



“Whilst every young sports player has their dreams, what is possible is helping athletes deliver their full potential and play at the highest level they can. At GO Inspire we focus on combining sports ambition with academic and vocational focus. We offer unique opportunities to help pursue athletes ambitions in the UK and Europe through an unique development program and a professional network of best in class academy coaches. ”

Steve Gough – Director GO Inspire Sports Academy



GO INSPIRE OPPORTUNITY

In collaboration with UK
Partners Inspire Sports
Academy

Inspiresportsacademy.com



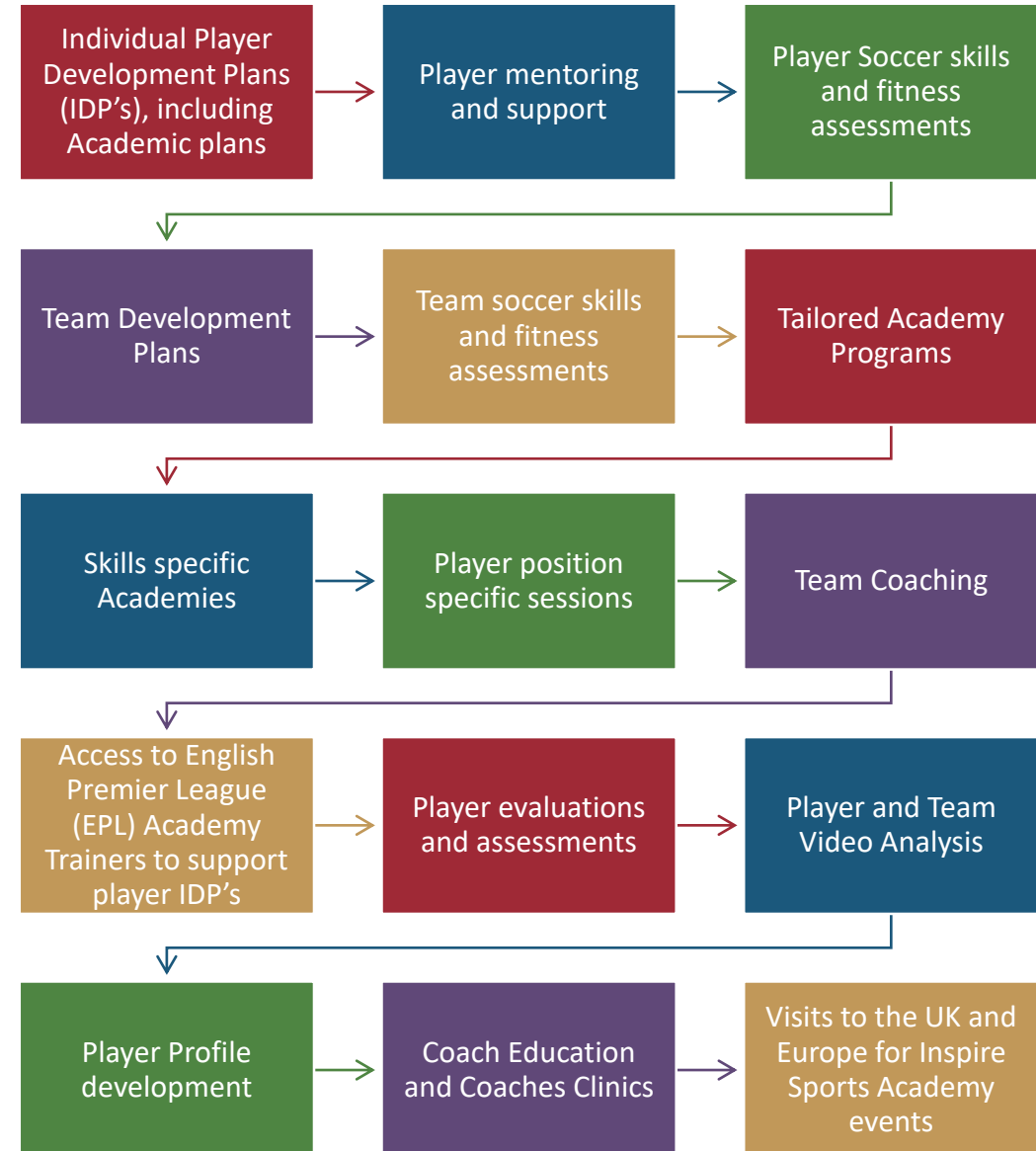
Personalized, tailored development plans, applying best in class international practices, staying current with programs implemented by the English FA and other leading European Nations.



- Primary Focus on Soccer
- Individual and Team Development opportunities
- Development of Individual Player Development Plans (PDP's) and pathways, combining sports and academic ambitions
- Local mentoring and continuous monitoring and support in maintaining PDP's
- Access to English Premier League Academy Trainers in the UK
- Development of tailored individual and team programs including visits to the UK and Europe for training, tournaments, college ID opportunities



Summary of GO Inspire Academy Offerings



Coaching and Academy Programs

- Applying Best in Class International, European and English Premier League Academy Practices
- Programs structured according to player and team ages and abilities, utilising a structured player development philosophy
- Player and Team Development plans apply consistent structure
- The Player development philosophy embraces ball mastery at young ages developing through to building vision and the ability to 'play in the future'. Emphasis on problem solving and decision making.
- Formations, tactics and game plan sessions
- Position specific sessions
- Development of Coaches Manuals and Team season programs and performance assessments



“What makes a good player Great? Vision and the ability to anticipate and influence what happens next”

Player Centered Planning – Continuous Development

- **Player Profile and PDP**

- Setting of Objectives (Sports & Academic)
- Player Assessment
- Player Profile
- Player Individual Development Plan

- **Monitor**

- Periodic Review
- Mentoring
- UK EPL Academy Trainer Mentor Support
- Performance and Development Reviews

- **Review and Update, Implement**

- Update Player Profile & PDP to reflect progress and development
- Implement action plans to deliver objectives
- UK and Europe visits
- Post Secondary School planning



Player Profile and PDP

Monitor

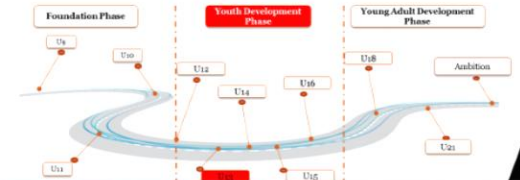
Review, Update of PDP, Implement

Individual Player Development Plan

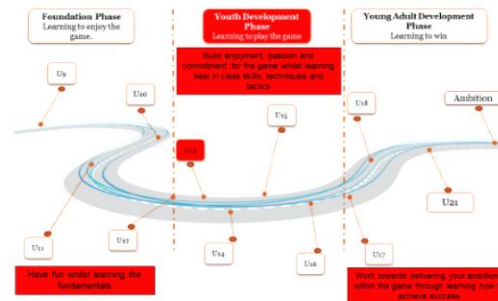
Individual Development Plan



Player Details:
Name:
Team:
Season: 2018 Outdoor
Position:



