



**PERSONAL
SAFETY
PARTNERSHIP**
WORKING TOGETHER TO KEEP YOU SAFE

INTERNATIONAL TRAINING PROGRAMME

Positive Handling in Schools

Reducing restrictive practice. Keeping every child — and every adult — safe.

Prevent

Support

Protect

Reducing restrictive practice in schools, worldwide

Stay Safe!



Fewer incidents. Calmer schools. Safer children.

Every child has the right to feel safe at school — and so does every member of staff. When a child is in crisis, what happens next really matters. Our programme helps your team stop most difficult moments before they begin, settle children calmly when feelings run high, and keep everyone safe on the rare occasions hands-on help is truly needed.

We believe physical intervention should always be the **last resort** — never the first.

P

Prevent

Understand why behaviour happens and change the things around a child so most incidents never start.

S

Support

Help children through the moment with calm words, listening and space — so no one gets hurt.

P

Protect

If hands-on help is the only safe option, do it legally, safely, briefly — then put things right.

3 steps

One simple, shared approach for your whole school

Every age

From early years to secondary and special schools

Worldwide

Built to international good-practice standards

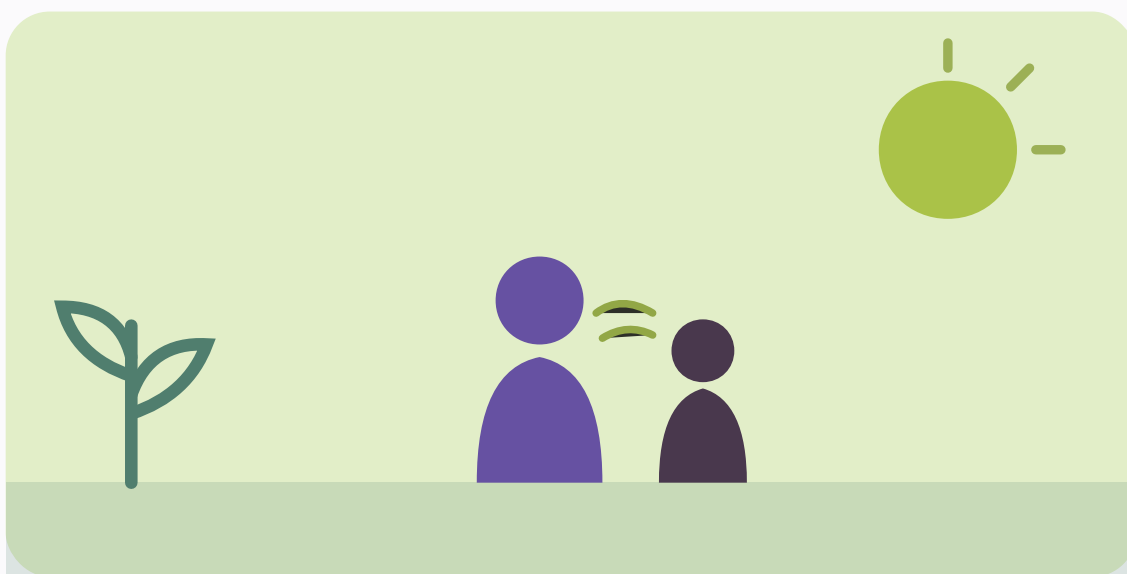
THE PREVENT STAGE

P

Prevent



Most difficult moments can be avoided. Prevention is about understanding why behaviour happens — and changing the things around a child so they feel calm, safe and ready to learn.



Strategies & skills we teach



Behaviour is communication

We help staff read what a child is really trying to say — so they respond to the need, not just the behaviour.



Know the triggers

Spot what sets a child off — noise, change, hunger, worry — and reduce it before it builds.



Build trusting relationships

Children behave better with adults they trust. Strong relationships are the best prevention there is.



Calm spaces & routines

Predictable, low-stress environments and clear routines lower anxiety for everyone.



Spot the early signs

Notice the small changes — fidgeting, withdrawal, raised voice — and step in early and gently.



Plan ahead, together

Simple, personal plans so every adult knows exactly what helps each child stay calm.

