

## December 2017

### 26th December 2017

*Hello from the Lords of Light to you all.*

*We are delighted to announce that the coming of the New Year will Herald a massive growth with the Lightwave.*

*There will be new Teachers able to inspire thousands of people to be part of a great Wave of Energy sweeping through Countries as never been witnessed before.*

*Be Bold – Be Brave and let nothing stop the Light and Sound replacing the despair and hopelessness that exists all over the World.*

*We need you Warriors of Truth to spread the word right now – there are many who will listen, as they really begin to understand the plight of mankind.*

### 23rd December 2017

*This is the Lords of Light to give you a Christmas Message. As Christmas approaches you are all reminded of a mythical manger scene which tells of the coming of a great Teacher.*

*Although the story is not entirely accurate, the message is – Love, Peace and Goodwill to all men. This great Teacher was able, during his relatively short time on Earth, to gather a team of workers to eventually spread his Teachings all over the Globe.*

*It is the time again to do a similar thing. We, in the Spiritual Hierarchy, are very much aware that this is not an easy task. In the World full of greed, scepticism and darkness you need to replace it with acceptance, Love and Light.*

*With the hard work and sheer determination of so many people who wish to help with the spreading of the new Lightwave, boundaries are being broken. We are delighted at what is taking place and the progress that is being made.*

*No act of kindness, however small, goes unnoticed and you are the Stars that are bringing Light to the World again.*

### 20th December 2017

*This is the Lords of Light coming to talk to you about Enlightenment.*

*Enlightenment is a massive State of Consciousness. Because of the New Lightwave Energy people are reaching this State much quicker than before. In most cases it means that it takes time to fully integrate the changes that are taking place.*

*Because of this, We strongly advocate that newly Enlightened people should Meditate as much as possible for at least 3 months afterwards. Another very important thing to remember is that this State makes you a 'Beacon of Light'. People will be attracted to you for the Energy you exude and if you are not careful then you may find that you feel tired after being with certain individuals. That is not their fault, but unconsciously they feel your Power.*

*In fact, the State can give you more Power in everything you do. The Power to be caring, the Power to help you to be more creative and loving in your life. But beware, it can also give you the Power to be unkind and disrespectful too. The pendulum swings wider in both directions.*

*Please – do remember to ask Us for any help you require for any aspect of your life and for others too.*

### **3rd December 2017**

Day 4

*As you go about your daily life, from time to time, reinforce the 'bubble' and keep adding to it as people come to mind. You may not understand this now, but you will later – think of Noah's Ark.*

*Over the next few evenings We will be doing many manipulations to make you stronger and stronger. Not necessarily physical, as you need to go through your illness – but you will be able to cope better, as all the other bodies that you have will be realigned.*

### **2nd December 2017**

*Lyla speaking*

*I needed to make contact with you (M). With all that is going on in your life right now you are feeling vulnerable. This is what happens when big changes come into your life. You feel as if its happening too fast and that you are out of control. You must not even be concerned that We would let these changes affect you in any negative way. You are getting stronger by the minute and ready for your greatest task yet. Whenever you ask you always get Our help and it will always be that way.*

*When you get the body sensation from Me it doesn't always mean that I need to make contact – it's to remind you that We are near and all is well.*

### **1st December 2017**

*Today We are pushing forward to where you've been in the World. All significant places, as nothing happens by chance. Everything has a meaning. Go through as much as you can remember of the people and places you have visited in your life, you will be helped in this.*

# November 2017

## 30th November 2017

Second Day

*This day, probably more important than the first, as it consolidates the work done yesterday. As before you have had manipulations done to your head area to relax you. It's fine that sometimes you may already be more relaxed than others, it's just that We have to do more work on you if you need it. So you sit as before with your hands open, giving out Love, Peace and also Stillness. That is why you need to be Still in order to do this.*

*(N) is correct that eventually the whole World is included. It's just that the process of sending Energy (Love) is different. That will come.*

*You will always start your session with putting all your friends and family into a bubble of Light and Love. Now move on to the places you have resided from birth to now.*

## 29th November 2017

*There are many Maitreya Incarnations in the World at this time. You (M) are one of them.*

*We are ready now to galvanize you all into action. It is the time. First of all you will have manipulations and breathing exercises to do before each Transmission (like the one experienced this evening). This helps you to become more still and concentrated.*

*Each of you Maitreyas in the World will have a set of instructions which will comprise of visualization and the sending of Love and Peace. You have all been Contacted so each of you needs to fulfill his/her role in this. For the next few nights you will send Energy in the form of a bubble of Love and Peace.*

*Tonight send this to your family and friends who have incarnated with you or near you for a reason. They have all had a bearing on your life and as such are being rewarded.*

## 29th November 2017

*(M) this is the Maitreya, the higher part of you. No, you didn't realize that! This is a very special Message for you. What is about to unfold should be shared with only a few. You are feeling stirring inside you which can't be explained by physical means.*

*Your illness is to make you slow down and focus on Higher Matters. Your task now is probably the most important yet with regard to the changes about to unfold on Earth at this time.*

*It is for this reason your worldly affairs are being taken over by Us. So the next few evenings for you will be filled with Joy, Wonder and Awe which you must share with your husband and a few trusted individuals (J,I,G,C,J,G)*

## **28th November 2017**

Please, have you any advice for (G) who is finding difficulty with what is happening to her with the harsh body movements.

*(G) should ask her Guide respectfully to please stop the harsh body movements as it is affecting her in a negative way. Could He please Communicate with her in a different way. For example, to speak to her directly. (M) is asking her Guide to speak to hers to ask the same thing.*

## **27th November 2017**

Is there a Message for (G) so she can develop her contact with You?

*Hello (M) – Yes there is a Message that you can repay to her.*

*This is all very new to her so she will have to take it slowly to build up her confidence. She could start with trying to contact her Spiritual Guide. This shouldn't be too difficult for her as she has already made initial contact. If she feels confident with Yes/No answers she could check Male/Female. The name will come into her head.*

*Then ask him/her questions. Be very relaxed about this and do it in short bursts. Establish a time for contact that suits her lifestyle.*

## **16th November 2017**

*Hello (G).*

*People are very keen to know more about the Ascension. This is part of the dual purpose of the Mission, to get a huge number of people Initiated and then as many as possible Enlightened. These people are then the leaders of the newly Ascended World. From plants to animals, to people, and of course the planet Earth itself.*

*We feel that there should be more information about what it actually means and how your World will change.*

*Of course, you are seeing changes now, there is a shift of Consciousness towards Spirit. There is a critical mass. When enough individuals move forward in that direction the Big Changes will take place.*

*Your job is this important role, to get information about this very relevant topic out to your fellow Meditators. If people see that it isn't just the individual's progress along the Path to Enlightenment, but a much greater picture they are more likely to take themselves from matter and align to Spirit.*

*They need to be made aware of what the Ascension actually means and exactly how the World will change. Don't concern yourself with the details at the moment. Everything will become clear.*

## **13th November 2017**

*(N) and (M) from the Lords of Light.*

*We are particularly pleased with the way the Lightwave is spreading – it is wonderful to see the growth in South America and neighbouring countries, also Africa too. The Teachers there are focussed and totally willing to serve this great cause.*

*Nothing goes unnoticed and We send our Gratitude to these people who are so totally dedicated.*

## **12th November 2017**

Aligning

*From the Lords of Light.*

*When We talk about aligning We mean a shift in focus to join with the new method of attaining States. In this case, what you refer to as the Spiritual Hierarchy. It is no different to changing allegiance to a group of people or set of principles. If someone Meditates for a State still with their allegiance to (Y), or Sant Mat for example there is confusion because they need to have a clear focus.*

*It should be explained to them that for the time being there is no Master figure, but for the first time ever they are being guided by the Ascended Masters directly. A completely unprecedented way of bringing people to God and to understand their True Nature.*

*(N) and (M) – We had our doubts that this would actually work but thankfully We have been proved wrong. Without a figurehead there has been no one who can be attacked, or who can become a corrupt leader. Well done to all of you!*

## **October 2017**

### **29th October 2017**

*This is the Lords of Light.*

*(N) Would you ask (J) to give you an account of what he sees in his Meditations? Write things down and email them to you. This will give him more focus. Do get him to run through his Meditation since Second Initiation as well.*

*He has been Meditating so long that his Experiences are normal to him. You might have to do some sifting.*

## 26th October 2017

*This is Gandolf.*

*You are asking what you need to do, if anything, about (M) and (P). Things are very much confused and up in the air over in Kent.*

*They are together as a family trying to work out what went wrong and what to do next. There is nothing you can do (N), or (M) at the moment. Leave them to work out a strategy. You will know if and when to act.*

## 25th October 2017

*(N) this is (T)'s guide. I am here making sure she is OK. It is very good that you both will be going to see (T) and (J) and giving Energy. (T) has been agonising over this for years now and this is by far the best solution. It is not necessary to get in touch with (M) over this. At this time they, as a couple, need the Loving Kindness that you and (M) can give in abundance.*

## 24th October 2017

For (T)

*(T) Dear – this is your Spiritual Guide speaking.*

*I need to tell you absolutely that there is no need to worry about any repercussions coming from sitting (J) down for his Enlightenment. In fact, don't wait too long and give him Energy while he is well.*

*You must not worry a jot that what you are doing is in any way disrespectful to (Y). We, the Spiritual Hierarchy have given your friends (N) and (M) the task of building a New Path which they have done with Love, Enthusiasm and Dedication. Put your trust in them and what they say.*

*(T), you and (J) have a blanket of Love around you. You are both special people who are dedicated to the Truth. (Y) has no power over you whatsoever. It isn't his Energy anyway to give Enlightenment.*

## 24th October 2017

*(G) is Enlightened, from the Lords of Light.*

*Tell her that the Realizations that can come from the State are many and varied. If you had been sitting down for a number of days before the Enlightenment then you would have been more likely to be still and therefore be able to register what was happening.*

*Just because you may not have had the Realizations listed you are no less Enlightened. The time of everyone's Enlightenment is set. There are countless people who have had similar experiences as you have.*

*What you need to do is to sit down to Meditate for as long as you can manage, say a couple of days, more if you can. Ask to be shown things so you can sit more comfortably in your Enlightenment. You are a Special*

*person, with a very caring nature. This is your time to be a beacon of Light in the darkness.*

## **23rd October 2017**

Identities on other levels?

*This is Peter. If someone has attained Enlightenment and carried on Meditating in a serious way afterwards, (in other words doing a practice of two hours daily or more), it is very probable to have Connections and build Identities on other Levels. What this means is that each Level of Consciousness holds insights of vast Wisdom. This is how the Sages of Old are able to hold vast Knowledge and Truths.*

*It takes deep Meditation over long periods to achieve this!*

## **21st October 2017**

*From the Lords of Light. True Wealth – this is for (J).*

*What is Wealth? On Earth you think of this as money oriented. If you have ready cash you are wealthy – if not you are poor. Let Us put another side. Material Wealth versus Spiritual Wealth.*

*You often find that the materially well off people are not interested in finding God and their True Nature. Their lives are too full of finding their next possession, holiday, meal out at a restaurant etc. – the list goes on.*

*If these people are drawn to Meditate, then where do they find time in their busy lives to explore their inner nature?*

*With less cash in one's pocket a different side immerses – your need for possessions becomes less, which makes your life far more simple.*

*Simplicity means you have the time to look Inside rather than outside for answers to the deeper questions of life.*

*Then – once you really start Meditating properly on a regular basis and ask Us for assistance, you will find answers, not just for Spiritual questions, but for your life in general. We know that many of you find life very hard materially. We implore you to ask for help – and remember:*

*Cash rich – Spiritually poor.*

*Cash poor – Spiritually rich.*

*It has always been this way!*

## **21st October 2017**

*Emmanuel here – True happiness comes from within, it doesn't depend on what you have.*

*Meditating on the Light and Sound is a case of balance. If you are not Meditating on both the Energies mostly about the same time then it affects the way you view things.*

*The more you Meditate on the Light then you will tend to analyze – the more you Meditate on the Sound the more you will let things be. You need both to be a well rounded Spiritual person.*

*(N), you are simply learning how to let things be more by listening to the Sound. As soon as we think you are ready then the Light will return.*

## **20th October 2017**

*Hello (N) and (M) from Emmanuel.*

*Yes, I am still Here watching over you all. How can I explain the Majesty and the Humility that exists Here in the Heaven World. I find myself in Awe of the Love that is continually being poured into every atom on Earth. I am so happy to be Here to witness this.*

*I want to explain to you all so that you truly understand the importance of finding a Spiritual Path and realizing your True Essence while on Earth. It means that when you die you can immediately go to the Heavenly Regions I find myself in.*

*I learnt how to let go of Earthly concerns very quickly and was able to pass through these Regions which are amazing beyond words.*

*What is wrong with the World today is that it's too complicated and people want too many material possessions which they think will make them happy. Please learn and trust that your material needs (not wants) will be provided. True happiness comes from within.*

