

Race course and format for Nationals in Shawinigan was challenging but fun.

IN 1HIS ISSUE:	Mallawa River Canoe Race is Back
HUT! Editor Needed	Sit Down Marathon Paddling at an ICF Level 7
Olympic Paddling to Watch	Canadian Marathon Nationals 8/9
Marathon Paddling Clinic Parry Sound2	Race Subsidy10
OMCKRA Points Standings to Date3	Equipment Library
Manotick Event Report4	
Ontario Rules the Yukon5	Sarah Plourde Summer Student 11
Canadian Safety Changes5	Next Door in Quebec11
Water Safety Policy at Canoe Kayak Canada 5	OMCKRA Meeting of Members
Ontario Marathon Provincials6	New board Members

# HUT! editor needed

The newsletter HUT! goes out four times or sometime more often each year, thanks to the volunteer effort of an editor to layout the stories. Stories may come in from membership, the board or are found and/or created by the editor themselves. This issue is beautifully edited and produced by our summer student Sarah Plourde but we need a volunteer to produce the newsletter ongoing. It's a fun project with not a lot of time commitment required and OMCKRA can provide the Microsoft Publisher to the person if they choose to use it. HUT! Editor is an ideal volunteer position for someone who knows paddling, enjoys creating and supporting the sport and looking for a smaller time commitment. The biggest time effort is getting members and others to submit stories and photos but the board will help with that!

If any of you know of a creative soul interested in supporting paddling, having or willing to gain experience in editing skills and put in a few volunteer hours four times a year, have them contact the OMCKRA board at <a href="mailto:info@omckra.com">info@omckra.com</a>.

# Olympic paddling to watch

Want to know who is representing Canada at the Olympics in any and all sports? Go to this website.



https://olympic.ca/teamcanada-roster/ Whitewater events take place during the

first part of the Games and Sprint events start Aug. 6.

Two whitewater athletes qualified, one of them being Lois Betteridge from Ottawa. Sprint is very well represented with a larger contingent than in any recent Olympics. The Canadian qualification system requires that a paddler or paddlers "qualify" a boat at an international event in advance, and then return home to defend their place in those boats against all Canadian comers. (Feel no pressure)

# Marathon Paddling Clinic Parry Sound Sept 14 (all day)

William St. Park, Parry Sound, 145 William ST, P2A 1W3

Theme: "Racing Skills ", Fee: \$10

10 AM to Noon morning session. Wash riding. Shallow water.

1 PM to 3 PM. Building on morning skills. Wash riding in groups. Shallow water in groups strategy.

Bring own consumables including lunch, drinks etc.

Also bring a change of clothes, PFD.

Spots limited to 16 (8 boats)

Email <u>info@omckra.com</u> to announce intent to attend.

#### OMCKRA POINTS STANDINGS TO DATE

Note: The OMCKRA points system gives members four points for a 1st place finish, three points for a 2nd place finish and two points for a 3rd place finish. One point is awarded for finishing an event in a sanctioned class.

OMCKRA race points are awarded to those OMCKRA members who participate in three or more OMCKRA sanctioned or recognized races, distances 9K and up, in classes and boats fitting OMCKRA specifications. The points are assigned based on the paddlers age category or, if in a Rec Tandem Canoe class, toward Recreational Awards. The intention of points awards is to encourage participation in multiple long-distance events, encourage use of OMCKRA's standard specifications for fairness and to recognize paddlers for their achievements.

In the lead overall is Mark Clout with 14 points, then Liz Loek (13), Gord Cole (12), Dean Coulson (11), Craig Creighton and Karen Simpson (10 points each) Stan Anusiewicz, Don Stoneman and Andrei Zoubakine (9 points each) all have qualified, having completed three or more races.

For the awards standings to date the counts are yet to be validated but it looks like we have **Bill McGowan** (7 points) for the **Open (U20/Seniors) Male Paddler** having completed three races so qualifies for the award. In the **Open (U20/Seniors) Female Paddler** category we have **Raina Vingerhoeds** (5 points) with one race yet to do and **Audra Nicholson** (3 points) and two races yet to qualify.

