



## **Supreme Performance Athletics — 2026 Season Parent Packet**

*One Team, One Dream, Go SUPREME!*

# **SUPREME PERFORMANCE ATHLETICS**

## **Welcome to Supreme Performance Athletics – Gainesville, Florida**

Congratulations and welcome to the Supreme Performance Athletics family! We're thrilled to have you join us this season. Your commitment and effort are essential to your growth and success as an athlete. We expect every athlete to take full advantage of our training opportunities and show dedication to both their personal development and the SPA program.

### **How to Have an Effective Season**

- 1 Trust the Process: Believe in consistent training and the power of delayed results.
- 2 Be Consistent: Attend every practice and arrive on time.
- 3 Show Character: Represent yourself and the team with integrity—on and off the track.
- 4 Set Goals: Establish both short- and long-term performance goals.
- 5 Be a Team Player: Encourage and support your teammates at all times.
- 6 Use Your Voice: Communicate positively and motivate others toward success.

Our experienced coaching and leadership staff are fully committed to helping each athlete reach their full potential. With years of expertise and a shared passion for excellence, we guarantee a supportive, structured, and competitive environment. Together, we create a family atmosphere that thrives on teamwork and respect.

### **Parent Information**

**Mandatory Items:** Please ensure your athlete brings the following to every practice: Water bottle, running shoes and spikes, practice shirt, weather-appropriate gear (sweats or jogging suit), small notebook, and pen/pencil.

**Uniforms:** All athletes must compete in the official team uniform and wear warm-ups at meets unless otherwise directed.

**Entry Fees:** Meet entry fees are due 7–10 days before each meet to ensure all athletes are properly registered.

**Meet Arrival:** Due to tentative meet schedules, athletes should arrive when gates open to allow enough preparation time.

**Team Staging:** Athletes must remain in the designated team area during meets. This promotes unity and helps coaches locate athletes quickly for their events.

### **Recommended Equipment**

Track spikes, cooler, water bottles, canopy/tent, bug repellent, foldable chair, sunscreen, notebook, pencil, yoga mat, foam roller, lacrosse ball.

### **Additional Notes**

Missing practice means missing an opportunity to grow. **No Practice = No Relays.** Practices are held rain or shine. If weather prevents outdoor training, sessions will move to the University of Florida football stadium.

# IMPORTANT INFORMATION

## Team Communication

Please download the **InstaTeam App** and join our team using code **UK4YRV**. All major team updates, schedules, and announcements will be shared through this app. Enable notifications so you never miss important messages!

## Every Kid Sports Program

Families may qualify for financial assistance through **Every Kid Sports**, which helps cover registration fees up to **\$150** for eligible athletes. To qualify, your child must currently receive **SNAP, Medicaid, or WIC benefits**. Funds can only be used for approved sports programs—using them for anything else will result in rejection.

Please review the full details and FAQ here:

<https://everykidsports.org/every-kid-sports-pass/faq/>

**Spread the word!** This program can make a real difference for many families.

## Parent Acknowledgment

Please review this packet carefully and reach out if you have any questions. Thank you for choosing **Supreme Performance Athletics** — we look forward to a successful season together!

**Sincerely,**

Supreme Performance Athletics

## Information Checklist

- 1 Copy of athlete's birth certificate
- 2 Completed registration forms
- 3 Fee payment (choose one method below):
- 4 • Money Order, Certified Check, or Cashier's Check
- 5 • Cash (must be given directly to team managers)
- 6 • Cash App: \$SupremeAthletics352
- 7 • Zelle: Supremeathletics80@gmail.com
- 8 ■ Personal checks are not accepted
- 9 Sports Physical Form completed within the last year
- 10 Liability Waiver Form
- 11 ■■ All fees are non-refundable and non-transferable.

## **Financial Breakdown**

### **New Athlete Registration: \$275**

Includes one red uniform and two team t-shirts.

\$20 sibling discount per additional new athlete.

### **Returning Athlete Registration: \$150 (no sibling discounts).**

AAU and USATF memberships are included in the registration fee.

Payment may be made in installments:

- \$22 due within the first two weeks of practice (covers AAU card)
- Balance due by Jan 1, 2026 for indoor & outdoor athletes
- Balance due by Mar 1, 2026 for outdoor-only athletes

Payment plans are available upon request.

### **Extra Uniforms: \$65**

The first team order will be placed around Nov 16, 2025. Individual uniform orders may be arranged earlier if needed.

## **Other Expenses**

Please note that some meets may require parking and admission fees for spectators. Travel expenses are the responsibility of each athlete and their family.