Traverse House Clubhouse "Members provide mentorship for new members and working together makes us

stronger."

Traverse City Summer 2019

Mission Statement: The Traverse House Clubhouse is a community for people working with mental health issues. The Traverse House works to enable every member to reach their full potential as a respected productive member of society.

Walk-a-mile

By Jeff N

Traverse House attended the Walk a Mile in my Shoes event at the State Capitol lawn on Thursday, May 9th, 2019. We had great weather. Going down it looked like it was going to be cold and rainy, but as we arrived the temperature rose along with the humidity. The sun began burning a trail through the clouds which in turn made the day perfect. One by one, each county in the Michigan was given time to hold their banner, and the opportunity to speak on behalf of those who could not speak, by giving a small statement.





Happy Cherry Festival



Stepping up

There are different opportunities in the work ordered day all week but occasionally there is something unique that needs to be accomplished. Special thanks to Brian S. for putting together the clubhouses' new bar-b-que grill. We used the grill for Memorial Day & during Cherry Festival.





While we had great weather, we used the grill to feed all the members and staff who helped with our weeklong National Cherry Festival Fundraiser.



2019 Transitional Employment

The Transitional Employment Program (TEP) at Traverse House provides the opportunity for all members to be introduced or reintroduced to work in the community. Traverse House will secure job placements at local businesses. These TE's are time limited from six to nine months and are typically 12-20 hour positions. Members are paid the prevailing wage or at least minimum wage. Members return to work, build a resume and get supported work experience. Members have the opportunity to try various TE's to ready themselves for supported or independent employment.

Presently Traverse House has nine TEP positions. To date members have made over \$14,000.

Here is what one member has to say about her TEP position.

" I like being a Parking Lot Attendant for these reasons. First of all it helps me feel like I am a productive member of society. Also I like being able to help CMH Clients and Staff find parking in their own parking lot. Another reason is I enjoy working with my coworkers and Leslie and Jake, who oversee the Parking Lot. Finally it is my second year working in the Parking Lot, so I feel more confident in my ability to do the job." Kathy P



Cherry Festival Fundraiser

We collected \$11, 501.00 a fund raiser from parking lot spots & water sales. Many volunteers of members, and staff made this effort truly unique, special thank you to all...











Comprehensive Training

By Erin

I just returned from a comprehensive training at Genesis Clubhouse. Leslie and I spent two weeks in the diverse and beautiful city of Worcester, MA, where we learned about how to interact with the larger clubhouse community. We learned new ways

of handling old situations and have returned with inspiring ideas and clubhouse knowledge and experience to help us implement them. We spent a Saturday in Boston where we walked along the Freedom Trail with its history, cobblestone alleyways and old trees and charming red brick buildings. Overall, it was an enlightening experience which I hope all our



members will eventually benefit from.



Accreditation

As a leading mental health resource for Grand traverse and Leelanau communities, Traverse House is proud to be accredited by Clubhouse International. According to their website, an Accredited Clubhouse is recognized by Clubhouse International as one which operates with a "high level of compliance with the International Standards for Clubhouse Programs."

Traverse House Clubhouse

105 Hall St., Ste. B

Traverse City, MI 49684



Phone 231 922-2060 <u>trahse06@yahoo.com</u> Facebook– Traverse House Clubhouse

New!!! http://www.traversehouse.org Website coming soon!!!

Director's Corner-International exposure promotion of Traverse House Club.

Traverse House Clubhouse has participated as a member of the Michigan Clubhouse Coalition Training Committee for about 2 years. This means that Traverse House is among the leaders in planning conferences and events, providing educational webinars, and also training newly hired Clubhouse staff from around the state. This year, we hosted 7 newly hired Clubhouse staff in May and presented on our employment program. We were able to demonstrate the strengths of our program including; our partnership with the Hagerty Banquet Center and the wonderful relationship we have with our auspice agency for Transitional Employment Placements. In July, Traverse House presented via webinar on our education program and the supports we provide for members furthering their education. We will be travelling to Norway in September for the International Clubhouse Conference, and will be one of the only Clubhouses in Michigan to attend and represent our state. There are so many opportunities for members to participate in training events and travel to conferences!