



# HUT!

Feb 2017



Don Stoneman and Oliver James McMillian  
at the Thames River Classic April 9, 2016

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## ! Membership Renewal Time !

# Presidents Message



## 2017 Executive

### Marathon Canoe Racing Council (MCRC) Rep

Darryl Böhm

### Canoe Kayak Ontario (CKO) Reps:

Don Stoneman, Kim Snell,  
Stacey Ferris

#### President

**Don Stoneman**

prez@omckra.com

#### Vice President

**Christine Archer**

vp@omckra.com

#### Race Secretary

**Paula Loranger**

racsec@omckra.com

#### Recording Secretary

**Stacey Ferris**

sec@omckra.com

#### Member at Large

James Oliver McMillian  
atlarge1@omckra.com

#### Past President

**Darryl Böhm**

pastprez@omckra.com

#### Administration

(Treasurer, Membership)

**Kim Snell**

admin@omckra.com

Web: omckra.com

Phone: 519 654-9106

Email: info@omckra.com

OMCKRA re-made itself last fall at the annual general meeting when the 18 members that were present approved, with some minor changes, a new Constitution and Bylaws for the organization.

OMCKRA is registered under Ontario's not for profit act, and recently the province changed the rules we operate under. That's one reason that OMCKRA went through that governance change exercise. Another reason: It was time. The last major constitutional overhaul was in the 1980s.

Summarizing the major changes: There are now seven directors rather than 12. The terms of board members have been increased to two years for more continuity. For the same reason, the membership agreed that changes in the board should be staggered. How that will be done remains to be determined.

The types of memberships have been re-jigged. A number of former categories have been collapsed into "racing members" with different fees depending upon ages. And coincidentally, some fees have been raised to deal with increased membership fees at both Canoe Kayak Ontario and Canoe Kayak Canada levels. "Youth" members now pay \$40, up from \$30. Adult aged "racing members" pay \$50,

up from \$40. Club members play a lower fee and only their club representatives have a vote at general membership meetings.

There will no longer be a "newsletter only" category. Those wishing to continue to receive the newsletter may for a small donation.

Day of event paddler fees have been raised to \$8 from \$5. These paddlers are not considered to be members but make up the majority of participants at many events. The \$5 fee did not cover all of the associated costs connected to Canoe Kayak Ontario and insurance.

The \$70 family membership stays unchanged. Club and Club Rep fees remain at the same level as before and will be reviewed by the OMCKRA board. It's important to remember that while individual "club members" belong to both OMCKRA and to Canoe Kayak Ontario they do not pay fees to the Marathon Canoe Racing Council and therefore are not eligible to compete in National events unless they arrange to upgrade to full racing member status.

On the watercraft specification side, the fast growing stock racing class was adopted with a set of specifications that mirror those used at the highly popular Muskoka River X.



Length: Maximum of 18'6" / Minimum 17' ; Width: Minimum of 14.4% of length at 4" waterline (i.e., 32" for 18'6" length / 29.4" for 17' length)  
Depth: Minimum at Bow (16"); Centre (12 "); Stern (16")

(Canoes that actually measure 17 feet long are to be considered part of the stock race, rather than the recreational class.)

Part of the goal of this class is to promote the use of canoes that are built in Canada. A list of manufactured canoes known to meet the Stock Racing specifications will be posted on the OMCKRA website.

Touring and sea kayak participation has also been growing. A committee consisting of Sandy Schofield (Great Muskoka Paddling Experience) and David Conroy (York River Paddle Challenge) is looking at setting specifications for touring and sea kayaks.

Race organizers met just prior to the OMCKRA annual general meeting and made it known that they will encourage participants in their events to join OMCKRA. And they want OMCKRA to do more promotion for them. To that end, following the recommendations of a couple of race organizers who have achieved success following that route, OMCKRA pub-

## Presidents Message. continued

lished a preliminary race schedule on a full page ad in the 56,000 circulation Paddling Buyers Guide, published by Rapid Media.

The Buyers Guide is available at outlets such as Chapters and many outdoor stores across Canada for about \$8. Because there are reviews of many paddles and craft, the magazine stays on coffee tables of paddling enthusiasts all year long. The OMCKRA race schedule is on page 161. We'll be watching throughout the year for a boost in attendance at OMCKRA RACES and we encourage race organizers to poll their participants and determine how they found out about their event.

