

PLATES

MARKET SOUP 16

SEASONAL INGREDIENTS FROM THE MARKET, SAVORY
BROTH & LENTILS

CHOPPED KALE SALAD 16

KALE, TOASTED CHICKPEAS, CUCUMBER, AVOCADO,
CARROT, TOMATO, SUNFLOWER SEEDS &
STRAWBERRY BALSAMIC VINAIGRETTE

BBQ MARKET BOWL 20

BBQ JACKFRUIT, SEASONAL MARKET VEGGIES, GRITS
& SEASONAL SALSA FRESCA

ADDITIONAL SIDES \$6

- **SIDE CHOPPED SALAD**
W/ STRAWBERRY BALSAMIC VINAIGRETTE
NO CHICKPEAS
- **SEASONAL MARKET VEGGIES**
- **GRITS**

DELIVERY: +\$10 CHICAGO +\$15 SOUTH SUBURBS

CASH APP: \$FEASOUL | \$3 PAYPAL TRANSACTION FEE

Please place orders by Friday @ 10pm for Sunday Delivery