

# North Dakota Association for Play Therapy Newsletter

September 2024

#### **President Message:**

Happy Fall everyone! I hope this message finds everyone shifting smoothly into the Fall season! On that note, our new board is getting things rolling for this year with new ideas for play therapy mini trainings, options for connecting with fellow play therapists in the field, and brainstorming ideas for the future!

The autumn season is about transformation and beauty as well as letting go and embracing new beginnings. As you make the shift into fall, it is important to find ways to enjoy the changes while also reflecting on the progress and events of the last year. Taking time for reflection and self care not only aids your health and wellbeing, it is also healthy modeling for others regarding the importance of "time into ourselves."

Please take a look at this newsletter for the latest play therapy trainings, events and resources and I look forward to connecting with you at one of our upcoming events!

Andrea Walker, MSW, LCSW, RPT-S



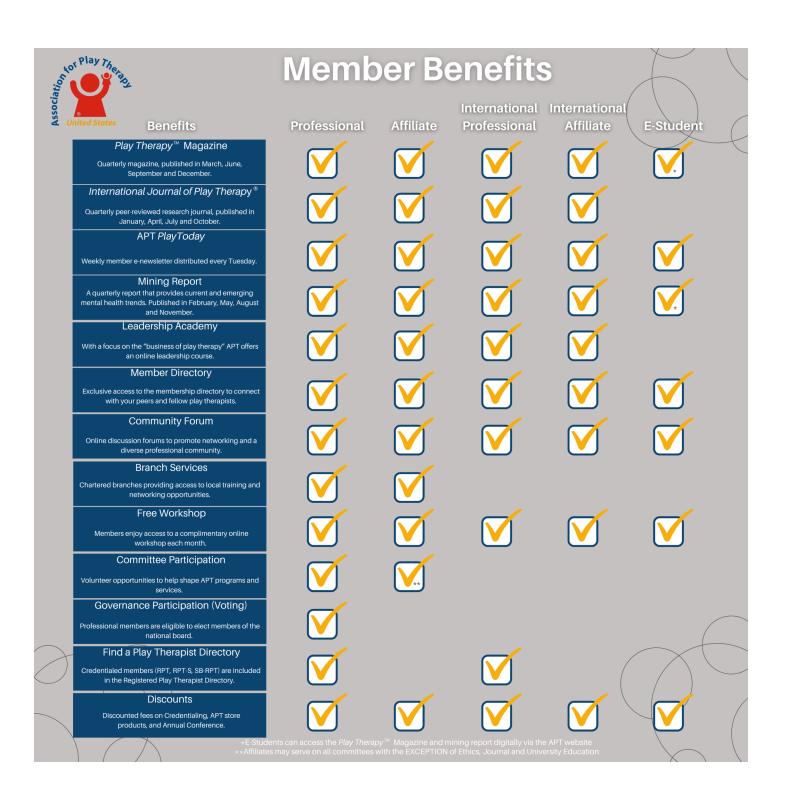
# Virtual Lunch & Learn > and APT North Dakota Networking

Join us and discover how Hopscotch Play can transform your therapy sessions!

NOVEMBER 1, 2024 | 12:00-12:45pm CT



attendee will win a FREE 6-month membership.





## Mental Health Professionals Applying the Therapeutic Power of Play!



Mental health professionals applying the therapeutic power of play!

#### **RPT**

Interested in learning more about the Registered Play Therapy Credential?

I offer Free consultations!

Andrea Walker, MSW, LCSW,

LICSW, RPT-S

Child and Family Therapist

Registered Play Therapy ~ Supervisor

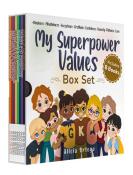




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## Bibliotherapy Recommendations for your play room





**Upcoming NDAPT Board Meeting Dates:** 

October 11@ Noon (CST)

November 8 @ Noon (CST)

## Stay Connected with NDAPT

Facebook:





ND Association for Play Therapy

#### Instagram:



**nda4pt** North Dakota Association for Play Therapy

https://playtherapynd.com/

### NDAPT Board Members

Executive Director

Carol Schneweis

President

Andrea Walker

Vice President

Bridget Meranda

Secretary

Tina Nordaune

Treasurer

Amanda Weston

Member Elect

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Alissa Fugazzi

Ariana Best

## Why Play Therapy?



"Play is the highest form of research."
- Albert Einstein