

THE HORTON STREET 50+ CENTRE
PRESENTS



SENIORS' ACTIVE LIVING FAIR

Thursday Feb 6, 2025

9:30 AM - 2:30 PM

The Boys & Girls Club
184 Horton Street, London

Join us for a fun, informative day of fitness demos, healthy aging presentations and a free light lunch*. Learn about resources available to keep you healthy and active this year at our trade fair

*Participants must pre-register for a **free lunch**.

The **event is free** and open to everyone, including seniors, care partners and health professionals.

Register online at bit.ly/ActiveLivingFair2025

or call 519-434-9114

in partnership with the OACAO (Older Adult Centres' Association of Ontario) & The Ministry for Seniors and Accessibility

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Ontario