In <u>Masters Male Paddler</u> we have a good bunch of 15 with **Dean Coulson** in the lead with 11 points closely followed by **Andrei Zoubakine** (9 points) both having completed 3 races and so qualifying. Then **Gaetan Plourde** (8 points), **Roburt Tranter** (8), **Patrick Hogan** (5), **Colin Lathe** (5), **Paul Terry** (5), **Mike Hayes** (4 points) and **Scott Reynolds** (3); each must attend one more race to qualify for the award. Then there is **Peter Braul** (4), **Mike Broekhoven** (4), **Mike De Abreu** (4), Mark Shouldice (3), Tom Stead (3), Adam Woolfrey (2) each of these have two more races to attend to qualify. The <u>Masters Female Paddle</u>r is **Melissa Mayer** (5 points) with one race to go and **Nancy Neuenhagen** (4) with two races to go to qualify.

There is another large group in the <u>Grand Masters Male Paddler</u> category. In the lead are <u>Mark Clout</u> (14 points), <u>Gord Cole</u> (12 points), <u>Craig Creighton</u> (10 points), <u>Stan Anusiewicz</u> (9 points) and <u>Don Stoneman</u> (9 points) already with three or more races under their belts and so qualifying for the award. Then we have <u>Jeff Brainard</u> (6 points), <u>Dragan Olajdzija</u> (6 points), <u>Ken Smale</u> (6), <u>Dean Brown</u> (4), <u>Ken Hawthorn</u> (4), <u>Claude Roux</u> (3) and <u>Christoph Weber</u> (3). Claude has completed 3 races, Dean, Ken Hawthorn and Christoph have 2 races to go to qualify, <u>Jeff</u>, <u>Dragan and Ken Smale have 1 race to go. <u>Louis Cabardos</u> has 4 points in non-rec and 5 in rec class and has completed three events. For <u>Grand Masters Female Paddler</u> we have <u>Liz Loek</u> (13 points) in the lead having completed four races, <u>Karen Simpson</u> has 10 points in three races. <u>Alison Sandeman</u> (4 points) has one race to go. <u>Pamela Briand</u> (4). <u>Bonnie Pankiw</u> (4 points) and <u>Gwyn Hayman</u> (3 points) have two races to go.</u>

<u>U17 Male Paddler</u> Ewan Pengra has 4 points and two races to go. <u>U14 Female Paddler</u> <u>Lillian Krieger</u> with 3 points has two races to go to qualify for points awards.

For <u>Recreational Male Paddler</u> it is **John Liversage** (11 points) and 3 races completed. **Louse Cabardos** (4 rec points) has completed 3 races. **Jamie\_leigh Chapman** (3), **lain Craig** (3) and **Mark Swain** (4) have two races to go.. For <u>Recreational Female Paddler</u> it is **Gail Bailey** (11 points) and 3 races completed with **Carol Zimalatti** (4) with two races to go to qualify.

So far no points awarded for U14 Male Paddler, or U17 Female Paddler.

# **Manotick Event Report**

Submitted by Race Organizer Brian Schacht

A great time was had by all, at the third annual Manotick Round-The-Islands Paddle on Saturday, June 15. Eleven plucky adventurers paddled around Long and Nicolls Islands, portaging around both dams. Although medals were awarded on the basis of time, this year's paddle of families and friends became more of a pilgrimage, with a leave-no-paddler-behind attitude. In that theme, the paddlers assembled to cross the finish line in precise groups, with the result that everyone earned a medal. First place single kayak medals went to Mike Roberts, Erin Primeau, Mark Gregoir and Heather Trail, with a time of 2 hours 22 minutes 56.62 seconds. First place double canoe medals went to Erica and Eden Frosst with a time of 2 hours 48 minutes 51.80 seconds. The identical time earned second place single kayak medals for Douglas Frosst and Lori Gadzala. Third place single kayak medals went to Sandy Woosey, Chantal Lacasse and Kandy Gray with a time of 2 hours 50 minutes 46.65 seconds. All first and second place finishers received "692" gift certificates. A big thanks to GoodLife Fitness in Barrhaven for donating loot bags for all, and course marshals Gary and Gezina Pluim, and Marilyn Schacht.

## 2023 Manotick Round the Islands video link



Manotick around the island winners!