## **18th October 2017**

*This is Gandolf speaking as one with my Colleagues.*

*Observe what is happening right now – you have systems breaking down, extreme weather and continuing wars. This is set to continue to somehow get people to be aware of the seriousness of the predicament of mankind and where it is heading. Some may call it the Wrath of God – but We don't. There is so much wickedness and hatred in the World today. Perhaps people will eventually realize that hedonism and selfishness is not the way forward. Perhaps with enough upheaval there will be at last, Love, Kindness, Generosity and Goodness.*

*More people need to find their Spiritual Nature. We are delighted to see so much growth of the Lightwave. Please continue to spread the Path to as many people in as many Countries as possible. Encourage them to Meditate, not only for themselves but for the World.*

## **17th October 2017**

*Initiation is the key to opening the Spiritual Door to the Mysteries that lie beyond. It is impossible to understand how it works, just to know that Initiation begins with a direct Revelation of Light and Sound.*

*An Inner Vibrant Light and an Inner Melodious Sound.*

*For those powerful Energies to work their Magic, what they need is a pure, openhearted Soul to be ready to embark on the Journey of their Lives!*

## **16th October 2017**

*We are the Lords of Light to talk more about Initiation.*

*When there is a group of people who are Initiated it is very beneficial to meet regularly to discuss their Paths through their Meditation. Much can be learned through helping each other to be inspired. People who don't live near other Initiates should make contact by electronic means so they can share experiences. This is for general Meditation, not if they are Meditating for Second Initiation or Enlightenment.*

*A lot can be learnt from sharing what you have gained from Meditating on the Light and Sound. You may help others who are going through challenges and need your wisdom. This is a wonderful way of giving. Sometimes you may get Messages for others through your Meditation.*

## **15th October 2017**

*We, the Lords of Light need to say that you have nothing to fear as recompense for your apparent dismissal of the work and Channelling done by (M). We know and understand the reasons for this. We are trying to make him understand what has happened. It is hard for him as he truly thought what he was Channelling was kosha and needed to be distributed to all. You are right about moving on now! We, the Lords of Light will be giving you some inspiring words on Initiation – it should be seen as a Mystery, otherwise Initiates will see it as an intellectual exercise and won't let go into the Majesty and Beauty of that which can be observed.*

*It should also be said that what is Observed shows the Initiate the things they have to learn in order to grow and move forward. The Energies of Light and Sound are the perfect Teachers, They Know exactly what the pupil needs and will keep showing them until the pupil has understood.*

*To be Initiated onto a Spiritual Path through Light and Sound is all about learning and growing. Yes, you may see amazing Phenomena along the way – but learn to observe and let go, rather than becoming attached to the Visuals.*

*As in life, if you get too much involved in any one thing sometimes it stops you from moving on. For instance, you may be in a job you dislike and need to make a change. The Light and Sound will show you the way if you ask. Always ask!*

## **14th October 2017**

*We are the Lords of Light to talk to you about the Crown Chakra.*

*This is an important topic, especially when We are talking about Initiation and further States of Consciousness. The subject of Chakras is a very complex one. The seven major Chakras allow Energy to flow into the body, together with the minor ones.*

### **13th October 2017**

*The expression re-Initiated should never be used, it is much better to use the term 'given more Energy'.*

*Often it takes a while for the new Initiate to relax and trust enough to Meditate properly into the Light and Sound so they may need some Energy from an Adept to help them on their way – at the same time to inspire them to continue.*

### **13th October 2017**

*We are the Lords of Light coming to talk to you about Initiations. We are keen to get things sorted out with regard to whether a person who is Enlightened can automatically Initiate.*

*It is normally a good idea that new Adepts settle into their new State before they start Initiating others, about six months, but that may vary. They should be stable individuals who understand the enormity of what they are giving and do it with dedication and commitment. This is because newly Initiated people will look to them for guidance afterwards.*

*(J) is such a good influence, there will be no problems about any Adepts who follow his guidance. They will all be able to Initiate as they have the qualities necessary to take on this Mantle, with Love and Simplicity.*

### **12th October 2017**

Should we ever entertain the expression re- Initiated? Do You consider this sort of talk in public highly damaging?

You have spoken to us about Sweetness. This indicates a variation in Adepts being able to Initiate. If the Crown Chakra is opened – can it close? Is (M) right here?

Have we overstepped the mark, should we use the old system of checking this Individually?

### **11th October 2017**

*This is the Lords of Light.*

*(N), (M) – you are a true Inspiration to all. Don't ever think that what you are doing to help this Lightwave Energy to spread is wrong. You are both a Light in the Darkness.*

*You were chosen for your qualities of Love, Perseverance and Dedication, even in difficult times. We Know that you care and that is so important. This job is not easy – We know that – We also know that you are up to the task and will not falter. We are very happy that We can tell you this.*

## **7th October 2017**

From Mum – Gandolf

*Your mother wishes to say how much she Loves you again. She wants you to be careful to not get involved in other people's emotional issues which have nothing to do with you – even your family.*

*It's draining you. Find a way of stopping yourself when you get into that mindset. It's a habit from lifetimes of suffering, you have the opportunity now of stopping it. Do it – today – be more like (N), just move on and let the thoughts pass by. Send them Love and let it go.*

Yes Mum I will do it, I promise.

## **7th October 2017**

*Gandolf here – (N) has done well with the article and he should publish it as soon as he feels happy with it. I know We said don't rush but We don't want things to drag on too long. (M) is rattled and looking for support. He should be directed to that article to bring things to a head. He feels he has plenty of support but he is mistaken!*

*(P) this is for (J). This lady is very kind and caring as you know. But, like (M) she has always had an exaggerated sense of what she can and cannot do. She uses the pendulum practically all the time for a variety of things, with varying success. She loves helping people and that is why she has got herself into the situation she is now in.*

*The trouble is that when you are checking States there is no room for error. You may incorrectly say that someone is Enlightened and then sometimes they stop Meditating and that's it!*

*No one is infallible. The checking of States needs to be done by the Adept in front of the Initiate. Mostly it is clear that the person has moved on, or needs to Meditate more. We know it's not easy when they are at a distance – then use the 'checklist.' Then, if there is still doubt, use the State Checkers – giving them as much detail as possible.*

*This is so important as mistakes have been made, not just recently. Never rely on one person to do this job again. (N) is very competent and would, if asked, help to train people to confirm too. It is very close to his heart.*

*(P) has got caught up in the (M) and negative energies dilemma and therefore does not have the clarity/neutrality, therefore she makes mistakes in all her Path work at the moment.*

## 6th October 2017

*This is Gandolf speaking as One.*

*We have been considering everything about your difficulties over the last few days. You are doing well holding it together. Keep your cool, even though you may be feeling that you would rather go in now and finish it all off – (split the group).*

*You need as much ammunition as (M) will supply, so keep him sweet so he tells you more. This information can then be used to make Initiates understand the reasons for your actions.*

*Because (M) comes over as a really nice, helpful and friendly guy, it may be hard at first to get them to realize the harm he is creating. Take your time, you will know when it's right to send the letter, which will be changed, but not too much.*

*This has to be done, it's insidious to the Path and dangerous. (M)'s mental state is not good and it's getting worse as the days go by. We are hoping he will somehow realize what is happening to him. He is deluded into thinking how important he is.*

*Remember, We told you that no one is THAT important as everyone can be replaced!*

*So – to recap, you are doing the right thing (N), but the main Message is keep your cool and think who you are divulging information to. Keep it tight and wait for the right moment.*

*We are there to help you and please ask for Guidance yourself when you are writing each letter. We can't help you unless you ask. Doing it though (M) is not enough because you are just getting general advice now – specific advice comes to you directly and must be Asked For.*

*This is a critical time so heed this warning. Don't get like (M) and think you are invincible – you really do need our help. You are a servant of Truth. We are sure that you will take this in the way it is intended.*

*You are appreciated beyond measure by your services to Us in the Spiritual Hierarchy and to mankind – so thank you, and (M) too.*

## 5th October 2017

*Message from Mum via Gandolf.*

*Your mum, in her life, valued you very highly, in fact, you were the light of her life. She could cope with her difficulties knowing you were there. It didn't matter if you were living far away – just as long as she could lift the phone and speak to you when she wanted to.*

*She says that your children feel the same and love hearing from you too, especially (J). He needs to know you are always there for him.*

*She says, "Be happy, my Angel, don't let things get you down, there is so much that is good in your life. Don't be pressured into doing things you would rather not do, even in kindness. Look after yourself, especially now."*

*I've been allowed to see your future, it is good, there is a lot of happiness there. You will learn and grow, there is still a lot for you to do on Earth yet. My Big Sleep is long overdue -They have made me see that you are getting better so I am happy to leave you in Their care. They Love you too. I'll be seeing you when your life is finally over!"*

## **4th October 2017**

*This is Gandolf.*

*We are here as One to talk to you about what is going on and the difficulties you are having.*

*Please understand that you are doing the right thing (N) to challenge (M). Left unchecked, who knows where things would lead to.*

*He is a troubled Soul who, all of a sudden has authority in his Channelling. When he first started things were OK, but because of his obsession with negative energies he is completely out of balance, even though he really does mean well.*

*We are doing what We can to help, (N) don't worry, be philosophical, the outcome will be favourable and inevitable.*

## **1st October 2017**

*This important Message comes from Us in the Spiritual Hierarchy. It is to do with Energies people Meditate on when they have been Initiated into the Light and Sound.*

*It must be understood that Everything is One – A fundamental Principle. Each Atom that makes the Universe at large comes from the same Source which can be referred to as God. Following that fundamental Principle it means that Everything in the Universe is One – which is God.*

*In connecting a person with the Light and Sound it means that they are Meditating on the Manifestation of that Source. It could be said that people are actually Meditating on Themselves, meaning the Highest part of Them. This is the Journey that is taken by an individual to find his True Nature – which is God.*

*A person Meditating has the choice of whether to "let go" of Earthly concerns. If they do then their Journey will be relatively simple and they will reach the Source (Enlightenment) quickly and easily.*

*A person who takes only fears and worries into their Meditations won't have such an easy time. They may have trouble contacting the Energies (Light and Sound) and may need help from a more experienced Meditator.*

*Either way the Goal can be reached. The full Realization and the Connection with the Source is beyond anything that has ever been Experienced prior to. The Joy, the Peace and the Love is Immeasurable and is Impossible to describe or understand.*

*It has been called "The Peace that passeth all Understanding" for good reason!*

## **September 2017**

### **29th September 2017**

*This is Gandolf and the Higher Dimensional Beings as One.*

*We need to tell you that (M) is completely out of order with talk of negative beings on the Higher Dimensions. This Dimensional stuff is man-made anyway, so you can try and understand how things are and what is going on in the other Realms. You have given them numbers. This is a good way of trying to understand how the Universe works, but not to be used to try and justify where negative energies come from.*

*This kind of talk is very damaging, because it gives the wrong impression and put ideas and fears into people's minds.*

*(M) does such good work in most areas but lets himself down badly with this. It is to do with his past life Karma and his upbringing that is causing him to delve into negativity with such gusto.*

*You all know that negativity exists – it is all around you everywhere – but in the minds of men. We have told you how powerful the human mind is. There are no negative beings on the Planes of Consciousness that Initiates Meditate on – only Love and Light. It is a good idea to ask your Guide for protections from negative energies in your mind coming from the mental plane.*

*It's quite right that negative energies can make you spiral down and be a very unhappy person. Please (N) don't send this information to people just yet, there are other things We need to add which makes it more objective. There is still quite a lot in the article which is true, so should not be dismissed.*

### **28th September 2017**

*This is Gandolf*

*We will try to answer your questions (N). With the (J) case, as you know that his Chakra doesn't need 'tweaking', as when he sits down with intention, then We do that, or anything that needs to be done to help him to Meditate for his next State. (M) does care but does confuse people sometimes with too much detail.*

*With people taking drugs it is a far more serious issue as they are mind altering. We have already stated that to have contact with Us you need a sound mind. So they can't possibly have a true and accurate contact with Us.*

*Drugs stay in the system – they don't go away and can affect people for years after a person has stopped taking them!*

*So (M) has a point in this instance, something needs to be done to somehow clear the pathway through the 'fog' of the drugs. Although obviously it does depend on how many have been taken.*

*(N) you are being harsh with (M) by saying he wants power and that is why he is doing these things. Misguided maybe in some ways, but not power seeking. Both he and his mother are doing a lot of good work which is coming from a true desire to serve.*

## **27th September 2017**

Is the man in Iran Initiated by Remote Energy?

Dealing with such issues as the (J) case?

