Health Books

3:16 The numbers of Hope by Max Lucado

The Abundance Mind-Set Success Starts Here by Joel Osteen

The Acid – Alkaline Diet for Optimal Health by Christopher Vasey, N.D.

Acupressure's Potent Points by Michael Reed Bach

Ancient Remedies by Dr. Josh Axe

As A Man Thinketh by James Allen

At Left Brain Turn Right by Anthony Meindl

Become A Better You by Joel Osteen

Becoming Supernatural by Dr. Joe Dispenza

Blessed in the Darkness by Joel Osteen

The Birth Order Book by Dr. Kevin Leman

The Biology of Belief by Bruce H. Lipton, PH.D.

Boundaries in a Marriage by Dr. Henry Cloud & Dr. John Townsend

Brain Wash by David Perlmutter MD, Austin Perlmutter MD with Kristin Loberg

Brand New Medicine by Cynthia Li, MD

Breaking the Habit of Being Yourself by Dr. Joe Dispenza

Chakra Healing by Margarita Alcantara

Chakras and The Vagus Nerve by C.J. Llewelyn, MED, LPC

The Cellular Wellness Solution by Bill Rawls, MD

The Coaching Habit by Micheal Bungay Stanier

The Complete Process by Teal Swan

The Complete Reader by Neville Goddard

Creating Money by Sanaya Roman and Duane Packer

Earthing by Clinton Ober, Stephen T. Sinatra, M.D., and Martin Zucker

Empty Out the Negative by Joel Osteen

Essential Reiki by Diane Stein

Every Day A Friday by Joel Osteen

Exceptional You by Victoria Osteen

Faith Still Moves Mountains by Harris Faulkner

Feeling is the Secret by Neville Goddard

The Four Agreements by Don Miguel Ruiz

The Four Tendencies by Gretchen Rubin

The Game of Life And How To Play It by Florence Scovel Shinn

The God Effect by Brian Glegg

Good Morning, I Love You by Shawna Shapiro

Grain Brain by David Perlmutter MD with Kristen Loberg

The Greatest Secret by Rhonda Byrne

Happiness is Free by Lester Levenson & Hale Dwoskin

Heal Your Body by Louise Hay

Healing is Voltage by Jerry Tennant, MD

The Healing Art of Usui Reiki by Life Enrichment Center

The Hidden Life of Trees by Peter Wohlleben

Imagine Heaven by John Burke

The Instruction by Ainslie Macleod

It's Your Time by Joel Osteen

Kabbalistic Astrology by RAV Berg

Learn While You Sleep by David Curtis

Letting Go by David R. Hawkins, M.D., Ph.D.

The Language of Positive Thinking by A Blue Mountain Arts Collection

Light On The Path by Mabel Collins

The Life You Were Born To Live by Dan Millman

The Life Power and How To Use It by Elizabeth Towne

Limitless by Jim Kwik

The Master Key System by Charles F. Haanel

The Miracle Bridge by Mike Simpson

Mirror Work by Louise Hay

The Original Reiki Handbook of Dr. Mikao Usui by William Lee Rand

Peak Mind by Amishi P. Jha, PhD

Perfectly Yourself by Matthew Kelly

Pocketful of Miracles by Joan Borysenko Ph.D

Power Up Your Brain by David Perlmutter M.D. and Alberto Violdo, Ph.D.

The Power of Chakras by Fiona Toy

The Power of One More by Ed Mylett

The Power of Now by Eckhart Tolle

The Power of Your Subconscious Mind by Joseph Murphy

Psychogenesis by Jack Ensign Addington

The Psychology of Money by Morgan Housel

Quantum Touch by Richard Gordon

The Seat of The Soul by Gary Zukav

The Secret Daily Teachings by Rhonda Byrne

Self Talk, Soul Talk: What To Say When You Talk To Yourself by Jennifer Rothschild

The Shaman's Guide to Power Animals by Lori Morrison

Science of Yoga by Ann Swanson

The Spontaneous Healing of Belief by Gregg Braden

Stop Missing Your Life by Cory Muscara

Sun Stand Still by Steven Furtick

The Survival Paradox by Isaac Eliaz, MD

Think and Grow Rich by Napoleon Hill

The Untethered Soul by Michael A. Singer

The Well-Lived Life by Gladys McCarey, MD

Walking by Faith by Jennifer Rothchild

Yogi Ramacharaka Collection

You are a Badass by Jen Sincero

You Are The Placebo by Dr. Joe Dispenza

You are Stronger Than you Think by Joel Osteen

You Can You Will by Joel Osteen

Your Best Life now by Joel Osteen

Your Body Already Knows by Nidhi Bhanshali Panda

Your Body Doesn't Lie by John Diamond, M.D.

Kitchen Books

- 1. Eat Right 4 Your Type: 150+ Healthy Recipes for Your Blood Type Diet by Dr. Peter J. D'Adamo with Kristin O'Connor
- 2. The Blue Zones American Kitchen by Dan Buettner

- 3. The Healthy Gut Cookbook: Boost Your Immune System and Restore Digestive Health by Lindsay Boyers
- 4. The How Can It Be Gluten Free Cookbook by America's Test Kitchen
- 5. The Living Kitchen: Nourishing Whole-Food Recipes for Cancer Treatment and Recovery
- 6. Medical Medium: Life-Changing Foods: Save Yourself and The Ones You Love with the Hidden Healing Powers of Fruits and Vegetables by Anthony William
- 7. The Plant Paradox Cookbook: 100 Delicious Recipes to Help You Lose Weight, Heal Your Gut and Live Lectin-Free by Steven R. Gundry, MD
- 8. Weeknight Gluten Free by Kristine Kidd
- 9. Wheat Belly Cookbook: 150 Recipes to Lose the Wheat, Lose the Weight, and Find Your Path Back to Health by William Davis, MD