MY PATHWAY



Coaches Comments and Feedback

Coaches Comments				
Area	Feedback	Suggested Actions	Suggested Methods	Proposed Measurables



GO INSPIRE PARTNERS BASED IN THE UK

[Inspiresportsacademy.com](https://inspiresportsacademy.com)



Inspire Sports Academy UK

Experienced Coaching Professionals

"There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do"

Derek Jeter



Inspire Sports brings Elite Sports Training into the community. We are committed to development with an emphasis on technique. We create high intensity sessions that are fun, competitive and accompanied with positive reinforcement. This creates what we believe is an ideal learning environment where athlete can push themselves and fulfil their potential.

One of our main specialities is in elite football, majority of our coaching staff work for English Premier League Clubs and Elite Centres, our coaching staff range from UEFA A Licence football coaches to Sports Science Graduates all whom are DBS checked. We cater for all abilities and all sessions are designed around the Individual players needs.

Inspire Sports has used the experience gained by its coaches, the majority of whom have played at a very high standard, at top academies and professional clubs themselves, they are able to demonstrate all technical aspects of the game and advise on the game from a player's point of view. The majority of our coaches are working within the Academy system of the English Premier League and Football League and have a huge amount of experiences working around the world to produce a coaching philosophy.

We believe players should be encouraged to become students of the game, We want to give players the tools to replicate the way football should be played, to entertain, to inspire and to capture the imagination.

Since 2007, We have helped clients break through the obstacles that seem to be holding them back in Sports. Life's too short to be unhappy, unsure, or unfulfilled. Let us help you learn and develop better ways to handle the issues that are standing in the way of your goals. Get in touch today to see what we can do for you.

inspiresportsacademy.com

INSPIRE SPORTS ACADEMY UK

RAVE REVIEWS



"I wasn't very satisfied with my body and fitness when I first contacted Inspire Sports Academy. Now, after just a few sessions, I feel like an entirely different person. I can't recommend these coaching sessions enough."

Skyler Adelson



"Inspire Sports Academy helped me get into shape. I had experienced changes in my life that were affecting my mood and ability to function and be motivated to excise. Inspire Sports helped me work through what I was feeling and now I'm on the path to feeling healthy and productive once again"

Kris Michaels

[Inspiresportsacademy.com](https://inspiresportsacademy.com)



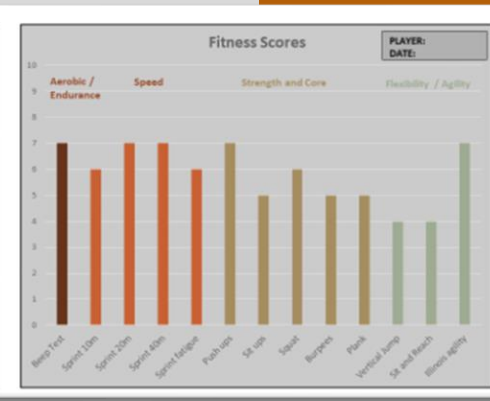
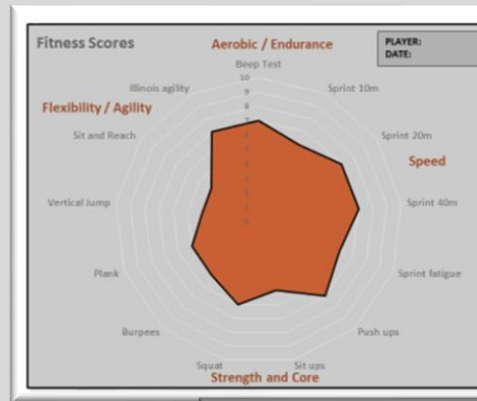
"Working with Inspire Sports was a great experience. I learned how to appreciate the difficult moments and not let them define me. Inspire Sports Academy brought out the characteristics and talents that I never knew I possessed. If for any reason you are feeling stuck, I highly recommend working with them."

TOP GUYS!!!

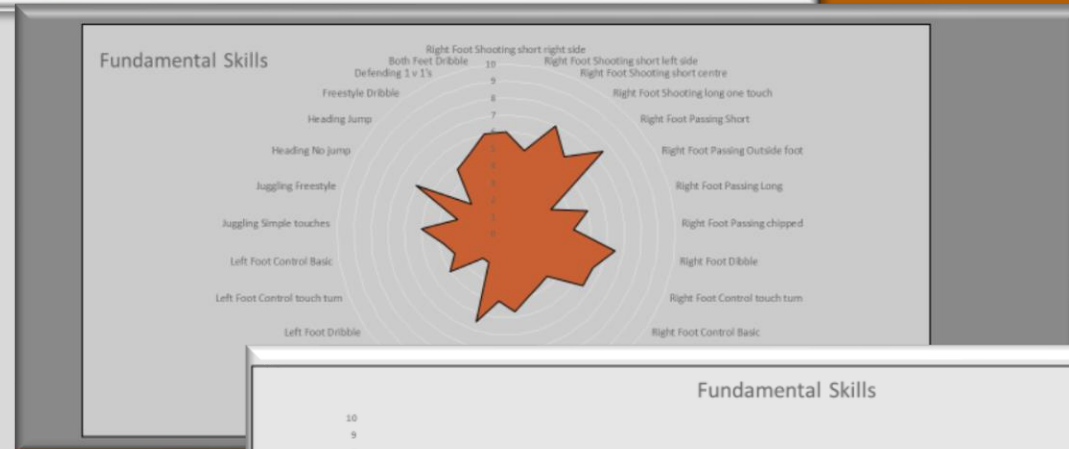
Frankie Bolder

Powerful Reports incorporating Graphics and Visuals

- Easy to understand metrics and scoring applied
- Data sets can be developed and statistical analytics performed
- Targets set and benchmarking performed
- Track performance improvement