## **26th September 2017**

From Gandolf

*This question of absent Initiations is a tricky one, although for far away people it is very much an option.*

*It has always been done by touch traditionally and people need guidance when they are first Initiated to get them going, especially if they are struggling to contact the Light and Sound Energies.*

*We are going to have to give it some thought. In these days We are trying out different methods and practices so it is definitely not to be ruled out.*

*This man who (D) sent Energy to can now try to Meditate and we will see what happens. We are not against it. In these troubled times on Planet Earth – anything goes – within reason!*

## **23rd September 2017**

Collectively from the Spiritual Hierarchy

*Dear (J) Just by Meditating together will form a massive bond to help the people around the World living in Fear.*

*It is wonderful to do this and We are very happy with what you are doing.*

*The Mantra : DEE RAA TEK TEE ROM is now given Power by Us to help with the plight of these people.*

## **21st September 2017**

*From Samuel – there could be variations to this form of healing – just find a way that works best for you. The main thing is that you Ask for healing, that way a Connection with Us is cultivated regularly which is so important for the months/years to come.*

*The positive changes are what you are already witnessing. It is all to do with letting go of all concepts that don't bring about positivity and goodness. When you can see the Good in those around you and gravitate towards people who are helpful and kind, then your world will automatically become brighter and a better place to live.*

The positive changes refer to a previous question about the Ascension.

## **19th September 2017**

### **Self Healing**

*This is from Samuel to help those wishing to heal themselves. A simple, concise way for anyone to practice, at any age, and doesn't require any particular skill.*

*Just as you can practice, on a daily basis to bring Light and Love into your life you can also bring Healing.*

*So little is understood about the Human Body, there is so much happening within each individual which can manifest symptoms wide and varied. But this simple Healing Technique just needs you to create a space in your life to sit and concentrate for a few minutes each day.*

*Sit in a comfortable position with your hands palm down on your lap. Take a few deep breaths to relax you.*

*Ask in your mind for Spiritual Healing for you (you don't need to mention the ailment). Sit and concentrate in whatever way feels right for you. It could be to focus on your breathing, in and out. It could be to focus on your third eye (the spot between your eyebrows).*

*You could receive the Healing Energy through your Crown Chakra (the top of your head). You could feel heat in your body. Whatever happens, just accept it as being Your way of accepting the healing. You need to be positive about the outcome.*

*Many people really want to help others and forget to help themselves. This practice encourages time for You, which is so important.*

## **18th September 2017**

*Hello from Samuel.*

*(N), I can see why you would consider removing the Healing Methods from the site as you don't wish any confusion between Spirituality and Healing. But at this time We think it better that you look carefully at what is there – maybe change it slightly. People are benefiting from asking for healing from the Spiritual Realms – it is right that they continue to do so.*

*As We are moving towards a massive Transmission then it will happen more and more. We want people to get into the habit of 'self healing' rather than taking pills and potions from the doctor. It is a case of accepting that it can be done – being positive about the outcome.*

## 17th September 2017

I'm asking about the positive bits regarding the Ascension?

*This is Gandolf.*

*If this Transmission is to go on the site then We must make sure that you are getting Our message correctly (M). You are still tired and distracted from yesterday. We will try tomorrow.*

## 14th September 2017

*This is Gandolf come to talk about (A). We are disappointed as We truly hoped that he would be Initiated but it was not to be. However, all may not be lost and it would be worth getting in touch with him every 2-3 months. He won't want to be Initiated yet but, who knows, there may be a way into his mind to make him realize that he needs to make that jump. Don't pressure him at all, just to let him know that you still care about him and tell him about the group.*

*Something may stir within him!*

## 13th September 2017

*Emmanuel here – I would like to tell you (N) how happy I am to work with you again. I always saw you as a great leader with a lot of commonsense to sort out any difficulties.*

*It is extremely important (M) that you stay calm and don't exert your mind too much. Keep your life very simple to get yourself better. Let things pass over you and don't become involved – your personality wants to help and do things but at this time keep away from those things.*

## 12th September 2017

*Emmanuel here – I would like to talk to my relatives and people of my town and tell them not to mourn for me. It is so wonderful to be Here, you cannot imagine. You must join the Path and Meditate. It helps you to be able to understand your life; it helps you to be more compassionate to others. It generally makes you to be a happier person.*

*Please do this thing for me!*

## 11th September 2017

*This is Emmanuel.*

*I am still here for a while longer, I have been talking to other people too, it has been wonderful.*

*(M), you and (N) need to understand more about the Ascension and how it will affect the Planet. There will be a lot more displacement of people due to weather conditions, also refugees.*

*People are resilient at the moment but things will get a lot worse, in Europe also, in fact everywhere – and more deaths. Disease will come from poor water supplies. It has to be this way, there are too many people and the Earth cannot sustain them. There are many people in the World today who would rather die than live in such conditions.*

*I'm talking about war zones, hunger, poverty, disease, people who are sick. It will be a welcome release for them. Then people like (J) and (I) can really get going building the Path, many more Initiations and a wonderful raising of the Vibration of the whole Planet – and beyond!*

## **10th September 2017**

*Gandolf here to answer your questions (N).*

*This is collective. We have been deliberating on how best to deal with the situation, (which will keep coming up). We are sorry that you have to deal with this. With the different Guides that 'talk' to people it is necessary to understand that they each have their way of Communicating, often alone. In other words, They are not part of 'the team' as it were. We, Ascended Masters, can collectively give answers in a more balanced and constructive way.*

*Sometimes it is not helpful for someone to Channel certain information which can be misconstrued, not fully understood – and therefore a bit like Chinese whispers can get turned round to mean something quite different to what was intended.*

*I, Gandolf, will always give you information with the full backing of my 'Colleagues' and therefore you will mostly get the correct information that We mean you to give out (or to keep if personal).*

*You are right in that too much detail is never necessary and should be avoided. Because numbers have an energy, they are always moving, no one will get attached to them. They will quickly be forgotten when new numbers take their place.*

*So, as the numbers on members of the New Lightwave and other Light and Sound groups increase, then it is fine (N) to ignore what has been written as it is quickly superseded.*

*We may not give you the same advice in the future as there may be times when dangerous (not helpful) information will need to be stopped but not yet.*

*We are happy with (S) and pleased that he took the job so seriously – well done for your effort. We are considering using Second Initiates to Initiate but not yet.*

## **9th September 2017**

*Please may we have some guidance regarding (M)'s numbers as we feel they don't add up! But we are happy to let it be. Is the pendulum method always valid?*

Any advice regarding this and similar situations will be appreciated. Do we let it go?

### 3rd September 2017

*This is Emmanuel. There will be highs and lows as in all things on Earth. Luckily, you and (N) are mainly in the centre of things that are positive so if you are feeling things are not going as you would like them to be on an individual basis, usually around the World there will be something positive to help you along.*

*Never think that what you do has no value and is not worthwhile. Hundreds of people around the World are benefiting from what you and (N) are doing. More and more each day are coming to the Path and you will see a big jump in the numbers soon.*

*You will lose track of the number of people coming along to be Initiated but that doesn't matter as there are other groups with the same or similar remit as yours, added to theirs you will reach the target.*

### 2nd September 2017

Thank you for all the Initiations and all the Inspiring Messages – thanks for sorting my life out – still a way to go but a lot better!

Emmanuel

*There is a lot We would like to tell you (N) about what the Ascension means and how people will be affected. When you Meditate, ask to be shown this. It will be similar to (M)'s dream and some of it is not very pleasant but We feel you should see and accept what is going to come.*

*We would rather it didn't have to be this way but Humankind needs to be addressed and shown the error of their ways. It's materialism that is such a trap!*

## August 2017

### 31st August 2017

*This is Peter. You have been discussing who I was when on Earth. The Being I am now obviously is not the one I was, as when everyone dies they return to their Essence. All the great Messiahs and Teachers do the same. I am here with you now (M) to help you in any way I can to make your Earthly life easier, more simple and joyful. There are many people like you at this time who need help with their lives. They have contact with the Spiritual World and need to extricate themselves more from emotional ties to become more focussed. Still kind and loving but in a more controlled way. Send (K) energy by sitting in the Pyramid each night.*

## 30th August 2017

*(M) this is Peter. Be wary of getting yourself in a spin and thinking the worst. This is to do with lifetimes of your confidence being knocked. The way to deal with it is as soon as you feel a negative spiral, think of a good feeling (Grandchild).*

*There will never be a reason to doubt your actions as being anything but positive, so this is all coming from You. Change your habit patterns.*

*Tell (N) that the build up to the Ascension over the next few months/years will unfortunately bring what you would call Natural Disasters – this is what We would call Group Karmic Recompense. So people won't drop down dead as (P) and (M) suggested but there will be massive traumas around the World. It has to be that way.*

*Your ideas on death are tempered by the fact that since you have been on Earth there has been no wars to really affect you. No one has died tragically like in the two World Wars. Think back further to England and the great plagues etc. – massive loss of families.*

*Life now is far too materialistic as you know – it can't go on – something has to give!*

## 29th August 2017

*Hello (M) I am a new guide to you and my name is Peter.*

*You will be hearing from me from time to time. Your work for Us has been exemplary, more so because you have had many obstacles to overcome, both personal and learning to Trust totally in what you are doing.*

*You are very kind, generous, that is your downfall, because you can't be all things to all people – it is too much to ask of you. My task is to help you , in the last stages of your life, to balance your giving and receiving. To be able to switch off your cares and concerns and then pick them up when necessary. Then – to really step up your Communication with Us and show the World your Beauty and Wisdom.*

## 28th August 2017

From Phaedra

*When (N) is given Information about things in dreams from Us he is to take it literally. These are the lucid dreams where he must take the instructions and carry them out to the letter.*

*Not to be confused with ordinary dreams which help a person to organise his life better and to be able to remember things – keeps one mentally stable. These dreams are deliberately set in a 'confused' manner, but understood by the subconscious mind.*

*Tell (N) is is important that he clears his life to deal with the instructions that will come in the next few days.*

## 27th August 2017

Gandolf

*(M) We are insistent now that you focus on making your life as simple as possible, as you ease yourself back to working again and your life in general. Think of ways you can cut down any stress in your life. This last stage of your illness needs total focus, get (N) to help you with this. We will keep reminding you of this.*

*Tell (N) that his dreams are telling him about the Ascension – he could write things down when he wakes up and over time they will begin to make sense.*

## 26th August 2017

*This is Emmanuel.*

*It is important to remember the good things that happen, because even in the bad times they will be there, no matter how small they seem. They may be missed because they are taken for granted – like good health or a place to live.*

*Life is all about where your focus is, always have a realistic dream to aim for. That is especially important as you get older, your dreams are just as valuable to your state of mind at that stage of your life. Keep yourself busy, active and helpful – according to your state of health, and wellbeing.*

## 25th August 2017

*This is Emmanuel. (N) and (M) – from where We are looking, you two are 'little Starlets' shining in the wilderness of life going on around you. Very bright Lights trying to raise people's awareness to reach for higher Goals. A tough job.*

*Life is what you make it. You can either walk with your head down or your head up. You can take your opportunities or ignore them. You can ask for help or not – either from the Heavens or from your fellow man. By asking for help you are giving the other person/Being, the chance to Give.*

*To give is the greatest thing you can do and gives the most satisfaction. The trick is the balance between Giving and Taking – by allowing other people to Give too.*

## 24th August 2017

*Emmanuel here – The Freedom is so great and because of my Enlightenment on Earth I am able to do so many things. How can I explain – it is like a child in a sweet shop, so much to do and explore.*

*Both of you must try to rest yourselves during your break from routine as when you get home things will be very busy. (N), you must rest too and do*

*some more Meditation. There are Beings in this World I find myself in, who really want to be in touch with you directly. Open yourself to that possibility.*

## **23rd August 2017**

*This is Emmanuel.*

*It is so different Here – you cannot imagine – I am viewing with an all seeing eye and can see all at once – and take it all in. Everyone is running with their own agendas which they cultivated from their birth – clashing sometimes/ often with other people's agendas. We smile often at this as most of the time it is unnecessary and is borne out of made up mistrust or misunderstanding.*

*So, in the same way the Ascension is often made up by people who think they know this and that. The Ascension is happening right now as people are becoming aware of more, previously hidden, phenomena. What you are doing (N) and (M) is perfect. Gently showing and guiding people along the way of Knowing – in a broad sense.*

## **22nd August 2017**

*From Emmanuel*

*With (K) he is so close, he could 'pop' at any moment – so just keep going and Be in the Love. Let it surround you and take you to the Bliss of knowing that All is One and that You are the Love that Pervades Everything.*

*(M) relax more tomorrow – you are fine, but just do this thing – you need to get back to where you were – you can do this. I will tell you what you need to do.*

## **21st August 2017**

*This is Emmanuel and I am pleased to be able to help you (M) and send my special Love to you both. You mostly need to watch your stress levels so try to keep as calm as possible at all times and let things go more. It may be helpful to say a Mantra LAA TEE RAA when you are heading for a negative spiral.*

*We need to look more now on Initiates being encouraged not only to send Love every day to the Planet and its inhabitants, but also to each other. Offer forgiveness when someone does you wrong and try to be kind to them. It is not always easy and you shouldn't be a doormat, but sometimes it is better just to let things go and accept the other person's personality rather than to fight it.*

