Medical Travel Worksheet

2025

Name _____ S.I.N. _____

Date of Trip	Destination	# of Meals	Meal Rate	Total Meal	Roundtrip Mileage	Rate	Total Mileage	Hotel	Reason for Trip	Patient(s)
			$23			0.545				
			$23			0.545				
			$23			0.545				
			$23			0.545				
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			$23			0.545				
			$23			0.545				
			$23			0.545				
			$23			0.545				
			$23			0.545				
	SUBTOTAL									

Summary:

Meals	
Mileage	
Hotel	
Total	

* You must travel at least 40 kilometres away (round trip 80 kms) to claim the trip as a medical expense.
* As well, you must travel at least 80 kilometres (round trip 160 kms) to claim a meal as a medical expense.

Note: The number of meals claimed should reflect the meals eaten while traveling and during the time of the medical procedure. For example, an orthodontic trip to Grande Prairie from Peace River would be a one day trip. Therefore, you would claim one meal for the patient and their guardian or driver. For a medical trip to Edmonton from Peace River, you would spend more time in Edmonton than the actual medical procedure takes to do shopping or visiting. You would then only claim meals for the one day it takes to drive to Edmonton, the day of the procedure, and the day to drive home.