at Evelina.

ECG – via your CHT as primary care cannot refer directly for paediatric ECG.

## Complex needs health visiting

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Children with complex needs <5 years who have a diagnosis and are registered with a GP in Lambeth or Southwark can be referred to the complex needs health visiting service (unborn babies with trisomy 21, spina bifida or life limiting conditions and children with physical disability). Especially for support around issues such as sleep, toilet training, behaviour and parental support.

Please see [health visiting website](#) to make referrals antenatally or postnatally.

## Constipation

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Can refer to the Patch Children's Community Nursing (CCN) service via [gstt.patchccn@nhs.net](mailto:gstt.patchccn@nhs.net), if child:

- Is aged 6 months-15 years old
- Has a constipation diagnosis
- Has had an examination to rule out any red flags
- Has been signposted to basic education, started on macrogol and treatment reviewed. See management of constipation one page guidance within CYP Guidelines in DXS.

Where criteria have not been met please refer to CHT for advice and guidance.

Please signpost parents to the Constipation health support pack here:

<https://www.evelinalondon.nhs.uk/patchccn>

## Dermatology

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### Evelina London Children's Hospital

For paediatric dermatology advice, please use the 'Photosaf' option within the Consultant Connect App to send photos directly to paediatric dermatology, who respond quickly with advice, within the app.

If referral suggested, make a referral on DXS to the Community Dermatology team.

Or can refer for advice and guidance via **e-RS** to local community dermatology service – can upload images.

**Specialty:** Children's & Adolescent Services

**Clinic type:** Dermatology

**Service name:** Children's Dermatology-See Exclusion-St Thomas' site-Guy's & St Thomas'-RJ1

Websites: [Community dermatology, Lambeth and Southwark Children's dermatology](#)

### King's College Hospital

Please discuss with your CHT in the first instance. If referral suggested, then referral for advice and guidance via **e-RS** to local community dermatology service – can upload images.

**Specialty:** Children's & Adolescent Services

**Clinic type:** Dermatology

**Service name:** Child & Adolescent - Paediatric Dermatology Outpatients - @ DH for King's College Hospital – RJZ

Website: [Dermatology | King's College Hospital](#)

## Developmental/ Behavioural concerns

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If the child is under 5 years old with any developmental or behavioural concerns, they can be referred to their health visitor for assessment and advice. In school age children, the school nurse is also a good source of support.

Many patients can be seen by therapy teams without being referred to community paediatrics, if it's an isolated area of delay.

- If there is **speech and language delay**, please refer to [speech and language therapy](#) and [audiology](#).
- If there is **gross motor delay**, please consider referral to [physiotherapy](#).
- If there is **fine motor or self-care skills delay**, please consider referral to [occupational therapy](#) and signpost to helpful [resources](#).
- If there are any **developmental delay red flags or regression**, if you're suspecting global developmental delay or autism, please refer to community paediatrics directly (include as much information as possible) - email [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net). Referral forms available [here](#) and on DXS.
- If you suspect **ADHD or have ADHD concerns**:
  - Lambeth**
    - Aged 6-11 refer to community paediatrics. Referral forms available [here](#) and on DXS. Email [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net)
    - Aged over 11 - refer to CAMHS (see [Mental Health](#)).
  - Southwark**
    - Aged over 6 years - refer to CAMHS (see [Mental Health](#)).

Please review this resource for forms of mental health support [https://bit.ly/cypmh\\_directory](https://bit.ly/cypmh_directory). There are developmental resources for Lambeth school age and preschool children on DXS, which list other forms of support.

## Dietetics

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Please discuss any issues with failure to thrive, obesity with your CHT.

If going directly to dietetics - via **e-RS**:

**Specialty:** Dietetics

**Clinic Type:** Select one of the clinic types – Food Allergy and Intolerance/ Gastroenterology/ Not Otherwise Specified/ Undernutrition/ Weight Management

**Service name:** Children's Dietetic Service - Dietetics - St Thomas' Site - RJ1

Further information here: [Nutrition and dietetics referrals](#)

The HENRY programme for families of children aged 0-5 (incl nutrition) runs in Lambeth and Southwark – information here: <https://bit.ly/EvelinaHENRY>

## Eating disorders

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Referral to Maudsley Centre for Eating Disorders or ARFID service [here](#).

