



Stability dynamics of neurofilament and GFAP networks and protein fragments

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Abstract

Neurofilaments (NFs) and GFAP are cytoskeletal intermediate filaments (IFs) that support cellular processes unfolding within the uniquely complex environments of neurons and astrocytes, respectively. This review highlights emerging concepts on the transitions between stable and destabilized IF networks in the nervous system. While self-association between transiently structured low-complexity IF domains promotes filament assembly, the opposing destabilizing actions of phosphorylation-mediated filament severing facilitate faster intracellular transport. Cellular proteases, including caspases and calpains, produce a variety of IF fragments, which may interact with N-degron and C-degron pathways of the protein degradation machinery. The rapid adoption of NF and GFAP-based clinical biomarker tests is contrasted with the lagging understanding of the dynamics between the native IF proteins and their fragments.

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A low complexity view of complex IF assemblies

Intermediate filament (IF) proteins form flexible and highly adaptable cytoskeletal networks that help various cell types meet physiological demands and manage stress. The activities of IFs are especially critical in cells with highly complex architecture and elongated cytoplasmic processes, such as astrocytes and neurons, to

establish and maintain their characteristic morphology and cell-to-cell connections [1,2]. Neurofilaments (NF) and glial fibrillary acidic proteins (GFAP) form the major IF networks in mature neurons and astrocytes, respectively. GFAP forms homo-polymeric assemblies that are highly sensitive to perturbations within the central alpha-helical rod domain of the molecule, as shown in recent mutagenesis studies [3,4]. The three NF genes (*NEFL*, *NEFM*, and *NEFH*), encode the NF light, medium and heavy (NF-L, NF-M, and NF-H) proteins that associate to form the cytoskeletal networks of neurons. Recent seminal studies have highlighted the importance of the ‘low complexity’ N-terminal ‘head’ domain of NF-L in mediating homotypic interactions to assemble into mature networks [5]. *Low complexity* refers to the over-representation of specific amino acid in a given protein or protein segment [6]; and by that standard the head and tail domains of most IF proteins fit in this category. Previously thought to lack structural order, we now know that the N-termini transition between conformational disorder and labile β -strand polymers that promote self-associations and stabilize filament assembly [5,7].

