



North Dakota Association for Play Therapy Newsletter

June 2023

President Message

Hello! I hope you are all enjoying the warmth and fun of summer and taking time for self care! It was great to see so many of you at our Annual Conference in Fargo, ND. I always look forward to our conference to meet new people, catch up with familiar faces, and learn new interventions and ideas. If you have any interest in joining the ND Play Therapy Association please go to www.a4pt.com to learn more and become a member. Please reach out to Carol Schneweis our Executive Director or myself for any questions on how you can become more involved. We will start planning for next year's conference soon. Have a safe and fun summer!

Ariana Best, LCSW, RPT-S

What is Theraplay?

Theraplay is a dyadic child and family therapy approach developed over 50 years ago and practiced around the world. This dyadic approach helps families and children improve attachment and improve the resilience of children. Practitioners who have become Theraplay practitioners guide the parents and child through challenging and playful activities that improve parents ability to regulate their child's behavior and communicate love, and safety to their child. This approach also provides an opportunity for parents to learn help their child increase their social engagement, expand arousal regulation, and develop positive self esteem for both the parent and child.

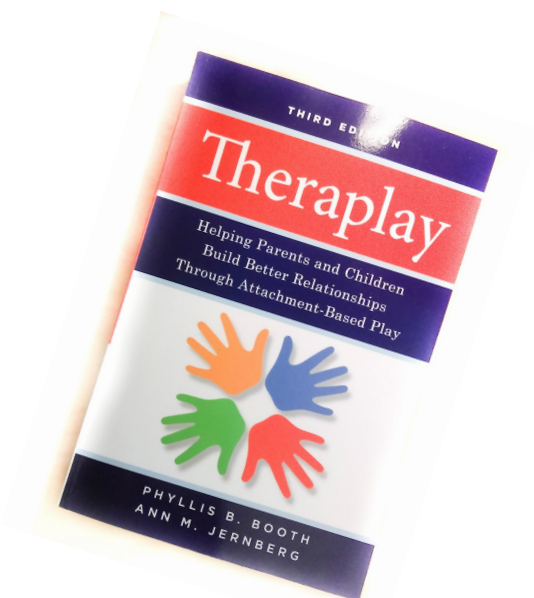
To provide Theraplay as a clinical practitioner, Therapy Institute provides training to assist in becoming efficient in implementation in this approach from young children up to adolescents. NDAPT will be providing a great opportunity to expand your knowledge and play therapy skills by offering level 1 Theraplay training for you to implement in your practice.

Upcoming ND Training Opportunities

Do you want to expand your knowledge and be trained in Theraplay? There is an opportunity to participate in Level 1 Theraplay & MIM training in Fargo, ND. Mark your calendar for this great opportunity on September 25-28th, 2023 from

PROGRAM CONTENT

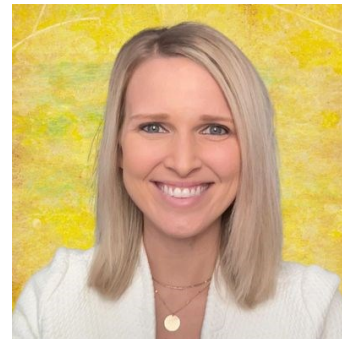
- Principles of attachment theory on an intellectual and experiential level
- The Four Dimensions of Theraplay
- The Theraplay protocol
- An introduction to the Marschak Interaction Method (MIM): administration, analysis and as a guide for treatment planning
- Adapting Theraplay for working with children and families impacted by complex trauma and other populations
- Managing resistance throughout the treatment process
- Managing countertransference in your work with children and families
- Implementing Theraplay into your practice



Theraplay training coming to Fargo ND
September 25-28, 2023
Register at: www.theraplay.org

NDAPT Annual Conference was held on June 7-9th, 2023

West Fargo Convention Center
Fargo, ND



Thank you to our presenters and all those who joined us for
this years conference!



Thank you to our 2023 NDAPT Conference Vendors for joining us and bringing us some great additions to our play rooms!!



Bridget's Child
Therapist Crafts



**Mental Health Professionals
Applying the Therapeutic Power of Play!**

Thank you to our ND APT Board Members and Executive Director on planning another amazing conference this year!!



Anna Thompson, Bridget Meranda, Ariana Best, Andrea Walker, Carol Schneweis, Tina Nordaune, Katie Wayt. Not pictured: Tara Shirek

Did you know there are lots of benefits to becoming an APT member and becoming credentialed?

