

## Peer Pressure to Use Drugs or Alcohol

Scenario: At a party, a friend hands your child a drink or pill, saying, “It’s no big deal—it’ll help you relax. Plus, everyone else is doing it.”

Remember this is to create a safe and open environment for your youth to talk to you.

- • Choice A: Politely decline and stay at the party, keeping an eye on your drink to stay safe.
- • Choice B: Pretend to take it but secretly toss it away to avoid confrontation.
- • Choice C: Accept it because they trust their friend and don’t want to seem uncool

Discussion: Talk about the risks of taking substances and why even pretending could send mixed signals or lead to further pressure. Emphasize that it’s okay to walk away entirely if they feel unsafe.

## Being Approached by a Stranger Online

**Scenario:**Someone on Snapchat or Roblox messages your child, compliments them, and asks to video chat or meet up, claiming to be their age.

Remember this is to create a safe and open environment for your youth to talk to you.

**Choice A:** Agree to chat but avoid sharing personal information to see if they seem trustworthy.

- **Choice B:** Block the person and tell a trusted adult.
- **Choice C:** Continue chatting and ask them more questions to figure out who they are.

**Discussion:** Highlight how easy it is for predators to pretend to be someone else and why involving an adult is crucial. Discuss the importance of gut instincts and boundaries online.

## Risk of Trafficking Through Promises of Money or Gifts

**Scenario:** Someone your child meets online offers them money, gaming credits, or expensive gifts, asking for their address or photos in return.

Remember this is to create a safe and open environment for your youth to talk to you.

- **Choice A:** Accept the gift and give a fake address or email to avoid risk.
- **Choice B:** Decline the offer and block the person.
- **Choice C:** Tell the person they'll think about it and ask their friends for advice.

**Discussion:** Explain how traffickers use gifts to build trust and exploit youth. Discuss why even small compromises (like giving a fake address) can still put them at risk.

## Peer Pressure to Bully Another Student

Scenario: A group of friends dares your child to join them in teasing another student, saying, "It's just for fun—they'll get over it."

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A: Refuse to participate and leave the group, even if it means being teased.
- Choice B: Laugh along with the group but avoid saying anything directly to the student.
- Choice C: Join in but apologize to the student later.

Discussion: Talk about how bullying impacts others and why standing up (or walking away) shows true courage. Discuss why even silent participation can contribute to harm.

## Witnessing a Friend in Danger

**Scenario:** Your child notices their friend skipping school and spending time with an older person who gives them gifts and makes them promise not to tell anyone.

Remember this is to create a safe and open environment for your youth to talk to you.

- **Choice A:** Respect their friend's privacy but keep an eye on the situation.
- **Choice B:** Share their concerns with a trusted adult, even if their friend gets upset.
- **Choice C:** Ask the friend questions to find out more about the older person.

**Discussion:** Explain why it's critical to involve a trusted adult, even if their friend feels betrayed. Talk about the importance of balancing loyalty with safety.

## Dangers of Secret Relationships with Adults

Scenario: Your child develops a close relationship with an adult who seems kind and supportive but asks them to keep the relationship secret.

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A: Keep the relationship secret but stay cautious.
- Choice B: Ask the adult why they want to keep it a secret.
- Choice C: Tell a parent or trusted adult about the relationship.

Discussion: Discuss why secrecy in relationships can be a red flag and how trusted adults can help protect them without judgment.

## Risks of Participating in Illegal Activities

Scenario: A friend suggests your child shoplift from a store, saying, "It's easy, and no one will even notice."

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A: Say no but agree to stay and keep watch while the friend does it.
- Choice B: Refuse to participate and leave the situation.
- Choice C: Go along with it this one time to avoid conflict.

Discussion: Talk about the consequences of both direct and indirect participation in illegal activities. Emphasize that walking away entirely is always a safer choice.

## Online Challenges Encouraging Risky Behavior

Scenario: A trending  
online challenge dares  
participants to take  
dangerous stunts for likes  
and shares.

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A: Watch others do the challenge but don't participate.
- Choice B: Talk to friends about how dangerous it is and suggest alternatives.
- Choice C: Try the challenge but keep it as safe as possible.

Discussion: Explore how social media can create pressure to participate and why stepping back from dangerous trends shows strength and independence.



## Receiving Threats After Sharing Personal Information

**Scenario:** Your child shares a photo online, and someone threatens to post it publicly unless they send more.

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A:** Send another photo to keep the person quiet.
- **Choice B:** Ignore the threat and hope it goes away.
  - **Choice C:** Tell a trusted adult and block the person.

**Discussion:** Reinforce that they won't be blamed for what happened and that involving an adult is the best way to stop the cycle of threats.

## Being Lured into Risky Activities for Money

Scenario: Someone approaches your child with an offer to make quick money by delivering packages, saying, "It's easy, and you'll get paid well."

Remember this is to create a safe and open environment for your youth to talk to you.

- Choice A: Ask more questions about the job to see if it's safe.
- Choice B: Accept the offer because they need the money.
- Choice C: Decline and tell a trusted adult about the offer.

Discussion: Explain how traffickers often disguise risky or illegal jobs as harmless opportunities and why reporting suspicious offers is essential.

By discussing these scenarios openly and honestly, parents can help their children think critically, identify risks, and build the confidence to make safer choices. Encourage your child to share their thoughts, ask questions, and reflect on what they would do in real life. Empowering youth starts with creating a safe, judgment-free space for these critical conversations.