

**SCHNEIDER ORAL SURGERY, P.L.L.C.
BRIAN R. SCHNEIDER, D.D.S., M.D.**

OFFICE: 602-996-2225

CALL IF YOU HAVE CONCERNS OR QUESTIONS

SUGGESTION FOR BEVERAGES AND SOFT FOODS FOR AFTER
ORAL SURGERY

START OUT WITH MILK SHAKES AND SMOOTHIES – COLD PRODUCTS.

LATER IN DAY/EVENING – LUKE WARM

NO STRAWS

AFTER SURGERY:

BEVERAGES:

LOTS OF WATER ALL DAY

MILK SHAKES

SMOOTHIES

GATORADE

FRUIT JUICES

LEMONADE

NON CARBONATED DRINKS

DESSERTS:

JELLO

PUDDINGS

ICE CREAM

YOGURTS

SOFT COOKIES

CAKE

PIES

MUFFINS

COOL-WHIP OR WHIPPED CREAM

3 TO 4 HRS AFTER SURGERY:

CASSEROLES AND MISC.:

MACARONI AND CHEESE

SOUPS (TEST TEMPERATURE)

REFRIED OR BAKED BEANS

COTTAGE CHEESE

PASTA

POTATOES (MASHED, BOILED
OR BAKED)

TUNA

EGGS

CHICKEN

RICE

MEALS COOKED IN CROCK POT

MEAT CUT INTO SMALL PIECES

SOFT TACOS

SOFT SHELLED BURRITOS