**Bun In The Oven Cakery**

**Allergen Booklet**

**Market Stall Products**

**Aug 2022**

Last Reviewed: 26/08/2022

**Bun In The Oven Cakery**

**Allergens**

Please note: All products are baked in the same kitchen where the following allergen products are used and therefore may contain traces: Wheat, Milk, Soya, Sulphites, Eggs & Nuts.

***Cupcakes:*** **Wheat** **Flour** (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin),Sugar, Raising Agents (Glucono-delta-lactone Sodium Hydrogen Carbonate) Dextrose, palm oil, rapeseed oil, salt. Lemon Flavouring: vegetable oil (rapeseed) lemon extract. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate.

***Brownies:*** Plain **Flour**: (**wheat** **flour**, calcium carbonate, iron, niacin, thiamin) Butter: vegetable Oils In Varying Proportions (64%) (Palm Oil, Rapeseed Oil), 𝐁𝐮𝐭𝐭𝐞𝐫𝐦𝐢𝐥𝐤 (20%), Water, Salt (1.5%), Colour: Carotenes; Flavouring. Caster sugar, Dark Chocolate: cocoa mass, skimmed **milk** powder, whole **milk** powder, cocoa butter, sugar, natural vanilla flavouring, emulsifier, sunflower lecithin, Cocoa powder, **Eggs**, Baking powder: Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), **Wheat** **Flour** [**Wheat** **Flour**, Calcium Carbonate, Iron, Niacin, Thiamin]. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate.

Smarties: Sugar, Skimmed **Milk** Powder, Cocoa Mass, Cocoa Butter, **Wheat** Flour, Butterfat (from **Milk**), Lactose and Proteins from Whey (from **Milk**), Rice Starch, Emulsifier (Lecithins), Colours (Beetroot Red, Carotene, Curcumin), Natural Flavouring, Spirulina Concentrate, Glazing Agents (Carnauba Wax, Beeswax White), Fruit and Vegetable Concentrates (Safflower, Radish), **Barley** Malt Extract

Ginger: Stem Ginger (70%), Sugar, Preservative, **Sulphur Dioxide**

White chocolate: Sugar, Cocoa Butter\*\*, Dried Whole **Milk**, Emulsifier (Sunflower Lecithins), Flavouring

Milk Chocolate: Sugar, Cocoa Butter\*\*, Dried Whole **Milk**, Cocoa Mass\*\*, Whey Powder (**Milk**), **Milk** Fat, Emulsifier (Sunflower Lecithins), Flavouring.

Freeze dried raspberries: Raspberry Freeze Dried Pieces

Chocolate orange: Sugar, Cocoa Mass, Cocoa Butter, Dried Skimmed **Milk**, Dried Whey (from **Milk**), Vegetable Fats (Palm, Shea), **Milk** Fat, Emulsifiers (**Soya** Lecithins, E476), Orange Oil, Flavouring, Milk Solids 14% minimum, Cocoa Solids 25% minimum, Contains Vegetable Fats in addition to Cocoa Butter

***Shortbread:* wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate.

**Chocolate sponge:** Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Palm Oil, Fat Reduced Cocoa Powder, Raising Agents (Potassium Hydrogen Carbonate, Glucono-Delta-Lactone, Sodium Bicarbonate, Calcium Phosphate), Rapeseed Oil. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate, cocoa Powder. **Eggs.**

**Carrot sponge:** Sugar, **Wheat** flour, Dried carrots (3.5%), Modified potato starch, Skimmed yoghurt powder (contains **milk**), **Wheat** bran, Raising agents (diphosphates, sodium carbonates), Mixed spices, Rice starch, Natural flavouring (contains **milk**), Caramelised sugar syrup, Emulsifiers (polyglycerol esters of fatty acids, mono- and diglycerides of fatty acids, polysorbate 80), Maltodextrin, Natural vanilla flavouring, Acidity regulator (citric acid). **Eggs.**

**Lemon Drizzle sponge**: Sugar, **Wheat** flour, **Wheat** starch, Raising agents (diphosphates, sodium carbonates), Natural lemon flavouring, Rice starch, Modified potato starch, Emulsifiers (polyglycerol esters of fatty acids, mono- and diglycerides of fatty acids, polysorbate 80), Acidity regulator (citric acid), **eggs**.

**School sponge: Wheat** **Flour** (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin),Sugar, Raising Agents (Glucono-delta-lactone Sodium Hydrogen Carbonate) Dextrose, palm oil, rapeseed oil, salt. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate **eggs**. Sprinkles: Sugar, Coconut Oil, Shea Fat, Fruit and Vegetable Concentrates [Sweet Potato, Spirulina, Apple, Radish], Stabiliser (Acacia Gum), Glazing Agent (White and Yellow Beeswax), Colours (Paprika Extract, Lutein). Glacé cherry: Cherry (56%), Glucose-Fructose Syrup, Sugar, Colour (Anthocyanins), Acidity Regulator (Citric Acid), Preservative (**Sulphur Dioxide**).