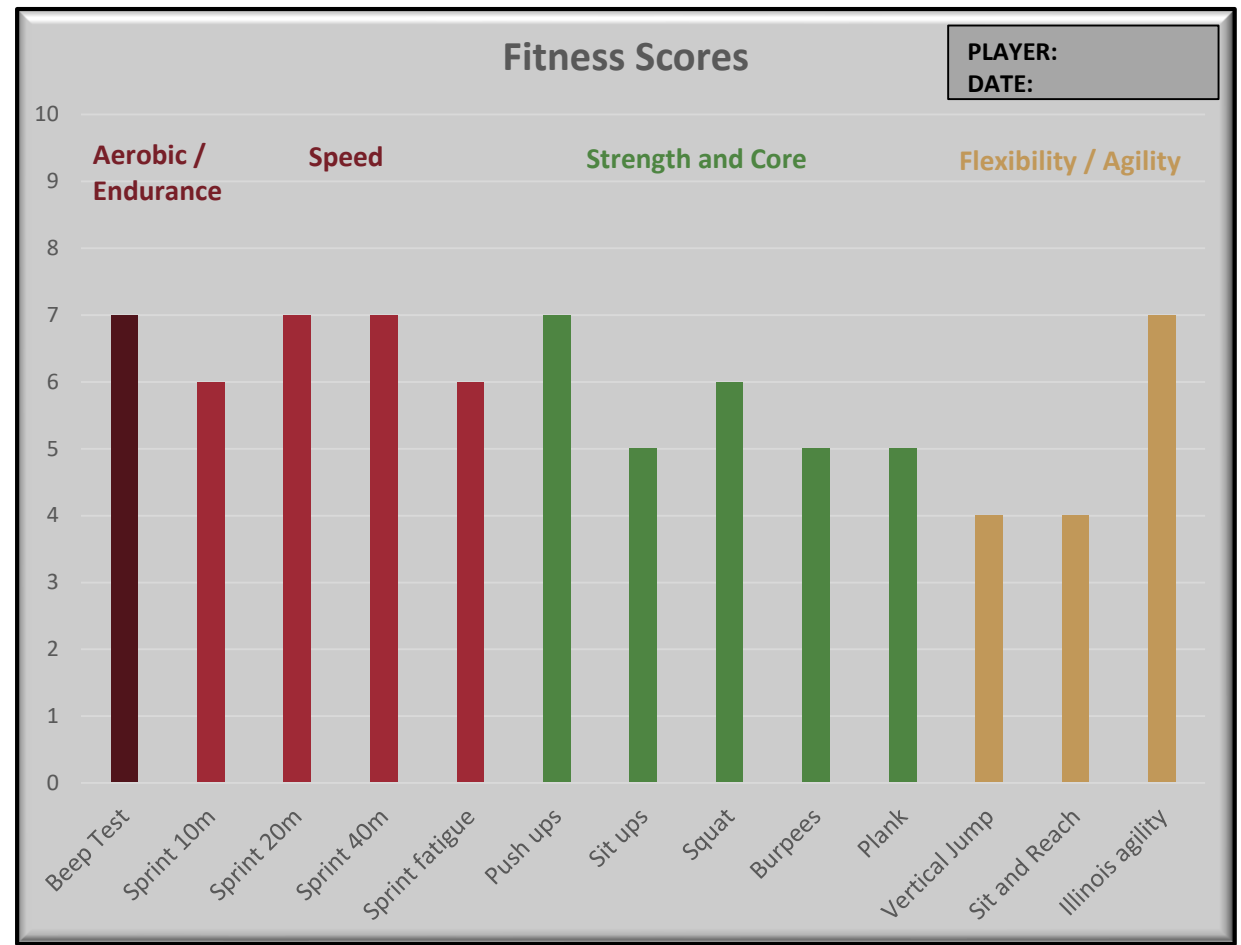
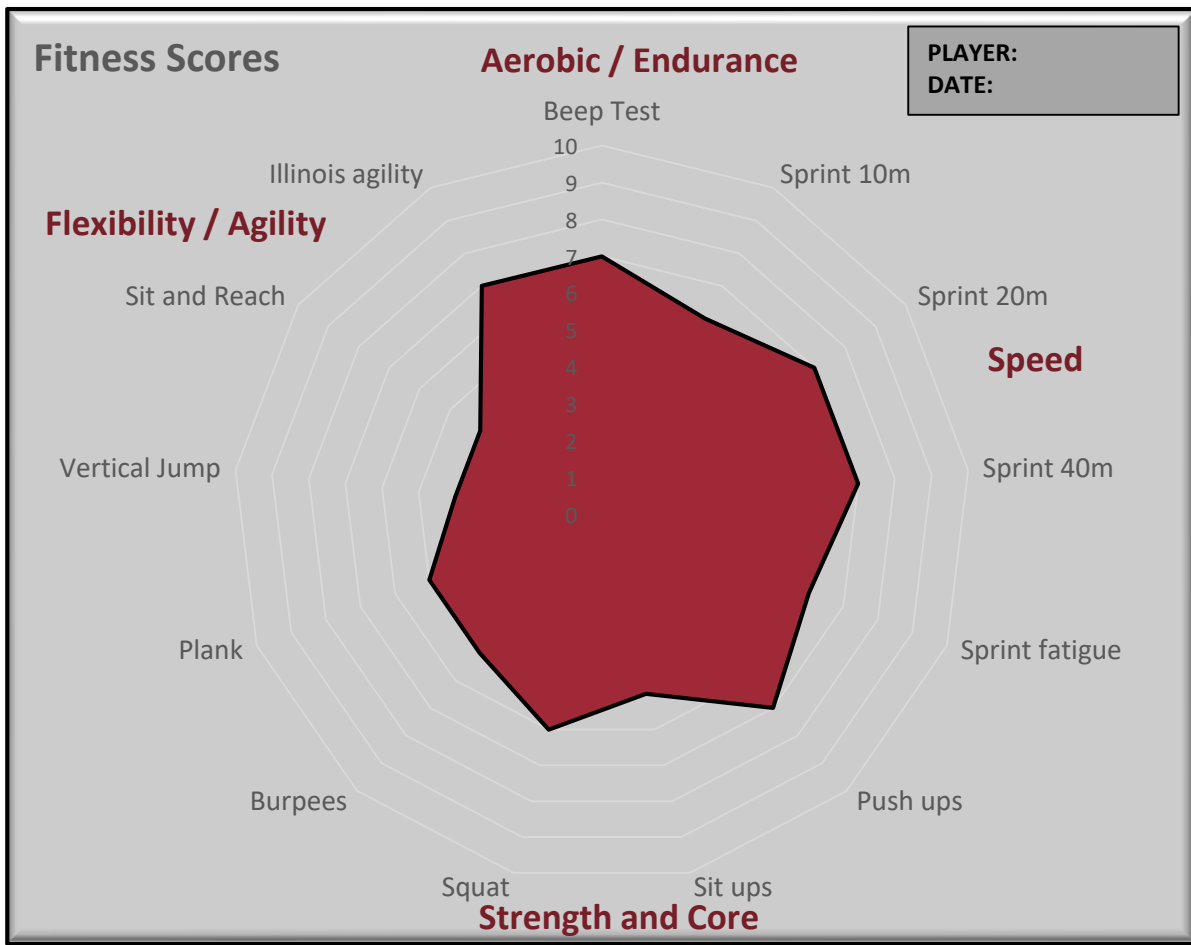