## Eczema

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Can refer to the Patch Children's Community Nursing (CCN) service via [gstt.patchccn@nhs.net](mailto:gstt.patchccn@nhs.net), if child:

- Is aged 0-15 years old
- Has an eczema diagnosis
- Has started on emollients and topical steroids appropriate for the severity of eczema
- Has been signposted to basic education and treatment reviewed.

Where criteria have not been met please refer to CHT for advice and guidance.

Please signpost to the Eczema health support pack here: <https://www.evelinalondon.nhs.uk/patchccn>

## Endocrinology

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### Evelina London Children's Hospital

Please discuss with your CHT in the first instance. If advised refer via **e-RS** for referral requests, not direct bookings:

**Specialty:** Children's & Adolescent Services

**Clinic type:** Endocrinology

**Service name:** Children's Endocrinology RAS - Evelina Children's Hospital - St Thomas' - RJ1

Website: [Endocrinology referrals](#)

### King's College Hospital

Please discuss with your CHT in the first instance. If advised refer via **e-RS**:

**Specialty:** Children's & Adolescent Services

**Clinic type:** Endocrinology

**Service name:** Child & Adolescent - Paediatric Endocrinology Outpatients- @ DH for King's College Hospital – RJZ

Website: [Paediatric endocrinology](#)

## ENT

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Refer via **e-RS**:

**Specialty:** Children's & Adolescent Services

**Clinic type:** ENT

**Service names:** Children's Specialist ENT General, St Thomas' site-Guy's & St Thomas-RJ1

Children's Wax Removal Clinic - ENT - St Thomas' site-Guy's & St Thomas'-RJ1

Website: [Ear, nose and throat \(ENT\) referrals](#)

## Feeding concerns

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Please discuss with your CHT in the first instance.

## Gastroenterology

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Evelina London Children's Hospital	King's College Hospital
<p>Please discuss with your CHT in the first instance.</p> <p>Website: <a href="#">Gastroenterology and nutrition service</a></p>	<p>Please discuss with your CHT in the first instance. If recommended by CHT this referral can be made via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services <b>Clinic type:</b> Gastroenterology <b>Service name:</b> Child &amp; Adolescent - Paediatric Gastroenterology Outpatients - @ DH for Kings College – RJZ</p> <p>Website: <a href="#">Paediatric gastroenterology and nutrition</a></p>

## General Paediatrics

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Evelina London Children's Hospital	King's College Hospital
<p>Please discuss with your CHT in the first instance. If advised, for example if requiring urgent review, refer via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services <b>Clinic type:</b> Other Medical Respiratory <b>Service name:</b> General Paediatrics Referral Assessment Service (RAS) - Evelina London Children's Hospital - RJ1</p>	<p>Please discuss with your CHT in the first instance. If advised, refer via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services <b>Clinic type:</b> Other Medical <b>Service name:</b> Child &amp; Adolescent - Paediatric General Medicine Outpatients - @ DH for King's College – RJZ</p> <p>If your CHT or a consultant via the consultant connect phone advises you to refer to 'Rapid Access Clinic' or 'RAC' please email the referral directly to: <a href="mailto:kch-tr.ambulatorypaediatrics@nhs.net">kch-tr.ambulatorypaediatrics@nhs.net</a></p>

Lambeth patients aged 13+ can be referred to the **Women and Girls' Health Hubs** if they meet these criteria:

**Inclusion Criteria:**

- Women, girls, transgender men, and non-binary assigned female at birth aged 13+ presenting with heavy menstrual bleeding and/or menstrual disorders and menopause or peri-menopause-related issues. These could include: suspected PCOS, Endometriosis, Uterine Fibroids, Adenomyosis, Premenstrual Syndrome, Genitourinary Syndrome of the Menopause.
- Patients must be registered with the general practice in Lambeth