There is no question that the 3X27 18'6" C2 and the USCA 18'6" 4X 32 C1 remain the gold standard for sit down marathon competitions, including Nationals competitions in both Canada and the United States and international races such as La Classique, the General Clinton and the Ausable River Marathon.

A competent C2 paddler can handle a Stock canoe, but that doesn't necessarily work the other way around. Wondering where you can get a new Marathon racing C2 in time for Nationals? Try your Google search engine. There are now dealers in Ontario for both Clipper, made in British Columbia, and Wenonah from the United States. In addition, The H2O Canoe Company, an established canoe builder in southern Ontario, is gearing up to make Marathon C2s.

Mentioning Canadian Nationals, they will be held in 2017 for the first time in more than a decade. The Sudbury Canoe Club has agreed to host the three-day event on the holiday weekend at the beginning of August. So mark Aug. 5, 6 and 7 on your calendars now. The organizers plan to have a course laid out for Nationals by the time of their own Sudbury Canoe Marathon around Father's Day.

The Sudbury Canoe Club has a reputation for running terrific events and Commodore Gergely Lanci and vice-commodore Rob Marcolini have promised that these Nationals will be no exception. There are lots of other things to do in Sudbury which has a large population of outdoor enthusiasts. This is NOT the hard rock mining town that Stompin' Tom Connors sang about in the 1960s.

As mentioned previously, the makeup of the board has changed. Kim Snell was re-elected as Treasurer, Stacey Ferris as Secretary and Paula Loranger as Race Secretary. There are some new faces around the table and they are active paddlers. Vice-president Christine Archer's first C2 marathon race was the Marsh Mash last year. She had already paddled the Mattawa River Race in a North Canoe. New Member at Large Oliver James McMillan first raced at the Thames Classic last spring and in September he competed successfully in the three-day La Classique in Quebec. That's a steep learning curve. Two weeks later Oliver

and Christine teamed up for a third place finish in their class at the Musko-ka River X. We are looking forward to their new ideas and enthusiasm for "giving back" to the sport that has already given them much joy and pleasure.

In addition, Darryl Bohm, a long time kayaker, was appointed to the vacant position of past-president. Darryl is the "go-to guy" for most things to do with ICF style marathon paddling in the province and he also serves as OMCKRA's representative to the Marathon Canoe Racing Council, the national body. He will be encouraging more participation from "Sprint" paddlers, in particular, in OMCKRA events where race courses are suitable for their craft.

A special "thank you" is in order for members of the old board who are not continuing. Wendy Perkins of the Wai Nui Club, Rodney Ruddock, Brian Abbott, and Sandy Schofield have all made substantial contributions to the organization over the last few years.

Don Stoneman

Sites and things to check out.

Location for Nationals:

Northern Water Sports Centre on Ramsey Lake.  
206 Ramsey Lake Road  
Sudbury, ON P3E 5J1

## Barriers to paddling

Following a presentation by Iain Craig at the AGM, OMCKRA encouraged the broader paddling group Canoe Kayak Ontario to seek more information about the "Barriers to Paddling in Ontario Schools Working Group." This group of educators and paddling instructors, mostly connected with the Ontario Recreational Canoe and Kayak Association, has concerns that increasingly high standards of safety, including the proposed requirement for very highly qualified lifeguards on canoe trips, associated with kids in schools taking part in outdoor activities is becoming insurmountably high. As no one else from the working group was available to speak at the Canoe Kayak Ontario annual meeting in mid-November, Iain Craig presented on their behalf.

# Tamlyn Böhm | Canoe | Kelowna BC

An immigrant's story By Darryl Böhm

Moving, from a country to another, from a continent to another, from a hemisphere to another. It can't be easy but it happens all the time. How do migrants integrate their new communities and find a way to feel at home despite all the changes they are experiencing? For Tamlyn Böhm, sport was the key. When she followed her parents from South Africa to Canada, she was able to find a paddling community to welcome her like she was home.

*"My parents both paddle. My dad started while in high school and pretty much paddled his whole life. He got my mom into paddling. Pretty much since I was 5 years old, they threw me in the back of the boat. I remember sitting in the back and dad would say: "Hold your paddle up!" It was pretty great!"*

Over the years, Tamlyn got better and more competitive, racing K1 and K2. When her parents moved to Canada in 2004, it was natural for them to look for what they knew.

