



PRODUCT RESOURCE GUIDE

Handwriting and Computer Use Devices

Adaptive options from North Coast Medical for people living with Parkinson's, tremor, weakness or limited hand control



How to use this guide

Start with the activity that is difficult, then consider whether the main barrier is tremor, grasp, wrist position, fatigue or precise computer input. Scan a QR code to review the official product page. An occupational therapist can help trial and fit equipment when needs are complex.

SELECTION NOTE

No single aid works for every person with Parkinson's. Whenever possible, try a device during the actual task before buying it. Stop use if it increases pain, fatigue, numbness, skin pressure or loss of control.

Products included

- **Writing-Bird™** — Handwriting • Limited Grasp Or Dexterity
- **Heavyweight Pen** — Handwriting • Tremor Or Hand Weakness
- **Writing Grips** — Handwriting • Small Or Uncomfortable Pen Grip
- **Norco® Wrist Support with Universal Cuff** — Handwriting • Limited Wrist Control Or Grip
- **Smart Glove® Wrist Support** — Computer Use • Keyboard, Laptop And Mouse

Recovery Health Tech • Val Brown • 1-504-450-6279 • val@recoveryhealthtech.com

Handwriting devices

	HANDWRITING • LIMITED GRASP OR DEXTERITY Writing-Bird™ A low-profile writing device that slides across the page using upper-arm movement. Only slight downward pressure is needed, which may help when finger-to-thumb pinch, hand coordination or grasp is limited. Who may benefit: May be useful for a person who has trouble holding a standard pen but can guide the hand and forearm across a writing surface. Key details: Right- or left-hand use • Pen included • 3 cm pen opening	 SCAN TO VIEW Official product page
	HANDWRITING • TREMOR OR HAND WEAKNESS Heavyweight Pen A weighted, refillable pen designed to add stability while writing. Its soft ergonomic grip helps reduce slipping and provides a larger, more comfortable contact surface. Who may benefit: May help some people with hand tremor, incoordination or weakness. A short trial is recommended because added weight does not help everyone. Key details: Black ink • Refillable • Soft ergonomic grip	 SCAN TO VIEW Official product page

Handwriting devices

	HANDWRITING • SMALL OR UNCOMFORTABLE PEN GRIP Writing Grips Soft, bulb-shaped grips that slide onto a standard pen or pencil. The enlarged surface can reduce the amount of finger force needed and improve comfort and control. Who may benefit: A simple, low-cost first option for people who can write with a standard pen but struggle with a narrow barrel or sustained pinch. Key details: Fits standard pens and pencils • Roll-resistant shape • Package of three	 SCAN TO VIEW Official product page
	HANDWRITING • LIMITED WRIST CONTROL OR GRIP Norco® Wrist Support with Universal Cuff A wrist-hand support with an adjustable dorsal bar and a palm sleeve that can hold a pen. The support positions the wrist while the cuff helps secure an item when grasp is limited. Who may benefit: Best selected and fitted with an occupational therapist or other clinician, particularly when wrist position, skin protection or sizing is a concern. Key details: Left- and right-hand models • Adult sizes • Sleeve fits handles up to 3/4 in.	 SCAN TO VIEW Official product page

Computer use

	COMPUTER USE • KEYBOARD, LAPTOP AND MOUSE Smart Glove® Wrist Support A soft wrist support with a bead-filled palm-side pad and removable dorsal stay. It is designed to cushion the wrist and encourage a more neutral position during keyboard, laptop and mouse use. Who may benefit: May improve comfort and positioning during computer tasks. It is not a tremor-control device and should not be worn so tightly that it causes numbness, pressure or skin irritation. Key details: Reversible left/right design • Multiple sizes • Removable stay • Machine washable	 SCAN TO VIEW Official product page
---	---	--

COMPUTER ACCESS TIP

Hardware works best when paired with built-in accessibility features. Consider increasing pointer size, slowing pointer speed, enabling click lock or dwell clicking, using keyboard shortcuts, and trying speech-to-text. An occupational therapist can help match settings to the person’s symptoms and goals.

Questions for an occupational therapist

- Which symptom is limiting the task: tremor, stiffness, slowness, weakness, fatigue, pain or vision?
- Should the person use added weight, a larger grip, wrist support or an alternate input method?
- What desk, chair, forearm and wrist position will reduce effort?
- How long should the device be tried, and what signs mean it should be adjusted or stopped?
- Which computer accessibility settings should be changed before purchasing additional equipment?

ABOUT THIS GUIDE

Product images and specifications are drawn from official North Coast Medical product pages. This guide is educational and does not replace individualized medical or occupational therapy advice. Recovery Health Tech is not claiming that every product is appropriate for every person with Parkinson’s.

Questions? Contact Val Brown at 1-504-450-6279 or val@recoveryhealthtech.com