



North Dakota Association for Play Therapy Newsletter

December 2024

President Message:

Greetings to all who strive to provide services to our children, youth and families! As we continue through the holiday seasons, it is important to remember how challenging this time of year can be for families! While the holidays for many are filled with happy memories, traditions and new experiences, it is also a hard time of year for those experiencing loss or who are less fortunate.

The ND APT board and members have been hard at work planning for upcoming trainings and social events to help facilitate our growing community of play therapists and providers supporting healthy growth and development of children and families. I hope you have had some time to participate in some of those events!

One of our goals for this next year is to increase our members for ND APT! We are currently holding steady at 33 members and in order to maintain our branch status, we need to increase our membership to 40 members! Many of the advantages of membership include ongoing support for play therapy services, access to discounted and free training, and resources including research supporting the significant benefits of play. Our annual conference would not be made possible without our members! Please remember that certification for an RPT and membership with NDAPT are two separate processes! You do not have to be certified in order to become a member! If you have considered membership in the past and have just not taken that next step yet, please consider becoming a member!

I wish everyone a season of peace and joy and I look forward to seeing many of you at upcoming events!



Andrea Walker, MSW, LCSW, RPT-S

ND ANNUAL PLAY
THERAPY
CONFERENCE

JUNE
18-20
2025

Clubhouse Hotel &
Suites
Fargo, ND

SAVE
THE
DATE

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NDAPT Play Therapy Webinar Training

Supporting Play Parents through a Polyvagal Lens

Presenter: Melissa Wetterlund, MA, LP, LMFT, RPT-S

Registration link at: <http://PlaytherapyND.com>



One of the hardest parts of working with children is knowing how to empower parents to be a supplement to the therapeutic process. Research shows that it is essential to get parent buy in and support in order to create the change we know is possible for their children. In order to fully understand, it is essential that parents be educated on how their children's nervous systems function in a way that explains their behavior and increases compassion for what is often seen as acting out. This training will use the polyvagal theory to equip you to educate parents about what is underneath their actions and needs. It will address:

- 1) The most common states of nervous system dysregulation and skills that we can use to help children regulate through each state
- 2) How these states of dysregulation show up in multiple different environments including home, school, and social interactions
- 3) Why children's bodies often go into these states of dysregulation and how to intervene when we see it coming

To receive APT credit you must attend the entire session with your camera on.

6 CE Hours APT (only available to those with a Mental Health degree)

6 CEU's preapproved for Social Work and Counseling

Where: Zoom link will be provided upon registration

Cost: \$180.00 APT Members

\$210.00 Non-APT Members

This workshop meets APT's definition of Live Webinar, and participants will 12 CEs following the completion of an online exam. APT approved provider 21-635

Counseling and Social Work Credits are also Pre-approved.

For questions contact: Carol Schneweis at nda4pt@gmail.com, or 701-739-5480



2025 ANNUAL ND PLAY THERAPY CONFERENCE

JUNE 18-20, 2025

**DAY 1 & 2:
BRIDGES IN THE SAND: SAND
TRAY PLAY THERAPY**



**DAY 3:
ETHICS WITHIN PLAY
THERAPY**

**CLUBHOUSE HOTEL & SUITES
FARGO, ND**



**Mental Health Professionals
Applying the Therapeutic Power of Play!**

Congratulations to
Jennifer Kizima
on becoming a new RPT
in North Dakota!



Hopscotch Play is an online resource with diverse games, activities and more for school-based practitioners. Enrich your sessions today with a free 30-day trial!

- Games: Therapeutic and educational games that engage and teach.
- PDFs: Easy-to-use worksheets for continued progress outside of sessions.
- Stories: Therapeutic and social stories to help children process emotions.
- And More: New activities added weekly to keep students engaged and to provide you with a wide variety of content.

Are You Interested in Learning More About Play Therapy?

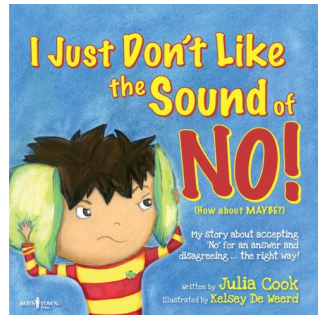
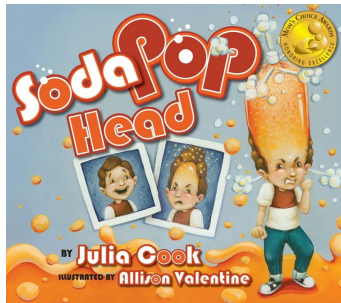


Free Consultations to learn more about becoming a Registered Play Therapist and help to navigate if this is the best route for you!!

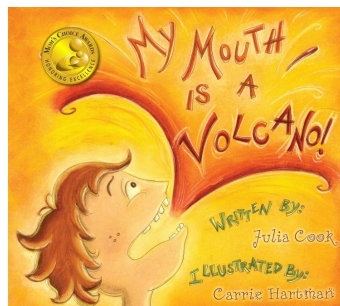
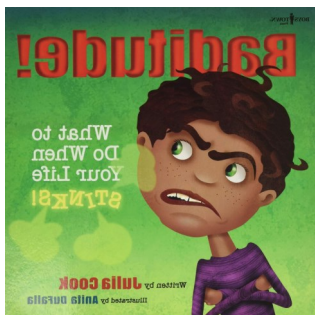
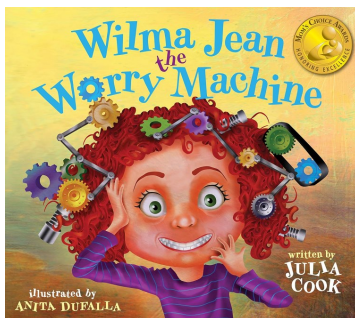
Group & Individual Supervision Available

Andrea Walker, LCSW/LICSW, RPT-S
Child and Family Therapist
Registered Play Therapist ~ Supervisor
406-642-0506
Andrea@beyondwordscat.com

Bibliotherapy Recommendations for your play room



*Author
Julia Cook*



Stay Connected
with NDAPT



Facebook:



ND Association for Play
Therapy

Instagram:



nda4pt

North Dakota Association for Play Therapy

<https://playtherapynd.com/>

NDAPT Board Members

Executive Director	Carol Schneweis
President	Andrea Walker
Vice President	Bridget Meranda
Secretary	Tina Nordaune
Treasurer	Amanda Weston
Member Elect	Jennifer Kizima



Alissa Fugazzi

Ariana Best



Why Play Therapy?

"Play is the highest form of research."
- Albert Einstein