*"My parents arrived in the middle of winter. They went down to Oakville, ON and there was nothing happening. They took the Go Train and saw the Mississauga Club out the window and there were boats lying down in the compound. They went back on Saturday morning and it was packed. My parents pretty much signed up right there and then. When I came across six months later, I got a job at the canoe club so I ended up coaching for my first summer here."*

For a few years, Tamlyn would coach during the summers, teach at a Montessori school during the rest of the year and train as much as possible during her free time in the hopes to make the national team. Then, at an attempt to get more competitive, she

started training and competing full time while studying part time Architecture Technology.

*"Once I was done that, I took a year to go full on competitive but it just didn't happen. Two years ago, I decided I wasn't getting any faster so it was time to get a real job. I spent six months at home until this came up."*

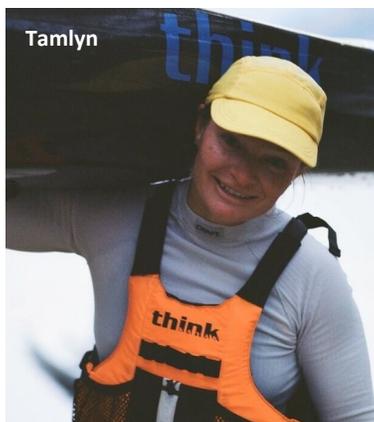
Across the country, in British Columbia, the Kelowna Outrigger Racing Canoe Club was growing and needed an employee to start managing the facility that was landed to them by the city. Tamlyn jumped on the opportunity to make her passion her bread maker and, again, used this same passion to integrate in a new community. The club was growing and at the same pace, she was making new friends.



The Böhm family, from left, Ruby , Aurora, "Granny Glynnie" Wormgoor, Tamlyn, Jensen and Darryl.

*"Our aim is to get everybody in the community out on the water safe and know what they are doing. Not just give them a boat and send them but ensure that they want to keep paddling and want to bring your friends along. But really, I just want more people to paddle because that means more people to paddle with. I guess running this is a little bit selfish!"*

Selfish or not, the canoe club is doing well. Participation is growing. They have more equipment for members to use. Kayaks, surf skis, stand-up paddleboards, outrigger canoes, everything to make the best of Okanagan Lake. Every Sunday morning, they go out for a group paddle and enjoy the company as much as the sport.



*"It's fun, people are so excited to come out, we get a few boats on the water and paddle together. It think a part of it is the community. It's accessible, easy to get into a boat. You don't have to really be good to get into a six man canoe. It's not competitive, there, you just go for a float and everybody loves it."*

For Tamlyn, the social aspect is key. Having been on the competition scene for so long, she has had her fair share of intense solo training. Now she enjoys the contemplative nature of the water, the friends she has made and although she still competes, it's only for the fun of pushing herself and spending time with good people.