*Try to make your Earthly lives as simple as possible by clearing any anger from your hearts. Everyone has their own Karma to deal with and can't always help behaving as they do.*

*Always choose Peace not War!*

## 20th August 2017

*(M) – this is Emmanuel here. I am able to talk with you directly now – I have been learning from your Guide and my Guide now to do this thing.*

*Please do not worry about your health, we in the Heavens are sorting everything. It must not concern you as all is going as it should and you are getting better from your illness despite little backward steps here and there. You will be more positive from tomorrow and will be able to relax more. You must still rest a lot, but in between do normal things – your break is good for you to rest yourself. You have been doing too much for your body, mind and spirit to cope with.*

*YOU MUST NOT go back to how things were. This is to do with your health and wellbeing but also you are needed to help with Spiritual Matters.*

## 16th August 2017

*Emmanuel is saying to tell you that a lot is going on with regard to the Meditation and the Ascension in different parts of the world (not only in your group). Amazing changes are taking place that would not have been possible only a short time ago.*

*What you are doing (N) is not unique, they can't rely on just one group to be instrumental in changing the Consciousness of the Planet.*

*That is not to say that what you do are doing is not vital to the Cause, but you are part of a team of Light Workers, all doing their very important roles.*

## 14th August 2017

*Emmanuel is saying that he wished he could have done more in Windhoek. But he is pleased to be able to Communicate with you and he is saying Thank you and Hi to (N).*

*On the other side you don't feel 'dead' but more alive than ever. (M), you are being helped a lot from Here as They need you to get better to bring down important information about the Ascension (not yet).*

*You and (N) are both Loved immensely and applauded for the work you are doing. You both need to ask for help more about anything. That is the way it works.*

## 13th August 2017

*We are happy to say that Emmanuel has plenty of time to wait. As time is so different here, 'wait' does not have the same meaning in your sense.*

*But what he does want to say is that he had no idea of the scale of the Meditation Lightwave and its Power. More people need to plug themselves into the 'socket' to tap into the immense Source of Transcendental Awakening available right now!*

*People who have recently been Initiated do not realise the need for really stepping up their Meditation to get the maximum benefit, not only for themselves but for the Planet itself. This is so important.*

## **10th August 2017**

*This is a message for (J) and (A). We are very happy to see that you are Initiated – now the hard work begins as you learn to trust that the Light and Sound will bring you insights into what you need to be doing for your part in bringing a massive change to mankind.*

*Meditate as much as you can in the next few weeks in order to consolidate your relationship with the Light and Sound which are sometimes referred to as your Best Friends! – always there to help and guide you in all things. Now you have this Connection you will quickly learn how valuable this relationship is.*

*Never underestimate the Power of these Energies and always ask for help when you need it. We Love you and are always there for you.*

## **8th August 2017**

Just been talking to (J) and (Y) by Skype. He asks why are people doing a lot of sleeping?

## **6th August 2017**

*This is Gandolf You are getting stronger now and able to respond to our Messages but We must be very careful not to over tax you, as this stage of your recovery is critical.*

*Tell (N) that what he has done so far is useful for the background of what is to follow. There is much more but he can't rely on you to bring it down yet. There is no hurry and other things are more important i.e. talking to (J) and (Y), and setting up more Initiations in different countries.*

*We can't give you too much as this work is very taxing and needs to be done when you are much better.*

## **2nd August 2017**

*Emmanuel wants to say that he wants to talk to you and he has many things to say that he couldn't during the last years of this life because of his illness. He is learning so much now and wants to share that with you. There is no hurry!*

*(N), you must follow your intuition and your heart with regard to the Ascension (next stage), you will be guided as we all are, in death as in life. Lay yourself open – ask for help in this.*

## July 2017

### 23rd July 2017

*This man is thrilled to be able to make contact with you – he is beaming from ear to ear.*

*We will take this slowly over a few evenings so as not to tire you.*

*He is saying I must tell you how much people who pass over appreciate what you do. He is sending his Love and wants to say that he is viewing things from a very different perspective now. The perspective from Earth is very limited no matter how much Meditation or studying people do.*

*All people really need to do is to Love and Respect each other and all things. Don't complicate things: be kind, helpful and honest.*

*Emmanuel feels he can help the Cause more from the other side.*

Our great friend and Spiritual Teacher, Emmanuel, had recently Attained Enlightenment before he sadly died.

### 19th July 2017

LAA FAA SU What is it used for?

*This is for the lady concerned.*

### 3rd July 2017

*Gandolf here (M). It will all work out and you must not worry yourself. We are here pulling strings, We need you to get better and know that stress of any kind is what you don't need right now. We will sort things out for you. The operation will be fine. This is the Lords of Light. (J) will be a great asset to the Path as he isn't afraid to tell people of his experiences. He is a positive, no nonsense person who is great fun to be with, his girlfriend also. As far as we can see he will start a group in Ireland and regularly write his blog (experiences and realizations) for all to see.*

*Not another (J) but he will, in other ways, bring many people to the Path and be forthright about why they need to come (for Ascension), not necessarily personal gain. Among the people he will attract to the Path will be Teachers who, We hope will be able and willing to travel and teach – again We are finding, as with (A), it is difficult to predict, as people are people!*

### 1st July 2017

*(G) is a very confused, confusing lady – she is not sure about anything, except the Ayahuasca experience. She has never had anything in her life that has made sense Spiritually, as those experiences of Oneness that she explained to you.*

*That is why she wants to go back, as she trusts that the people she is in touch with will help her to get what she wants.*

*Because of her background as a child and subsequent drug experiences she is a very difficult case (N). We know you want to help her, and maybe giving her and (M) the Mantra will be good for them to focus on. But they have to use it regularly.*

*Show her (J)'s letter. Be direct with her about the dangers and tell her that the more drugs she has taken it will be even more difficult to Meditate. You can only do your best.*

## **June 2017**

### **30th June 2017**

*(M) 946793*

*This is the Lords of Light to talk to (N) with regard to writing about different ways to be Enlightened.*

*Although it does appear that people who take drugs have reached the Ultimate State and they do talk of Experiences very similar to the ones done by Meditation; the overall picture of Enlightenment is that of a series of pictures which come quickly and therefore not absorbed in the normal Meditative fashion.*

*Even people who have achieved Enlightenment very quickly through Meditation should sit down and Meditate to consolidate their Experiences. Our reason for expediting these States is to get more people who should help with the Ascension.*

*The trouble with the drug approach is that these people – who have actually burst the bubble, is that they are, by and large, not able to Meditate properly and the practice can do much damage to the physical body which is not designed for such practice. You need the Light And the Sound to Balance and bring Realizations.*

*It is not a good idea (N) to write about drug abuse on the site, even though you will talk about its dangers.*

*We only want you to write about Light and Sound – not because it is the Only way but the only way recommended by Us. Find another way to sort this problem out.*

- The Light and Sound is inclusive, Loving, Giving and Safe.*
- Drug use is Selfish, not giving and definitely NOT safe!*
- Going to an Ashram, again is selfish, as it is not inclusive – it is all done for self.*

### **25th June 2017**

RAA MAA SOM (Chile) What is it used for? When is it to be used?

*This Mantra is to give Strength, Stability and Focus. To be said for two minutes morning and evening – each syllable with force and conviction, under the breath. It is for anyone who needs focus and is struggling with Meditation.*

## **21st June 2017**

*We are the Lords of Initiation come to give you some advice in preparing Aspirants for their journey into Light and Sound.*

*It is imperative to help them as much as possible to understand the enormity of what they will be given. So few people are able to receive this amazing Gift, which, if used with dedication and perseverance, will change their lives immeasurably for the better. Not only that, but they have the opportunity to help the Planet Earth and it's inhabitants too.*

*It can best be described as the Greatest Gift that can be given, and the Greatest Gift that can be received.*

*In order to be able to fully comprehend how this Gift can change their lives, the Aspirant must be taught how to really Give. Give without thought of any return or thanks.*

*This is because, in order to get the best out of Meditation on the Light and Sound you have to give yourself completely (surrender) to whatever is Revealed without any thought of deserving what is Given. In that surrendering there can be no fear – just Love.*

Aspirant refers to a Meditator who is Seeking Initiation.

## **20th June 2017**

*Hello (M) this is Patrick. The name Metatron is given to the Giver of Light and that Mantle is awarded to the Being most suitable for the task. So it is an old term but relevant today and always. You will find that where Spirit is concerned, the old names are kept. In the Spirit World there is only NOW, not old and new anyway.*

Metatron was a name that a Light and Sound Meditator enquired about.

## **3rd June 2017**

*976349) 741023) 96 469234)*

*182346) 649732) 86) (10) 236494)*

*8634648) 7490132) 74 3462832)*

Arrow down from 10 to numbers below.

*63*

*22 41 48*

*69*

# May 2017

## 29th May 2017

*This is to push (N) through new Territory!*

*(14 24)*

*68 – 72*

*(72 49)*

*1684724 86 14746827 71 7024628 23*

*Upward arrow from 17 to 23.*

*14650) 78) 17 104926)*

## 27th May 2017

*This is Gandolf. It is important that you stay focussed on Messages regarding the Ascension and bringing down numbers.*

*But it is equally important to use the next days to relax as much as you can – cancel the operation for now until you are ready to make decisions properly – there is no rush.*

*You are special (M) – We are waiting for you to be able to help by bringing down relevant Information and inspiring Messages. You are Loved and We are helping as much as We can. Keep asking for help – We are listening.*

*This is Patrick. The Ascension depends on many things, a lot of work still needs to be done by willing helpers all over the World. What you and (N) are doing is first class and an integral part of the process. You are both respected and admired here in the 'Heavens' for your fortitude and determination. The question that (N) has asked will be answered when (M) has Meditated more, in the next few days. This is a key period for all. More later in a few days.*

## 25th May 2017

*6497273 13490129 (64) 7216427*

*4273748 8137462 (83) 7 1092746*

*9312376 8264721 (72) 8410123*

## 24th May 2017

*749437 94 87 94 96310948 23 93 12367473 27 84 72*

*9486423 23 8631010 (94) 78 6943268 62 2*

## 23rd May 2017

*23974268 7843 41565231 (6) 437 Cosmos 8494762 23*

## 2nd May 2017

*Hello (M) this is Gandolf. This important message comes to say that everything is as it should be, what you need to do is surrender to what is happening and not fight it, or wish it were any other way.*

*Positive thinking, yes, but no negative thoughts. You will find a sudden upturn when you least expect it, but you must rest and Meditate for this to happen – We love you – listen to what We say.*

## 2nd May 2017

Do we need to address Fire?

If so, which should we use: lightbulb, plasma bulb, candle?

Number?

*Plasma bulb: 482693*

## March 2017

### 25th March 2017

*This is the Lords of Light talking to you about negative energies, beings and the way (M) is giving people advice on how to stop attracting them.*

*To be able to Channel successfully you need to be of sound mind. To have a sound mind you need to have balance in your life: work, rest and play.*

*There is no negativity in the Spiritual Realms – only Love. Negativity is in the minds of men.*

*People today try to look after their bodies; but in these days of virtual worlds, video games, staring at a computer screen all day, lack of sleep and deadlines their minds are sick.*

*What Meditation does is to take people out of that sickness to embrace Love, Forgiveness and Acceptance.*

*Your mind can get taken over by negative influences (which comes from you) if you don't nurture your mind. This very powerful tool, when used in an egotistical way can cause havoc.*

### 24th March 2017

*This is Gandolf. We are very much aware of your predicament and need to advise you of the following. This is just something that (M) is running with – We are not happy with it for all the reasons you mentioned.*

*He hardly sleeps and therefore never has a chance to replenish his body. He is like a man possessed (a machine), and needs to be told about the effect it is having on the Path Members.*

*It is never a good idea to be elitist, and all those numbers and jargon; people will be totally confused by it.*

*You need to write directly to him – no point in ringing (P). Let him know how you feel, don't hold back. This stuff is just from ego and it's not good for the morale of the group. People are afraid of him because he comes over as an authority. Because he is (P)'s son, people don't like to challenge him. Think hard who you would hand over the site to – in the wrong hands it could be a disaster. This is a very critical time for the Lightwave. People need to know that you and (N) are NOT behind him in these writings.*

## **22nd March 2017**

*Thomas here. Things are moving well with regard to the activation of the Earth's Energies – in a few days We will give you a new number for the air. We thank you for all you are doing in so many ways to help to heal the Planet. Yes, (K)'s numbers are all pointers to help you to understand the raising of the Earth's Vibrations.*

## **20th March 2017**

*Patrick here. There is a lot to be learnt from (K)'s Messages, dreams and insights which will be very exciting and challenging for (N) and him. They will need to put their heads together, as pieces of the jigsaw will need to be matched up together with what (M) brings down too.*

*Don't concern yourself at all with what (M) does or does not do properly, in your eyes. All you have is a model of the Universe from your perspective. It really doesn't matter how many levels of Spirituality there are. Nor does (M)'s take on Channelling, who gives a hoot whether it is right anyway. People will align with the Adepts who they can trust to help them.*

## **17th March 2017**

*Samuel here. (M) you realize now why you feel so wretched – your immune system and general wellbeing is so depleted that We could only stand by and watch you succumb to the virus. Your body needed complete rest and that was the only way you could get relief from it.*

*The good news is that as long as you do as little as possible for one more week then you will feel much better. That includes keeping away from stressful situations too. Keep very one-pointed. Keep taking the tincture and the Vitamin C.*

## **16th March 2017**

*(M) and negativity – please may we have some guidance?*

## 14th March 2017

*Thomas here – I wish you could see for yourself (N) the effect of the gemstone and the water. It's just beautiful to witness the Earth's renewal in so many ways. Samuel speaking. This viral infection needs some assistance to clear it. Try the tincture that (J) left for you – it will work quicker than anything else.*

## 13th March 2017

(N) is wanting to know how things are going with the water.