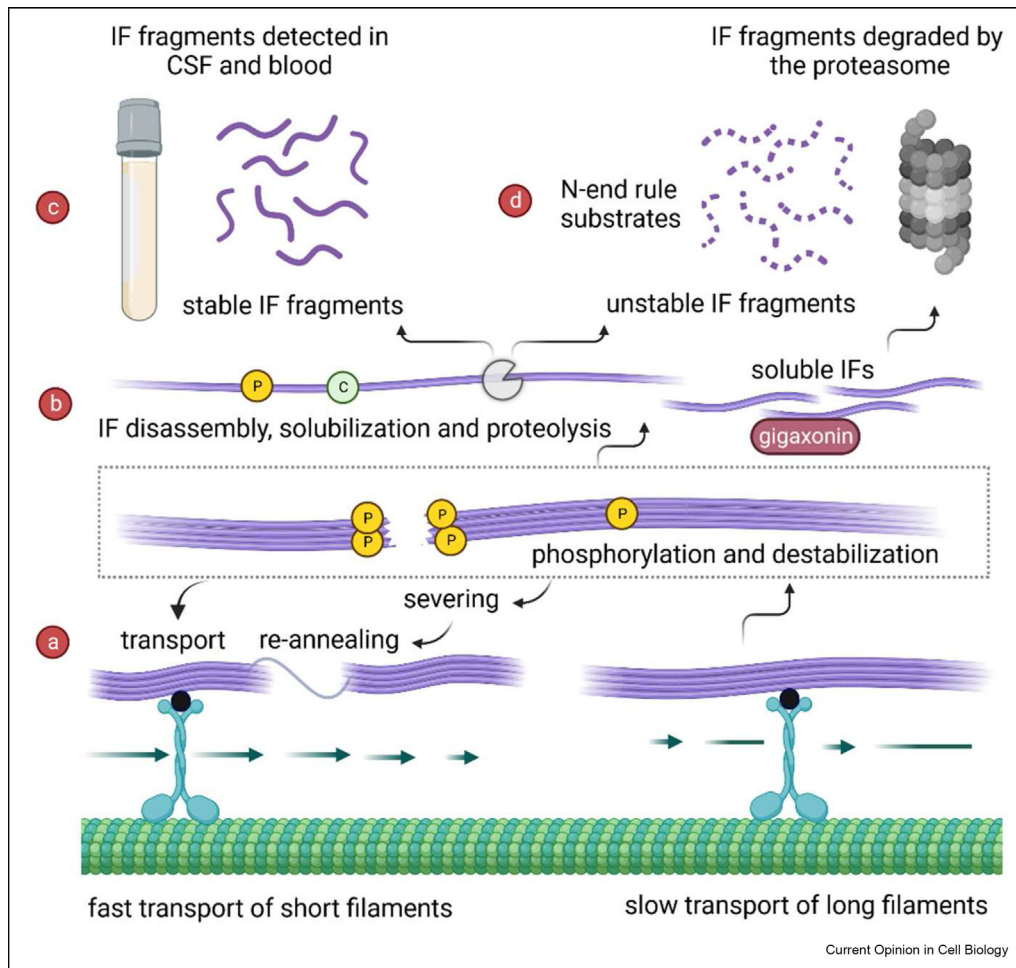
Phosphorylation rules IF behavior

Like other IFs, the head domains of NFs and GFAP are enriched in post-translational modification (PTMs) sites, particularly sites for phosphorylation. Nearly half of the NF-L head domain (92 residues) is represented by three residues: Ser, Tyr, or Thr, with 27, 9 and 4 residues respectively. Hence, phosphorylation plays a prominent role in NF dynamics, including the severing and re-annealing of mature filaments (Figure 1) to continually facilitate adaptive responses in cells. This is independent of IF turnover, per se, via protein degradation and new protein synthesis [8] and especially important in the nervous system, where NFs and GFAP are long-lived proteins with half-lives in vivo measured in weeks to months [1,9,10].

Citrullination destabilizes GFAP and marks reactive glia

Another important, but incompletely understood PTM that has a strong destabilizing effect on IFs, is citrullination. Citrullination is the enzymatic deimination of

Figure 1



Stability and instability mechanisms of IFs in the nervous system. IF protein assembly and disassembly are dynamic processes facilitated by post-translational modifications (PTMs) and enzymatic proteolysis. (a) Phosphorylation (P) promotes destabilization of the IF network and severing of filaments. The speed of microtubule-dependent NF-L transport in neurons is controlled by cycles of filament severing and re-annealing: shorter IFs move faster compared to longer IFs, which stall frequently. A putative adapter molecule (represented by the black spheres) has been proposed to facilitate the interaction between IFs and kinesin motor proteins. (b) Both phosphorylation and citrullination (C), the enzymatic deimination of arginine to citrulline, destabilize IFs - including GFAP. This results in the formation of non-filamentous, soluble IFs. Soluble IFs become the substrates for the E3 ubiquitin ligase adaptor gigaxonin, which promotes normal IF protein turnover via the proteasome. IF clearance and transport are significantly impaired in the absence of functional gigaxonin. Further processing of non-filamentous IFs is carried out by various cellular proteases, such as caspases and calpains (represented by the pac-man shape). (c) Site-specific enzymatic proteolysis results in the formation of IF protein fragments with varying stability. Cerebrospinal fluid (CSF) and blood levels of NF-L and GFAP are currently utilized as biomarkers for neurological disorders and injuries. Recent studies show that NF-L biomarker assays detect only fragments, and that certain fragments are more strongly associated with disease activity. (d) Short-lived proteolytic IF fragments can become substrates for the N-end rule pathway, a ubiquitin-proteasome dependent system that targets protease-generated fragments for degradation. The residues exposed at the peptide cleavage site govern the stability of protein fragment products. Many predicted calpain cleavage sites on IFs expose highly stabilizing residues (such as serine and alanine), suggesting that IF protein fragments may be long-lived and may have important biological functions that are distinct from the fully assembled filaments. Created with [BioRender.com](https://www.bio-render.com/).

the amino acid arginine to produce the non-essential amino acid citrulline. In the 1980s, work by Inagaki et al. demonstrated that head domain citrullination is highly destabilizing (Figure 1) to vimentin, GFAP and desmin IFs, but the exact biological function of this PTM in various cells and physiological contexts has remained elusive. Recently, a series of studies by R. Mohan and colleagues have elegantly revealed a disease-

associated role for citrullination of GFAP in reactive glial cells [11–13]. Müller glia (MG) exhibit robust compartmentalized GFAP citrullination in their endfeet and processes in different mouse models of retinal degeneration, and this is also observed in human wet age-related macular degeneration tissues [13]. The enzyme peptidyl arginine deiminase-4 (PAD4), which facilitates citrullination, co-localizes with GFAP and

GFAP hyper-citrullination is blunted in mice lacking PAD4 expression in glial cells. The authors have proposed that the MG endfeet serve as a “bunker” for citrullination throughout retinal degeneration, such that this highly localized stress response can still allow for phototransduction and visual processing to take place. This work also raises the possibility that citrullinated GFAP or cleavage of GFAP into citrullinated fragments may contribute to progressive disease pathology and highlights citrullinated GFAP as a potential biomarker for human degenerative retinal diseases. Recently developed methods to modulate protein citrullination in a site-specific manner [14] should facilitate a better understanding of the cell biology behind this PTM on neuronal and glial IFs – especially in light of recent work linking citrullination more broadly with abnormal protein aggregation and neurodegeneration [15].

L(IF)e in the fast lane: severed NFs move faster

The regulated transport and degradation of NFs is essential for the maintenance of proper neuronal structure and cellular homeostasis [16]. A recent study using fluorescence photoactivation pulse-escape method found that the entire pool of neurofilaments is dynamic and moves (albeit slowly) within the myelinated axons of peripheral nerves in the adult mouse [17], contrary to what was previously thought to be the case. The movement of NFs in axons is bidirectional with an anterograde bias, but the net velocity decreases during post-natal development, according to age and proximal-to-distal positioning along the nerve [18]. Increased cross-sectional area of myelinated axons is associated with increased influx and retention of NFs due to slower movement, which is partly related to decreased density of the microtubule network [19]. To accommodate microtubule-based transport, NFs undergo an active process of severing and re-annealing, similar to what has previously been established for vimentin [20]. Shorter segments move more quickly, while longer filaments (after annealing) move more slowly, change direction more frequently, or stall [8]. Phospho-mimetic substitutions at NF-L head domain serine residues 2, 55, 57 and 62 (PKA and CAMKII target sites) resulted in the formation of shorter and more rapidly moving NFs, while phospho-deficient mutations resulted in longer, slower moving NFs and wider axons [8]. Thus, these new studies suggest that head domain phosphorylation plays a destabilizing role within mature NF networks (Figure 1).

Soluble IFs are gigaxonin substrates

In addition to severing of filaments, phosphorylation can also trigger disassembly to form a soluble, non-filamentous pool of IFs that can be targeted for proteasomal degradation. Proteasomal turnover of NFs [21] and GFAP [22] is mediated by the ubiquitin ligase

adaptor protein gigaxonin (Figure 1), which is encoded by the gene *KLHL16* (or *GAN*). Loss-of-function mutations in *KLHL16* cause the rare pediatric neurodegenerative disease Giant Axonal Neuropathy (GAN) [23]. GAN is characterized by progressive axonal degeneration affecting the peripheral nervous system (PNS) and the central nervous system (CNS). The clinically debilitating effects of GAN are due to the preferential and severe involvement of axons, which are focally distended by densely packed NFs [23]. Recent work shows that astrocytes are significantly impacted in GAN, but their roles and the significance of GFAP accumulation are less clear [24]. Ectopic expression of high levels of gigaxonin in cells leads to the complete elimination of IFs, and this finding served as the basis of an ongoing clinical trial for GAN [25]. Despite recent progress in understanding the natural history of GAN [23], the true function of gigaxonin and the specific reason behind the selective neuronal vulnerability, when many other cell types also contain prominent IF aggregates, have yet to be elucidated.

IF transport and degradation converge

Although commonly assumed, it remains to be proven that gigaxonin facilitates the ubiquitination of IFs. It is possible that axons are more vulnerable to gigaxonin mutations because the focal NF accumulations ‘cement’ other organelles, such as mitochondria [26] and block axonal traffic. In fact, recent work shows that gigaxonin itself appears to be important for the trafficking of NFs [27]. In the absence of gigaxonin, kinesin-1 dependent NF and mitochondria transport mechanisms are impaired, while other kinesin-1 cargo can move normally [27]. Interestingly, pharmacologic inhibition of HDAC6, which deacetylates and destabilizes microtubules [28], improves IF morphology and mitochondria transport along axons in GAN mice, suggesting that tubulin acetylation may also play a role in this process [29]. Currently, it is not known if the IF transport-related defects in GAN cells are related to the function of gigaxonin as an E3 ligase adaptor, or another role. Moreover, aside from gigaxonin, the collective molecular machinery dedicated to ensuring the stability of the NFs remains to be defined. One possibility is that accumulation of a non-filamentous pool of NFs in GAN cells leads to the formation of large IF structures that are no longer effectively transported or degraded [27].

Long-lived IF fragments

Recent work in GAN patient fibroblasts reveals that in the absence of gigaxonin, IFs are more prone to destabilization via cleavage by calpains [30]. Calpain-generated fragments may be short-lived or long-lived, and may have functions that differ from the native protein. Depending on the amino acids that are exposed during cleavage, the stability of protein fragments can vary from a few seconds to more than 20 h [31].

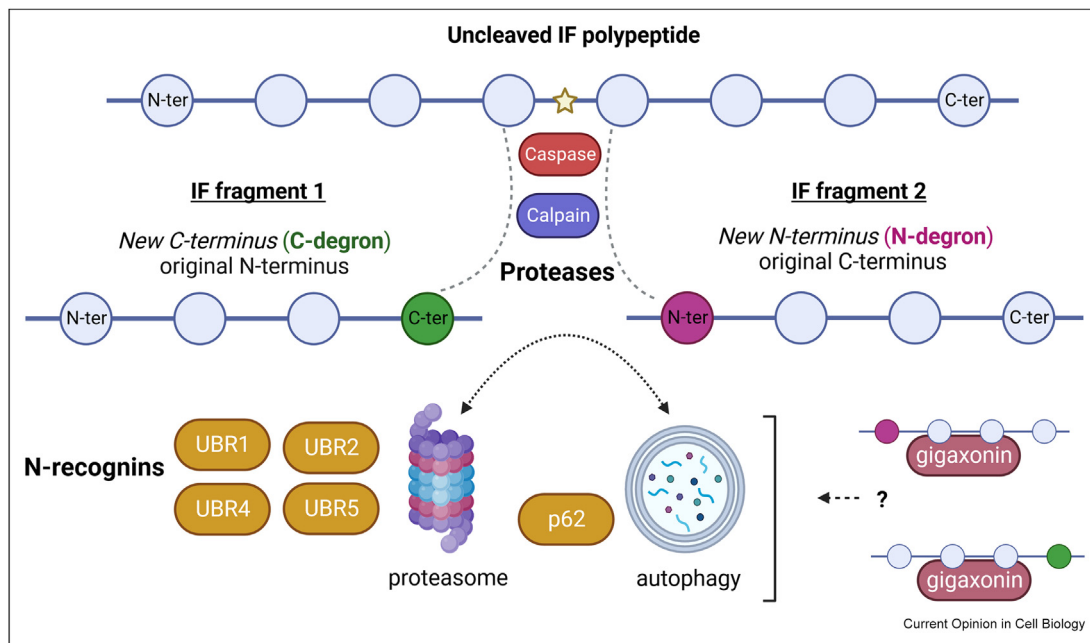
Specifically, Arg, Lys, His, Leu, Trp, Phe, Tyr, and Ile are destabilizing residues when exposed following cleavage, while Ser, Ala, Thr, Met, Val, and Gly are highly stabilizing [31]. Recent work reveals the presence of multiple NF-L fragments in human brain tissue [32], and at least three of these fragments are predicted to be highly stable: $_{117}\text{VLEAELLVLR}_{126}$, $_{324}\text{GMNEALEK}_{331}$ (from central the rod domain) and $_{530}\text{VEGAGEEQAQK}_{540}$ (from the C-terminal tail domain). Moreover, recent evidence suggests that a calpain-generated tail domain fragment of NF-L translocates to the nucleus and interacts with DNA following oxidative injury in neurons [33]. Therefore, it is possible that IF fragments acquire new functions that are otherwise suppressed in the context of a mature filament. Similar to NFs, destabilizing effects on the filament network are observed with a Ser-13 phospho-mimic head domain mutation on GFAP. However, this particular phospho-mimic mutation promotes caspase-6 mediated cleavage to form a ~24 kDa fragment [34] resulting from cleavage at caspase recognition motif VELD_{225} ³⁵. This cleavage product is detectable in tissue from patients with