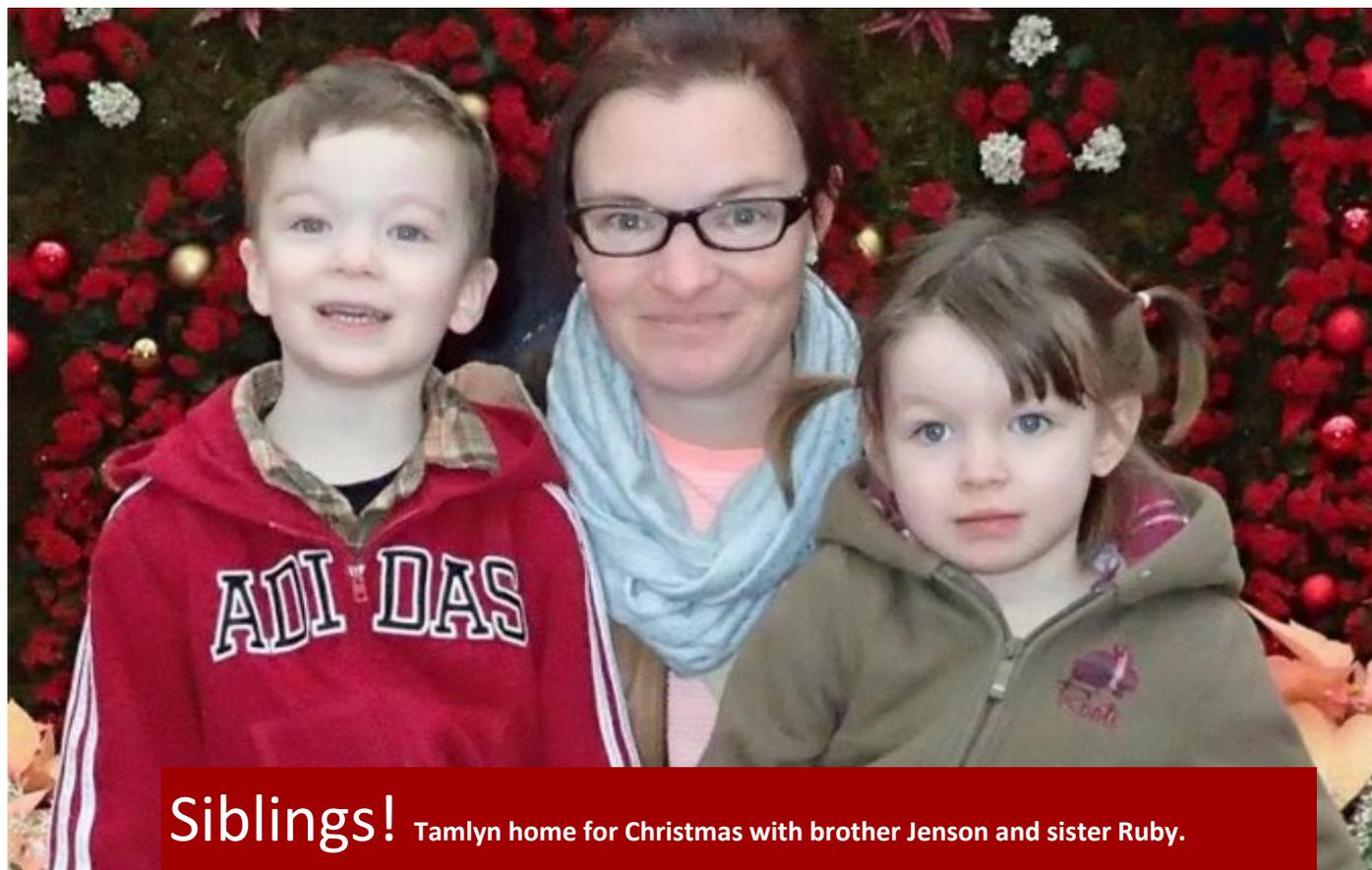
*"Because I used to train 3 hours a day every day, I'm at the point where if I don't feel like it, it's not happening but at the same time, having more people around helps me, motivates me. I love surrounding myself with people that can push me. Then it's more satisfying when you beat them. The more you get to know people, the more fun it is."*

With the club growth and her full time involvement in it, Tamlyn is having a blast. She certainly would have never imagined when in the back of her dad's canoe that paddling would take her this far, that it would take care of her this much.

*"Mississauga ended up being a really big club with great coaches and the facilities were really great. That made a big difference. The people at the club were so nice and so inviting, they invited us to go skiing, rock climbing, stuff I would never have done on my own. Sometimes I wonder how people who don't do sports survive in countries when they move."*

From South Africa to Canada, from Mississauga to Kelowna, the water has been her constant, grounding her to life, helping her creating roots, and we all know how important roots are to grow.

*Darryl Böhm is an engineer and a full on racer with two small children at home. He is acting as OMCKRA's past-president and represents Ontario marathon at the Marathon Canoe Racing Council board table. He and his wife Aurora, another very serious kayak paddler, are raising twin four-year-olds, Ruby and Jenson.*



# CanoeKayak Canada Summit / Marathon Canoe Racing Council

OMCKRA is the provincial organization for marathon paddling in Ontario and a member of the national organization **Marathon Canoe Racing Council (MCRC)**. OMCKRA pays membership dues to MCRC through **CanoeKayak Canada (CKC)**. Darryl Böhm is OMCKRA's representative to the national council. He reports below on the MCRC meeting held at the CKC Summit in **Ottawa , Saturday 3rd and Sunday 4th December 2016**.

