



PARKINSON’S & TREMOR SUPPORT

# Eating and Drinking Devices

A curated guide to adaptive products available from North Coast Medical

HOW TO USE THIS GUIDE

Scan the QR code beside any item to open its North Coast Medical product page. Product availability, specifications and pricing may change.

EATING AIDS

## Big-Grip™ Weighted Adaptive Eating Utensils

|                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                      |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>A built-up handle with 6 oz. of added weight provides additional control for people who have difficulty maintaining a steady grip. Forks and spoons have bendable shafts that can be angled for left- or right-handed use.</p> <p><b>Best suited for:</b> Hand tremor, limited hand control or difficulty gripping standard flatware.</p> <p><b>Key features:</b> Weighted nonslip handle • bendable utensil shafts • institutional dishwasher safe • not made with natural rubber latex</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: The Therapy Connection product listing.

EATING AIDS

GripWare™ Scoop Dish

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                      |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>A contoured scoop dish that guides food toward the utensil. The high back helps contain food, the lower front improves utensil access, and the non-skid base helps keep the dish from sliding.</p> <p><b>Best suited for:</b> One-handed eating, reduced coordination or difficulty loading food onto a utensil.</p> <p><b>Key features:</b> Guided scooping • non-skid base • high back and low front • supports more independent self-feeding</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: eSpecial Needs product listing.

EATING AIDS

GripWare™ Partitioned Scoop Dish

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                      |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>A divided dish with defined edges that provide additional surfaces for scooping. Separate compartments organize the meal while the non-skid base helps stabilize the dish.</p> <p><b>Best suited for:</b> People who benefit from food separation, steadier dish placement or multiple scoop surfaces.</p> <p><b>Key features:</b> Three compartments • defined scoop edges • non-skid base • microwave and dishwasher safe</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: The Wright Stuff product listing.

DRINKING AIDS

Nose Cut-Out Tumblers

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                      |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>The cut-out rim fits around the nose so the user can drink with less head tilt. The wide opening also allows a caregiver or clinician to observe liquid entering the mouth.</p> <p><b>Best suited for:</b> Limited neck movement or difficulty extending the head while drinking.</p> <p><b>Key features:</b> 4 oz. and 8 oz. options • rigid and flexible versions • dishwasher and microwave safe</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: Your Capability Store product listing.

DRINKING AIDS

Spill Proof™ Kennedy Cup™

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                      |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>A lightweight 7 oz. cup with a screw-on lid and ergonomic handle. Liquid is dispensed through a straw only when the user sucks, allowing use in seated or reclined positions.</p> <p><b>Best suited for:</b> People who need an easier-to-grip cup and additional spill control.</p> <p><b>Key features:</b> Warm or cold liquids • visible liquid level • household dishwasher safe and autoclavable • latex and BPA free</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: AliMed product listing.

## DRINKING AIDS

### Flexi-Cut Cups

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                      |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>Flexible plastic cups that can be gently squeezed to reshape the lip for easier drinking. Their cut-away design helps reduce the need for neck extension.</p> <p><b>Best suited for:</b> Assisted drinking or users who have difficulty tilting the head backward.</p> <p><b>Key features:</b> Flexible construction • adjustable cup lip • top-rack household dishwasher safe • sold as a set of five</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: eSpecial Needs product listing.

## DYSPHAGIA SUPPORT

### The Provale® Cup

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                      |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|  | <p>A dysphagia cup designed to dispense a measured amount of thin liquid with each drinking motion. The blue model delivers 5 cc and the brown model delivers 10 cc; the mechanism helps prevent over-delivery.</p> <p><b>Best suited for:</b> People with dysphagia when a clinician or speech-language pathologist recommends controlled sip volume.</p> <p><b>Key features:</b> Measured 5 cc or 10 cc sips • ample nose clearance • designed to support safer, more independent drinking</p> |  <p>SCAN FOR<br/>PRODUCT PAGE</p> |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|

Product details and QR: North Coast Medical. Image source: AliMed product listing.

## Selection and safety notes

- Weighted utensils do not help every type of tremor and may increase fatigue for some users. Trial and professional guidance are recommended.
- Drinking aids used for swallowing difficulty should be selected with a physician or speech-language pathologist. A cup cannot eliminate aspiration or choking risk.
- Confirm material, cleaning, microwave and dishwasher instructions on the current product page before use.

**Recovery Health Tech contact:** Val Brown • 1-504-450-6279 • [val@recoveryhealthtech.com](mailto:val@recoveryhealthtech.com)

**Disclaimer:** This guide is educational and is not medical advice. Recovery Health Tech is not the manufacturer of these products. Product names and trademarks belong to their respective owners.