Alexander Disease, which is caused by GFAP mutations, suggesting it is highly stable. Whether this GFAP fragment occurs as part of a filament severing process or at the level of the soluble non-filamentous protein is not known, but the studies on NFs raise the importance of examining the active transport of GFAP in astrocytes and their processes. Although this has not been done to date, new and improved tools to study astrocyte morphology, physiology and molecular mechanisms should pave the way for a better understanding of GFAP dynamics in resting and reactive astrocytes [36,37]. Currently the fate and function of GFAP fragments generated by calpains and caspases is not known, but their presence in patients with CNS injury well documented [35,38].

Short-lived IF fragments

The cleavage of a protein into two fragments results in the formation of a new C-terminus on one fragment and a new N-terminus on the other fragment (Figure 2). The amino acids that define these newly exposed termini in short-lived fragments are called C-degrons or N-

Figure 2



Intermediate filament (IF) fragments as potential substrates of the N-end rule pathway. Schematic representation of proteolytic cleavage of an IF polypeptide (blue circles represent individual amino acids; blue line represents the peptide bond) by a cellular protease (e.g. caspase or calpain). This cleavage event (represented by the yellow star), results in the formation of two fragments: IF fragment 1, containing the original N-terminus (N-ter) and exposing a new C-terminal residue (green) and IF fragment 2, containing a newly exposed N-terminal residue (magenta) and the original C-terminus (C-ter). For short-lived fragments that are substrates for the N-end rule pathway, the new N-terminus and C-terminus are referred to as the N-degron and C-degron respectively. Degrons are short linear recognition motifs for specific E3 ubiquitin ligases, termed N-recognins, which can facilitate downstream fragment destruction via the proteasome or autophagy. Several proteasome-associated N-recognins have been identified in mammalian cells, including UBR1, UBR2, UBR4, and UBR5. Knockout of UBR1 and UBR2 leads to loss of NF-L and NF-M in cells, through unknown mechanisms. The protein p62, known to be associated with pathologic IF aggregates in diseased cells, acts as an N-recognin for autophagy. It is not presently known whether gigaxonin, which is considered to be an E3 ubiquitin ligase adaptor protein for IFs, may also be involved in the clearance of IF fragments through these pathways by associating with the various N-recognins in cells. Created with [BioRender.com](https://www.biorender.com).

degrons, respectively [39]. A degron is a linear sequence motif that is the minimal segment required to facilitate an interaction between a protein target and the degradation machinery. N-degrons were described over three decades ago [40], while C-degrons were discovered more recently [41,42]. Many calpain-generated natural protein fragments are substrates for these degradation pathways [43]. It is assumed, though not proven explicitly, that these pathways always lead to the terminal destruction of a fragment via an ubiquitin-proteasome dependent system, previously known as the ‘N-end rule pathway’. Newly formed fragments containing N-degrons are recognized by specific E3 ubiquitin ligases. In mammalian cells, there are at least four such ligases (termed N-recognins): UBR1, UBR2, UBR4 and UBR5 (Figure 2). Structural advances on UBR1 are providing new mechanistic insights into the process by which an N-degron is initially recognized by UBR1 to the mono- and poly-ubiquitination steps of this reaction [44]. Interestingly, HEK293 cells with a double UBR1 and UBR2 knockout have a near-complete loss of NF-L and NF-M proteins [45], which are normally robustly expressed in the parental cell line, possibly due to their likely neuronal origin [46]. The changes at the NF protein level in the UBR1/2 knockout cells were independent of *NEFL/NEFM* mRNA expression [45]. Therefore, it appears that UBR1 and/or UBR2 ligases critically regulate NF-L and NF-M protein expression, but the mechanism remains to be defined – especially in neurons and *in vivo*. It is possible that absence of these ligases prevented regulated translation of NF mRNA, and/or stabilized a molecule that accelerated degradation of NFs. Curated data in the BioGrid repository [47] from HEK293 cells reveal that human UBR1 and UBR2 have 201 and 153 unique interactors, respectively, but NFs were not among the interactors, which suggests a possible indirect mechanism.