**Chocolate salted caramel sponge**: Sugar, **Wheat** flour, Dark chocolate (7%) (cocoa mass, sugar, cocoa butter, emulsifier (lecithins)), Fat reduced cocoa powder (6.5%), **Wheat** starch, Raising agents (diphosphates, sodium carbonates), Modified potato starch, Salt, Natural flavouring, Caramelised sugar syrup, Maltodextrin, Cocoa solids 52%. **Eggs.**

**Milk Chocolate chip cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter Dried Whole **Milk**, Cocoa Mass Emulsifier (**Soya** Lecithins), Flavouring Sugar, Cane Molasses, Humectant (Glycerol).

**White chocolate chip cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter Dried Whole **Milk**, Whey Powder (**Milk**), Emulsifier (**Soya** Lecithins) Sugar, Cane Molasses, Humectant (Glycerol).

**White Chocolate and Raspberry cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter Dried Whole **Milk**, Whey Powder (**Milk**), Emulsifier (**Soya** Lecithins) Sugar, Cane Molasses, Humectant (Glycerol). Raspberries.

**Dark Chocolate and Salted caramel cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs.** Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**Milk**), Emulsifier (**Soya** Lecithins). Sugar, Cocoa Mass Caramel Flakes with Almonds (8%) [Sugar, Butter (**Milk**), Dried Skimmed **Milk**, **Almonds**, Salt], **Milk** Fat, Cocoa Butter Emulsifier (Sunflower Lecithins), Flavourings, Sea Salt. Sugar, Cane Molasses, Humectant (Glycerol).

**Rainbow Cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter Dried Whole **Milk**, Cocoa Mass Emulsifier (**Soya** Lecithins), Flavouring Sugar, Cane Molasses, Humectant (Glycerol), smarties: Sugar, Skimmed **Milk** Powder, Cocoa Mass, Cocoa Butter, **Wheat** Flour, Butterfat (from **Milk**), Lactose and Proteins from Whey (from **Milk**), Rice Starch, Emulsifier (Lecithins), Colours (Beetroot Red, Carotene, Curcumin), Natural Flavouring, Spirulina Concentrate, Glazing Agents (Carnauba Wax, Beeswax White), Fruit and Vegetable Concentrates (Safflower, Radish), **Barley** Malt Extract

**Chocolate & ginger cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter Dried Whole **Milk**, Cocoa Mass Emulsifier (**Soya** Lecithins), Flavouring Sugar, Cane Molasses, Humectant (Glycerol). Stem Ginger (70%), Sugar, Preservative, **Sulphur Dioxide**

**Chocolate Orange chip cookies: wheat** **flour**, calcium carbonate, iron, niacin, thiamin) raising agents (calcium phosphate, sodium, bicarbonate). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. **Eggs** Sugar, Cocoa Butter, Dried Whole **Milk**, Cocoa Mass, Emulsifier (**Soya** Lecithins), Flavouring Sugar, Cane Molasses, Humectant (Glycerol). Chocolate orange chips: Dark Chocolate Flavour Chips (50%) (Sugar, Palm Fat, Fat Reduced Cocoa Powder, Emulsifiers: Lecithins (𝐒𝐨𝐲𝐚), Sorbitan Tristearate; Flavouring), Orange Flavour Fudge Pieces (50%) [Sugar, Glucose Syrup, Sweetened Condensed 𝐌𝐢𝐥𝐤 (𝐌𝐢𝐥𝐤, Sugar), Palm Oil, Clotted Cream (𝐌𝐢𝐥𝐤), Emulsifier: Lecithins (𝐒𝐨𝐲𝐚); Colour: Paprika Extract; Salted Butter (Butter (𝐌𝐢𝐥𝐤), Salt), Flavouring, Salt].

**Biscoff Cake Sundae:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Pasteurised **Egg**, Sugar, Maltodextrin, Pasteurised **Egg** White, Humectant (Glycerol), Raising Agents (Disodium Diphosphate, Potassium Carbonate, Calcium Phosphate, Glucono-Delta-Lactone, Calcium Lactate), **Wheat** Starch, Polydextrose, **Milk** Proteins, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids), Flavouring. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate. Biscoff Sauce: Caramelised biscuits 52% (**wheat** flour, sugar, vegetable oils (palm\*, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), soya flour, salt, cinnamon), rapeseed oil, sugar, emulsifier (lecithins (**soya**)), acid (citric acid)

**Oreo cake sundae:** Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Fat Reduced Cocoa Powder (9%), Raising Agents (Glucono-Delta-Lactone, Sodium Bicarbonate), Dextrose, Palm Oil, Rapeseed Oil, Salt, Flavouring. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate. Oreos: **Wheat** Flour, Sugar, Palm Oil, Rapeseed Oil, Fat Reduced Cocoa Powder 4.3 %, **Wheat** Starch, Glucose-Fructose Syrup, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Salt, Emulsifier (**Soya** Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring. Chocolate sauce: Invert Sugar Syrup, Fat Reduced Cocoa Powder