Partial results at: https://www.yukonriverquest.com/news/2024-yukon-river-quest-awards/

# Ontario Rules The Yukon

As earlier noted, this year's Yukon River Quest was shortened to less than half of the regular 715 km distance because of forest fire activity both on the road and on the river.



Gaeten Plourde and forest fires at the Yukon River Quest.

Seb Courville and Gaetan Plourde won the Stock C2 event. K2 paddlers Jeff Brainard and Bob Ross were third overall. Chris Prater of London teamed with Trina Ross of Winnipeg were second mixed C2 and 9<sup>th</sup> overall. Mike D'Abreu won the Mens solo canoe event; Colin Lathe, who won the C1 class at North Bay was second. Leslie Davenport won the Womens solo class (As the only Womens entry she had to beat four solo racing men entries to claim that title.)

Other notables either from Ontario or sometimes OMCKRA members: Sophie Coupal and Bonnie Pankiw were half of the winning women's C4 crew. Steve Varieur and Natasha Varieur from Huntsville and Canmore AB respectively were 3<sup>rd</sup> in mixed C2.

Apologies to any who might have been missed.

### **Canadian Safety Changes**

ISO certified floatation devices approved for use in Canada. Tripped over this while at a new device offered by Vaibro for the surf ski market. (Hello Day Fekete at Kayak Sport Canada!!)

Floatation devices and buoyancy aids:

https://letstalktransportation.ca/level-50-and-youth-inflatable-buoyancy-aids

https://tc.canada.ca/en/marine-transportation/marine-safety/acceptance-level-70-buoyancy-aids-certified-ul12402 -5-personal-flotation-devices

According to the Transport Canada website, the term "buoyancy aid" is an international term and will eventually replace "PFD". Buoyancy aids with the "70" on them are equivalent to PFDs, "50s" are not quite as buoyant (30 percent less?) and are not recommended for weak or non-swimmers and are for use in relatively protected waters where rescue is near at hand and NOT in whitewater. Devices with the 50 standard have been used in Europe for decades, but are not fully approved here.

Some race organizers refer to "lifejackets" in their race requirements literature but that term is officially reserved for devices that will turn a user face up without the user's help. OMCKRA rules call for a properly fitting PFD to be carried for every person in a canoe or kayak. Race organizers are free to require that the devices be worn. It's worth noting that inflatable PFDs are not legal for persons under the age of 16. Sometimes we forget or are ignorant about that.

Cutting to the chase, the Transport Canada website says: "if Canada allows the new buoyancy aids in the regulations, they may increase boating safety by encouraging more boaters to wear their equipment. "Transport Canada has accepted Level 70 PFDs certified to UL 12402-5 as equivalent to PFDs certified to the old PFD standards. We are currently consulting Canadians about whether to start using these new Level 50 devices"

### Water Safety Policy at Canoe Kayak Canada

A committee has been looking at a single safety policy for all racing disciplines. A draft set of rules is being considered by the Marathon Canoe Racing Council.

#### **Ontario Marathon Provincials**

Back by popular demand, this late organized and sanctioned event is scheduled for Riverside Park in *Bancroft on Aug. 24 and 25* on the technically challenging York River. 12 km solo canoes kayaks and SUPS starting at noon on Saturday. (There is also a 5 km recreational canoe and kayak class).

24 km C2 and kayaks and SUPs again on Sunday morning. Organizers are working on accommodations for racers in the immediate area. Camping is an option. <u>Link to registration page in Race Roster.</u>

Other races coming up
Aug 11 K20
Aug 12 Wai Nui Why Not
Sept 13-15 Muskoka River X
Sept 21 Toronto International Outrigger Challenge
Oct. 19 Nottawasaga Fall Classic
Cancelled Sunshine City race, Orillia



Marathon Paddlers possibly late 1970's'

#### The Mattawa River Canoe Race is back!!!!

After a year's absence to regroup, The Mattawa River Canoe Race came back this year with a new, much earlier date in early June, higher registration fees than before and what may be the best turnout ever: a total of 125 paddlers in both the 64 and the 17 km classes. Of those paddlers, 104 were NOT OMCKRA members!!! So there is a substantial number of paddlers out there that OMCKRA is not reaching.