- Radar Charts
- Histograms
- Trend Analysis



Graphics Reports

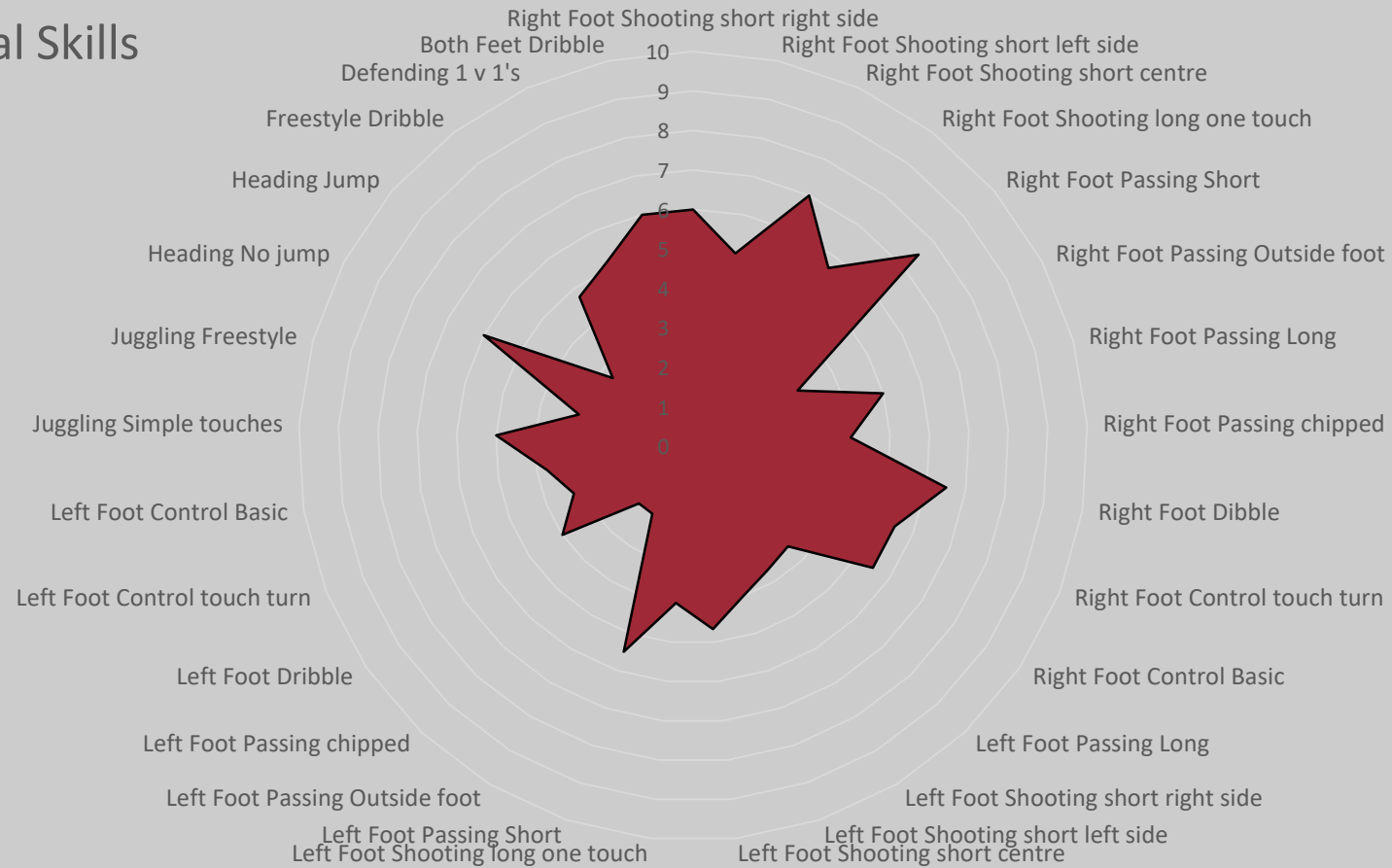
RANGE OF PRESENTATION FORMATS TO HIGHLIGHT STRENGTHS AND WEAKNESSES



Graphics Reports

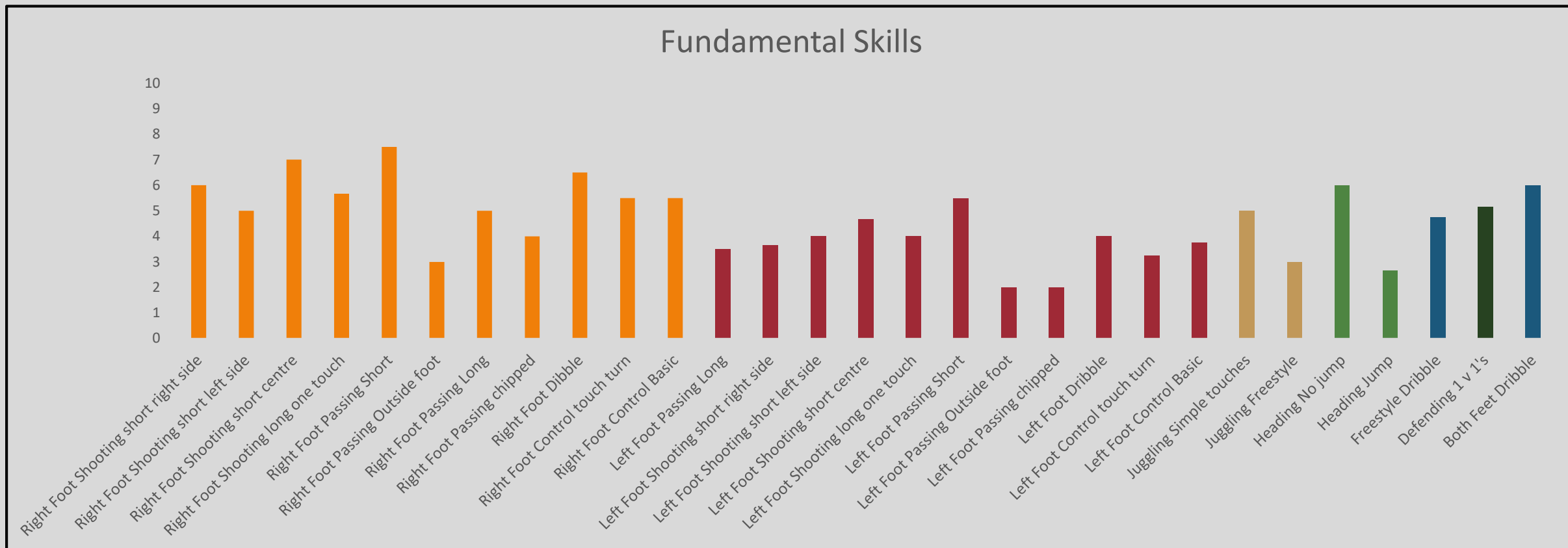
POWERFUL GRAPHICS PRESENTATIONS
ABILITY TO FILTER RESULTS TO HIGHLIGHT SELECTED AREAS