One benefit is a discount registration price to our Annual Conference.

| <div>  <h2>The Difference Between MEMBERSHIP AND CREDENTIALING</h2> <p>We are often asked about the difference between Membership and Credentialing. The table below outlines the differences and the benefits of both. Further details can be found on the APT website (a4pt.org) under the relevant section.</p> </div> | | |
|--|----------------------------|---|
| MEMBERSHIP | VS | CREDENTIALING |
| When applying for Membership you are joining a professional association dedicated to the growth and advancement of play therapy. | OVERVIEW | When applying to be Credentialed as a play therapist, you submit documentation of education, experience, and supervision specific to play therapy. |
| <ul style="list-style-type: none"> Professional Member Affiliate Member E-Student Member International Professional Member International Affiliate Member | CATEGORIES | <ul style="list-style-type: none"> Registered Play Therapist™ (RPT) Registered Play Therapist-Supervisor™ (RPT-S) School Based-Registered Play Therapist™ (SB-RPT) |
| <ul style="list-style-type: none"> Quarterly <i>Play Therapy</i>™ magazine Free online CE offered every month Membership in Chartered Branch Quarterly peer-reviewed research journal Quarterly Mining Report Access to members only Community Forums Weekly member e-newsletter Discounted fees on Credentialing, APT Store products, and Annual Conference <p><i>View a complete list of benefits by Member type</i></p> | BENEFITS | <ul style="list-style-type: none"> Inclusion in the <i>Find a Play Therapist</i> directory Recognition on APT's social media platforms News Release announcing your accomplishment Use of RPT™, RPT-S™, or SB-RPT™ to demonstrate your play therapy expertise Aetna providers that hold a current RPT™ or RPT-S™ will have the 'Play Therapy' specialty added to their Aetna searchable profiles |
| Apply to join online anytime at www.a4pt.org . | PROCESS | Licensed mental health professionals that meet the Credentialing Standards may submit an application. |
| Renewal of membership is required annually. | RENEWAL | Renewal of credential is required annually (with the option to renew for 3-years) and CE is required every 3 years. |
| Member Dues Professional \$95 Affiliate \$50 International Professional \$70 International Affiliate \$45 | COST | Initial Application Fee RPT™ & SB-RPT™ \$140 (for Members) RPT-S™ \$245 (for Members) Annual Renewal Fee RPT™ & SB-RPT™ \$60 RPT-S™ \$90 |
| To find your Membership expiration date, print out a membership card, or view past invoices, review the Membership FAQ | PROFILE INFORMATION | To view your Credential renewal date, CE date, or other additional information, review the Credentialing FAQ |

RPT

Interested in learning more about the
Registered Play Therapy Credential?

I offer Free consultations!

Andrea Walker, MSW, LCSW,

LICSW, RPT-S

Child and Family Therapist

Registered Play Therapy ~ Supervisor



 **Beyond Words**
Coaching & Therapy

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with NDAPT

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Therapy

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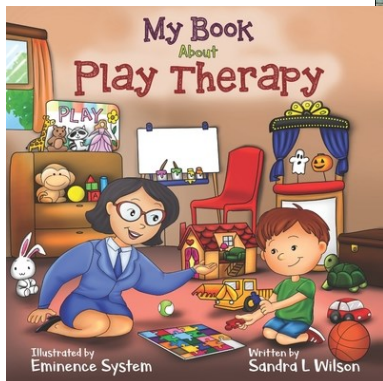
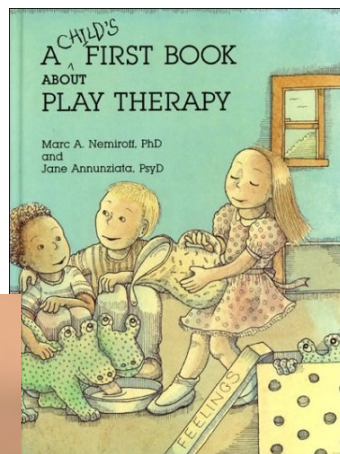
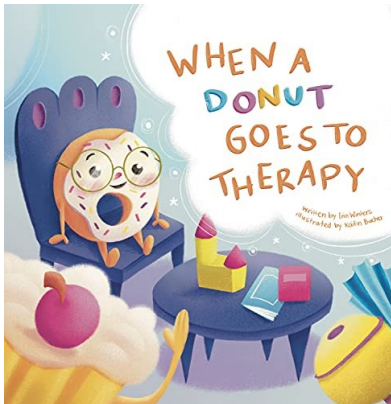


nda4pt

North Dakota Association for Play Therapy

<https://playtherapynd.com/>

Book recommendation to introduce
play therapy to
children



NDAPT Board Members

| | |
|--------------------|-----------------|
| Executive Director | Carol Schneweis |
| President | Ariana Best |
| Vice President | Andrea Walker |
| Secretary | Tina Nordaune |
| Treasurer | Bridget Meranda |
| Member Elect | Tara Shirek |
| | Katie Wayt |
| | Anna Thompson |



Why Play Therapy?

"Play is the highest form of research."
- Albert Einstein