New records were set in the Kayak class, (Roburt Tranter from London) and in the Stock C2 mens class, (Seb Courville and Gaeten Plourde from Golden Lake and North Gower respectively.)

For the first time the fastest boat racing to Mattawa from North Bay was a Stock C2 rather than a Pro boat. For Seb and Gaetan, the Mattawa River was a precursor to their victory in a forest-fire-shortened Yukon River Quest at the end of the same month. We won't see this duo in a canoe together again for a while. Seb, a member of Canada's armed forces and his family have transferred to Germany for a couple of years. He and wife Jen have taken their canoes with them and plan to check out racing in Europe. We hope to get regular reports back. (Oops, they won a free entry to YRQ for 2025. Seb might make that trip if he can get time off from defending Canada's interests overseas.)

### Sit down Marathon Paddling at an ICF level

On May 15, Ruud Heijselaar, Chair of the International Canoe Federation Marathon Committee, wrote to marathon representatives of various countries: "This morning I spoke to Thomas Konietzko (president ICF) and asked if we could approach the C2 organizations in the United States and Canada about competitions we could hold as a side event at World Cup (or World Championship) in America. He is more than happy for us to contact this group and see what we can do together."

Contacting Marathon in Canada is easy as we are part of CKC, an ICF-recognized sport federation. Not so easy with the USCA as it is not (the American Canoe Association is the CKC counterpart. The USCA website says it was formed after a disagreement with the ACA in 1968.)

The Chair of the Canadian Marathon Canoe Racing Council is keen to see a sit down competition linked to a World Championship event in the latter part of 2026 in Sarasota Florida as per Ruud Heijselaar's announcement. If sit-down canoe parallels the current ICF model, there would be several categories of competitors in age groups younger that we most often see in our competitions now.

A forward-looking coach might start looking at the young paddlers he/she is working with now (or else start recruiting) with a view to them competing at an ICF Worlds competition in the fall of 2026 in Sarasota Florida. (Two entries per nation per age class is the current Marathon Worlds standard) Look for multi-loop races with lots of portages in a venue suited for an audience.

Who else would attend?

There is a newly formed Marathon Committee for COPAC (the largely Spanish speaking Pan American Canoe Federation. Belize Canada and the United States are members. The more one looks at the social media site Facebook, the more sit down racing can be found in Europe. Creative builders produce competitively priced canoes that appear to parallel our pro boats but there are also builders producing relatively cheap 21 foot sit down ICF canoes roughly comparable to the canoes made by Wenonah in the '80s and '90s, with the mould being retired. I really hope we could stick with pro boats for international competitions at least on this continent.

I feel strongly that ICF events in sit down canoes would cement the position of our sport within and outside CKC as "competitive" rather than "recreational" as it is sometimes regarded.

# FOR SALE

For Sale Pro boat, set up for lighter paddler in the front. Asking \$1,500.

Sue Adams

For Sale
CI racing canoe made by H2O in 2022.
Like new. No scratches.
Located in Shawinigan but seller will bring it to Ontario. Asking \$6,500 negotiable, depending on how far away the buyer is
Also two Ripple FX paddles.
Jerome Hebert
Email
jerome.hannis.hebert@gmail.com
Phone
819-247-1408





## Canadian marathon nationals



		C1	i .	
Position	#	Canotiers	Temps	Écart
1	27	Christian Charrette	00:53:46	00:00:00
2	29	Louis-Simon Pruneau	00:54:02	00:00:16
3	3	Renaud Flageole	00:54:57	00:00:55
4	11	Guy Rousseau	00:56:44	00:01:47
5	14	Carlos Martinez	00:56:54	00:00:10
6	45	Vincent Désilets	00:57:52	00:00:58
7	58	René Marineau	00:58:53	00:01:01
8	99	Eve Chamberland	00:59:20	00:00:27
9	15	Christian Marchand	00:59:55	00:00:35
10	4	Sarah Lessard	01:00:25	00:00:30
11	62	Daniel Gélinas	01:01:45	00:01:20
12	19	Michael Gagnon	01:02:21	00:00:36
13	0	Steve Gagné	01:02:50	00:00:29
14	48	Oliver Crête	01:05:53	00:03:03
15	6	Frédéric Blais	01:07:47	00:01:54
16	56	Marc Lupien	01:08:35	00:00:48
17	70	Don Stoneman	01:08:39	00:00:04
18	35	Yves Pronovost	01:10:44	00:02:05
19	12	Steve Lefebvre	01:17:42	00:06:58
20	66	Claude Bellemare	DI	NF





# Paul G.



Rabaska							
Position	#	Canotiers	Temps	Écart			
1		Broadway Pub / As du piano	1:51:13	00:00:00			
2		Hockey Lemay	1:51:56	00:00:43			
3		Maco	1:56:45	00:04:49			
4		Drakkar de Beauce	1:57:49	00:01:04			
5		Clinique Santé Stratégie	1:57:50	00:00:01			
6		Waterloo	1:59:42	00:01:52			
7		Club Radisson	2:10:10	00:10:28			





Canadian Marathon Nationals were reasonably well attended this year but, again, there was relatively little representation of paddlers from other provinces. Two canoe paddlers from Ontario attended along with Darryl Bohm and some other kayakers that maybe I didn't know. There were some paddlers from the United States. The enthusiastic group of Ontario paddlers who attended last year were still recovering from the Yukon River Quest.

The race agenda was like this: 10 km C1 race on Friday night, 20 km C2 race on Saturday. 12 km C2 race at dusk Saturday evening and a 30 km C2 race up the St. Mauricie River on Sunday. The championship was decided based on accumulated times from the C2 races.

In total, a possibility of 72 km of racing over 2.5 days. Hot and humid weather required good "recovery" plans between races and a reasonably high degree of fitness. There was free accommodation for out of town paddlers at the Auberge, a few hundred steps from the race start.

The race into darkness with canoe headlights on Saturday, was scratched 10 minutes after the start as a thunderstorm rolled in with a drenching rain. When the organizer blows the horn five times, paddlers waste no time getting off the water.

Organizer Jeremy Levielle would like to run Nationals again in 2025. The 2024 format was interesting and the early July date was OK but Jeremy is always creative and it may be different next year.



# **Canadian Marathon Nationals**

### C2 results









	Su	rfski (Simple)	20 km	30 km	Cumulatif	
Position	#	Canotiers avants	Temps	Temps	Temps	Écart
1	151	Mario Chamberland	2:01:13	03:00:40	05:01:53	00:00:00
2	162	Claude Frigon	2:19:34	03:26:08	05:45:42	00:43:49
3	167	Yves Cartier	2:04:43	DNS		
4	154	Julieta Desmarais	2:19:33	DNS		

	U	ii ioki (Oillipic)	OU IVIII	Oumandin		
Position	#	Canotiers avants	Temps	Temps	Temps	Écart
1	151	Mario Chamberland	2:01:13	03:00:40	05:01:53	00:00:00
2	162	Claude Frigon	2:19:34	03:26:08	05:45:42	00:43:49
3	167	Yves Cartier	2:04:43	DNS		
4	154	Julieta Desmarais	2:19:33	DNS		

		K1	20 km	30 km	Cumulatif	
Position	#	Canotiers avants	Temps	Temps	Temps	Écart
1	152	Chris Proulx	01:41:22	02:30:18	04:11:40	00:00:00
2	159	Jacob Chainé	01:43:05	02:30:38	04:13:43	00:02:03
3	181	Andrii Khainastky	01:45:51	02:38:30	04:24:21	00:10:38
4	155	Darryl Bohm	02:01:05	02:56:39	04:57:44	00:33:23
5	157	Perry-Alexandre Rancourt	01:48:58	DNS		
6	173	Richard W Dober	DNF			



		Surfski (Dou	ble)	20	30	Cumulatif	
Position	#	Canotier	s avants	Temps	Temps	Temps	Écart
1	160	Marie-Hélène Lance	Geneviève Jacques	1:59:37	02:55:20	04:54:57	00:00:00



	OC-1			30 Cumulatif	Cumulatif	
Position	#	Canotiers avants	Temps	Temps	Temps	Écart
1	171	Mario Blackburn	01:57:06	02:50:30	04:47:36	
	202	Julien Daumont	DNS	03:03:44		



Paul G.

		C2		20 km	30	Cumulatif	
Position	#	Canotiers avants	Canotiers arrières	Temps	Temps	Temps	Écart
1	54	P.O. Quesnel	Christian Charrette	01:46:17	02:32:02	04:18:19	00:00:00
2	61	Michael Shlimmer	Eve Chamberland	01:49:50	02:33:19	04:23:09	00:04:50
3	62	Vincent Bellemare	Renaud Flageole	01:50:02	02:34:44	04:24:46	00:01:37
4	48	Carlos Martinez	Olivier McMillan	01:51:04	02:35:18	04:26:22	00:01:36
5	52	Adam Gélinas	Sarah Lessard	01:50:03	02:37:19	04:27:22	00:01:00
6	55	Tommy Savard	Louis-Simon Pruneau	01:51:37	02:37:36	04:29:13	00:01:51
7	37	Vincent Désilets	Alex Bordeleau	01:51:40	02:38:07	04:29:47	00:00:34
8	30	Louis Lefebvre	Shirley Trudel	01:53:57	02:41:55	04:35:52	00:06:05
9	59	Christian Marchand	Daniel Gélinas	01:55:26	02:43:20	04:38:46	00:02:54
10	47	Éric Vaugeois	David Bournival	01:55:32	02:45:22	04:40:54	00:02:08
11	32	Samuel Lamothe	Hugo Daigle	01:56:56	02:44:05	04:41:01	00:00:07
12	56	Thierry Dufour	Émile Desaulniers	01:56:01	02:50:53	04:46:54	00:05:53
13	42	Cedric Lefebvre	Samuel Vincent	01:59:10	02:49:24	04:48:34	00:01:40
14	77	Jolène Chachai	Yves Greffard	02:01:05	02:52:55	04:54:00	00:05:26
15	20	Claude Boucher	Nicole Boutin	02:01:45	02:53:07	04:54:52	00:00:52
16	6	Christof Pouliot	Anais Lefebvre	02:09:18	02:57:33	05:06:51	00:11:59
17	50	Pierre Lavictoire	Jessica Turcotte	02:04:48	03:03:08	05:07:56	00:01:05
18	45	René Joly	Mia Joly	02:09:17	03:02:12	05:11:29	00:03:33
19	58	Don Stoneman	Yves Pronovost	02:21:32	DNF	#VALEUR!	#VALEUR!
20	51	Antony Brunelle	Antoine Grenier	DNF		#VALEUR!	#VALEUR!





		C2	20 km	30	
Position	tion # Canotiers avants Canotiers arri		Canotiers arrières	Temps	Temps
	53	Guillaume Lamontagne	Guillaume Doucet	01:51:48	DNS
	63	Émilie Lapointe	Francis Trudel	01:56:03	DNS
	49	Thierry Morin	Jean-Pier Drouin	02:06:18	DNS
	64	Perry Rancourt	Steve Rancourt	DNS	03:05:31
	65	Jean-Philippe Dumas	Ariane h St-Onge	DNS	03:13:17
		Emy Nadeau	Antoine Grenier	DNS	03:28:03

### **Race Subsidy**

\$200 CDN / year may be awarded to OMCKRA members attending high level out of province events. The event must be attempted however does not have to be completed. To be eligible, a member must complete a minimum of 3 OMCKRA sanctioned/recognized Ontario races and the out of province race, before applying for reimbursement. Paddlers attending multiple high-level events for the first time may be eligible for more than \$200/ year. Events not on the pre-approved list may be awarded. Send a request. Budget is lim-

ited and not all who apply will receive the subsidy.
The deadline to submit expense claims is December 31. Preference will be given to first-time attendees.
The expense form is on the website omckra.com.
Pre-approved events for this season are as follows:
The General Clinton Canoe Regatta\*
The Ausable River Canoe Marathon\*
La Classique de Canot\*
The Yukon River Quest
La Ruta Maya Belize River Challenge
Chattajack
The Gorge Downwind Champs
Marathon Nationals \*
Marathon Worlds (Should attend 1 OMCKRA sanctioned event, ON residents only)

As an alternative, \$100 CDN / year may be awarded to OMCKRA members attending high-level out of province events in C2 or C1 sit down Marathon stock or pro racing boats. No requirement to attend 3 Ontario races. Pre-approved events for this season are as asterisked above plus Canton Race Weekend, The Adirondack Classic and Marathon Nationals (USCA).

# **Equipment Library**

OMCKRA C2s, a North Canoe and a Rabaska Canoe as well as paddles and PFD are available for loan to coaches to use for training. In addition, OMCKRA members are often willing to lend out boats for those newer to the sport. OMCKRA members can ask for access to the equipment with some restrictions applied to ensure the equipment is being used and cared for.

Contact info@omckra.com if you are interested in obtaining or sharing equipment.



Adam Gelinas, Massachusetts, and Sarah Lessard, Quebec, enjoyed racing together at Nationals.



Chris Prater, London, and Trina Ross, Winnipeg, won the stock class at the General Clinton Canoe Regatta in May.

# **Summer Student Sarah Plourde**



OMCKRA applied and was successful in obtaining a grant to hire a summer student under the Summer Experience Program SEP of the Ontario Ministry of Tourism, Culture and Sport. We had such a good experience with part-time student Sarah Plourde last year that we were ecstatic when she took on the full-time position this year. Sarah has proven to be a self-starter, quick to ask for clarification or chase after information, not to mention a talented newsletter designer as this edition of the HUT! demonstrates.

Sarah's other tasks include helping with the Provincials, compiling participation counts using Race Organizer's summary reports of Male and Female for the Ministry and non-member participation for the insurance broker. The Ministry uses these counts for funding decisions and this impacts OMCKRA's main funding from the Ministry that flows through Canoe Kayak Ontario. The Insurance broker uses the counts to bill OMCKRA. There are also boxes of historical documents which Sarah will be scanning for electronic storage - watch for some interesting photos and stories of yore btw - we've



found some gems! Also, Sarah has calculated the points to date for members attending races using the race results provided by our Race Organizers. See your current standings in this edition of the HUT!.

# **Next door in Quebec**

# Substitute for La Classique

A 3-day stage race is planned for the 2024 Labour Day weekend, starting in La Tuque and finishing in Trois Riviere. It will be run by the ACCQ and the ACRQ, OMCKRA's sister organizations in Quebec. It is called Le Defi de Canot de la Sainte Mauricie.

The River Festival organization, which hosted Nationals the last two years, quit trying to take over the financially distressed La Classique when faced with opposition from the old organization's "governors."

The "governors" issued a press release in June, promising to run a Classique event in 2025. Paddling leaders at the time of Nationals were pessimistic to say the least about that happening because there is no plan or promise to pay off debts from the old Classique (Reported at \$450,000).

## **OMCKRA Meetings of Members**

May, September and November!!

This has already been an interesting year for meetings of members. Due to changes to the Ontario Not-for-Profit Corporations Act (ONCA), OMCKRA hired Steve Indig of Sport Law (sportlaw.ca/) to update the Articles and Bylaws for compliance. Members were sent an invitation in early April and attended a May 9 meeting where the new Articles were ratified by membership. Articles are also posted on the website. The new legislation requires a meeting of members to take place within six months of the end of our fiscal year so we are planning what we describe as a 'Business AGM' for September 11 at 7pm by zoom.

## September 'Business' Meeting of Members agenda

- approval of the auditor and review of engagement financials
- election of the directors

We are looking for more people to be on the board so if you are interested please let us know.

In **November**, after the season ends, we will have a less 'dry', more entertaining meeting of members for the points and member recommended awards. Watch for the invites for both September and November meetings. Email in your recommendations for the following awards to <a href="mailto:info@omckra.com">info@omckra.com</a>.

### Race of the Year

Race of the Year must be a sanctioned race other than the Provincials

## **Sportsmanship Award**

The Sportsmanship Award may be given to the most deserving individual who performed a sportsman-like act during the past year.

### **Award of Merit**

The Award of Merit may be presented to the person or persons who made the greatest contribution to the betterment of OMCRA.

### **Adult-Child Award**

The Adult-Child award may be given to the Adult and Child who demonstrated the most enthusiasm and participation in the sport over the season.

#### **New Board Members!!**

Joining the OMCKRA board mid-way through the year: Debbie Bell, Christopher Hebert, Mike Kennedy. Thank you for stepping up!