## Report from the MCRC Meeting

Darryl Böhm (OMCKRA representative) and Don Stoneman (Past Chair MCRC) represented OMCKRA at this meeting. Others present included Fiona Vincent (CKC Board, Marathon Chair and SK), Anne Nicolson (CKC Board – Marathon BC), Kris Archibald (NS), Mike Vincent (SK), Edith McHattie (SK), and part time: Shona Barber (Inuvik) and Casey Wade (CKC CEO) for strategic planning update

### **Meeting highlights:**

- ⇒ Marathon has been seeing an increase in membership over the past few years – in contrast to some of the other disciplines that are seeing a decrease.
- ⇒ Marathon races have opened their doors and are accommodating all types of watercrafts whether that be canoes, kayaks, SUPs or outriggers.
- ⇒ Marathon is starting to be recognized at a National level that we are a discipline that is open and welcoming to various vessels on the water – any boat can start on the line. We must be careful to not be seen as just the “catch all.” We must be seen as a valid discipline and show results.

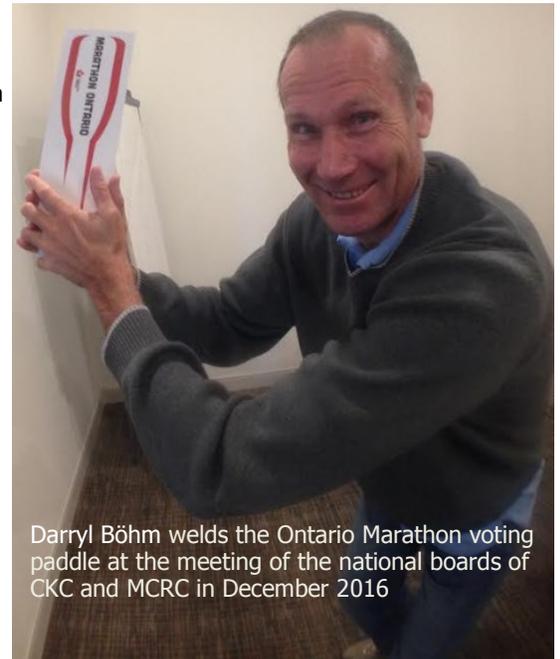
### **Coaching:**

- ⇒ Still working to get the **Entry Level Competition Coach (ELCC)** recognized in the **NCCP** database. Currently Marathon coaches are identified as “Sprint” trained.
- ⇒ Marathon is planting the seed with CKC to move towards developing an entry level foundational paddling program for all discipline with a technical model for each specialty – sprint, marathon, dragon boat.
- ⇒ **Competition Development Module**– originally all levels and information were packed into the Entry Level Competitive Coaching as it was expected to be the only course completed but now looking to breaking into two – to create a Comp Dev module in addition to the ELCC.
- ⇒ **Certified coaching legitimates the discipline in the eyes of other disciplines as well as the provincial sport organization CKO.**

**2017 Nationals – Sudbury** – Date confirmed **August 4-6th, 2017**. OMCKRA to help and monitor the planning.

### **Take aways:**

- ⇒ Marathon will come up with relevant marathon **success measures** for each of the identified outcome and objectives identified in the CKC Strategic Plan developed in 2012.
- ⇒ 2017 race schedule – All provincial race dates to be sent to Anne Nicolson to compile for submission to CKC in early January
- ⇒ MCRC to work with Sally Clare (CKC director of finance) to ensure invoicing goes to each provincial body for payment by April 1st for a June 1st payment.
- ⇒ MCRC to ask Ian Miller, communications and marketing officer, how Marathon can highlight the diverse high performance athletes found within the marathon discipline. Start by creating bios and collecting photos on our more successful paddlers.



Darryl Böhm welds the Ontario Marathon voting paddle at the meeting of the national boards of CKC and MCRC in December 2016

# OMCKRA Youth Canoe Race May 5th 2017

The Ontario Marathon Canoe Race Association (OMCKRA), will be hosting the Ninth Annual OMCKRA Youth Canoe Race on May 5<sup>th</sup> 2017. The race is open to any youth 19 years or younger and who is a full time student. OMCKRA offers paddling clinics, where the marathon paddling technique is taught. School clinics may also be arranged prior to the race event.