N-degrons and links to developmental processes

Interestingly, other IFs - including 17 keratin proteins, in addition to GFAP and vimentin— are interactors of UBR1 based on high throughput protein–protein interaction studies [48]. It is notable that mice with combined loss of UBR1 and UBR2 die in mid-gestation due to impaired neurogenesis marked by the reduced proliferation and migration of neuronal progenitors [49]. Studies to advance the role of these ligases on the proteostasis of different IFs (e.g. vimentin, nestin, peripherin, α -internexin) in developing neurons will shed insights into how the coordinated activities of the IF cytoskeleton support proper neuronal development [50]. In mature neurons, interactions between NFs and the N-degron pathway are likely to have functional consequences – perhaps beyond UBR ligases. For example, it was recently shown that NFs are degraded by autophagy *in vivo* [51] and this may potentially

involve p62, which is frequently associated with pathologic IF protein inclusions [52] and was recently shown to function as an N-recognin regulating macroautophagy and autophagosome biogenesis [53]. Thus, interactions between IFs and the N-degron pathways are previously underappreciated mechanisms that could have significance in development, homeostasis and in disease.

Small IF fragments, large gaps between biology and disease

With advances of precision biomarker technologies, serum and cerebrospinal fluid (CSF) levels of NFs and GFAP are now widely used as biomarkers for many neurological diseases [54,55]. The clinical biomarker assays are based on antibody-based capture and detection. However, despite their rapid adoption in the clinic, the precise species of protein captured by these assays are generally not known. Recent work on NFs showed that the most commonly used assays detect NF-L fragments — not the full-length protein [32]. In Alzheimer patients’ brain, a C-terminal fragment of NF-L (not known yet if this is the same fragment shown to translocate to the nucleus [33]) correlated most strongly with disease activity [32]. Calpain-generated GFAP truncated products can also be detected in patients biofluids [35,56]. Specifically, a larger GFAP fragment is detected in patients within the first 24 h following traumatic brain injury [35]. GFAP products formed after cleavage by caspase-6 are also detected in Alexander Disease (AxD) [34]. Knockdown of the *Gfap* gene in a rat model of AxD with a translationally relevant human-like phenotype can prevent disease progression and reverse disease that has already started to occur [57]. Whether the toxic effects of GFAP in AxD are related to the mRNA transcript, the full-length protein, a pathogenic cleaved fragment, or another mechanism (e.g. *GFAP* mRNA splicing [58]) remains to be determined, but studies addressing these gaps will have direct translational relevance in evaluating disease progression and therapeutic outcomes in patients.

Conclusions

IF proteins in cells of the nervous system contribute to major processes throughout early development and beyond. Resilient IF networks are constantly being formed, remodeled and re-shaped via post-translational and proteolytic mechanisms to adapt to cellular and physiologic conditions. We also cannot rule out that non-enzymatic mechanisms contribute to filament breakage and fragmentation — as suggested by *in vitro* reconstitution studies and theoretical modeling on vimentin [59]. Enzymatic processing of NFs and GFAP by cellular proteases, including calpains and caspases, has long been recognized to occur. Still unknown are the dynamics and functions of the IF fragments that are generated after cleavage. Clinical advances show that these fragments are present outside of cells — yet, how the circulating

fragments are formed and released from neurons and astrocytes, and how they are related to the pathogenesis and progression of disease is poorly understood. There are also challenges and limitations regarding the clinical utility of NF and GFAP biomarker assays that stem from the dynamic nature of these proteins, their tendency to undergo extensive PTM processing in stress and disease, the lack of a 'normal' range standard established across large cohorts of human subjects, and lack of knowledge about how various factors like age, stress, physical activity and other lifestyle factors could affect the levels of IFs in the blood of CSF [60]. The magnitude of elevation relative to normal subjects and patients affected with other conditions is an important consideration as such values could differ dramatically and these levels can change over time and according to the disease stage. Deployment of novel tools and methods to address these biological and clinical questions will contribute fundamental insights that will advance the disease-related roles of NFs and GFAP.

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Declaration of competing interest

The authors declare that they do not have competing interests.

Data availability

No data was used for the research described in the article.

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