**Chocolate orange cake sundae:** Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Fat Reduced Cocoa Powder (9%), Raising Agents (Glucono-Delta-Lactone, Sodium Bicarbonate), Dextrose, Palm Oil, Rapeseed Oil, Salt, Flavouring. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate. Oreos: **Wheat** Flour, Sugar, Palm Oil, Rapeseed Oil, Fat Reduced Cocoa Powder 4.3 %, **Wheat** Starch, Glucose-Fructose Syrup, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Salt, Emulsifier (**Soya** Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring. Chocolate sauce: Invert Sugar Syrup, Fat Reduced Cocoa Powder, Terrys Chocolate Orange: Sugar, Cocoa Mass, Cocoa Butter, Skimmed **Milk** Powder, Whey Powder (from **Milk**), Vegetable Fats (Palm, Shea), **Milk** Fat, Emulsifiers (**Soya** Lecithins, E476), Orange Oil, Flavouring, Milk Solids 14 % minimum, Cocoa Solids 25 % minimum, Contains Vegetable Fats in addition to Cocoa Butter. Rapeseed Oil, Orange Oil

Bakewell Slice: **Wheat** **Flour** (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin),Sugar, Raising Agents (Glucono-delta-lactone Sodium Hydrogen Carbonate) Dextrose, palm oil, rapeseed oil, salt. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate **eggs**. Sprinkles: Sugar, Coconut Oil, Shea Fat, Fruit and Vegetable Concentrates [Sweet Potato, Spirulina, Apple, Radish], Stabiliser (Acacia Gum), Glazing Agent (White and Yellow Beeswax), Colours (Paprika Extract, Lutein). Glacé cherry: Cherry (56%), Glucose-Fructose Syrup, Sugar, Colour (Anthocyanins), Acidity Regulator (Citric Acid), Preservative (**Sulphur Dioxide**). Rapeseed Oil, **Almond Oil** (**Nut**). Cherry (56%), Glucose-Fructose Syrup, Sugar, Colour (Anthocyanins), Acidity Regulator (Citric Acid), Preservative (**Sulphur Dioxide**).

**Red Velvet Sponge:** Sugar, **Wheat** Flour, Palm Fat, Fat-Reduced Cocoa Powder (3%), Raising Agents (Calcium Phosphates, Sodium Carbonates), Corn Starch, Emulsifiers (Propane-1, 2-Diol Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids Sodium Stearoyl-2-Lactylate), Salt, Stabiliser (Xanthan Gum), Colours (Carmines, Paprika Extract), Flavourings, Flour Treatment Agent (Ascorbic Acid). Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate

**Cornflake Slice:** Maize, Sugar, Salt, **Barley** Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12. Sugar, Cocoa Butter\*\*, Dried Whole **Milk**, Cocoa Mass\*\*, Whey Powder (**Milk**), **Milk** Fat, Emulsifier (Sunflower Lecithins), Flavouring.

**Banana & Caramel Sponge:** Bananas, **Wheat** flour, baking powder, cinnamon, butter, granulated sugar, brown sugar, eggs, vanilla extract. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate. Caramelised Sweetened Condensed **Milk** (**Milk**, Sugar), Stabiliser (Disodium Phosphate)

Gluten Free cupcakes: Butter: vegetable Oils In Varying Proportions (64%) (Palm Oil, Rapeseed Oil), 𝐁𝐮𝐭𝐭𝐞𝐫𝐦𝐢𝐥𝐤 (20%), Water, Salt (1.5%), Colour: Carotenes; Flavouring. Caster sugar, **Eggs**, Rice Flour, Tapioca Starch, Potato Starch, Maize Flour, Raising Agents (Calcium Phosphate, Sodium Carbonates), Thickener (Xanthan Gum) Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate.

Gluten Free Brownies: Gluten free flour Rice Flour, Tapioca Starch, Potato Starch, Maize Flour, Raising Agents (Calcium Phosphate, Sodium Carbonates), Thickener (Xanthan Gum), Butter: vegetable Oils In Varying Proportions (64%) (Palm Oil, Rapeseed Oil), 𝐁𝐮𝐭𝐭𝐞𝐫𝐦𝐢𝐥𝐤 (20%), Water, Salt (1.5%), Colour: Carotenes; Flavouring. Caster sugar, Dark Chocolate: cocoa mass, skimmed **milk** powder, whole **milk** powder, cocoa butter, sugar, natural vanilla flavouring, emulsifier, sunflower lecithin, Cocoa powder, **Eggs**, Baking powder: Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), **Wheat** **Flour** [**Wheat** **Flour**, Calcium Carbonate, Iron, Niacin, Thiamin]. Spread: rapeseed oil, water, palm oil, salt 1%, flavourings, colour (beta-carotene). Caster sugar. Icing sugar: Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate.