



Traverse House

December 2025 Newsletter

Social Recreation



The Clubhouse has recreational and social programs during evenings and on weekends. Holidays are celebrated on the actual day they are observed.



Director's Corner



Traverse House Accreditation 2025!

In December, we had the pleasure of hosting the Clubhouse International Accreditation team which included Chrissy from Pittsburg, Pennsylvania and Maureen from Fort Wayne, Indiana.

Their visit lasted 3 days and our Clubhouse colleagues did a great job of welcoming them into our space, engaging them in our work-ordered day, and showing the team all about our employment, education, housing, social, and wellness programs.

At the end of their visit, they provided us with a report outlining all of our notable strengths especially highlighting the warm relationships between members, the autonomy that colleagues demonstrated in choosing where they want to work and ownership over tasks.

We were also provided guidance on 3 recommendations including; diversifying our transitional employment program as we continue to build new community partnerships, allowing all those with mental illness to have access to the Clubhouse regardless of insurance, and allowing all former members to return to the Clubhouse regardless of insurance. We will be working with our auspice agency to return to open doors and make our Clubhouse compliant with all of our standards!!

Christmas Baskets



Each year during the holidays, members decided on a gift to present to each active member. This year, members decided on themed gift baskets. Members chose from five different basket themes and everyone pitched in to help plan, shop for, and put together baskets for members.



Community Awareness

Employment Readiness



Pictured above: members and staff participating in one of our weekly employment meetings

Employment is one of the main pillars of the Clubhouse model. Every week we have an Employment Readiness meeting where members can make action plans and steps toward their individual employment goals.

Members also participate in a monthly employment meeting where they help brainstorm and take action on our employment programs as a whole, including find new community employers to work with.

Giving Back



Pictured left: Jim, Breana, Jayna & Carrie braving the cold to volunteer for Salvation army as bell ringers

Our members love to show their gratitude by giving back to our community on many ways



Pictured right: Jayna and Breana volunteering with Hoops pet pantry

In Memoriam



Patricia Rockburn

July 1st, 1943 – November 7th, 2025

Michael Sarber
November 3rd, 1971– November 27th, 2025



Employment



What does having employment mean to you? **Security**

How has Clubhouse helped you reach your employment goals? **They help motivate me and give me the drive to do it.**

What advice would you give other members wanting to start their employment journey? **That we can do it!**

What does having employment mean to you? **A feeling of purpose to my days and financial assistance.**

How has Clubhouse helped you reach your employment goals? **By offering the TE position it is a supportive way to enter back into the workforce.**



What advice would you give other members wanting to start their employment journey? **Don't be afraid to check into how working with affect your benefits. A TE or SE is a great way to enter back into the workforce.**

Culinary

Christmas Cookies

As part of our educational scholarships, members were able to take a royal icing cookie decorating class. Members were then able to bring their new skills back to club and share techniques to help decorate cookies for our community partners.



November Statistics 2025

Number of times the Pantry was utilized: 220

Number of Meals Served: 401

Upcoming Activities

January Social Recreation

January 1st: **CLOSED**

January 2nd: Clubhouse **OPEN 10:00-2:00pm**

January 8th Laundry

January 10th Sleigh Ride 1 pm to 3 pm

January 13th Surfaces 3:30 pm to 5:30 pm

January 15th Laundry and Walmart

January 24th Self-care/w Bingo 10 am to 2 pm

January 30th 3:30 pm to 5:30 pm

Committee Meetings

January 5th: Rotary Born to Read @ 8:30-10:30am

January 6th: Newsletter @10:30am

January 7th: Purchasing @8:30am

January 8th: Food Coalition @ 9 am

January 8th: Website @ 2:00pm

January 12th: Wellness @ 2:00pm

January 24th: Community Awareness @ 10:30am

January 20th: Education @ 11:00am

January 27th: Employment @2:00pm

Member Statistics:

Active Members: 71

Average Daily attendance: 29

Employment Statistics:

Number of Members Employed: **23**

Phone: 231.922.2060

Email: trahse06@yahoo.com

Facebook: Traverse House Clubhouse

Web: www.traversehouse.org

CMH Crisis Line: 800-422-7315 or

833-295-0616 or 911

Suicide Talk Line: 800-SUICIDE or

800-273 TALK or 988