Connecting Students to Systemwide Supports

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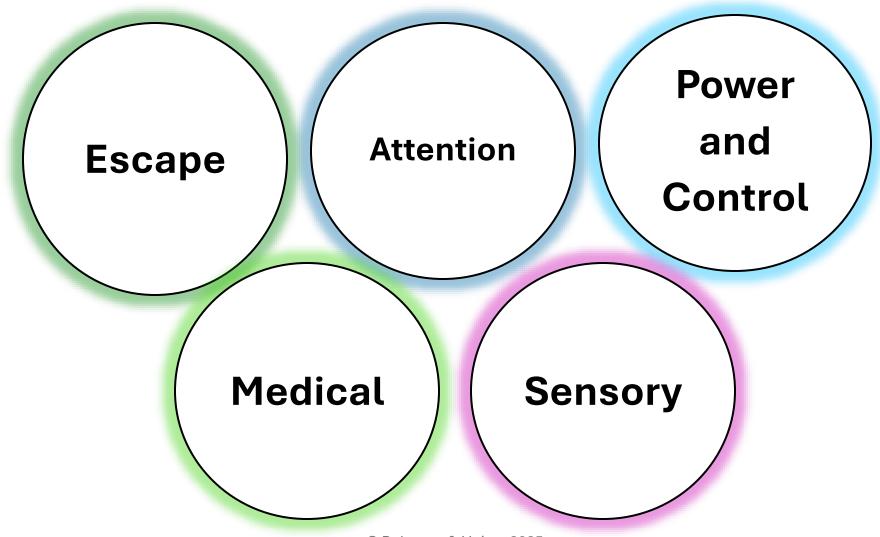
Goals

 Recognize key policies, high-quality practices, and effective interventions for students with disabilities.

• Explore strategies for *integrating these approaches* into schoolwide systems.

 Understand the benefits of linking intensive supports with schoolwide interventions.

BIG 5 BEHAVIORS



BEHAVIORS-THE BIG 5

Behaviors can be classified major categories

- ➤ ATTENTION-behavior that produces attention and other desired events (desired activities)
- SENSORY CONSEQUENCES-behavior that occurs because of its sensory consequences
- ➤ AVOID OR ESCAPE-behavior that allows the person to avoid or escape demands or other undesired activities
- ➤ POWER AND CONTROL-behavior engaged in to get power or control over the situation
- ➤ MEDICAL-behavior engaged in because of medical inconsistencies

Question for Your Staff: Why Did You Speed?



Samples of Functions of Behavior (link)

- Escape something negative
- Avoid something negative
- You got something (object)
- Attention (good, bad, or ugly)
- You were over/under stimulated
- Setting events (what happened way in advance?)

Best Practices When Working with our Students with Needs

PBIS: Remain calm, quiet, and present. Use LOW and SLOW body language.

- Watch the tone and speed of your voice/words—our students who have experienced trauma are hypersensitive to facial expressions, micro-expressions such as volume of voice, tone, etc.
- Our trauma informed and power and control students pick up on the stress-related behaviors of adults

- Avoid lecturing or asking too many questions (low verbal) because the student can't process too much at the time of trauma
- Slow yourself down, talk slower, use a lower pitch for your voice, avoid using complex sentences, avoid lots of quick body movements
- Make a class video/make it fun
- https://www.youtube.com/watch ?v=GJROcj2qG9E

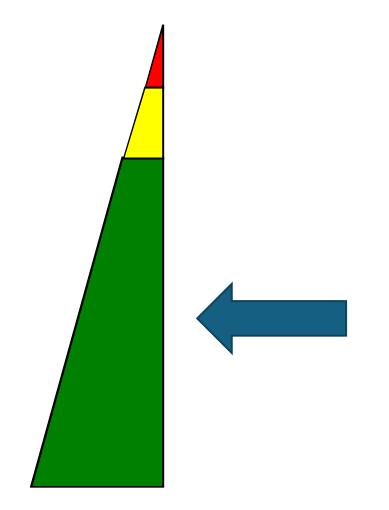
How Do You Learn to... (link)





 Think about a sport, music, or hobby you have learned. How did your coach, teacher, or mentor support you in developing your new skill?

Tier One – Don't Just Hand Out The Work!



- Focuses on <u>Explicit Instruction</u>
- Breakdown skill
- Provide rationale for skill
- Model the skill
- Guided practice (with the instructor or peers)
- Independent practice
- Provide Feedback

PBIS interventions and strategies

- □Specific Praise: "I liked the way you paid attention today" instead of "Good work today."
- **□5:1** Ratio of positive to negative statements for students
- A/R Active: ignoring of negative behavior/Reinforcement: of alternative appropriate behavior
- □Consistency: expectations and behavior plans that are based on PBIS rewards systems, not punishment.

