

SIMPLY GRILLED BY MARTHA'S HERMOSA BEACH, CA

Exclusively available for delivery on your fave apps:

DOORDASH

Uber Eats

ChowNow

GRUBHUB

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SIMPLY BUILD YOUR OWN

Mix + Match your favorites to build a bowl just the way you like it!

Healthy Simple Dishes with Fresh, Beachside Flavors @marthahermosabeach #MeetAtMarthas marthahermosabeach.com

gluten free vegan dairy free

+add bread & butter \$5 / + add guacamole or avocado \$4 / + add extra sauce \$2 / + add extra compound butter \$2

SIMPLY PLATES

All dishes include your choice of protein:

Chicken \$23.50 • Steak \$29.50 • Salmon \$25.50

Vegan Sausage \$21.50 • Tofu Steak \$21.50

FAJITA

“the rub” seasoning - sautéed bell peppers, onions & mushrooms
steamed wild & brown rice - shredded slaw - guacamole
pico de gallo - salsa verde

MEDITERRANEAN

simply salt + pepper seasoning - hummus - steamed wild & brown rice
greek salad - feta - fresh herbs - herb-infused EVOO - pita bread
(go vegan, no feta)

BEACH BBQ

“the rub” seasoning - broccoli - miso maple roasted carrots - succotash
red quinoa - fresh herbs - beach bbq sauce

BANGKOK

teriyaki seasoning - broccoli - sautéed bell peppers, onions & mushrooms
shredded slaw - steamed wild & brown rice - roasted peanuts
thai peanut sauce

SIMPLY SOUTHERN

cajun seasoning - succotash - sautéed spinach - candied jalapeños
hot honey butter - gluten free toast

THE VEGGIE

simply salt + pepper seasoning - broccoli - miso maple roasted carrots
avocado - sautéed bell peppers, onions & mushrooms - red quinoa - garlic aioli

ITALIAN

balsamic + herbs seasoning - miso maple roasted carrots
creamy polenta - sautéed spinach - sundried tomato - truffle butter

SIMPLY SALADS

Add a protein: Chicken \$8 • Steak \$15 • Salmon \$10
Shrimp \$10 • Vegan Sausage \$10 • Tofu Steak \$8

MALIBU RAINBOW \$15.50

mixed greens - red bell peppers - carrots - corn - japanese cucumber - blueberries
purple cabbage - radish - red quinoa - green goddess dressing

CREAMY CHIPOTLE TACO SALAD \$17.00

romaine lettuce - kidney, black & garbanzo beans - avocado - white cheddar - corn
cherry tomatoes - crispy shallots - housemade tortilla chips - candied jalapeños
chipotle dressing

CRISPY RICE CRUNCH \$17.00

romaine lettuce - shredded cabbage - crispy fried brown rice - edamame - carrots
basil - cilantro - parsley - green onion - toasted sesame seeds - almonds - wonton strips
chinese dressing

SUNDAY SEASONAL FARMER'S \$18.50

mixed greens + kale mix - dried apple - sweet potato - cherry tomatoes - beets
pickled red onions - candied walnuts - sunflower seeds - basil vinaigrette
served with a rye crostini

SUPER CAESAR \$15.50

romaine + kale mix - shaved parmesan - bacon crumbles - avocado
crispy garbanzo beans - lemon wedge - caesar dressing

SIMPLY KIDS

kids chicken + sweet mashed potatoes + broccoli \$10

kids steak + sweet mashed potatoes + broccoli \$10

kids butter noodles + broccoli + carrots \$10

kids cheese quesadilla + broccoli + carrots \$10



STEP 1: CHOOSE A PROTEIN

Simply Grilled

- CHICKEN All-Natural Chicken Breast \$23.50
- STEAK Top Sirloin \$26.50
- SALMON Atlantic Salmon \$25.50
- VEGAN SAUSAGE Impossible™ Sausage Patty \$21.50
- TOFU STEAK Marinated \$21.50

STEP 2: PICK A SEASONING

vegan, gluten free, dairy free

- TERIYAKI
- CAJUN
- BALSAMIC + HERBS
- SIMPLY SALT + PEPPER
- “THE RUB” salt, white pepper, cumin, garlic, onion

STEP 3: SELECT UP TO 3 TRIM + FILL SIDE DISHES

TRIM: vegetable sides

- CARROTS miso maple roasted
- BROCCOLI sautéed with garlic
- FAJITAS sautéed bell peppers, onion, mushrooms, & corn tortillas
- SAUTÉED SPINACH sautéed with garlic
- GREEK SALAD cucumber, tomato, red onion, feta, parsley, lemon juice, & olive oil *go vegan (no feta)*

FILL: starch sides

- POLENTA smooth polenta with cream & butter
- RED QUINOA steamed with fresh herbs
- SUCCOTASH sweet potato, black beans, white corn, & green onion
- STEAMED RICE wild & brown rice
- SWEET POTATO MASHED

STEP 4: ADD A SAUCE + BUTTER

choose 1 of each

- Beach BBQ Sauce
- Salsa Verde Sauce
- Garlic Aioli Sauce
- Thai Peanut Sauce
- Simply EVOO Sauce
- Garlic + Herb Butter
- Hot Honey Butter
- Truffle Butter
- Horseradish Butter
- Simply Sea Salt Butter