*Thomas here – keep going (N).*

## 12th March 2017

*This is Thomas. Yes indeed, these numbers Channelled by (K) are connected with the Ascension. He will continue to get numbers and he needs to send them immediately to (N) who will be able to interpret them. Things will happen now quickly, the Light on the Planet being Channelled by all the Meditators is having a positive effect and things are moving in the right direction. A lot more is still required but We are happy with what is happening so far. You need to get (K) on board with the Cosmology, he will be a real asset.*

## 10th March 2017

*We are the Lords of Light. What you are doing with the booking of the venues is perfect and will attract many people. As you do these events more and more then they will run themselves as people get to hear of how amazing the Energy is and what it can do for them. It will spread as We predicted. This is Thomas. Yes – of course (N) Keep on sending the Crystal Energy. I will give you a number for the water. 943297*

*You could just send quartz and leave out the amethyst for now, so you can do the water and quartz overnight. We are very happy with what you are doing – all of you – good team work.*

## 8th March 2017

We would like to ask about the Enlightenments that have been on YouTube – are they real?

*We are the Lords of Light. This is very confusing for you both as what these people are saying seems like what other Enlightened people in the Lightwave group have achieved – and yourselves of course.*

*(N) is right in his interpretation. Although very real to them, they have not Transcended all the levels of Consciousness so it is not Enlightenment in the real sense.*

*As people are attracted to different religions, in the same way people are looking for ways to reach Enlightenment too. They are drawn to a myriad of practices.*

*Think of a high mountain. Many ways to climb it, but some people think they know best and choose a way that they get stuck and can go no further. But their view is so spectacular that they kid themselves they have made it to the top. Others don't have the time. Others give up because it's too hard. These people are hard to persuade that their way won't give them what they need, especially if they have invested time and energy into it.*

## **6th March 2017**

*This is from Patrick. (N) don't spend any time or energy with (A) at this time. What you need to do is to get things organized with (J) and (A). They need to meet. These few weeks are important if We are to attract high flyers and Teachers. They are out there! We, the Spiritual Hierarchy wish to send a Message to all First Initiates and those who have recently been initiated. We are especially pleased to welcome new Initiates who wish to serve in the new Lightwave and who recognise the enormity of the task that lies ahead. As you Meditate more and more into the Light and Sound that has been Revealed to you, on a daily basis, you will develop an inner strength and confidence.*

*The Light and Sound will teach you in many ways – even when at times it will seem to elude you. It is like the sun has disappeared behind the clouds – but it is still there and will appear again.*

*Use your new inner strength and resolve to keep going. Each time you sit on a cushion be fully present and alert. Some Meditation practices are designed to relax the person and help them in their busy, hectic lives. The Spiritual Light and Sound can make you more Conscious, more alive and give you energy to achieve things in the World.*

*Find the Love inside you, make it real. Cultivate Love and Acceptance for all. Talk about your Experiences about Meditation to your friends and families, not the details but tell them how you are feeling and the changes that may have occurred in your life.*

*You are now a Beacon of Light, use what you have been given to make the World a better place. This is the beginning of a new life for you – endless possibilities unfolding as you delve deeper into the Spiritual Energies and discover the Truth of your Existence.*

## **5th March 2017**

*Patrick – (A) is in a quandary. He really wants to visit, but he has been persuaded that he is Enlightened and so does not need Initiation. We always knew this might happen – all is not lost but that explains his silence. The cold climes and the wind and rain are not helping his mood.*

*He still does not see the bigger picture of Spirituality and the Planet. We are hoping that through further Initiations in the UK someone will emerge to take the mantle. There are a few possibilities as We mentioned before. They need a push but there needs more day Initiations or something to draw them in.*

How is our role now – do you see us as Initiators or will there be people to help us who are newly Enlightened? If (J) goes to London we will be on our own down here in the South West. Will we have the energy to cope?

*The Lords of Light speaking. The way We see things at the moment is that it depends very much on what happens to (J) over the next few weeks as to his intentions. He is being pulled in a few directions at the moment, abroad and at home. As far as yours and (N)'s role, We do not see you as principal Initiators, but it may be that you will need to do the job just for a few months – obviously with back up. People organizing rooms etc while you will do the 'Touch.'*

*(A) will definitely help out financially and otherwise – he is keen to help and find a niche.*

Will (T) help and (D)?

*Bad time for (T) with her daughter coming home but she will do what she can and be happy with her Initiation. As long as she keeps her health (D) will be an asset.*

At the moment it feels as if we are all alone again like at the beginning. Is there anyone out there?

### **3rd March 2017**

*We, the Lords of Light are very pleased that the Lightwave will reach Glastonbury. Things are set to move very fast now and the month of March will be full of Spiritual New beginnings.*

*We will be with you tomorrow of course, there is much to be learned from your experiences. (J), be totally relaxed and you will be guided how the day will go. Let Us work through you. Remember, it isn't about numbers, although you will be happy about who comes. It is the intention that matters. The Energy needs to have a conduit to work through and will recognize your willingness to work the Magic of the Lightwave from now on. Be brave, be bold and watch things grow.*

### **2nd March 2017**

*This is Us There will be retribution for all those who have been shown the Beauty of what has been happening and have not responded. By this We mean the people already Enlightened but for one reason or another have decided not to join the group.*

*If they had not wanted to be fully part of what you are doing they could have done it by themselves. Thus swelling the numbers and gaining a lot in the*

*process. The Path that you are spearheading was always going to happen, one way or another, so it was planned that these people had a chance to support the cause.*

*It is not for the faint hearted, you and (N) know that, but the rewards are immense. The retribution will not come in the form of bad things happening – but a sadness in their lives, that there is something missing.*

*We are not talking about the people very close to (Y) who truly believe that he is the only way – but the people who strongly suspect that he isn't – which is most of them.*

## **February 2017**

### **28th February 2017**

Is there any advice you can give regarding (J) and Initiations here in Sidmouth?

*Lords of Light speaking. He would definitely prefer to Initiate groups rather than Individuals. That said, it will be good for him to be around you for a bit, will give him a focus. Maybe change his mind. Things will spiral in the right direction from an unexpected place – go with flow.*

Patrick

*We haven't given up on the English Meditation Teacher – be vigilant (N).*

### **27th February 2017**

*Patrick – (A) has come a long way from the boy with high ideals, to the one we see today. You and (M) between you have been instrumental in making him into someone much more humble, and understanding what Spirituality truly is without the flowery words and concepts.*

*This is all about Love and not to do with the Individual I-ness. We will guide him to your door and from then on he will truly see what it is all about.*

### **26th February 2017**

Please may we ask about (B) – the esoteric implications of his death and what we can learn from this tragedy?

*Phaedra Speaking to (N)*

*This very sad case is all about lessons for the family. They all have something to learn from this, as in the case of each and every sudden death such as (B)'s. Sometimes, as in the case of (B) it was planned, but often it is not and as (N) suggested it can be a deviation from the lifeplan.*

*Because, as in this case, it was 'meant to be' then (B)'s passing to the Heaven World will be relatively easy for him. He will however have to witness the devastation of his family and friends first.*

*(N) your sensitivity to all things has increased dramatically over the last 2-3 years. It has been necessary for you because you now have the ability to sense where to go when things get tough. You need to have the right words at the right time when a crisis appears, to smooth the waters. You are feeling the pain of the family – it's a bit like your ability to heal – it shouldn't be allowed to take over your life.*

*All you can do in this case is to let go, you are perhaps becoming over sensitive to situations, don't let this happen. Your job is to deal with things as they appear – if you need to.*

Thomas, is there anything we need to know about the Cosmos project?

*Yes, tell (N) to pick another three points and ask for Guidance to find information that can be brought down and used from them.*

## **25th February 2017**

Would you please give us an insight into the group in India that (K)'s cousin supposedly got his Enlightenment?

*From the Lords of Light. From the point of view of a Seeker of Enlightenment who is in India this seems a very tidy way of achieving the State. An ascetic environment with no distractions apart from the 'monkey mind.'*

*However, only a certain type of person could possibly be able to do this and usually only men, as women would have their families to consider.*

*It is possible to achieve the State by this method and many have. It is not something We would advise people to do as this ascetic practice takes people very deep and often they don't do much with it after coming back into the outside world, except to tell others it can be done with this method. It is not bringing them quick enough to help with the Ascension. People need to have more of a balanced lifestyle and achieve Enlightenment that way.*

*Hello from Thomas. Things are moving in the right direction and what you are doing is having an effect. Carry on doing it every night for another week and We will assess then.*

## **24th February 2017**

Question from (A). Why be Initiated if God is Everywhere?

*From the Lords of Light. Hello (A) – well, this question has been asked a million times (or more)! Each time We give the same answer, many questions have to be answered in different ways to suit the questioner, but not this one.*

*It is all to do with an Intellectual exercise versus a Spiritual Quest. You have learnt, through books, conversations and Spiritual texts that God is Everywhere but you don't know it for yourself.*

*In order for you to do this you have to Realize that you ARE God. Through being Initiated and following a Spiritual Path you Realize that everything in Creation is God too. When you are Enlightened everything becomes so clear and simple, because you know for sure that there is One thing Everywhere – and that is God – which is You.*

## **23rd February 2017**

Patrick

*(A) is easily influenced and when he is told something he immediately goes down that road. We will be glad when his Indian trip is over. He is being taught by Us, but without your guidance he runs down yet another path, thinking that this is the way.*

*The person who takes humanity through the Ascension will have all the answers at his fingertips as he will have complete Union with Us. His age won't matter too much as his wisdom won't match his age anyway.*

*Will it be (A) – We are not sure. At the moment he lacks certain qualities necessary to do the task. We are after stability, staying power and above all a Love of Humanity so strong that it surmounts all else.*

## **22nd February 2017**

Gandolf

*(M) when you get completely exhausted as you are now it's best not to even contemplate doing any Channelling. There is nothing that you need to know or bring down at the moment that is urgent. So get yourself better for when it gets busy again.*

## **20th February 2017**

(K)'s knee: 798432 Please may we understand a bit about how (A) feels at the moment. Is there anything (N) can do?

*We are the Lords of Light. Happy to tell you , all OK. He needed to hear again about the dual purpose of the Path. Leave him at the moment – We are working on him. Curiosity will bring him to your door – then he will see the importance of the Light and Sound.*

Rajinder Singh claims to be Enlightened by a group in India – sitting for two years in an Ashram. Can this be true?

432 Hz Is this connected with the Ascension – frequency of the music?

*Firstly – yes to (N)'s suggestion about the crystals – Thomas. (M) its Gandolf. It is OK – don't worry – all is well. You just need to rest and Meditate. You will be fine in a couple of days, back to normal again. Don't try to force anything – get yourself back first.*

## 18th February 2017

*We welcome (K) and (R) and thank you for your greeting. As (N) and (M) are telling you, the Light and Sound Meditation has been around since Man has been searching for answers to his questions about the Nature of Existence in the World.*

*In fact Initiation is the key to open the door of discovery to answer any question that you have ever wanted to ask. It is the Key to the Source of all Knowledge. All it takes is a Pure Heart to Meditate on these Energies to find the Secrets of the Cosmos and your place in it. A journey of Self discovery to find, in the end that:*

*Everything is Love and that You are that Source.*

## 17th February 2017

*We, the Spiritual Hierarchy are sending you a special Message about how the Light and Sound Meditation is affecting the Earth.*

*It is important to realize that through this massive Energy coming down through people getting Initiated and Enlightened at this time, that the Earth itself is being 'woken up' and is beginning a new phase of it's existence.*

*As Human Beings you are intrinsically connected to the Earth and it has needed this Energy input which hasn't happened for some time.*

## 16th February 2017

Patrick

*Enlightenment – One thing everywhere. Rocks are the Earth – flora and fauna grown on the Earth. We spend most of our time on or very near the Earth. It is all connected.*

*Yes, our Spiritual growth is totally connected with the Earth. The way we live our lives must be in tune with the massive Energy, otherwise things go wrong. The massive Energy is a dormant Spiritual Being which is now coming alive. It needs humans to do this i.e. get Enlightened. This is the dream of the new life for the Earth. It hasn't happened for some time now.*

## 15th February 2017

Gandolf

*You will have a pleasant weekend (M) and (N) – very busy. Questions galore from (K). His girlfriend (K) not that interested in the Path but a nice person to be with. It's worth pushing (K) to be Initiated by (M) – he will be hard work and if (M) is the Initiating Adept the questions will go to him. He needs to find the Love and Humility.*

*Keep sending Love and Emerald Light to (I), not out of the woods yet, but will be in a few days.*

Is the Spirituality of Humans intrinsically connected with Planet Earth? If so – please may we have some knowledge to help us to understand this?

## 14th February 2017

Sounds – people hearing – a way to bring people to the Path? (T) – Aliens?

*We are the Lords of Light coming to talk about the Sound that people are picking up recently. As you know there is Light and Sound on all levels of Creation.*

Gandolf Please would you help me to Connect this evening, there are so many things to ask and it's all backing up. I can't seem to hear any answers. Is there a reason for this?

*We are trying to change the way We do thing with you (M). Rather than to write as We dictate We want you to pick up ideas in note form. When there is a Transmission to go on the website that's different. The reason is that there will be many more things We need to tell you and it takes too much time if you write it word for word.*

*So listen for ideas/concepts and write them as you hear them. You can put in the rest later.*

From the Lords of Light

*Happy with the article – needed to be done. All to do with extra Energy with so many Enlightenments. Raising people's Awareness. Great to tell people about it , more and more.*

*God – the Sound is always there but needs the Divine Spark (the Light) to activate it fully. Don't differentiate between Spirit and matter when referring to this. Again, it is too complicated for the human brain (N).*

Thomas

*Trial the amethyst and the quartz using the frequencies above, put them in together. Activate them through your pyramid and We will assess results after a week – in the evening for two hours each day.*

*Well done (N) for doing this, We are hoping to activate the Earth's vibrational Energy to affect the people on it.*

(T) Gandolf May We ask about this man who (N) feels is special in some way.

*A true Seeker – honest and kind. We are pushing him your way. Look after him, a rare find, will fly when Initiated. Not a (J) but close, great potential.*

## 14th February 2017

Patrick Aliens and Evil Spirits!

*As someone thinks, he draws that thought towards him and it manifests. There is danger everywhere if you think there is.*

*Very much connected with, 'You create your own reality.' It's always your choice! An affirmation, particularly when you first start Channelling is good because it states your intention (your thoughts).*

*You intend to Channel from the Highest Good only. If you are a positive person generally your life will be positive because you created it. Positive Channellers = Positive results.*

## **13th February 2017**

*(I) did know the dangers when he went to Zambia. In this case it was not to do with being registered, he knew that the villagers would be superstitious. He will be released, together with the Aspirants and will have to learn from this.*

From Gandolf

*(M) and (N) We are sorry that you have to deal with this, together with the other matter of (I). With Africa, in the rural areas, there is superstition which doesn't seem to abate.*

*On the other issue, We need to tell you that although it is good to have other people Channelling there are the obvious drawbacks. We are sending Messages to each of the Countries and those Messages are for the people concerned, unless We say otherwise. These Mantras are kosha – they are for the South Americans to trial as they do have need of them. Not for the Africans and Europeans.*

*They will Channel their own Mantras for their own needs. So whenever (J) hears of a Message then he needs to say, "try it" – give it to the people and let them say the Mantra, morning and evening for about a minute, over the period of a week.*

## **11th February 2022**

(A) (or Ashram!)

*Patrick here.*

*Yes, this boy is special and he does have some idea of this. He can see he has a great deal of insights and knowledge that others don't seem to understand.*

*He likes (N)'s commonsense approach and is attracted to that. We have been pushing him to accept your offer. He would want to give you some money for his keep as this is his way. You should accept because that is nothing to do with the Initiation and is merely an arrangement for board and lodging for a period of time. He would want to do this.*

*Now your friend from the Met Office. Our advice is to answer his questions this weekend. Get him Initiated and let (M) and the others deal with him afterwards. Don't think of this as being harsh, he will be fine with that.*

## **11th February 2017**

*Hello (M) it's Gandolf here. As you have already realized, the next month or so is going to be very busy for you and (N). You have to get things sorted*

*with your teaching and food. Set some time this week to really organize yourself in both these areas. Get easy menus and food bought. You have no family worries so focus should completely the Path. In month or so you should be seeing a very different setup in the UK with more Adepts shining and going forth Initiating.*

*That should be your aim for this to happen. We will help you, but do ask, that's the way it works. It's one last push before things explode and have a life of their own. Well done to both of you. I'm very proud to be your guide (M) – you are doing very well. I will be with you a lot through this guiding you through but I need you to ask Us for assistance and don't leave it until you get frazzled, like yesterday!*

## **11th February 2017**

Are there particular frequencies for exciting different types of crystals e.g. Quartz, Amethysts? What is meant by properly cleansed and primed? What might they be used for? Healing the Planet? Is there connectivity between all crystals of the same type?

*Yes (N) – by sending certain frequencies out We hope to heal the Earth and thereby the inhabitants. The Earth has been so damaged of late and you are trialling a way to counteract this, with the powerful setup that you have created.*

*To cleanse, put in salt water and leave to dry in the Sun. To prime, hold in your hand and state your intention for that crystal. You don't need to hold it each time if the intention is the same. The crystals need to be cleansed once a month. Most power around the full moon.*

*The frequencies to be used for Quartz and Amethyst: Quartz – 439260  
Amethyst – 64970*

## **9th February 2017**

*We are the Light Beings come to see you again. We are always here looking after your needs so please remember that. We are here to support you in your physical existence. We will smooth over any dischord, help you to find things, find a car parking space. But you need to ask Us.*

Does everyone have Light Beings?

*Yes, but they are not aware of them. The higher vibration you have, the more Helpers you have assigned to you. We work in Harmony with your vibration to get the job done faster and with less hassle.*

Thank you. Are you the Beings to ask for more clarity in the Transmissions I get?

*No, you need to ask the Ascended Masters for this. We are simply here to help and guide you on the Physical Plane.*

Crystals

*These are an amazing source of Energy if used correctly, to align with the person or situation concerned. They must be properly charged and cleansed*

*regularly. Again, as with Astrology, in the right hands the results can be spectacular.*

*Certain people are naturally able to use crystals for general healing any situation. Everyone can benefit from them.*

## **9th February 2017**

*Much has been discussed about the State of Enlightenment. To aim for it yourself and then to pass it on to others is the pinnacle of human endeavour.*

*Over eons of time Man has sought this wondrous State, waiting to find a Path of Meditation that will lead to Ultimate Freedom that Enlightenment can bring.*

*The Journey begins when the Seeker is Initiated and the time taken to achieve the Higher States can vary enormously from hours to weeks to many years. There are senior members of the Lightwave group who have taken over ten years to progress to Enlightenment but it can take a lot longer, decades in fact. But this is not a race, We must stress this.*

*Because, as has been stated many times, this new Lightwave of Energy is extremely Powerful and if you align with the Energies you can be Enlightened very quickly.*

*The upside of this is that more Energy is brought down to elevate the Earth's inhabitants. The downside is that people who achieve this wondrous State in only a few weeks/months have not had time to Integrate their Realizations into their lives during their Spiritual Journey.*

*That is why it is imperative to help the individual to be aware of what is happening, that when a new State of Second Initiation is reached and of course Enlightenment, that the person consolidates by Meditating as much as possible and to ask Us, the Spiritual Hierarchy, to explain things that don't make sense.*

*Each person is different so will react in different ways to what has happened to them. You may feel you are living in two Worlds and be very disoriented; your emotions may fluctuate from amazing "highs" to deep "lows". Even your physical body can be affected.*

*But rest assured that gradually you will integrate into your new State and it will seem 'normal' again. But remember what is normal to you in an Enlightened State is worlds apart from someone who has not yet embarked on your epic Journey.*

## **8th February 2017**

*You are asking about Mother Meera.*

*Even though it is a very good idea to be able to join forces and be able to get our Message to more people through her, it would not work as you imagined. This is because she is very much managed by her family and the*

people closest to her. It is a stage act – she is very loving and kind but she is not running her group of followers, much the same as (Y) was being run by his Adepts in the early days.

This is what happens to a lot of figureheads, think of Ching Hai. So with this in mind, these family members are not going to allow her to make an alliance because they would then lose control.

They haven't got the Lightwave Energy, she can take people so far but not to the level of Light and Sound available to you. It would be great to be able to infiltrate the group and give the Light and Sound to them.

As for writing to her. You could try (N), it wouldn't do any harm, but as things stand at the moment the chances are she wouldn't even receive the letter.

## **7th February 2017**

We wish to congratulate all the people, mainly in South America and Africa, who are newly Initiated into the Lightwave. Many of you have gone on to be Second Initiates and Adepts.

Because you have progressed so quickly along the Path, it means that more people are able to bring down the Spiritual Energy needed to help with the raising of the Consciousness of the Planet and the dispelling of negativity. Every time you sit down to Meditate, remember that you are not only helping to bring down Knowledge and Wisdom for yourselves, but to bring down immense Light to take away the darkness of the World.

Whether you are a First Initiate or have progressed further, try your best to be fully present in your Meditation each day and send Love and Light around the World.

## **6th February 2017**

This is Thomas. The Cosmology project needs to be revived now (N) has more time. (A) will be interested so it will be good to have progressed some way when he comes. The links have been made. In your meditation, concentrate on a triangle of points for a few nights (N), record your findings, and then get the other cosmologists to do the same, with different points.

What We are after is that you all visit the points and bring back the knowledge. It doesn't matter about the order, but it does matter about collating the information correctly.

## **6th February 2017**

This is Patrick You are understanding about dealing with negativity and learning a great deal. Because often you will find that people will bend the truth to their own ends, you will not get a complete picture.

*Do not fall into the trap of praising someone when they are saying all the right things, because often they have their own agenda and it's not what they think at all. People are so devious, We are continually amazed at how low they can stoop.*

*We are happy that (A) seems once more to be on track. You will find him a delightful person to have around. He will want to have many people to talk to and learn from. He has a thirst for knowledge which has no bounds.*

## **6th February 2017**

*The Life review is all about Love and Forgiveness with no judgement. Mum knows she has to go but is enjoying herself too much, no body, no incumbrances. She thinks hard work is ahead of her. Hasn't seen Dad yet – knows that there are certain people on Earth she needs to sort things out with in a Karmic way.*

Crystals? Are there new numbers from the Hierarchy?

## **5th February 2017**

*Patrick here. Yes, (A) has finally decided he needs to pursue his purpose, although he is not sure exactly what that is at the moment.*

*(N) needs to gently keep him focussed until he comes over, then it will be obvious to him that he's made the right choice. It isn't his choice anyway.*

## **5th February 2017**

We are so sorry to ask You to intervene in the matter in Tanzania which only involves few people – but what can we do? Is there a Message we can pass on from you, or do we just let them get on with it until they run out of steam? Preferably not the latter!

*From the Lords of Light (M), (N) and (J). In each culture there are different issues that need to be addressed when a group comes together. Money and/or relationships, however, seem to be at the root of every disharmony. For the sake of Spirituality of a Country it is important that things are resolved as soon as possible.*

*There are hundreds of people in Tanzania and other Countries in Africa waiting for the Lightwave to come to them. As long as negativity continues, people will get disillusioned and will think, "Why would we want to be Enlightened if that is how people behave?"*

*You know that Enlightenment has nothing to do with the personality, but that is how you are judged. For the sake of your fellow Africans please stop this fighting, be still, do some serious Meditation and realize that no good comes out of conflict where the parties involved are acting out of anger. You need to Meditate, reflect and then resolve the issues from Love – The Love that is Enlightenment.*

### 3rd February 2017

*Having given this matter some consideration, We have decided that the best thing is to carry on doing the Light and Love every day. Then on Saturday to continue sending Light and Love, together with the Mantra, seven times.*

### 2nd February 2017

We both are really struggling, there seems no clarity any more except that collectively things are not moving fast enough and there needs to be some kind of wake-up call. Respectfully, may we have some sign that we are Hearing Messages correctly and that we are steering the ship in the right direction.