- □**Body:** Check body language in (ask what is my body saying when I stand like this)
- □Visualization: Offer suggestions on self-calming techniques, such as mindfulness, grounding, tracking, and positive memories (happy place references).

Hint: Use the self-calming yourself so the children see you model the behavior.

https://www.youtube.com/watch?v=FwdAFU54RVM

Other Advantages of Specific Praise (Turn to your neighbor)



Decreases in emotional exhaustion



Higher efficacy

Three Schoolwide Levels – Do You Have Any Now? P. 6-7

Daily/High Frequency



Slightly Larger Rewards (More like student of the week) ENTRANCE

Whole School Celebrations



Trusting Relationship: The student should believe we trust him/her and know he/she has some great skills and gifts.

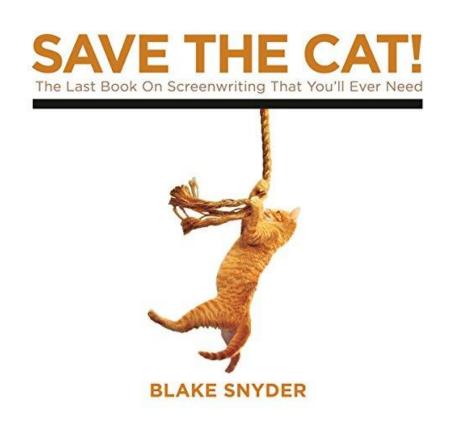
- ■Work hard to establish trust with the student by being fair and consistent.
- Believe in the child's ability to manage his/her behavior in an appropriate way and employ him/her to help you teach this skill to others with the teacher's guidance.
- ☐ Tell them they are always safe with us at school.

We understand that we are not the trigger of trauma and defiance, only an outlet for itthis helps us not take it personally.



To Engage Students, Save the Cat





Why is this scene in Moana (link)?

Instructional/Emotional Support - Checklist

(<u>link</u>). P. 8



Laughing with students

Failure rates from 17% to 11%



ice of responding



Out of desk greeting



Ask "why"?

Ask about events

Preferences/Rapport what the student likes

- Discover what the student truly enjoys doing such as participating in a sport or hobby and discuss that with them.
- ☐ Use this information to teach through utilizing some of their favorite activities to teach through.
- □Identify skills or attributes that you can reinforce and make a list of them so you can share them with the entire teaching team.



Universal Design for Learning

3 primary networks

Recognition learning

Strategic learning

Action

expression

Engagement

Affective

learning

3 principles of UDL

Representation

Flexible ways to present

what we teach

and learn.

Flexible options for **how** we

learn and express what we know.

3 sets of UDL guidelines

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Flexible

options for

generating

and

sustaining

motivation,

the Why

of learning.

Flexible Means of Engagement: How do you do this now? P. 9

CONSIDERATION 7.1

 Optimize choice and autonomy > Develop agency in the learning process.

CONSIDERATION 7.2

 Optimize relevance, value, and authenticity > Connect learning to experiences that are meaningful and valuable.

CONSIDERATION 7.3

Nurture joy and play >
 Spark joy and playfulness in the learning process.

See Montana Ag in the Classroom:

https://montana.agclassroom.org/



See the UDL Guidelines: https://udlguidelines.cast.org/

Consistency

- ☐ Meet with the parents and other adults who interact with the child to share in the plan.
- □ Consider how you want to get communication to and from school, I have the best luck with goggle drive asking the student to report his/her successes to his family.
- ☐ The school psychologist/preferred adult should work closely with our students with trauma to help the child develop anger management, anxiety regulation and social relationship skills.

Social Interactions

☐ Provide closely supervised cooperative learning activities to assist the student in learning constructive ways to interact with peers.

☐ Have the student help with mentoring and "rule following" by assisting the teacher in teaching social skills and rules to

others.

Classwide Matrix

	Small Group Activity	Independent Seat Work	Transitions
Respectful	 Listen to others Accept each other's answers and opinions 	Raise hand before talkingWork quietly	 Hands to self Move quietly Keep space between you and others in line
Responsible	Follow directionsStay on taskStay with your groupUse time wisely	 Stay on task Manage time wisely Remain in seat unless you have permission to be up 	 Put materials away Get required materials ready Follow directions
Cooperative	 Do your share of the work Everyone participates 	Wait quietly if the teacher is assisting a classmate	 Leave the area clean and orderly Help your neighbor

Figure 2. Classroom routines matrix

Newcomer (2009)

Teaching Expectations, P. 2-5

Key Elements

- Rationale
- Negative examples
- Positive examples
- Practice/Feedback
- Evaluate



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Sample lesson plans: https://www.hankbohanon.net/examples/

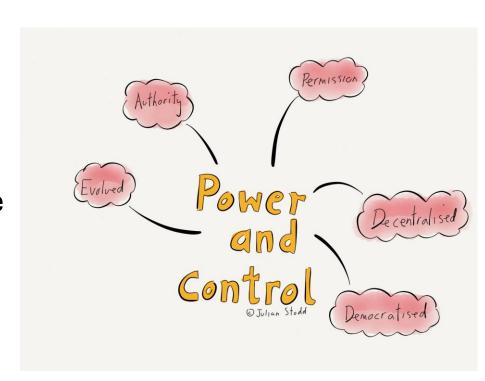
Signal Responses

- ☐ Make a signal response to help acknowledge small steps toward improvement by privately signaling the student.
- □ Avoid expressing your feelings like, "I am so proud of you!" Instead say something like, "This is A+ work."
- Let the student signal the instructor when help is needed.



Don't Fall for the Control Game

- □ Avoid using if then contingencies, arguing, lecturing, threatening or trying to over control an affected student. Avoid raising your voice or exhibiting any emotion.
- ☐We never know what type of trauma the student experienced so we must remain neutral and supportive.
- Remember to displace blame to objects or the schedule. When possible, concede control to an object such as a clock or the bell. "Be ready to go when the bell rings," rather than, "I want you to get ready to go" Any time we express emotion the students often feed off of that emotion.
- □ Avoid all YOU NEED TO'S this is the worst directive we can give a student who is confrontational. Replace them with "I'll know you are ready when" all times possible.



Teacher vs. Dean vs. Attendance Managed Behavior

Teacher Managed Behavior

Attendance to class:

Teacher reports on IMPACT*

Tardy to class:

Teacher reports on IMPACT*

Behaviors to be logged by teacher:

- Excessive talking
- Insubordination
- Off task
- Passing notes
- Drinks/food
- Headphones
- Cell phones
- Missing homework
- Not prepared for class
- Inappropriate language
- Dishonesty
- Dress code
- Cheating/Plagiarism

Note:

All behaviors listed above become office managed behaviors after repeated violations and after teacher has tried to resolve the matter first in the classroom and with parent(s). See behavioral strategies sheet as a suggestive guide. If behavior becomes egregious and SEVERELY DISRUPTS CLASSROOM INSTRUCTION, it becomes a matter for the deans. Teacher annotates repetitive behavior violations.

Dean & Attendance Office Managed Behavior

Note: All Behaviors below are either outside the teacher's control or are safety issues that need office attention right away.

Attendance Office:

- Cutting class(es)
- Excessive tardiness to class/school
- School Attendance
- I.D. (safety issue)

Generally, all attendance matters are handled by the attendance office. Non-attendance behaviors are referred to the deans.

Deans Office:

- Repetitive minor offences. (Accompanied by log)
- Fighting
- Vandalism
- Verbal/Physical Threat
- Gang Representation
- Drug Violation
- Arson
- Hallway Disruption
- Harassment (Sexual/Bullying)
- Assault
- Weapons

Practice One – P. 10-

Be Clear On Who

Handles Which

Provide Staff With

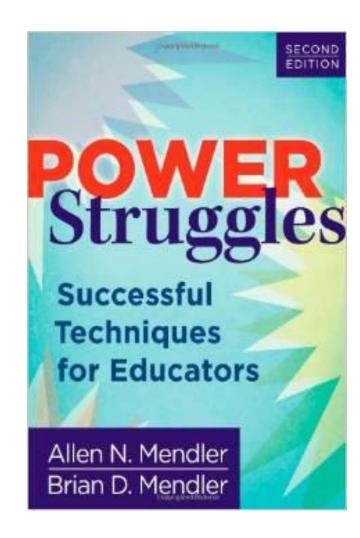
Behaviors

Strategies

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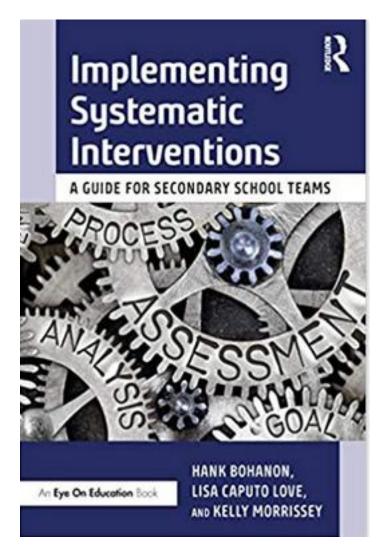
Strategies

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For more on connecting intensive supports with schoolwide interventions Learn More (link)





References

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