**Exclusion Criteria:**

- Emergency cases requiring urgent hospital-based care e.g. 2ww, pregnant and postnatal people, people requiring termination of pregnancies, emergency gynaecological conditions (e.g. suspected ectopic pregnancy, ovarian torsion pelvic inflammatory disease)
- People under 13
- Patients with symptoms of Sexual Transmitted Infections (STIs)
- Patients who prefer surgical management of their gynae problem awaiting surgical gynae review. Those patients could be included in the referral criteria for interim management whilst they are waiting for the surgical gynae review.
- Patients requiring routine contraception without any underlying gynaecological or menopause care need

**Referrals can be made by e-RS:**

**Request type:** Advice and Guidance

**Specialty:** Gynaecology

**Clinic type:** Menstrual disorders / Not otherwise specified / Psychosexual / Urogynaecology / Prolapse / Vulval and Perineal Lesions (non-paediatric options include Menopause / Post Menopausal Bleeding)

**Service name:** Women and Girls' Health Hub RAS - Gynaecology - Guy's & St Thomas' - RJ1\*

For all other patients, see below:

Evelina London Children's Hospital	King's College Hospital
<p>Please discuss with your CHT in the first instance. If recommended by CHT this referral can be made via <b>e-RS</b>:  <b>Specialty:</b> Gynaecology  <b>Clinic type:</b> [multiple – select most appropriate]  <b>Service name:</b> Gynaecology Referral Assessment Service – Gynaecology – Guy's &amp; St Thomas' RJ1</p>	<p>Please discuss with your CHT in the first instance. If recommended by CHT this referral can be made via <b>e-RS</b> to King's:  <b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Gynaecology  <b>Service name:</b> Child &amp; Adolescent - Paediatric &amp; Adolescent Gynaecology Outpatients - @ DH for King's College-RJZ</p>

## Haematology

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Please discuss with your CHT in the first instance.  
If advised refer via **e-RS** to the all-age service:  
**Specialty:** Children's & Adolescent Services  
**Clinic type:** Paediatric Haematology  
**Service name:** TELEPHONE Children's Haematology – Evelina London Children's Hospital – RJ1  
  
Website: [Haemophilia and haematology referrals](#)

Please discuss with your CHT in the first instance.  
If advised refer via **e-RS**:  
**Specialty:** Children's & Adolescent Services  
**Clinic type:** Other Medical  
or  
Paediatric Haematology  
**Service name:** Child & Adolescent - Paediatric Haematology Outpatients - @ DH for King's College Hospital – RJZ  
Website: [Paediatric haematology](#)

## Hepatology

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Please discuss with your CHT in the first instance. If recommended by CHT this referral can be made via **e-RS** to King's:  
**Specialty:** Children's & Adolescent Services  
**Clinic type:** Other Medical  
**Service name:** Child & Adolescent - Paediatric General Liver Clinic - @ DH for King's College Hospital - RJZ  
  
Fatty liver: please discuss with your CHT about initial investigations and penicillamine challenge.  
Website: [Paediatric liver | King's College Hospital](#)

## Infectious diseases and immunology

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Please discuss with your CHT in the first instance.  
If advised refer via **e-RS**:  
**Specialty:** Children's & Adolescent Services  
**Clinic type:** Immunology  
or  
Other medical  
**Service name:** Children's infectious diseases and immunology (PIID) – not allergy  
  
Website: [Infectious diseases and immunology referrals | Evelina London](#)

## Long COVID

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Please discuss with your CHT.

## Mental Health

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Please consult the CYP MH directory ([https://bit.ly/cypmh\\_directory](https://bit.ly/cypmh_directory)) for details of Lambeth and Southwark support for children and young people.  
To refer to Children and Adolescent Mental Health Services (CAMHS):  
– **Lambeth:** [Service Detail - South London and Maudsley \(slam.nhs.uk\)](#)  
– **Southwark:** [Service Detail - South London and Maudsley \(slam.nhs.uk\)](#)  
For Lambeth residents, the [Well Centre](#) provides bio-psycho-social support for young people aged 11-25.

Neurology / First fit		<i>Ctrl+click to go <a href="#">back to Contents</a></i>
<b>Evelina London Children's Hospital</b>	<b>King's College Hospital</b>	
<p>Please discuss with your CHT in the first instance – if recommended, referral via <b>e-RS</b> for first fit or established epilepsy which has moved from another area:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Other Medical Respiratory  <b>Service name:</b> General Paediatrics Referral Assessment Service(RAS) - Evelina London Children's Hospital - RJ1</p>	<p>Please discuss with your CHT in the first instance – if recommended, refer via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Neurology  <b>Service names:</b> Child &amp; Adolescent - Paediatric Neurology Outpatients - @ DH for King's College - RJZ  or  Child &amp; Adolescent - Paediatric Epilepsy Outpatients - @ DH for King's College - RJZ</p>	

Occupational Therapy		<i>Ctrl+click to go <a href="#">back to Contents</a></i>
<p>Please discuss with your CHT in the first instance – if recommended, refer via the referral form and email found here: <a href="#">Community occupational therapy referrals</a>   <a href="#">Evelina London</a></p>		

Ophthalmology		<i>Ctrl+click to go <a href="#">back to Contents</a></i>
<b>Evelina London Children's Hospital</b>	<b>King's College Hospital</b>	
<p>Referral via <b>e-RS</b>:</p> <p><b>Specialty:</b> Ophthalmology  <b>Clinic type:</b> <i>Various – please choose from list</i>  <b>Service name:</b> Ophthalmology Single Point of Access (South East London Patients) - Guy's &amp; St Thomas'-RJ1*</p>	<p>Referral via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Ophthal – Not otherwise specified  <b>Service name:</b> Child &amp; Adolescent - Paediatric Ophthalmology - @ DH for King's College Hospital - RJZ</p>	

Orthopaedic and spinal		<i>Ctrl+click to go <a href="#">back to Contents</a></i>
<b>Evelina London Children's Hospital</b>	<b>King's College Hospital</b>	
<p>Please discuss with your CHT in the first instance – if recommended, refer via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Orthopaedics  <b>Service name:</b> Paediatric Orthopaedics RAS – Guy's and St Thomas'-RJ1  or  Children's spinal RAS Service – Orthopaedics – Evelina Children's Hospital – St Thomas' Site -RJ1*</p> <p>Website: <a href="#">Orthopaedic and spinal referrals</a></p>	<p>Please discuss with your CHT in the first instance – if recommended, refer via <b>e-RS</b>:</p> <p><b>Specialty:</b> Children's &amp; Adolescent Services  <b>Clinic type:</b> Orthopaedics  <b>Service name:</b> Child &amp; Adolescent - Paediatric Trauma &amp; Orthopaedics - @ DH for King's College Hospital – RJZ</p> <p>Website: <a href="#">Orthopaedics and trauma</a></p>	

## Physiotherapy

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For more information about physiotherapy services see here: [Community physiotherapy referrals](#)

Note: Developmental Physiotherapy and MSK Physiotherapy are different services.

### Developmental Physiotherapy

Referrals should be sent to the community Paediatrics team via email [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net)

Use combined referral form for all other Community Paediatrics referrals – available [here](#) and on DXS.

### Evelina London Children's Hospital

#### MSK Physiotherapy

Please refer to our [physiotherapy outpatient services](#) at Evelina London if the child lives in SE1, SE11, SE16, or SW postcode, via **e-RS**:

**Specialty:** Physiotherapy

**Clinic Type:** Musculoskeletal

**Service name:** Paediatric Physiotherapy (Exclusions Apply) - Evelina Children's Hospital - Guy's & St Thomas' - RJ1

See [website](#) for more details and exclusions.

### King's College Hospital

#### MSK Physiotherapy

Please refer to [King's College Hospital](#) if the child lives in SE5, SE15, SE17, SE19, SE20.