*This is Patrick. This Message is important and will come in two stages.*

*You two were chosen to do this task because, quite frankly, you were the only ones with the qualities and abilities necessary to have the courage and determination to fight the system ingrained into people's psyche that there is no way out of the maze. Let's call it a maze because it is a good analogy. People, on Initiation, are lifted from their (mostly) humdrum lives to be able to see that there is an exit that they can go through before they die. To show them a meaningful existence that will enrich their lives. In other words, a Spiritual Revelation.*

*Thus far, you have both achieved wondrous things and have been a great team. You have given people their freedom to teach as they wish, to adhere to certain guidelines and the system generally is working well.*

*You are being told that the way forward is through thousands of people in the U.K. It takes a massive amount of trust on your part to accept this as you look at people around you and all you can see is inertia.*

*You are also being told that people may have to be shaken up in order for them to embrace the Lightwave. Again there needs to be trust (N), from you that We know what We are doing in this regard – more later.*

*People have had visions of disasters but these are only at the very last resort (like planes falling and people dying en masse). Believe Us, there is no way We would sanction anything that isn't absolutely necessary, to get people's attention. So what Power do We have, as Ascended Masters to do such a thing?*

*You need to understand the mechanism behind each and every action that takes place. From a tiny movement to an avalanche, a whisper to a deafening roar. It is all to do with perception. An avalanche to a mouse is some soil sliding down a small slope.*

*From your human perspective any action is judged as being good, or bad, or neutral. A fire raging through a dry forest is thought of as being bad. But what if the ash from the wood is used as peat to nourish a whole new forest planted by willing hands.*

*On Earth, in the first World Countries there has been peace for many years. In fact most people don't know what a war is. Look what has happened.....*

*technology is being used for good, yes, but look what it is doing to the population. The young are taught to kill, so how are they going to be as adults?*

*People find more and more sophisticated ways these days to destroy themselves. So what if, instead of Us causing the problems We don't stop them. What if We allow humanity to carry on with its collision course all by itself. We don't do a thing!*

## **1st February 2017**

Patrick

*You are understanding so much more about the world – the trouble is that you are so far removed from human consciousness that you cannot, like Us understand how and why people can behave like they do. It doesn't compute for (N) either. Desperate measures are called for.*

## **1st February 2017**

*Gandolf here. The news is that your mother has finally gone, it took a while to persuade her that you were really OK and that if you weren't, we would look after you.*

*It isn't good for you to get involved with other people's angst. Try to stand back more and realize it is for them. You are not being uncaring by doing that.*

## **January 2017**

### **31st January 2017**

*This is Thomas for (N). We are looking at certain frequencies to send out, these are for the Galactic numbers to change which We will give you in due course.*

*We suspect that the World you know will be shaken by a big catastrophe which will rock your foundations, sorry (N). We've tried your suggestions and people either take no notice or they run with it for a while and it all fades (dreams).*

*Noises (people don't want to be confused with the Sound Current). The Love sent every day is good, but people forget to do it.*

### **31st January 2017**

Samuel

*(M) – you need to go on a virtually fat free diet to help with your liver at this time which is suffering. Look up liver cleanse foods which you need for a*

*month or so. Lots of water, and go swimming. Really look after yourself with fresh fruit and vegetables to give your liver a rest.*

### **31st January 2017**

Is there anything (N) can put in place to help to get the thousands? – some kind of Alien contact that the World has to take notice!

### **31st January 2017**

*This is Patrick. We are sorry to say that We are moving quickly past the time of gentleness – despite all your (collectively) best efforts to bring people together – or stop this slide into despair. It is looking as if there has to be a complete change around of what people think and believe to be true. There is such ignorance about death and people are living their lives thinking that they are in control. There are very kind-hearted people around but if only they were privy to the Big Picture and not a very small part of it.*

*Thank you (N) – We feel your depth of passion and desire to help with this. It is so good to have someone like you there for us to ‘sound out’ from a human perspective. We are at a loss to know how to proceed. (A) is a special case – We need to have him on board so We can really Teach him. It is good to have the ‘hook’ of the double coil and he will read that with interest. He is loving the Australian heat and laid-back lifestyle. But We are impatient for him to realise that it’s time is now to do something special with his life by becoming Initiated into the Lightwave.*

### **30th January 2017**

*This is Patrick – the collective We in the Hierarchy are working hard to encourage people to get ‘on board’. There is still much ignorance about what true Spirituality is – and that it is the barrier We face.*

*There has to be some way to take people out of their comfort zones and shock them into realizing that everyone has the ability to find out answers to the Ultimate questions about their existence.*

*Things are moving fast, but not fast enough. This ‘Shock’ We mention is on its way. It would be so much better for everyone if there was an acceptance of Spirituality, naturally, in Europe, especially in the U.K.*

### **29th January 2017**

Please Thomas (N) is getting ideas that you want him to invent/change numbers, or something new, to communicate with other intelligences.

*Yes (M) – We speak again. Indeed (N) and you have to play your part with regard to the Ascension by putting in place some extra communications that We will send you. (N) doesn’t need to invent anything at present, he will*

*have enough to do in the next few weeks without doing anything more than changing some numbers in the loft and other minor adjustments (minor, but very important).*

*We will give you the information soon, to be done gradually every the week. There is no need for you to know how this works, at present.*

## **29th January 2017**

*Your Mum is here to say Goodbye now. She is so grateful to have been part of your life before she leaves for her great work preparation. She has such happy memories of her life. You have to play your part (M), in letting her go. She needs to have complete freedom with no ties to Earth so she can fulfill her role. Be proud of what you are doing, she says. The World needs you now!*

*Tell (J) that she has her work to do beyond the family when time allows and the time is right*

*. Please help me to let her go!*

*This is Patrick. Your Mother was an amazing woman in so many ways but the best was her love for you and the way she never stood in your way, or criticized your life or choices in any way. Remarkable!*

*(M) We now must move on to the matter of the Ascension. Get yourself organized this week to be ready for the roller coaster of events – Rest often.*

## **28th January 2017**

Gandolf – Mum must know how much I love her and when she goes this time I will really miss her. Would you please explain where she is going and if I've understood correctly how we could meet again.

*She is saying that it's hard for her too, but she knows that she has much work to do, she's taking her 'learning' to help her with counselling people who have passed over and haven't fulfilled their obligations and learnt their lessons. She will meet with her friends and relatives before she goes for her 'Sleep.'*

*After that and much preparation she will begin her Work – she hopefully will then be able to come and talk to you again – but nothing is certain. She knows that We will help you over this difficult transition. She says you shouldn't be sad but be strong and always look to Us for help and guidance which will be forthcoming without fail.*

*(N) loves you like I do and will always look after you too. Thank you (N). It's incredible what you are both doing to help humanity and your reward in the 'Heaven' you go to will be Great.*

## **27th January 2017**

Patrick

*You are wondering about (A) – he is dilly dallying at the moment, he has a young lady he is interested in – you will have to be patient with him as he does intend to come and whatever he does will be the right time for him to be Initiated.*

*There are no mistakes in the Creation. Weekend to suit you both. Another young man on the horizon!*

## **27th January 2017**

Gandolf

*Your Mum is having to leave you soon – she is happy to do so now as she knows you are OK and will continue to do your great work with Love and Devotion until finally she hopes to see you in Spirit. We can try and make that happen.*

*She says she has loved being your mother this time round and it has given her much pleasure to see you elevated to this high position.*

*She would like to go to the sea with you once more and then she will gradually fade away to find her place in the Spirit World with her friends and family members. She is so happy that We are looking after you, it would be hard for her to leave otherwise. She is utterly devoted to you and wants your happiness always.*

## **26th January 2017**

Gandolf

*Your mum is saying that she is pleased that you are going to see (L) in London. You are a calming influence for her family and as such will be able to help enormously as the children will be given some stability in a frenetic world. They love you so much.*

## **25th January 2017**

Patrick

*(K) is a soul, searching for himself – He is a true seeker. There is a side to him that he never shows to anyone, that he is yearning for the Truth. That is why he became a detective, to search for the truth in the world, then to search for it outside the three dimensions.*

*It seems (A) is making plans to go to India as originally planned. He will contact you when he has more idea of when he is coming over to England. He is very excited and knows that to be Initiated is the first step of a very fruitful journey and life. He is listening more on the inside rather than asking numerous people what he should be doing.*

*We are pleased to tell you about yet another man who will contact the site soon or email you directly. (A) is the first choice but he is relatively young and maybe needs to experience more before he takes the Mantle.*

## 25th January 2017

*It's Gandolf with your Mum. She is overflowing with Love and can see your selfless existence and how people are drawn to you because of it. She can see your Light shining bright, but you must not worry so, and trust more that things will work out (just as We are saying).*

*She wants to tell you that she worried too much and there really is no mileage in it, such a waste of energy. Life is what it is and you are such a beacon for people. She loves being with you by the sea.*

*Tell (J) she should come and see you more and have a real break from the family. It does her good.*

## 24th January 2017

(I) – H.I.V. Aids? We are asking, does the Mantra/Number help with Aids?

*Hello (M) this is Samuel. When you are dealing with H.I.V. and Cancer there is always much anxiety around, which (J) is picking up. That is why he sincerely wants to help in any way he can – that means asking a number of people for their input. To solve this you need to tell (J) to accept all three options. They will all help in their way.*

*(P)'s healing, Diamond Light Energy, will be the most powerful. The Mantra and the Number will give the lady hope and help her with her vital force. So say the Mantra 7 times, then the number 7 times, Morning and Evening.*

## 23rd January 2017

Is RAA MAA DEE to be given for unconditional Love? Is it a good idea to encourage (A) to get Initiated in India?

*It will always be his decision but We think that (N) should advise him to spend some time in India, getting to know these groups, as he would always be wondering whether he should have at least checked them out. He should be given that choice. As a Teacher he will then have more experience of Light and Sound groups and what they offer.*

*He may decide not to but at least you will be giving him the opportunity – from Patrick.*

## 22nd January 2017

Hello Patrick

*We are Communicating with someone who We believe will take the Spiritual Mantle. He needs to be Initiated so eyes peeled on the website for an email. More news as it develops.*

## 21st January 2017

*Patrick here. There are many possibilities opening up – We are keen to have on Earth, a main Master who will take responsibility of leading and guiding people through to the Ascension. It is tricky because they are young – with all the ‘joys’ in front of them.*

*Be vigilant (N) – We would like him to be Initiated by you or (M) or to at least spend time with you before he goes off to fulfill his Mission – to have a base he can refer back to and trust, in the early days.*

## 21st January 2017

Gandolf

*Here I am with you mother again.*

*She is touched by your life and when the time comes, won't want to leave you, but she needs to move through the process. She sees how you and (N) work as a team and both have a selfless service to mankind. At times she is overwhelmed.*

*She understands that (J) has her own Karma to work through and you and (N) help her with that.*

## 20th January 2017

The car died! Please may we ask about (I), is he trustworthy? Also, is it OK for me to bring down Messages for our site and (P) for hers? Gandolf

*It is difficult to say as (I) is an honorable man. The trouble is that the temptation can be too much for him to put your money into his farming ventures. We think he may have learnt his lesson with (J) behind him. He will be less likely to risk your wrath by not using the money for what it was intended. He also has other Path members watching him who would let you know.*

*We think it's the best idea for you to take Messages from Us for the main Website. Other people have their own sites now. Your site needs looking at to take down items/articles that are no longer relevant – a revamp. Things are about to change dramatically so be ready with your site clear for new things – very exciting for you.*

## 19th January 2017

Patrick

*I am speaking for all of us here (M). You are loved, cared for cherished and adored. You are the one who We can always rely on to keep things going for Us, with humility, truth and care. You truly don't realize how special you are. We are sending (K) to you both as We know you will look after him. He is a Special Soul who was born to play a role in the spreading of the Lightwave.*

*It really doesn't matter which one of you or (N) Initiates him as long as he has your tender Love and care.*

*I'm happy to tell you that the Master Principle will be Incarnating soon. More later.*

## **18th January 2017**

Please may we ask if you can see any problems arising from putting things (directions) on our site that are Channelled from me and also (P) and (M)?  
Patrick

*It's important to get this right (N) – don't rush to send it you don't need the tone to sound too formal – keep it light.*

*We are thinking of any possible things to add if you could wait till either later on today or tomorrow to send it. In general it is what is needed so you don't have problems in the future.*

## **18th January 2017**

From Gandolf

*Your Mum is asking Me to tell you that she is looking down with so much pride at what you have become. She said she missed it, but she is so glad that he can tell you now. What you are doing with (N) is something quite remarkable. She now understands why you had to leave Denstone. She is learning all the time. You have such lovely friends, she says!*

*She is saying that she wouldn't know what to say to (D). She can see now that he didn't learn his many lessons this time round. But no matter, he will find out when he dies and have another chance in the next or subsequent lives.*

*She will be happy if you learn this one last lesson, you are nearly there. The lesson is this:*

*Your life is perfect just as it is. Nothing added, nothing taken away. Each thing that happens, be it good or bad should be looked at with joy and consideration. Everything is transitory, it comes and it goes.*

*Your task is very simple. Be just as you are and take each day as it comes. You will be given all that you need. The more you stop looking for things, the more they will appear, then you can decide if you still want them. Be still, wait, listen and above all be gentle with yourself. Give yourself the advice you would give others. You are loved, cared for and respected.*