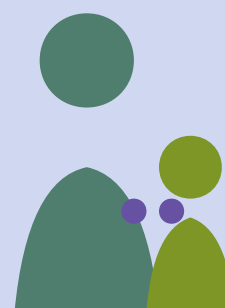
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THE SUPPORT STAGE

Support



Even with great prevention, feelings sometimes run high. Support is about what staff say and do to help a child through the moment — calmly, kindly, and without anyone getting hurt.



Strategies & skills we teach



De-escalation that works

Proven words, tone and body language that bring the temperature down instead of up.



Active listening

Show the child they are truly heard. Feeling understood is often enough to settle a moment.



Give space & choices

Reduce pressure, offer a way out, and let the child keep some control. Choice calms.



Co-regulation

A calm adult helps a child borrow that calm. We teach staff to manage their own response first.



Simple, agreed scripts

Everyone responds in the same steady, trusted way — so the child knows what to expect.



Work as a team

Staff support one another, share the load, and never feel they have to cope alone.

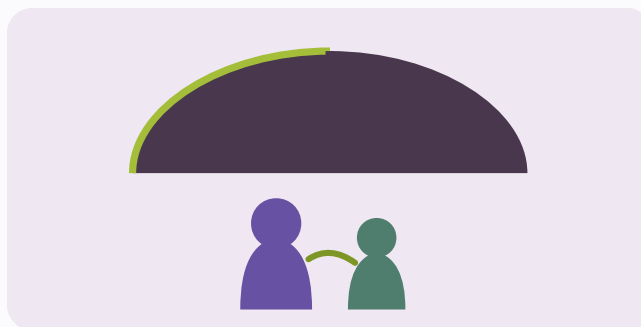
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THE PROTECT STAGE

Protect



Sometimes, to keep a child or others safe, a brief physical intervention is needed. This is always the last resort — done legally, safely and with care, and followed by repair.



Strategies & skills we teach



Last resort only

Used only when there is a real, immediate risk of harm and nothing else has worked.



Safe, minimal handling

The least force needed, for the shortest possible time — and only by trained staff.



Dignity first

We protect the child's dignity and wellbeing at every moment, even in a crisis.



Recover & repair

Calm the situation, then rebuild the relationship. Every child gets a fresh start.



Record & review

Clear, honest records and a calm review of every incident — so the school keeps learning.



Reduce, then remove

The goal is always fewer interventions over time. We measure progress and aim for less.

Skills you can stand behind

Every physical skill in this programme is **medically reviewed, legally approved and risk assessed** — so you can be confident it is safe, lawful and appropriate for your setting.

Medically reviewed

Checked by medical professionals to protect health and wellbeing.

Legally approved

Reviewed against current law and statutory guidance.

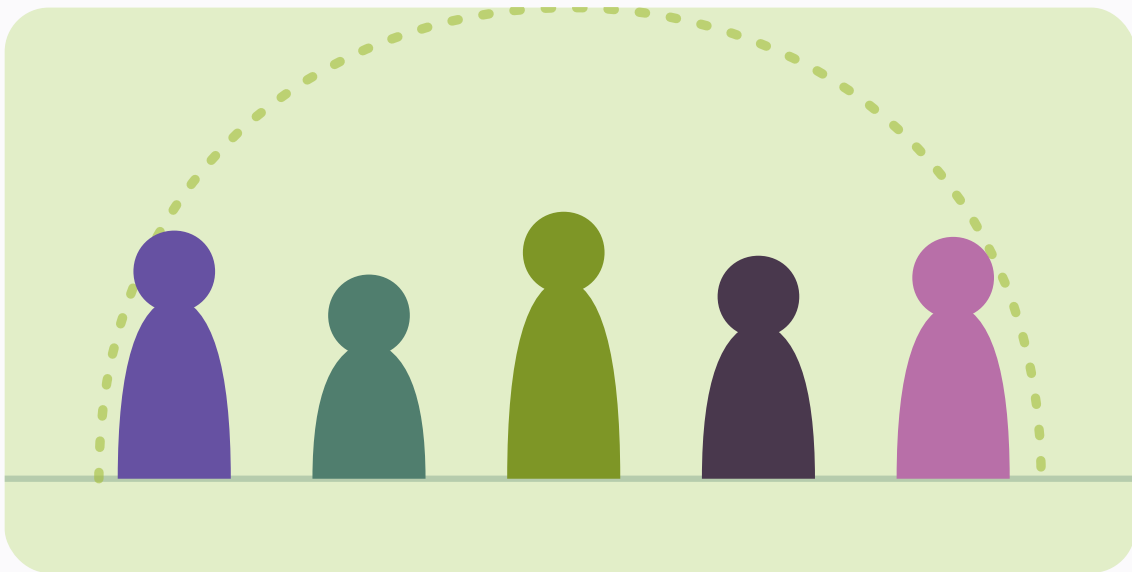
Risk assessed

Formally risk assessed before it is ever taught or used.



