## Chapter 5: Checklist for Creating Your Cookbook

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|   | Week 1 | Week 2 | Week 3 | Week 4 |
| Week 1-4: Add one new recipe to your “Recipes to Try” binder or folder. |  |  |  |  |

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|   | Week 5 | Week 6 | Week 7 | Week 8 |
| Week 5 and beyond: Commit to trying one new recipe each week. Add keeper recipes to “cookbook.” |  |  |  |  |