

A QUERY THROUGH THE THEORIES

Finding Your Anchor Points in
Play Therapy



Thursday, Oct. 23rd, 2025
09.00AM–12:00PM CST



Location
LIVE ONLINE TRAINING



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Play Therapy can sound like an easy endeavor, just bring in some toys and play right? Play Therapy is based out of years of experience and research demonstrating how and why play therapy works. This course will explore key theories and help you identify which theories formulate your grounding points.

Cost: \$75 APT Members or \$100 Non-APT Members
APT approved CE: 3 Contact CE hours

1 hour of History & 2 hours of Seminal Theories)
APT Provider #21-635
Counseling & Social Work CEU's available

Register at: www.playtherapyND.com



A Query through the Theories Objectives

1. Discuss eight major **theories of play therapy** and the contributions each theory makes to understanding therapeutic work with children.
2. Briefly describe the basis for each theory and how it differentiates from the others.
3. Name 1 significant benefit for each of the theoretical orientations
4. Identify personal preferences in theoretical approaches and determine personal preferences.
5. Define the approach of *prescriptive play therapy* and name a reason for and against using this approach.