



PARKINSON’S & TREMOR SUPPORT

Dressing and Grooming Devices

A curated guide to adaptive products available from North Coast Medical

HOW TO USE THIS GUIDE

Scan the QR code beside any item to open its North Coast Medical product page. Product availability, specifications and pricing may change.

DRESSING AIDS

Big-Grip™ Button Hook with Zipper Pull



A dual-ended dressing aid with a formed wire button hook on one end and a zipper pull on the other. The soft, ribbed, built-up handle adapts to the hand and reduces the fine pinch needed for fasteners.

Best suited for: Difficulty with buttons or zipper tabs because of tremor, stiffness, weakness or reduced dexterity.

Key features: Cushioned 4¼-inch handle • 1½-inch grip diameter • firm 2-inch wire section • two dressing functions in one tool



SCAN FOR
PRODUCT PAGE

Product details and QR: North Coast Medical. Image source: The Wright Stuff product listing.

DRESSING AIDS

Dressing Stick

	A lightweight wooden dressing stick with a plastic-coated C-hook at one end and a push-pull hook at the other. It can help position clothing while limiting bending, overhead reach and small hand movements. Best suited for: Putting on or removing shirts, jackets, pants, socks and other clothing when reach or hand control is limited. Key features: 5/8-inch wooden dowel • 18- and 27-inch options • two hook styles • coated hooks help reduce snags and scratches	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: The Wright Stuff product listing.

DRESSING AIDS

Norco® Easy-Pull™ Sock Aid

	A flexible sock aid with a smooth inner lining to help the foot slide through and a terry outer surface that holds the sock in place. Long straps end in large loops that are easier to grasp. Best suited for: Putting on socks while seated when bending, leg lift, reach or grip strength is limited. Key features: Flexible plastic core • large loop handles • 31¼-inch straps • heel-contouring slits • can be shaped with one hand	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: Scrub Depot product listing.

DRESSING AIDS

Dressing Pal™ Shoehorn & Dressing Aid

	A multi-purpose tool that combines a long-handled shoehorn with a silicone-tipped S-hook. The hook can push or pull clothing while the opposite end helps guide the heel into a shoe. Best suited for: People who want one tool for footwear and clothing and who have limited reach or dexterity. Key features: 24- and 30-inch lengths • purple foam grip • 5½-inch shoehorn • soft-tipped S-hook • no natural rubber latex	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: Fu Kang Rehab Shop product listing.

BATHING & GROOMING

Norco® Bath Sponges

	A 22-inch bath sponge with a soft polyfoam head and a plastic handle that can be shaped with gentle heat. Round, contoured and loofah-surface styles provide options for different washing routines. Best suited for: Washing the back, lower legs or feet when shoulder movement, balance or reach is limited. Key features: 22-inch overall length • 5-inch sponge head • shapeable plastic handle • soft, non-irritating polyfoam	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: Professional Medical product listing.

BATHING & GROOMING

Body Care™ Grooming Aids

	A family of long-handled combs, brushes and body washers with nonslip handles. Extended and curved designs bring grooming surfaces closer while reducing the need to raise the arms or reach behind the body. Best suited for: Hair care or bathing when shoulder range, grip stability or endurance is reduced. Key features: Long comb and brush options • nonslip handles • curved body washer option • lightweight designs for extended reach	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: Essential Aids product listing (long-handled comb shown).

GROOMING AIDS

Nail Clipper Board

	A standard nail clipper secured to a compact plastic base. Suction-cup feet hold the board to a smooth surface, allowing the clipper lever to be pressed without having to stabilize the tool in the other hand. Best suited for: One-handed nail care or reduced grip, pinch strength or hand steadiness. Key features: 4 x 2-inch base • suction-cup feet • mounted standard-size clipper • stable tabletop operation	 SCAN FOR PRODUCT PAGE
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Product details and QR: North Coast Medical. Image source: The Wright Stuff product listing.

Selection and safety notes

- Try dressing while seated, allow extra time, and arrange clothing in the order it will be put on. An occupational therapist can demonstrate safer techniques.
- Long-handled tools and suction devices should be checked before each use. Replace any item that is loose, cracked, worn or no longer adheres securely.
- Confirm current size, material, cleaning instructions, availability and pricing on the North Coast Medical product page before ordering.

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