Fundamental Skills



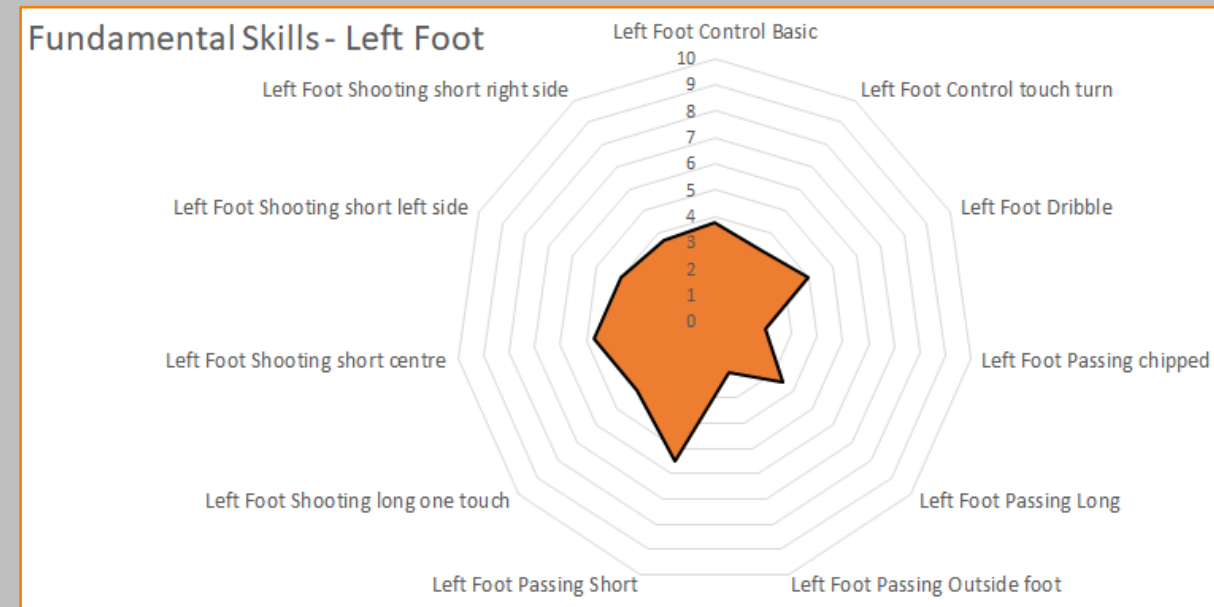
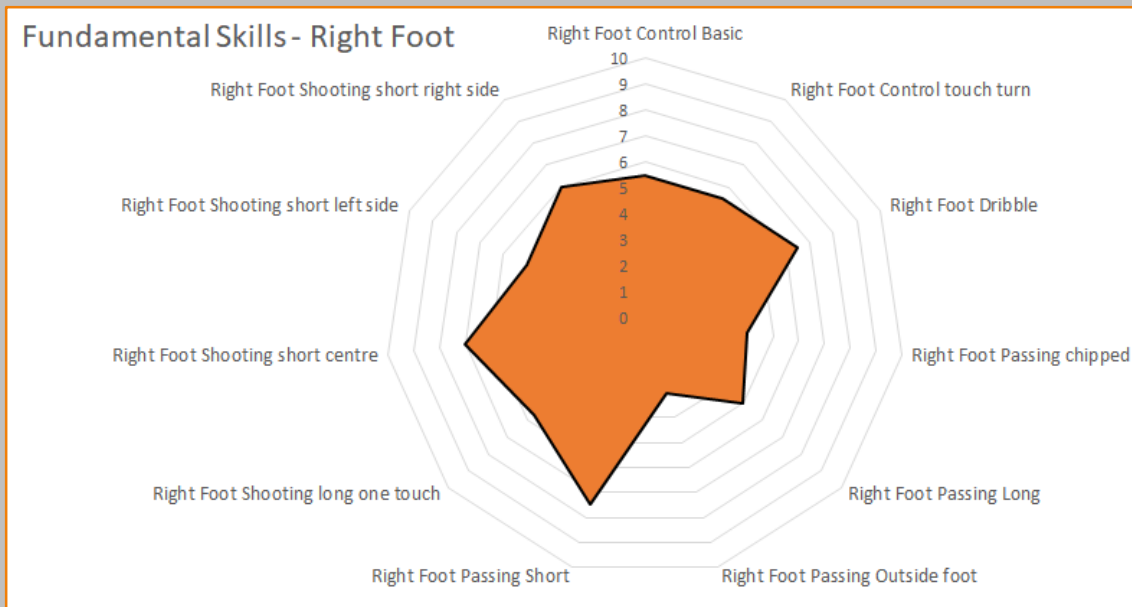
Graphics Reports – Soccer Skills

SIMPLE REPRESENTATION OF STRENGTHS AND WEAKNESSES



Graphics Reports

RANGE OF PRESENTATION FORMATS TO HIGHLIGHT STRENGTHS AND WEAKNESSES



Graphic Reports

EXAMPLE – RIGHT LEFT FOOT SKILLS COMPARISON
EASY TO INTERPRET VISUALS

Example Packages

Tailored to Player and Team Needs

Platinum Package

Player Profile preparation
Player Objectives and Ambitions Meeting
Initial Fitness Test and Report
Initial Skills Assessment and Report
PDP Preparation and Feedback
Monthly Review (6 months, 6 reviews)
Game Observation (2), Video (1) and Report (2)
Conference with UK Academy Trainers (6 sessions)
End of period Fitness Test and Report
End of Period Skills Assessment and Report
End of Season PDP Review and Report and Player Profile Update
Conference with UK Academy Trainers to discuss Development Pathway into the Young Adult Development Phase

