

Our award-winning program has helped behavioral health providers and schools reduce the use of restraint, seclusion, and injury, while lowering workers' compensation costs and employee turnover. We believe that all intervention – educational and behavioral – should be built on an approach of Comfort vs Control®. To help make this a reality, we provide training on the conceptual ideas – such as trauma-informed care and conflict resolution – as well as the physical techniques that minimize the need for restraint and seclusion by providing a physical alternative to keep both staff and individuals safe.

## Key Benefits:

-  Reduces restrictive practices
-  Improves employee retention
-  Reduces peer-to-peer aggressions
-  Ukeru can be utilized in tandem with other crisis management systems
-  Protects and strengthens relationships
-  Reduces individual and staff injuries
-  Increases goal mastery rates

## Our Approach Includes:

-  Trauma-informed practices
-  Managing and de-escalating conflict by converting/diverting aggressive behavior
-  Building an environment focused on comfort rather than control
-  Protective physical techniques including releases, Ukeru blocking, and redirection

**We know this works through our own experience using Ukeru at our company, Grafton Integrated Health Network!**

Here are just some of the incredible results we've seen:

-  Physical restraints have been reduced by over 99%
-  The use of seclusion has been entirely eliminated for over a decade
-  A safer, more respectful environment has helped Grafton attract and retain qualified talent
-  Client-induced staff injuries, workers' compensation premiums, lost time, and turnover have dramatically decreased, resulting in a ROI of over \$27 million since implementing Ukeru

Interested in learning more? Schedule a zoom with us!

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