**Length and classes:** All teams will paddle stock recreational canoes provided by OMCKRA. Male 4km, Female 4km, Mixed 4km

**Location:** The race course is located on the north branch of the canal that surrounds the well known Holland Marsh on the Fraser Creek. All races start and finish at the Christian Reform Church on Canal Road, Bradford Ontario, one km west of Highway 400. Canal road is the exit north of Highway 9. Start time for Races is 10:30 am.

**Registration:** Preregistration by May 1, 2017 is most appreciated. Registration on May 5, 2017 between 9:00 to 10:00 am. A signed waiver form from each participant must accompany their registration. A coaches meeting will be held at 10:10 am. Races will begin at 10:30am.

**Registration is \$22.00 plus \$8.00 insurance = \$30.00 per racer**

**(\$22 for OMCKRA members since they are already insured)**

**Awards:** Certificates for the top three finishers in each division and a Trophy for the school/organization that has the best overall results. A school/organization must have 6 teams entered to be eligible for the "Team Trophy".

**All** participants will receive a participation souvenir and will be eligible for individual awards.

**Description:** All races will take place on the north branch of the canal that surrounds the well known Holland Marsh and on the Fraser Creek. Canoes will be started at 1 minute intervals. The course is well suited to new paddlers as it is shallow and safe. All canoes will be provided with a whistle, bailer, 50 feet of floating rope and all racers must wear an approved PFD at all times while in a canoe.

Paddling clinics conducted by Marathon instructors may be offered throughout the day allowing individuals to experience paddling a C1, one person, and a C2, two person, marathon pro boat.

Washrooms rooms are on site. It is recommended that all racers have appropriate clothing and a change of clothing for after their race. Sun screen, insect repellent, hat and plenty of water should be essential items for each racer.

Hot dogs, drinks and snacks will be available if one wishes to purchase their lunch.

**Volunteer on-the-water safety paddlers needed !** Please contact Mike if you can provide on-the-water safety support for this event.

**To register a team or volunteer please contact**

**Michael Kennedy**

35 Fourth Ave N.

Uxbridge, ON L9P 1V5

**905 852- 2160**

[altavista2@powergate.ca](mailto:altavista2@powergate.ca)

[michael.kennedy@tcdsb.org](mailto:michael.kennedy@tcdsb.org)



Contact Mike or [info@omckra.com](mailto:info@omckra.com) to have a registration form emailed to you.

# Boat Transportation into the USA

## By Canoe Kayak Canada Staff

It has come to our attention that the Canadian Border Agency and US immigration are getting stricter on their import/export rules, regulations and monitoring. As such, Canoe Kayak Canada would like to provide the following information on the movement of boats into and out of the US.

As a precaution, we would like to provide the details to cross the border with the necessary documentation to avoid any issues with border control. The National Team will now be following these recommendations when transporting boats to and from the US and recommend that clubs, provinces and athletes do the same.

## Planning your journey

### Personally Transporting Individual Boats

If you are transporting your boat on the rooftop of your vehicle, you are advised to pull-in to border control on your way into the United States and get a **Certificate of Export/Origin**.

This document is free of charge and should travel with your boat for the return to Canada.

This certificate acts as proof that your boat originated in Canada and therefore is not subject to importation fees. Small Trailers or someone else transporting Individual Boat(s)

If towing a small trailer or rooftop with a boat that is not your own, it is recommended to call the border you will be crossing and ask for clarification on requirements. The most recent information we have received outlines the following options:

#### Option 1 – form from each athlete

1. Each athlete should complete a **Declaration for Free Entry of Unaccompanied Articles (form 3299)** from the Department of Homeland Security [www.cbp.gov/sites/default/files/documents/CBP%20Form%203299.pdf](http://www.cbp.gov/sites/default/files/documents/CBP%20Form%203299.pdf) – for help completing this form click here . [https://help.cbp.gov/app/answers/detail/a\\_id/1467/~instructions-for-cbp-form-3299---declaration-for-free-entry-of-unaccompanied](https://help.cbp.gov/app/answers/detail/a_id/1467/~instructions-for-cbp-form-3299---declaration-for-free-entry-of-unaccompanied)

2. Each athlete should also provide the driver with a letter of permission for that driver to transport their boat into and out of the USA – please refer to the attached appendix of this memo for a draft letter that can be used for this purpose.

