

TRAVERSE HOUSE CLUBHOUSE

Traverse City Weekly Newsletter #52

"Members provide mentorship for new members and working together makes us stronger"



Spring

My birthday is in the spring. I like the warm weather, being outdoors and going places." --Claudia T.

Spring flowers like irises, daffodils, tulips, hyacinth, purple lilacs." --Connie L.

"I like to get out more in the Spring." -Sue T

"I like to see the crocuses and daffodils, and the trees getting leaf buds." --Dannie S.

"I like warm wet weather in the spring." -Lisa W

"I like Spring because my Mom comes home. Also I love when the flowers bloom and when the weather gets warmer." --Kathy P



Kathy P's. Flowers



Lunch Deliveries

Clubhouse is delivering lunches as well as pantry boxes to members who are interested.

**Lunches are \$1.50.
Pantry boxes are free.**



Makaila and her new puppy Blue



Directors Corner

The Clubhouse is really gaining momentum! Many days we have been at full capacity and we are making our best efforts to maintain a safe and productive work environment. Our goal is to ensure that Clubhouse is able to stay open, even through the COVID-19 spikes in our state. There are some upcoming opportunities for participation in training. The first will be on April 29th, where Traverse House will provide information on a robust and meaningful work ordered day to newly hired Clubhouse staff in the state of Michigan. The second, we are looking into options to use our training grant through DHHS for a one-week track training. This will provide the opportunity for one staff and one member to attend this training virtually from our Clubhouse space. Please contact the Clubhouse to speak with Hannah if you are interested in either of these opportunities!! Hannah

April Birthdays

13th Erin D.
16th James R.
19th Tyler M.
23th Andrew K.
24th Cynthia O.



Jokes By Eric B.

One strawberry said to the other strawberry, get me out of this jam.



Quote from Connie L.

"Only those who attempt the absurd will achieve the impossible. I think it's in my basement...let me go upstairs and check." - M C

Creative Corner



Daily Remote Unit Meeting

Mon.-Fri. at 9:30am & 1 pm

Conference Call number:

1-312-626-6799

Meeting ID: 739 167 9722# #

*Same number for Bingo, cooking and Jeopardy.

Zoom meeting number:

Meeting ID: 739 167 9722

Contact Us:

231-922-2060

email: trahse06@yahoo.com

Facebook: Advocat Travrse Hch

Web: www.traversehouse.org

CMH Crisis Line:

1-833-295-0616 or 1-800-422-7315 or 911

Suicide Talk Line: 1-800-SUICIDE or

1-800-273-TALK+

**New
Number!**

~Celebration Pasta Salad~ by Dannie S.

- 1 package Spiral Pasta Noodles
- 1 Head of Broccoli Crowns or Florets
- 1 package of Mini-Pepperoni
- 1 Jar Sliced Kalamata Olives
- 1 package of Sun-Dried Tomatoes
- 1 package of Pine nuts (optional due to allergies, If you prefer try Almond slivers- no skin or glazed walnuts with-
out Italian dressing.)
- 1 Bottle Italian or Balsamic Salad Dressing
- 1 package of Cubed Cheese Pepper Jack, or Colby, or Extra Sharp Cheese
- 1 package of Feta Cheese Crumbles
- Add diced Colored Bell Peppers and/or onion
- Parmesan cheese: Sprinkle to Taste
- Pepper to Taste (Optional)

You may omit anything from this Ingredients list..

1st Cook Pasta as directed on package drain the water off the Pasta, set aside to cool, you may throw in Broccoli together cook them at same time remove before over cooking the florets/crowns.

Put all ingredients together into cooled pasta with dressing except **cheeses** and **Feta Crumbles** add toward the end before serving otherwise they will melt together.

Asian Theme Variation

A small can drained Mandarin oranges to go with Asian Dressing with crunchy La choy Asian Noodles, might try Grilled chicken and/ or Dried Cranberries...slivered almonds, omit Sun-dried Tomatoes.

~House Policy~

1st. Our capacity & membership with staff ratio is 7:3. We will be at 10 total people in club. Each member is offered possibility of a maximum of 3 days. Alternate spots available to attending members. You must sign-up a week in advance to allow adequate notice or call reception to be placed on schedule. The rise in Covid-19 cases has led our House Policy to reach a decision with consensus.

2nd. Although we can not hold Social Recreation in person to places like the Pit spitter's Baseball Game and/or movies yet. We are trying to include a Monday & Friday Coffee hour @ 8:30 a.m. On Zoom is the next best thing. We are open to suggestions to Trivial pursuit, Riddles, or charades any other options. Jeopardy at 3 p.m. On Thursday's., Bingo has petered out so we have decided to take a break until further notice.

3rd. Cherry Festival between week of July 3rd - 10th, 2021. If a few events are canceled like Air show, Beer tent, Music stage etc., will we still be participating with the celebration? Yes, we still wish to move forward with its operations. Running the parking lot, & selling water on weekends for the whole day. During this week 4:30 p.m. until 7:30 or 8 p.m. at night. Volunteers will be needed to working the Parking lot. Each volunteer will be able to receive meals for help raising funds. Mostly what we have to purchase are the Tie-dyed shirts and hats out of our operating budget and maybe signage. More information forthcoming in the coming weeks.