Made for the children who need us most

Children with special educational needs and disabilities (SEND) are far more likely to experience restrictive practice. Our programme is built to change that — helping staff understand each child and respond in a way that is safe, fair and kind.



How the programme supports SEND children



Understands different needs

Built around autism, ADHD, learning disabilities, communication and social, emotional & mental health (SEMH) needs.



Fair, flexible responses

Reasonable adjustments for each child, instead of one-size-fits-all rules that set children up to fail.



Sensory aware

Recognise when the environment — not the child — is the real problem, and change it.



Trauma-informed

Respond to the child behind the behaviour, with kindness and curiosity rather than punishment.



Less restriction

Practical ways to reduce restraint and seclusion for the children most at risk of it.

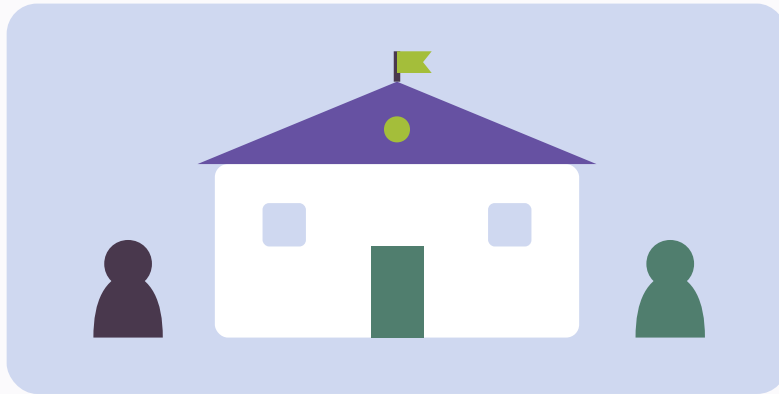


Everyone on the same page

Teaching assistants, teachers and leaders all share one consistent, caring approach.



A safer school for every child & adult



✓ Fewer incidents and fewer injuries

☆ More confident, less anxious staff

⚡ Calmer classrooms and corridors

♥ A culture of care, not control

☑ Clear records that stand up to scrutiny

👤 Stronger child–staff relationships

Why schools choose PSP

International standards, local delivery

Recognised good-practice training, delivered for your setting and your country.

Practical and hands-on

Real skills your staff will actually use — not theory that gathers dust.

Assured and accountable

Every physical skill is medically reviewed, legally approved and risk assessed.

Flexible for any school

Whole-school rollout or focused teams; mainstream, special and alternative provision.



Training that fits around your school

Every school runs differently, so we offer three ways to take the programme. Whichever you choose, the physical skills are always taught in person, at your school.



OPTION 1 • FULL INSET DAY

We come to you

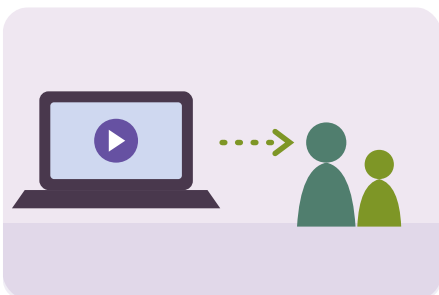
We deliver the whole course at your school in a single day — the legal briefing and the physical skills together, for your whole team in one go.



OPTION 2 • TWO TWILIGHT SESSIONS

After-school, in two parts

Two twilight sessions at your school: one legal briefing and one physical skills session — ideal when freeing up a full day is difficult.



OPTION 3 • HYBRID COURSE

Online, then in person

Complete the legal briefing online in your own time through our online academy, then we deliver the in-person physical skills session at your school — on a day and time of your choosing.



Let's build a safer school, together.

Bring the **Prevent · Support · Protect** programme to your school and give every child — and every member of staff — the safety they deserve.

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Stay Safe!

Working together to keep you safe