3. The driver of the boats should have these forms and letters in their possession at border control and have US Immigrations complete the 3299 form for each boat.

#### Option 2 - Commercial Entry through a broker

1. Contact a broker - a list of brokers for each port of entry can be found here .
2. The broker will walk you through requirements and paperwork.

#### Option 3 – Carnet

See information below for large trailers.

#### Large Trailers

In order to avoid long waits at the border and having to complete multiple Certificates of Export, it is recommended to have a manifest for travel with many boats.

The Manifest (Carnet) is applied for through the Canadian Chamber of Commerce and step-by-step guide on how to apply can be found here: <http://www.chamber.ca/carnet/how-to-apply-for-a-carnet/>

The Security Guarantee can be applied for with Trisura; <https://secure.trisura.com/ccs/login.aspx>

We hope this information is useful, should you have any questions on the transport of your boat(s) into and out of the US from Canada please contact the Canada Border Services Agency or Homeland Security

## OMCKRA Races in 2017

**April 8** Thames Classic (Saturday) Ingersoll Steve Tait [staitod@hotmail.com](mailto:staitod@hotmail.com) 519-485-5457

Highly technical river race, 14 km for C2s, 5 km for rec canoes and kayaks.

**April 8** Upper Jock River Race (Saturday) Richmond Gaetan Plourde [jockriver-race@yahoo.com](mailto:jockriver-race@yahoo.com) Mostly recreational canoes and kayaks. 12 km

**April 23** Sydenham River Race April 23 (Sunday) south of Alvinston Sharon Nethercott [snethercott@scrca.on.ca](mailto:snethercott@scrca.on.ca) 7 km, 12 km and 16 km races. <https://www.scrca.on.ca/events/sydenham-river-canoe-race/>

**April 30** Dam Hespeler Paddling Race (Sunday) Cambridge [damhespeler@gmail.com](mailto:damhespeler@gmail.com) Don and Kim 519-654-9106 <http://feelthespeedriverchallenge.com/> 5, 10, 15 and 20 km races on the Speed River.

**May 5** OMCKRA Youth Race (Friday) Bradford. 4 km races in recreational canoes for under 19 year olds. Male, female and mixed. Mike Kennedy [michael.kennedy@tcdsb.org](mailto:michael.kennedy@tcdsb.org)

**May 13** High Water Run (Saturday) Kirkland Lake. Tony Janssen 705-642-3108 [TonyJanssen8@gmail.com](mailto:TonyJanssen8@gmail.com)

**May 20** Marsh Mash (Saturday) Bradford Iain Craig [Craigers@rogers.com](mailto:Craigers@rogers.com) 905-893-1323 <http://www.marshmash.ca/>

**May 27** Big East River X (Saturday) Huntsville [mike@muskoakriverX.com](mailto:mike@muskoakriverX.com) , [rob@muskokariverx.com](mailto:rob@muskokariverx.com) 705-349-2566

**June 3** Canoe the Nonquon (Saturday) Port Perry Shannon Kelly [skelly@scugog.ca](mailto:skelly@scugog.ca)

**June 3-4** Saugeen Paddlers Weekend Paisley Ed Maxwell [edmaxwell@bmts.com](mailto:edmaxwell@bmts.com). Short Voyageur canoe races.

**June 17-18** 24 Hours of MRX Huntsville Start at noon on Saturday. Contact Rob at 705-349-2566

**June 18** Sudbury Canoe Club Marathon (Sunday) Rob Marcolini [marco.renout@eastlink.ca](mailto:marco.renout@eastlink.ca)

**June 24-July 1** West Wind Voyageur Brigade Mattawa to Ottawa, Saturday to Saturday <http://voyageurbrigade.org/dstoneman@canadianrecreation.ca> 519-654-9106

## OMCKRA Races in 2017, continued

**July 1 Almonte canoe race** Almonte Ont near Ottawa Al Roberts. [aroberts@agh-fvm.com](mailto:aroberts@agh-fvm.com)

Race start at the Agricultural Park on Water Street. 10 and 15 km races on Canada Day.

