

# Universal Laws

# The Law of Oneness

EveryOne and EveryThing are connected.

Everything you do affects everything and everyone.

# The Law of Vibrational Energy

EveryOne and everything is made of energy.

Energy comes in countless frequency levels.

Energy and vibrations are being sent out into the Universe constantly, so the Law of Energy is always in motion.

# The Law of Attraction

From the words you speak to your beliefs, you attract everything in your life through your vibrational energy.

You can even attract people into your life who have the same energy frequency as you. Like attracts like, so whether it's negative or positive, everything you see in your life is what you've attracted.

# The Law of Action

You need to take action steps towards your wants in order to manifest them.

Actions speak louder than words, so it's what you do that measures your true intention.

# The Law of Correspondence

*“As above, so below”* meaning whatever happens inside your mental space is reflected on the outside.

What you **believe**, **think about** and **feel** in your conscious and subconscious mind is what you create.

# The Law of Cause and Effect

Karma. Everything happens in your life for a reason, no matter if you see how or why it happened.

# The Law of Rhythm

Everything in the Universe has a unique rhythm that it beats to, and these different rhythms develop into patterns, cycles, etc., in life. The Law of Rhythm encourages us to follow the natural flow of energy and harmony of the Universe.

# The Law of Relativity

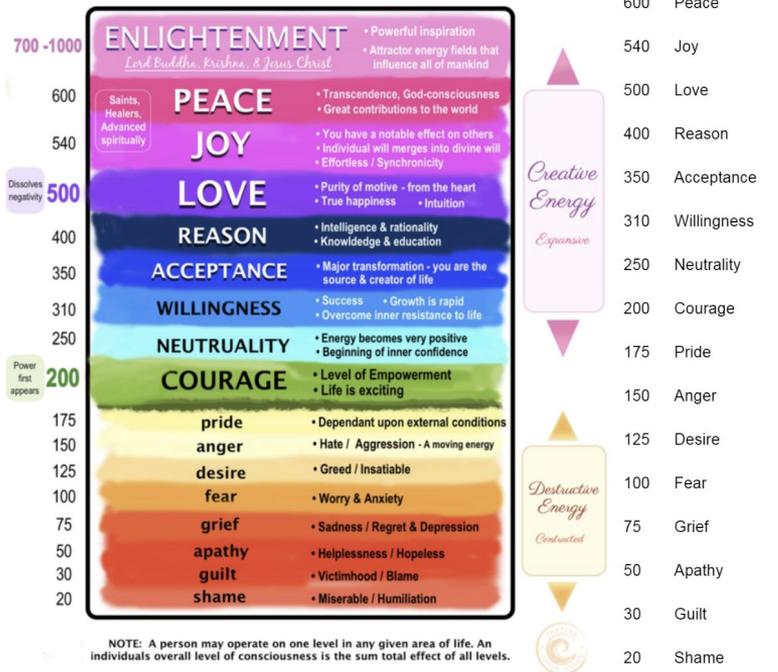
Every life obstacle is an opportunity for people to change their perspective and life so that they can continue to improve themselves. These tests from the Universe also helps us learn to let go of judging events and people as good or bad, nice or mean, etc., which we do when we compare ourselves to others. Everything in the Universe is just existing, and that is what the Law of Relativity means.

# The Law of Perpetual Transmutation of Energy

You have the ability to change your life into anything you want. It's your responsibility to transform your life, and it's your choice to accept or reject the opportunities that the Universe gives you.

# Map of Consciousness Levels

from David R. Hawkins *Power vs. Force*



→ Let go of lower levels of consciousness. Notice. Dismiss.

→ Love the lesson. Treat every moment as if you chose it. How have you improved?

→ Listen to the story you're telling. What main emotion are you expressing?

→ Be intentionally intuitive. Let Spirit know you want to communicate. See the signs!

→ Be thankful for every blessing, and marinate in the emotion of gratitude.



Positive

Happy

Content

Open

Curious

Negative

Fear

Depressed

Desperate

Grieving