Gold Package

Player Profile preparation
Player Objectives and Ambitions Meeting
Initial Fitness Test and Report
Initial Skills Assessment and Report
PDP Preparation and Feedback
Bi-Monthly Review (6 months, 3 reviews)
Game Observation (1), Video (1) and Report (1)
Conference with UK Academy Trainers (3 sessions)
End of period Fitness Test and Report
End of Period Skills Assessment and Report
End of Season PDP Review and Report and Player Profile Update

Silver Package

Player Profile preparation
Player Objectives and Ambitions Meeting
Initial Fitness Test and Report
Initial Skills Assessment and Report
PDP Preparation and Feedback
2 x Reviews (6 months, 2 reviews)
Game Observation (1) and Report (1)
Conference with UK Academy Trainers (1 session)
End of period Fitness Test and Report
End of Period Skills Assessment and Report
End of Season PDP Review and Report and Player Profile Update

Age Group 12-15 Example Packages

FOCUSSED ON PLAYER DEVELOPMENT THROUGH THE YOUTH DEVELOPMENT YEARS

Platinum Package

Player Profile preparation

Player Objectives and Ambitions Meeting Post secondary school ambitions

Develop list of colleges aligned with academic and sports ambitions

Initial Fitness Test and Report

Initial Skills Assessment and Report

PDP Preparation and Feedback

Monthly Review (6 months, 6 reviews)

Game Observation (2), Video (1) and Report (2)

Conference with UK Academy Trainers (6 sessions)

End of period Fitness Test and Report

End of Period Skills Assessment and Report

End of Season PDP Review and Report and Player Profile Update

Conference with UK Academy Trainers - delivery of post secondary education objectives

Assistance with post secondary school college and soccer club applications and try outs / showcases, pre try-out mentoring with UK Academy Trainers at UK / European location

Gold Package

Player Profile preparation

Player Objectives and Ambitions Meeting Post secondary school ambitions

Initial Fitness Test and Report

Initial Skills Assessment and Report

PDP Preparation and Feedback

Bi-Monthly Review (6 months, 3 reviews)

Game Observation (1), Video (1) and Report (1)

Conference with UK Academy Trainers (3 sessions)

End of period Fitness Test and Report

End of Period Skills Assessment and Report

End of Season PDP Review and Report and Player Profile Update

Assistance with post secondary school college and soccer club applications and try outs / showcases

Silver Package

Player Profile preparation

Player Objectives and Ambitions Meeting Post secondary school ambitions

Initial Fitness Test and Report

Initial Skills Assessment and Report

PDP Preparation and Feedback

2 x Reviews (6 months, 2 reviews)

Game Observation (1) and Report (1)

Conference with UK Academy Trainers (1 session)

End of period Fitness Test and Report

End of Period Skills Assessment and Report

End of Season PDP Review and Report and Player Profile Update

Assistance with post secondary school college and soccer club applications and try outs / showcases

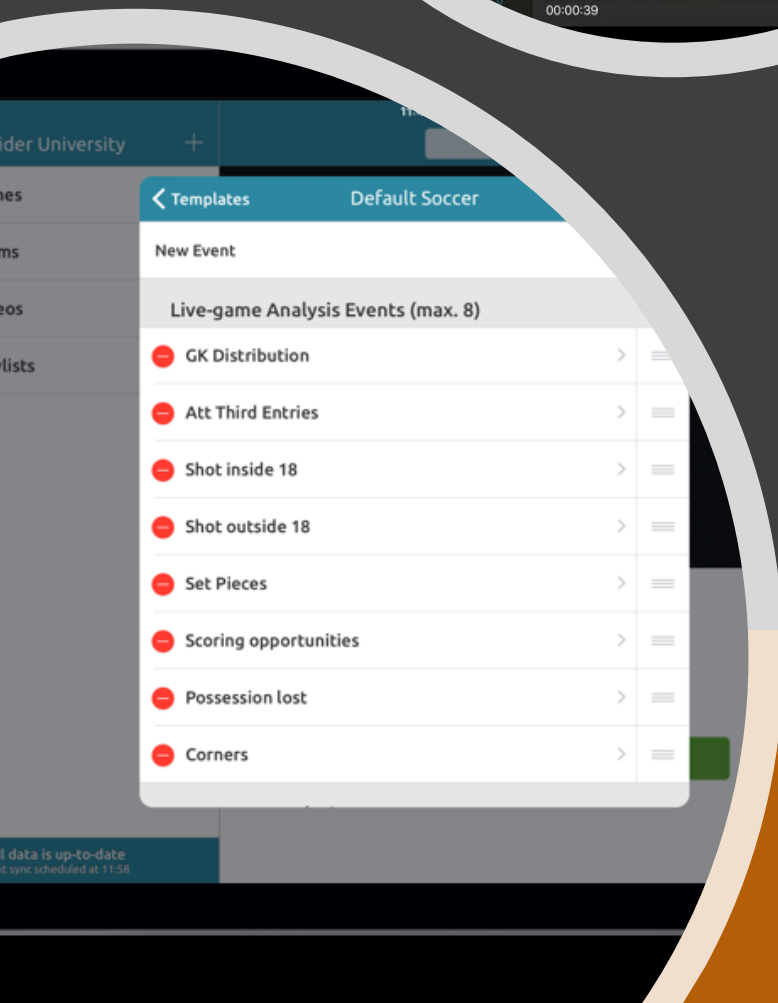
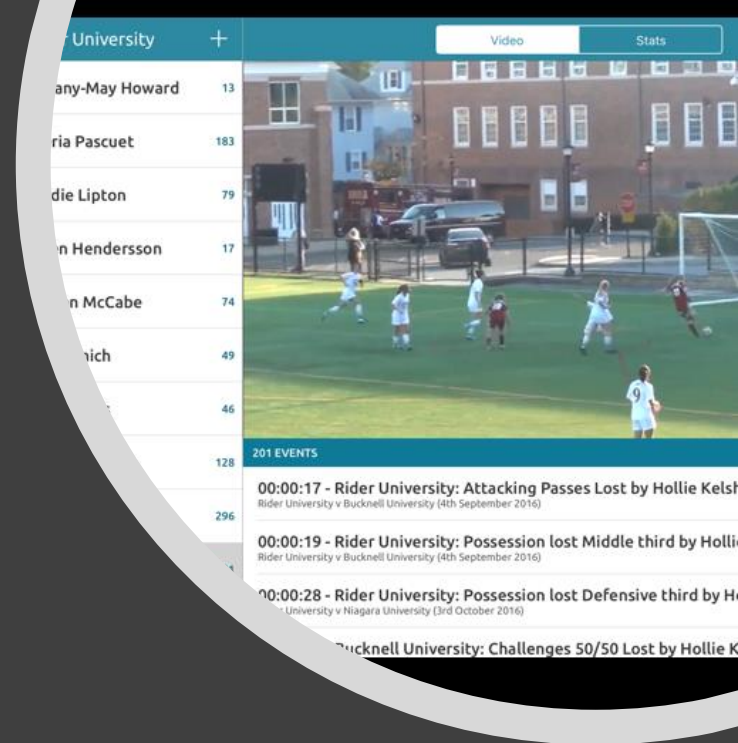
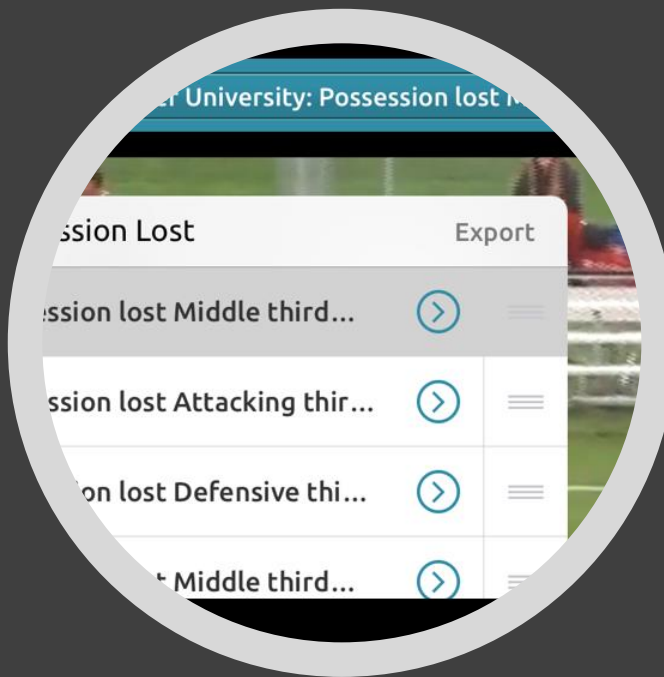
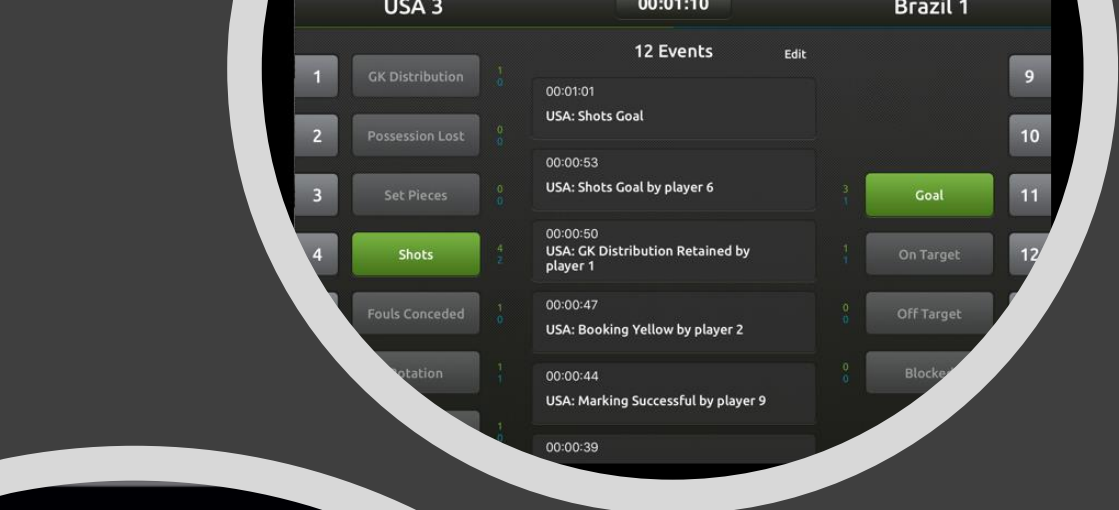
Age Group 16-19 Example Packages

FOCUSSED ON THE YOUNG ADULT DEVELOPMENT
STAGE AND POST SECONDARY SCHOOL SOCCER





Exciting Developments



VIDEO GAMES AND SYNC WITH SOFTWARE TO ANALYZE GAMES USING GAME AND PLAYER KPI'S. PERFORM STATISTICAL ANALYSIS AND PROVIDE INPUT TO DELIVERY OF IMPROVED PLAYER AND TEAM PERFORMANCES

Video analysis





TRACK PERFORMANCE OF PLAYERS AND TEAMS BRINGING
ELITE LEVEL INSIGHTS INTO COACHING AND PLAYER
DEVELOPMENT

GPS Performance Tracking



Additional Offerings

Personalised programs with additional skills training sessions

Team based programs and assessments

Academy Program - planning and delivery (clubs and teams)

Team Coaching – planning and delivery (clubs and teams)

Data recording and Analysis (team and individual)

Video Recording and data analysis (team and individual)

Use of GPS Player Tracking Technology and Performance monitoring

Tailored UK / European Academy and Tournament Tours, tailored to team levels and ambitions, scouted showcase games

