

MY FAMILY'S CHECKLIST IF I AM INJURED OR FATALY INJURED ON THE JOB

1. If the Railroad calls the house or sends an official to the house.
 - a. Let them explain what happened and remain as calm as possible and tell them that you have to take care of some things and hang up the phone and or ask them to leave the property at once so that you may gather your thoughts. DO NOT SHARE ANY INFORMATION BESIDES YOUR NAME.
2. Contacts and your Attorney.
 - b. Contact (insert the names of 2 friends @ work that you know you can trust along with their contact numbers). They should be able to help you or get someone to help! You need someone who works with me to be with you while dealing with my injury or fatality!
 - c. Contact a DLC such as Jim Wodke with Rossi & Vucinovich, P.C. at (303) 562-4045. You must contact Jim as soon as possible and make sure he knows what hospital I am at.
3. What is needed for my medical treatment?
 - a. If you get to the hospital and I am in the ER and the hospital is asking you about workman's comp, tell them that I am not covered by workman's comp and that I am covered by FEOLA, Federal Employees Liability Act. Use my medical insurance if they do not understand. Liability and who has to pay for my treatment can be determined at a later date.
 - b. If a Railroad company official is there and tries to ask you questions be polite and tell him that you are not required by law to answer any of his questions at that time. Do not release any of my medical records to a company official, they have all of my records prior to employment and that is all that they need.
 - c. If the company has an occupational nurse show up and tries to draw blood or get a urine sample, they are not to do this at this time. The only medical staff that can treat me or do anything for me at this time is the hospital staff. Keep all company personnel out of my room and away from the situation, they can take care of their business at a later time.

4. What to expect from the Railroad and the questions they will try to ask.
 - a. The Railroad will try to get information from you while you are distraught!
 - b. They will ask questions like. Was *(insert your name)* tired before he went to work? Or, Will you sign this medical records release form so that our doctors can properly treat him? You do not have to talk to anyone from the Railroad at this time! In fact, I do not want you to talk to anyone from the Railroad especially a claims agent. Let my attorney deal with all of that. You just worry about me!
 - c. The Railroad will also try to find some way to prove that I was at fault for getting injured or fatally injured on the job. It is important to let FEOLA and the court system decide liability, not the Railroad.
5. I have the following Life Insurance Policies and copies of them are attached to this form.
 - a. Metropolitan Life Insurance Company
 - P.O. Box 14401
 - Lexington, KY 40512-4401
 - 1-800-310-7770
 - Policy # Railroad-105147
 - Basic Life: \$20,000.00
 - Accidental Death & Dismemberment: \$16,000.00
 - b. Company B
 - Address
 - Phone
 - Policy #
 - Amounts

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