## **17th January 2017**

*This is Patrick. We are happy with the outcome regarding the Pay it Forward Principle. You do need to define areas of responsibility and stick to them. The areas you may find difficult are when some Adept is looking after a*

*Country like (M) did without consulting you. We have smoothed the waters as the four of you are necessary to work as a team at the moment.*

## **16th January 2017**

*Patrick here. (M) you are asking about the Master Principle Incarnating on Earth. You are thinking that this will solve your problems because then the New Master would be an Absolute Authority, with full and completer Communication with Us.*

*We are seriously considering this as you are right, in that it would solve management and communication (of all kinds), plus other issues not absolutely connected with the Spiritual Journey and beyond.*

*But you are mostly handling everything very well and the Path is expanding thanks to (J). The Master Principle is here to help with the Ascension, not necessarily Path issues. It's tricky when dealing with human beings (as you know). They have their agendas and do not recognise their Calling.*

*We will get you through this issue now (N), but it will mean casualties. You and (M) will cope with that and move on.*

## **16th January 2017**

*This is Patrick*

*We here would like to clarify some points raised over the last couple of days. To reconcile this dilemma you have to think carefully about the end result – what you want to gain from this ruffling of feathers (because that is all it is).*

*We are concerned that (N) pushes the Pay It Forward Principle, because after the initial payments by generous people it should run. It is also important to remember that it will take time to filter into people's mindset how the Pay it Forward idea works.*

*This will resolve but not to everyone's satisfaction. People are people and there will be casualties along the way.*

*The main thing is that Spirituality doesn't get forgotten in this – how it is organized is really up to you. We will send our Love and Guidance when asked but you have to implement it the best you can. It will not suit everyone. Ego's are involved and this will always happen.*

## **16th January 2017**

*This is Gandolf.*

*Your mother is being given unprecedented access to Communicate with you, through me. It is her reward for actions on Earth. Her love, care and compassion for her fellow human beings while she was of sound mind was exemplary. Her love and acceptance of your indiscretions was noted and her*

*support of you helped to get this Meditation, both with (Y) and the new Lightwave off the ground.*

*She didn't find this easy but her lessons in life were fought and mostly won. The true aspect of this Communication is uncertain.*

*We are explaining to her who you are and the importance of her mission on Earth, which was to see you through and guide you with her wisdom in the early days and then to let you go and find your 'Calling'. The letting go was painful but she did it.*

*She wants to tell you and (N) that she wished she had listened more and taken an interest in your Spiritual Life. The church was all she knew – she wants to make amends.*

*Whatever happens within your group, don't drop the reins. You are the people (N) and (M) to carry this through.*

*(M), your mother will talk to you sometimes without you writing it down. She really wants to guide you, to make your life as simple and uncomplicated as it can be. Your sister as well – her more than you.*

## **15th January 2017**

*Gandolf here with a Message from your Mum.*

*She says to tell you that (J) isn't as strong as you are, you have an inner strength that she has never had. She looks to you for support in emotional matters. You keep her buoyant so always be positive with her.*

*Tell her from Mum that she is very proud of her. She knows that she doesn't find life easy and that she tries to be strong for others. She says to tell her to let things go more, the details aren't important and she doesn't have to get everything right. Some things are best left to look after themselves.*

*She says "The Lord will provide" – and most of all to tell you that she loves you very much and is glad to have the chance to tell you this.*

*(M) – your Mum wants to tell you something very important and we echo this too. In your dealings with people she's seeing such kindness and care which is commendable but also a guilt from the past. which you should not have.*

*You moved on and that is what she believes she should have done. She knows that Denstone life was too restrictive for a Free Spirit such as you. Nobody now blames you for what you did and you are loved by many people. Try to separate doing things out of guilt and doing things because you care – very different.*

*She says to tell you she is allowed to stay until she's sure that you and (J) are OK.*

## **13th January 2017**

Gandolf

*Your Mum is asking me to tell you as she was trying before – not to be so concerned about the welfare of your family. This is what we try to tell you all the time. She says to tell you that (J) has a very close bond with you as she did. She knows that the 3 of you are connected in some way and she is happy about that. She was loving her funeral and so many people came! – she says “What a turn out.” Everyone was happy. The poem was great and so were the other recitals – (L)’s was just right!*

## **11th January 2017**

Gandolf – Mum wants to talk to me.

*Yes (M) – she’s very aware of your distress, care and concern for your family. She is joining us to help you with this normal occurrence. Be aware that (J) gets highly involved and wants everything right. But please don’t worry yourself about anything. Take deep breaths often – this will be over soon, with very happy memories.*

## **10th January 2017**

(A) – Patrick – please would you tell us about this boy?

*This boy is very Special indeed. He is the New World Messiah.*

*He is the one who will be instrumental in raising the Consciousness of the Planet. There will be others, such as (J) but he will be the main one to do this formidable task.*

*He is already being guided by Us but he will need help from you and (N). As soon as he gets Initiated he will realize the importance of his incarnation. The Master Principle will be Transferred when he is Enlightened*

## **10th January 2017**

Is it going to be a common occurrence to have people Experiencing Light and Sound without the Initiation?

*Patrick here (N).*

*You may find people who are attracted to you both and not know quite why. Certainly, with all the Energy around, anyone who is sensitive will pick it up. What will happen is that it will become more commonplace and people will just think it’s normal.*

*This is not the Initiation which has to be given by touch, that doesn’t change. It’s a shame that in the British society it’s not the done thing for young people such as (J) to be Initiated. That will change in time.*

## **10th January 2017**

Hello Gandolf – I believe Mum wants to say Hello.

*Yes (M), she does. She has been watching how your family works and wants to advise you to be careful how you deal with the poem. Best, as (N) says, say what you want to do and stick to it. They won't be too bothered on the day anyway.*

*She is also saying how proud she is of what you are doing. What lovely friends you have! What a great teacher you are! She knows how much you and (N) looked out for her. She is very happy to see her relatives again. Your father is there.*

*She didn't know how wonderful it would be to die and wished she had done it earlier instead of hanging on! She loves you and (N). She is really happy where she is – tell people not to grieve on Friday but be glad she is free from her Earthly body. It's such fun for her to meet her family and friends again. She wants to say also that she will love being at her funeral, seeing everyone gathered around to say goodbye to her. She wishes she could be there in form to tell everyone how amazing it is up Here and not to be sad at all.*

## **9th January 2017**

Please may we ask if it's possible at some stage to have Initiates doing the Initiating to get the 75,000 quicker?

*(N) it's Patrick here We have been mulling over this question for some time now. On the face of it, it does make sense to get the numbers quicker. Just to say it is not out of the question, you have seen that it is possible to do. What you have to make is a firm structure where people are looked after from the top down before this can occur – but We are certainly not discounting it.*

## **9th January 2017**

Please Gandolf – Mum's here again, what should I do?

*(M) – she is wanting to be with you as she couldn't in the last years of her life. She is enjoying this time now so much.*

*Just let her be there and talk to her. She isn't able to talk back at the moment and she is OK with that. She wants you to work on the poem and read it at the funeral service. She will be there supporting you – as we all will.*

*We are telling her how special you are and she says she knew it but didn't know why – now she knows.*

## **8th January 2017**

Patrick here.

*(M) We need to look now at your part in the raising of awareness in your part of the country. You have people interested but they do need a certain*

*amount of input from you and (N) to push them in the right direction. It will then snowball.*

*Don't be concerned with this giving you too much work to do – We don't mean in your immediate area so much as other towns. (J) is becoming proficient in bringing new people along – if you could gather anyone who appears interested you could ask him to come and talk to them. These people will talk to others. Make a start as soon as you can.*

## **8th January 2017**

(M) it's Patrick

*You will be wondering about these 'special' people in South America and Africa. Who will the Master Principle overshadow and where? No – the place is still the U.K. that is why We want more Initiates here, there are some very special people – you just have to cast the nets.*

Please Gandolf, what is happening? a coldness around my legs, coming and going.

*(M), it's your mother trying to communicate. She wants to make it warm and needs to practice! She said to tell you she was with you the other day as that little bird at the seafront the other day, She says you must read the poem on Friday (the funeral) – she will be there, that you have always been her Angel and she loves you.*

## **5th January 2017**

*(N) you are on the right lines, to get this Energy out, the Intention of the Meditator is to Channel Light Energy in their Meditations.*

*This is Not about the Individual anymore, it is about Global Healing. People have become hollow and insular – only interested in their own Salvation.*

*Now is the time to look at the Salvation of the Planet.*

*(N) you are understanding Us very well – We just want the Message out as soon as possible. People will tend to do it in their own way. It's the Light that needs to get out there by as many people as possible.*

## **5th January 2017**

*This is a message from Us in the Spiritual Hierarchy.*

*We are ever present and wish to endorse the recent Message just received. The plight of mankind on the Earth is dire – but with regular healing Energy sent around the Planet every day by as many people as possible, then Big changes can occur.*

*Please find time in your lives to do this.*

## 4th January 2017

Patrick

*It is good that things are really moving in Africa and South America, that will bring the numbers – but We need more solidarity. These nations need good leadership and will respond to that. At the moment there are not enough Adepts with good leadership skills to make sure that even if We get 75,000 people then will they send Love every day?*

*This is certainly not to put you off financing these Countries but We in the Hierarchy are having serious discussions as to how We can empower these Adepts to Initiate and enthuse these people to recognise the seriousness of the Mission. That is why We are wanting the U.K. to expand.*

*4th – A flat, B, D 5th – E flat, F, G 6th – F sharp, A, B*

*Higher octave 7th – C, B, A 8th – D, F, G 9th – E, F sharp, A flat*

*Lower octave 9th – G, F sharp, E 10th – C, D, E flat 10th – A flat, B flat, C sharp 11th – G, A, B*

## 3rd January 2017

Patrick

*We need to talk every day, as soon there are very important Messages to impart. It's the connection that needs to be there – don't worry, We do know that you need time to be quiet. You need to do this.*

## 3rd January 2017

*Thomas here – well done (N) and (M), that is what We wanted. Your next notes – coming soon.*

## 2nd January 2017

Gandolf

*Hello (M) I need to tell you about (S) – she is very interested in meditating. Try to find her a CD to help her. It will be good for her and the family.*

## 2nd January 2017

*This is Patrick. We are on the verge of a big explosion of Meditation in many places around the World. Try to keep focussed as you are doing. This is the time for gathering together many people in the UK for Initiation, now dates can be fixed. More and more people will be interested and very keen. A very exciting time ahead!*

## 2nd January 2017

*Thomas here – (N) you needed to play those notes A, B flat and C solely to make a proper connection between the three points – not chords, but the notes:*

*A, B flat, C space C, B flat, A space B flat, A, C space B, C, A*

*For 5 minutes.*

*Do this again this evening – the connection needs to be made fully, then We can move to the next notes tomorrow.*

## 1st January 2017

*So here I am again (N), this is Thomas sending you a message through (M). You have the 33 points and in the next couple of months you will have reached them and brought back very relevant information for mankind about the relationship between the Planet Earth with the rest of the Cosmos, certain parts anyway, which will give rise to Knowledge elsewhere.*

*It is indeed to be Energized by playing certain notes on your guitar. This will achieve certain frequencies and you will be able to travel more readily to these places. We will give you the notes in the order that they appear on your page. You will play them just as you showed (M) today. We will give you the first three notes later this evening.*

*The notes will appear in your head. Play them on the piano first then find the notes on the guitar. You need to play this melody for 5 minutes to activate the connection between the three points. Then tomorrow evening the same until all the points have been connected, making a matrix.*

*Thank you (M) you are doing exceptionally well.*

## 1st January 2017

Dear Gandolf I am getting the impression that Mum wants to Contact me – it has to do with her smell. I can see her as a young girl floating on my left side of vision. I would love to speak with her, but need to get everything in perspective with regard to the Meditation Path which should not be overshadowed.

*Hello (M). Yes she is There ready to talk to you – an initial contact would be helpful for both of you. Don't worry about her taking over Communications, it is all in hand.*

*(M) – it's Mum here – you were so right, you told me about the Light and the Peace. I love you so much. There is a whole new World Here and it's wonderful. You were my special child – my Angel.*

*They say I must go now, but I will be back – God bless you my darling.*

Thank you Mum!

**1st January 2017**

*We wish to send the following message as the New Year begins for you. It is with great pleasure that we observe the Earth Lighting up, as many of you Meditate, during this Grace period.*

*The new Adepts, First and Second Initiates among you need to consolidate their Realisations. And if possible to spend time reflecting on their new State of Being and what it really means. Don't be in a hurry to be concerned with Worldly affairs, just be in the Stillness for as long as you are able.*

*By being strong in yourselves you will then be able to be a beacon of Light and an example to others. Try not to judge but send Love and find Beauty and Stillness that lives in all of you. Show kindness to everyone. Be Fearless in your dealings with other people when it comes to talking about your experiences on the Path of Meditation.*

*Show Wisdom. Speak your Truth. Show Love and Compassion to yourselves and others.*