Player Profile Development to Professional Standard

Player Representation

Coach Education Programs

Additional and Specialized Offerings

ELITE ATHLETE AND TEAM FOCUSED

AMAVEN

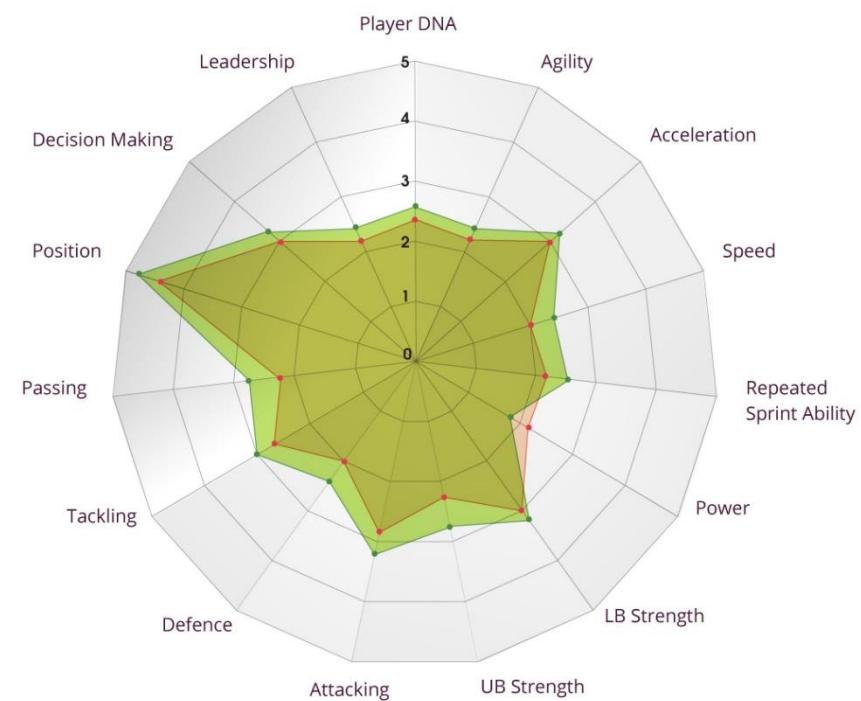
Truly personalised exercise for all



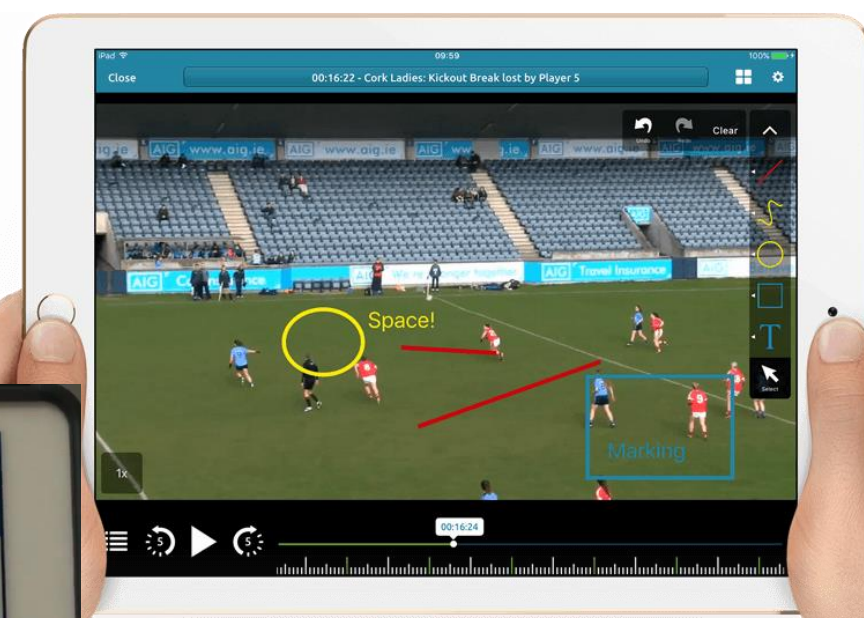
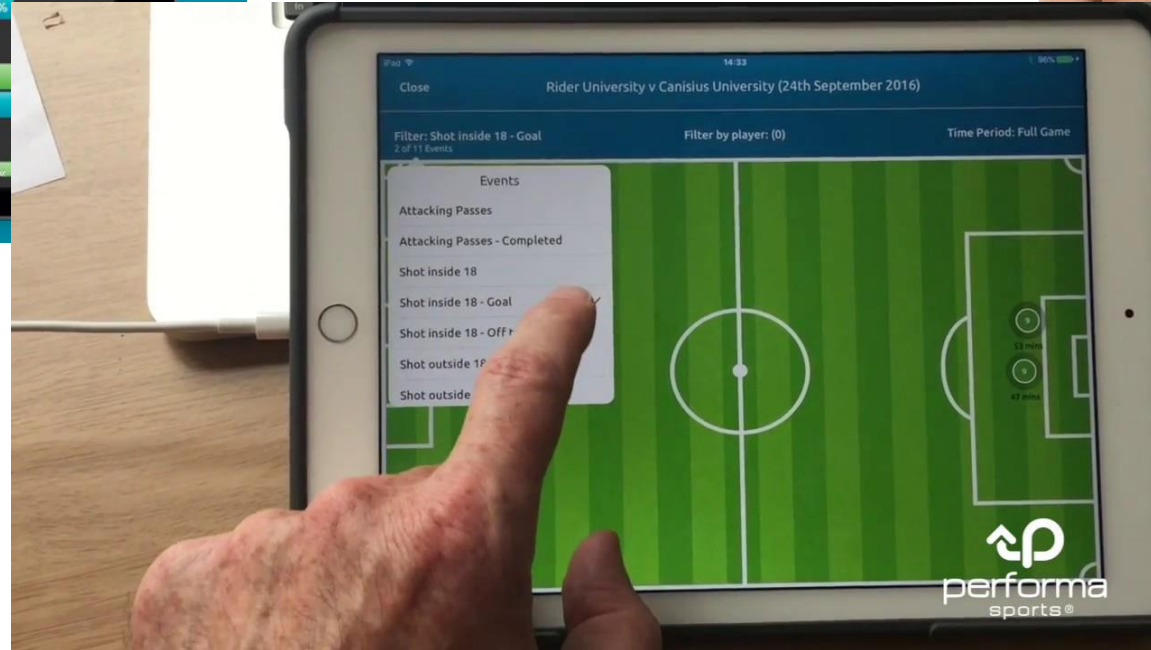
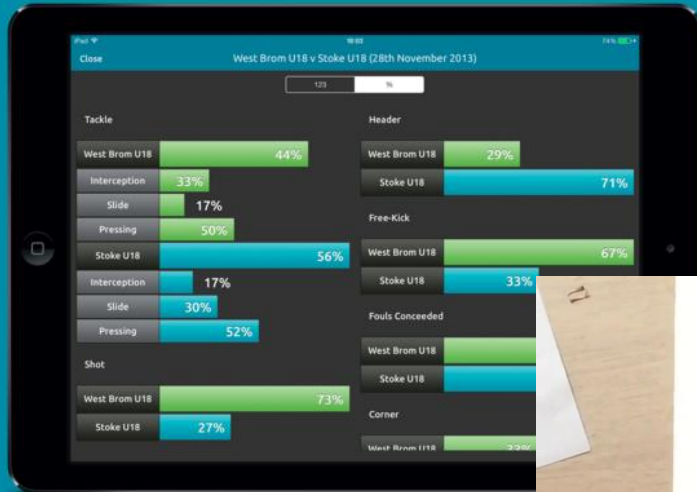
AMAVEN

Measure • Track • Improve

<http://www.amaven.co.uk/sports>



Review live game performance data to help visualise strengths and weaknesses in your teams performance



Video Analysis

<https://performasports.com/soccer-analysis.php>



Contact Us

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