Send referral via nhs.net to: [kch.therapyreferrals@nhs.net](mailto:kch.therapyreferrals@nhs.net)

## Plastic surgery

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Referral via **e-RS** (see below):

- Benign skin lesions, including – tags, recalcitrant warts and [birthmarks, including port wine stain](#)
- Chest wall disorders, including – gynaecomastia, breast lumps/asymmetry
- Congenital and acquired problematic moles
- [Congenital ear conditions](#), including protruding ears and microtia
- [Cysts](#) and soft tissue lumps
- Hand and upper limb deformities
- [Polydactyly](#) (additional digits)
- [Scars](#), including acne scars, keloid and hypertrophic scars
- Syndactyly (webbed fingers)
- [Tongue-tie](#) - in < 3 months is via tongue tie clinic - see [Tongue-tie clinic | Evelina London](#)
- Trigger thumb/finger

**Specialty:** Children's & adolescent services

**Clinic type:** Plastic surgery

**Service name:** Children's GENERAL Plastics Surgery -Evelina Children's Hospital-St Thomas' site-RJ1\*

Website: [Plastic surgery referrals | Evelina London](#)

## Renal

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Please discuss with your CHT in the first instance – if recommended, refer via **e-RS**:

**Specialty:** Children's & Adolescent Services

**Clinic Type:** Nephrology

**Service name:** Children's Nephrology/Renal service - Evelina Children's Hospital-Guy's & St Thomas' - RJ1

Website: [Kidney service referrals](#) | [Evelina London](#)

## Respiratory

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Please discuss with your CHT in the first instance.

## Rheumatology

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Please discuss with your CHT in the first instance – if recommended, refer via **e-RS**:

**Specialty:** Children's & Adolescent Services

**Clinic type:** Rheumatology

**Service name:** Children's Rheumatology Service @ Evelina London Children's Hospital – RJ1

Website: [Rheumatology referrals](#) | [Evelina London](#)

## Sleep difficulties

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Evelina sleep clinic only accepts referrals from secondary care, so please refer to CHT in first instance.

Refer to [community paediatrics](#) if >5 for sleep clinic for children with neurodevelopmental problems.

For <5 direct to health visitor and signpost to children's centre.

## Speech and language concerns

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- Can be referred via email: [gstt.evelinacommunityreferrals@nhs.net](mailto:gstt.evelinacommunityreferrals@nhs.net)
- Please read and fill in referral form available online: [Community speech and language therapy referrals](#)
- Please make a referral to [audiology](#) at the same time – referrals should be sent either by email [gstt.CYPACReferrals@nhs.net](mailto:gstt.CYPACReferrals@nhs.net) using the [audiology referral form](#).

## Surgery/Urology

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Referral via **e-RS** (see below):

- Physiological phimosis – no need to refer before puberty.
- Unilateral undescended testis - refer after review at 4-5mo old (not at birth).
- Umbilical hernia and hydrocele refer after 4yo.

### Evelina London Children's Hospital

**Specialty:** Children's & Adolescent Services  
**Clinic type:** Surgery - Not otherwise specified  
**Service name:** F2F Children's Surgery @ Evelina Children's Hospital - St Thomas' site-Guy's & St Thomas'-RJ1

**Specialty:** Children's & Adolescent Services  
**Clinic type:** Urology  
**Service names - likely to change soon, but are currently:**  
Children's Foreskin Clinic ONLY - Urology - Evelina Hospital-St Thomas' site-Guy's & St Thomas'-RJ1\*

Children's Urology - NO ULTRASOUND NEEDED PRIOR TO APPT - Evelina Hospital-St Thomas' Site-RJ1\*

Children's Urology - ULTRASOUND REQUIRED PRIOR TO APPOINTMENT -Evelina Hospital-St Thomas' Site-RJ1\*

Websites:

[General surgery referrals | Evelina London](#)  
[Urology referrals | Evelina London](#)

### King's College Hospital

**Specialty:** Children's & Adolescent Services  
**Clinic type:** Surgery – Not otherwise Specified  
**Service name:** Child & Adolescent - Paediatric General Surgery / Urology - @ DH for King's College Hospital – RJZ

Website: [Paediatric surgery | King's College Hospital](#)

## Tics

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- As per national guidance from [NICE](#), uncomplicated tic disorders do not require secondary care referral.
- NHS.UK has some useful information to help families manage simple tics - <https://www.nhs.uk/conditions/tics/treatment/>
- The Evelina Tics and neuro-developmental movements (TANDeM) team has this [useful leaflet](#) on stereotypies.
- If tics are really interfering with day to day functioning, please refer to CHT.

## Tongue tie

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Signpost to breastfeeding services for assessment for whether tongue tie division is required.

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