**July 8-9 York River Paddle Challenge and Provincial Championships** (Sat and Sun) Bancroft. Dave Conroy **David Conroy** [j30seeya@hotmail.com](mailto:j30seeya@hotmail.com) 12 and 24 km races.

**July 29 Mattawa River Canoe Race** North Bay, Saturday Paula Loranger [paulal@nbmca.on.ca](mailto:paulal@nbmca.on.ca)

64 km and 13 km races.

**July 29 or 30 The Lake Ontario Crossing** Niagara-Toronto Sat OR Sunday 32 miles across the lake. SUPs, outriggers, prone paddleboards and surf skis. Port Dalhousie to Cherry Beach. [Niagara2toronto.ca](http://Niagara2toronto.ca)

**August 5, 6 and 7 Canadian Marathon Nationals** Sudbury (Saturday, Sunday Monday Gergerly Lanci [blacksheepcustomsport@gmail.com](mailto:blacksheepcustomsport@gmail.com)

**July 22-23 K2O race** Kingston to Ottawa 100 and 200 km races. 22 portages. Contact Ian at [Info@kingston2Ottawa.ca](mailto:Info@kingston2Ottawa.ca) 6 am start at Cataraqui Canoe Club in Kingston.

**Aug 19 Wai Nui Why Not**, Wendy Perkins [wendypaddler@gmail.com](mailto:wendypaddler@gmail.com)

Mississauga. Outriggers, surf skis and SUPs on Lake Ontario.

**Aug 18-19 The Dennie** Friday and Saturday. Two-day stage race in voyageur canoes on the north shore of Lake Superior, Spanish to Little Current. To be confirmed

**Sept 15-16-17 Muskoka River X** 230, 130 and 80 km Huntsville Friday, Saturday, Sunday

**Oct 7 Great Muskoka Paddling Experience** (Saturday) 5, 10 and 20 km races suitable for all types of racers from beginners to top ICF canoe and kayak paddlers. Contact Sandy Schofield [caschofieldstream@cogeco.ca](mailto:caschofieldstream@cogeco.ca)



MEMBERSHIP & SANCTIONING

## Online membership form is at:

[omckra.com/membership---sanctioninghtml](http://omckra.com/membership---sanctioninghtml)



Membership is paid by e-transfer from your bank to [omckra@gmail.com](mailto:omckra@gmail.com) or by cheque made out to **OMCKRA** and mailed to:

Membership c/o 87 Queen Street East, Cambridge ON N3C 2A9

**Club?** Contact [info@omckra.com](mailto:info@omckra.com) to request the club agreement form.

## OMCKRA Membership Application/Renewal Form 2017 (coverage to March 31, 2018)

Membership is paid by e.transfer from your bank to [omckra@gmail.com](mailto:omckra@gmail.com) or by cheque made out to **OMCKRA** and mailed to: **Membership c/o 87 Queen Street East, Cambridge ON N3C 2A9**

Name (s):	
Address:	
Residence Phone:	
Cell Phone:	
E-Mail Address:	

Fee schedule for members of OMCKRA	Enter Fee [C\$]	Date of Birth (dd/mm/yyyy)	Racing Class C, K, Rec., OC, etc.
Individual/Race Organizer (per race)	(\$50)		
Full Time Student or <18 yr. as of Jan. 1	(\$40)		
Family having at least one child <20 yrs. Jan 1 (maximum 4 adults )	(\$70)	list ages below	

List Family Paddler Names	Date of Birth (dd/mm/yyyy)	Racing Class C, K, Rec., OC, etc.

List Special Skills (First Aid/CPR/Medical/NCCP Coaching Certification/Canoe Construction/etc. and other Affiliations:

Members receive annual meeting notices and newsletters via e-mail, are eligible to vote, are covered for insurance in OMCKRA sanctioned events and may apply to participate in provincial and national awards competitions.

Personal information collected by OMCKRA is used to provide services to our members. These services require administrative responsibilities such as documentation of insured events and instructor registration. A limited information membership list (names and city) is provided to race organizers for insurance purposes. Private information is never given to anyone by OMCKRA for other reasons. People registering for OMCKRA coaching or who have taken part in an insured event may receive membership information from OMCKRA in the next calendar year.

For office use Card provided: \_\_\_\_\_ DB updated: \_\_\_\_\_